

NEW FRONTIERS

A.A. of the Niagara Frontier

October 2021

THE CENTRAL COMMITTEE NEWSLETTER FOR ALL A.A. MEMBERS OF WESTERN NEW YORK AND THE NIAGARA FRONTIER



Tradition 10: My Father, Myself Discarding opinions, inside AA and out

Sometimes, I'm great at practicing the Tenth Tradition. Other times, I'm horrible at it. But my ability to apply this Tradition in my life has grown as I have gotten older in sobriety. I still slip up sometimes, as I think we all do. One guiding principle has become clear to me: I am practicing the spirit of the Tenth Tradition as long as I am sharing my experience, strength, and hope, and not my opinions. By practicing this, I've been able to strengthen my relationships in and out of the rooms, including a difficult relationship with my father.

One of the sayings I've heard in the rooms for many years is, "We go to meetings to give, not to get." For me, the difference between being a "giver" and a "taker" is the quality of what I bring to meetings with me. Am I sharing my experience, strength, and hope, or am I sharing my opinions? If I'm sharing my experience, strength, and hope, I'm sharing about how the principles I've learned in AA--such as service, unity, reaching out for help, acceptance, faith, or humility--have helped me to live life on life's terms just enough to stay sober for a few twenty-four hours. If I'm sharing my opinions, it sounds different, even to my ears. It sounds more like, "You should do this to stay sober," rather than, "This is what I did to stay sober."

In fact, sharing my opinions even feels different. It's almost as if I can feel that self-righteousness begin to seep out of my pores and coat me and whatever I say in an icky, prideful goo. This coating is usually preceded by my hearing something I disagree with in a meeting. Feeling my hand shoot up, I open my mouth to "correct" what I believe are my sober colleagues' delusions. Why I still feel sometimes, after years of sobriety, that it's my job to correct everyone's delusions is beyond me! Perhaps it's more manifestation of self-centered fear. Why else would I feel the need to always be right?

For many years, I would opine in meetings, saying things that were divisive, rude, and hurtful, because I felt that I had the "right" brand of sobriety. Some people I directed my rants at ten or more years ago still avoid me today. I can't say I blame them--it hurt when others did it to me. Talk about doing damage to group unity!

For me, the change in my thinking and sharing began when I had about five or six years of sobriety. An assignment from my sponsor meant I was to start practicing the Tenth Tradition with my family, specifically with my dad, as part of my amends toward him.

Basically, I had always felt afraid that I wasn't a good enough daughter for him, that he wished he'd had someone more normal, with fewer tattoos and fewer opinions that differed from his own. My fear that I wasn't good enough turned into a fear that he didn't love me. Being the kind of alcoholic I am and being a person from a loud, opinionated family, I decided that I'd alienate my dad by arguing with him about politics. That way, if he didn't seem to love me the way I wanted him to, I could chalk it up to politics--not to my deepest fears about our relationship.

~ Continued on next page



~Continued from Cover

Of course, that didn't work! In the course of an inventory, I realized that this was a ploy so that I didn't have to have a real relationship with my dad. I didn't want to risk finding out I wasn't what I thought he wanted me to be. I was used to arguing with my dad about politics, so that's what I did. Instead, I had to practice not arguing with him, one day at a time. This was hard--and scary. I actually had to talk to my dad about what was going on in my life, not about what was on the nightly news. It was much more personal. As time went on, it got easier. Still, there were a couple of times when I strayed, went into the personality of my politics, and ended up in shouting matches, complete with the sullen silences afterwards.

As I learned how to have a real relationship with my dad, I learned that I could have a real relationship with other people based on this principle, too.

When I talk about my opinions, I don't leave a lot of room to talk about my feelings, my hopes, my dreams, my aspirations, my life. I leave room for argument, but not for relating. That has been dangerous for me, both inside and outside AA. Arguments usually lead me right back to feelings of isolation, difference, anger, and self-righteousness. These feelings, if left unchecked, could lead me back to a drink if I don't cut out the actions causing them.

I learned in AA of the principle of one alcoholic talking to another in the language of the heart. The logical extension of that principle is talking from the heart, one person to another. To me, this is something I feel I must aim for--it's part of practicing these principles in all of my affairs. And, it allows me to be a giver in terms of my family, my job, and my social affairs rather than expect people in those areas of my life to kowtow to me.

Part of the reason this idea has become so important to me is that my dad, with whom I so struggled to be real, died about ten years ago. Fortunately, I'd had about four or five years of practicing relating to him, one person to another. I knew, when he died, that he loved me, even though we still occasionally butted heads. I had taken that leap of faith in AA and practiced talking with him, instead of arguing with him. I am not sure if either he or I would have believed in our love for each other had I avoided this work. By allowing me to have a relationship with him based on love and common ground, my nonalcoholic dad taught me something about AA: I need to have that relation with all of you, too.

Juliet H.—Pinole, California—October 2008 Reprinted with permission—AA Grapevine



A grandfather was walking through his yard when he heard his granddaughter repeating the alphabet in a tone of voice that sounded like a prayer. He asked her what she was doing. The little girl explained: "I'm praying, but I can't think of exactly the right words, so I'm just saying all the letters, and God will put them together for me, because He knows what I'm thinking."

-Charles B. Vaughan



The alcoholic is like a tornado roaring his way through the live of others. Hearts are broken. Sweet relationships are dead. Affections have been uprooted. Selfish and inconsiderate habits have kept the home in turmoil.

Currently we have no active committee or chairperson for these committee's... Anyone want to get involved!!!

EDUCATION & PARTICIPATION COMMITTEE

The purpose of this committee is to foster and encourage group participation in the Buffalo Area Central Committee and to provide training to facilitate participation.



What We Do

The Education & Participation committee is responsible for fostering and encouraging group participation at the Buffalo Area Intergroup. This is done by providing training to new Intergroup Representatives, putting on workshops for the fellowship about various A.A. related topics, and reaching out and educating groups about what the Intergroup does and why we need volunteers.



What types of service work can A.A. members do at the Education & Participation Committee?

At the Education & Participation Committee, A.A. members learn the ins and outs of the Buffalo Area Intergroup so they can visit groups and encourage them to participate, learn to put on local workshops (including selecting topics, finding speakers, promoting, and throwing the event), and provide training to new intergroup reps as well as homegroups. Homegroup training range from the secretary and treasurer training to how to run a group conscience or group inventory.

CORRECTIONS

Are you interested in carrying our message of Experience, Strength and Hope into the County jail or State Correctional Facility



Cooperation with the Professional Community
WORKBOOK

Alcoholics Anonymous as an entity is NOT Anonymous... It's MEMBERS Are!!!

Public Information and Cooperation with the Professional Community

- What Is A.A.?
- Singleness of Purpose and Problems Other Than Alcohol
- What Does A.A. Do?
- What A.A. Does Not Do ?

Public Information
WORKBOOK

"WE WHO HAVE SUFFERED ALCOHOLIC TORTURE MUST BELIEVE THAT THE BODY OF THE ALCOHOLIC IS QUITE AS ABNORMAL AS HIS MIND"

We realized that the people who wronged us were perhaps spiritually sick.

- pg 66



OCTOBER ANNIVERSARIES

Acceptance/Welcome

Mark T. 22y
 Deb M. 24y
 Kevin N. 33y
 John N. 40y

Any Lengths

Jeremy O. 3y
 Dave W. 4y
 Patty M. 7y
 Lynn M. 27y
 Dick K. 30y

Boulavard Women's

Gail S. 2y

Courage

Paul J. 10y

Eyeopener

Jamie S. 3m
 Marcus A. 3m
 Marc 6m
 Eileen B. 1y
 Dalton 1y
 Mike 1y
 Susie V. 2y
 Andrew B. 2y
 Danielle F. 2y
 Danielle 3y
 Kristen P. 3y
 David L. 5y
 Jeff A. 5y
 Stacy W. 5y
 Dawn P. 6y
 John N. 6y
 Tony B. 7y
 Jamie O. 15y
 MaryKay B. 23y
 Bill B. 28y
 Ted 31y

Eyeopener South

Sean C. 6m
 Niki P. 6m
 Carol H. 1y
 Cheryl S. 1y
 Sarah F. 1y
 Stan W. 2y
 Ray B. 3y
 Jason M. 5y
 Jason M. 6y
 CJ A. 8y
 Susan C. 14y
 Kevin K. 26y

Lakeshore

Babs F. 4y
 Bob M. 23y
 John H. 41y

Lockport #1

Lila M. 10y

Lockport Ladies

Terri F. 10y
 Lisa S. 38y

Morning After

Jim S. 38y

N. Evans Men's

Paul K. 1y
 Norman M. 3y

Orchard Park Step

Katy S. 8y
 Nathan M. 32y
 Al L. 41y

Please remember to have the anniversaries submitted by the **12th**
END OF BUSINESS DAY 4:00 PM of the month previous

Purpose

John E. 23y
 Ann K. 24y

Rise & Shine

Linda W. 3y
 Robert R. 4y
 Joseph K. 5y
 Dave T. 5y
 Dave G. 6y
 Kaitlin W. 10y
 Charlie H. 34y

Remember When

Kevin R. 5y
 David G. 6y
 Alfonso A. 22y
 Stanley B. 38y

Sunday Morning B.

Joyce V. 1y

The Grove

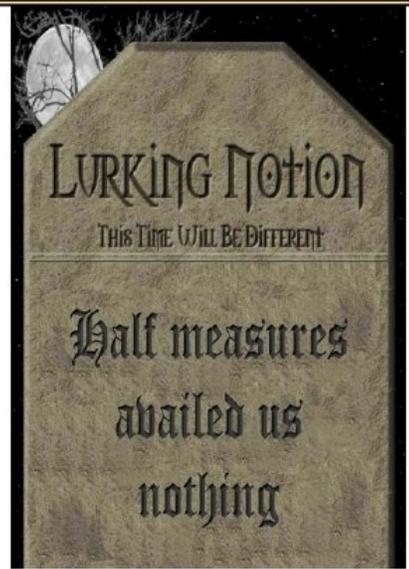
Margaret M. 1y
 Chris M. 2y
 Megan C. 3y
 Mike D. 3y
 Jayne B. 4y
 Will K. 4y
 John H. 26y
 Richard O. 26y
 Gary B. 27y

Thruway

Tim C. 6y
 Rick M. 20y
 Jim R. 20y

Williamsville

Mary C. 3m
 Shannon M. 3m
 Michael D. 3m



Group Anniversaries

Amsdell Step; 56y
 Hamburg; 60y
 Lancaster Daily Reprieve; 132y
 Lighten-Up; 32y
 Maple; 15y
 Monday Night Soutions; 1y
 Peaceful Tuesday; 2y
 Quitting Time; 10y
 Ridge; 24y
 Silver Creek Friendship; 52y
 Sober Train; 13y
 Solutions; 1y
 Spingville New Life; 18y
 St. Mark's; 32y
 Step It Up; 29y
 The CPR; 1y
 The Gatehouse; 3y
 The Herd; 3y

Big Book, Bedevilments, page 52

We had to ask ourselves why we shouldn't apply to our human problems this same readiness to change our point of view. We were having trouble with personal relationships, we couldn't control our emotional natures, we were a prey to misery and depression, we couldn't make a living, we had a feeling of uselessness, we were full of fear, we were unhappy, we couldn't seem to be of real help to other people — was not a basic solution of these bedevilments more important than whether we should see newsreels of lunar flight? Of course it was.

When we saw others solve their problems by a simple reliance upon the Spirit of the Universe, we had to stop doubting the power of God. Our ideas did not work. But the God idea did.

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Big Book, Pause when agitated .. page 87

As we go through the day we pause, when agitated or doubtful, and ask for the right thought or action. We constantly remind ourselves we are no longer running the show, humbly saying to ourselves many times each day "Thy will be done." We are then in much less danger of excitement, fear, anger, worry, self-pity, or foolish decisions. We become much more efficient. We do not tire so easily, for we are not burning up energy foolishly as we did when we were trying to arrange life to suite ourselves.

It works- it really does.

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PLEASE READ AT YOUR MEETING...HELP KEEP EVERYONE INFORMED :-)

BUFFALO CENTRAL OFFICE
ALCOHOLICS ANONYMOUS
(716) 853-0388
9:00 AM- 12:30PM, 2:00 PM- 4:00 PM

111 Crocker (Franklin St. Entrance)
SLOAN, NEW YORK 14212
Fax: 853-0389
buffalooa@hotmail.com

Real-Time schedule? Check your website: www.buffaloany.org

October 2021

IF YOUR GROUP IS NOT MEETING, PLEASE INFORM THE CENTRAL OFFICE. THIS INCLUDES THOSE MEETING DAYS WHEN YOUR SITE IS CLOSED FOR A HOLIDAY.

MEETING CHANGES:

- **Watch Our Website for updates**
- **Please Keep Us up to date as meetings are resuming/and all update changes!!!**
- **Update your group directly through the website,**

SERVICE OPPORTUNITIES: COMMITTEE MEETINGS

~ Oct. 3rd : **Committee Meetings**

that meet prior to Central Committee 5:30 PM

St. Andrew's Church Parish, (Corner of Crocker & Reiman) , Sloan, 14212,

Steering Committee (5:30 PM) in CO

Public Information Committee meeting

Treatment Facilities Committee

Corrections Committee

Education & Participation

Nightwatch Committee

Envelope System (6:30 PM)

Followed By Central Committee 7:00 PM

There Is A Solution.

Notes From A Group Inventory Chair

BY: ROY R. | TORONTO, ONTARIO

Sometimes it's hard to address the gorilla

I have been blessed in sobriety beyond my comprehension--but this doesn't mean that my life has been a perfect bowl of cherries. There were times it seemed closer to a bowl of pits.

I am privileged to serve the Fellowship as a delegate to the General Service Conference from Area 83, Eastern Ontario International. For this, I am extremely grateful.

Groups that do an inventory sometimes ask me to chair their inventory meeting--perhaps as a result of my being active in service for a number of years. If the date fits in my calendar, I say yes.

What's in it for me? Why do I enjoy spending my Saturday afternoons chairing group inventories?

I keep on learning. I find out about problems I never knew existed in our Fellowship. I am shown solutions to problems that I would never have thought up. I get to meet AA members I might never meet otherwise. And I get to see them at their best--trying to make their home group the best group in the world. I've learned other things, too; what follows is a brief compendium, from my own perspective, and it offers the following suggestions:

1. The chair is not there to take the group's inventory, but to facilitate the process of members taking their group's inventory.
2. It is important that the chair be a respected member of the Fellowship and from outside the group in question. The chair must be perceived as unbiased and neutral about the group's issues. Being respected makes it easier to maintain the necessary control during the meeting.
3. The questions in the pamphlet, *The AA Group: Where It All Begins*, have proven to be a good framework for the exercise.
4. The process takes as long as it takes. It should not be over until the last member has said their piece.
5. The chair's responsibility is two-fold. First, keep the meeting on topic. Second, make sure the room becomes what I call a "Tradition Twelve Zone." Don't allow discussions about personalities. If the chair does his or her job properly, everyone will feel safe enough to speak his or her mind.
6. Brief notes should be kept--to share with members who could not attend, and to capture good ideas to carry forward to the group's business meeting. Typically, the recorder is a group member.

Do group inventories help? I don't have a single answer. Sometimes, and at some level, yes. Like most other activities in Alcoholics Anonymous, the results are a function of the input. The more I put in, the more I receive in return.

Some groups have bloomed after an inventory session. Other groups note that issues unearthed in an inventory are the same ones found during the last group inventory some years ago.

I facilitated a group inventory and discovered, weeks later, that no one could, or would, talk about the group's "six-hundred pound gorilla," whatever it might be. As far as I know, that "gorilla" remains at all their meetings. I believe I have failed them, because, on that day, I could not make the room sufficiently safe for a discussion that should have occurred.

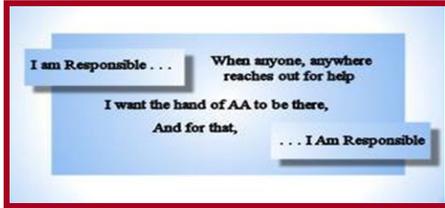
Are group inventories worthwhile? Absolutely. If we never choose to risk, little stands to be gained. At the very least, members of the group get to meet each other in a different venue, to see each other in a different light. In addition, there is always a chance that a group will become more dynamic, and find new ways to carry its message of hope to more of those who still suffer.

Reprinted w/ permission: AA Grapevine: October 2006

10th Step Promises...

And we have ceased fighting anything or anyone--even alcohol. For by this time sanity will have returned. We will seldom be interested in liquor. If tempted, we recoil from it as from a hot flame. We react sanely and normally, and we will find that this has happened automatically. We will see that our new attitude toward liquor has been given us without any thought or effort on our part. It just comes! That is the miracle of it. We are not fighting it, neither are we avoiding temptation. We feel as though we had been placed in a position of neutrality--safe and protected. We have not even sworn off. Instead, the problem has been removed. It does not exist for us. We are neither cocky nor are we afraid. That is how we react so long as we keep in fit spiritual condition.

-(Big Book pp. 84-85)



Central Committee Minutes September 12th, 2021

The meeting started at 7:00 PM. We opened with a moment of silence followed by the serenity prayer. The readings read included the AA preamble, The Purpose of Central Committee and the 12 traditions.

Chris presented on tradition 9.

Jesse will present of tradition 10 next month!

There were 22 groups represented: Tuesday Men's Discussion, Buffalo group, Grace and dignity, Room to grow, Chapter IX, Depth and Weight, Easy does it, Soul Purpose Group, Abbot Men's Discussion, South Buffalo, Thruway, Action Group, Kitchen Table AA, Lockport #1 Group, Lockport Ladies, Derby Group, Lakeshore, Sobriety Men's Discussion, Clarence Men's Discussion, Renewal, Step Action and Williamsville Group.

Reports:

Envelope system: August envelope system report: \$636, 45 members with 1 new member (Alan D.)

Steering committee: : **New motion: The election terms for zone reps to steering committee will be as follows: On even years: 1, 3, 7, 8. On odd years: 2, 4, 5, 6.** (Back-round info: This is due to the fact that multiple current zone reps have been, or will be, in office much longer than their allotted terms. Also, three of the zones up for election this year are currently vacant. This will help maintain the current method of having 4 senior reps and 4 incoming reps.)

Open zones for steering committee: 1, 3, and 7.

Financial report: August our Starting Checkbook balance was \$28,9970.03. We took in \$8,796.46(which is **up**) in Contributions from Groups and individuals. The Envelope System took in: \$636.00 (which is **up**) , Literature, Tax & shipping came to \$1,945.94(which is **about same**). New Frontiers subscriptions were \$36.00 for total income of **\$11,476.15** (which is **up**). Our expenses totaled \$7,667.30 (average). That means this month we took in **\$3,808.85** more than our expenses this month, year to date we are **UP** \$3,847.84 Final checkbook balance is \$32,778.88.

Corrections beginning balance was \$4,807.10. Income of; \$25.00, had a \$3.00 Bank Fee, for a balance of \$4,829.10.

Treatment beginning balance was \$880.82. Contribution's totaled \$542.85, had a \$3.00 bank fee for a final balance of \$1,420.67. Joe D.

Treatment: verbal report

Corrections: need chair person & committee

Night-watch: Need October, November, December, and January covered

PIC/CPC: need chair person & committee

Education and Participation: need chair person & committee

Central office: TOTAL CALL'S INCLUDING AFTER-HOUR'S ; 233, during office hours were: 171, Off hours were 62. Total 12-STEP:13, Also had :1022 emails. We also have had communication through our Secret FB group and Messenger. Also some text & call me on my personal phone.

***Updated since last month:** Groups we need to hear from!!!! We cannot stress enough how important communication with the groups and up to date contact info is!!! With that: **we NEED CONTACT INFORMATION!!! HAS TO BE AN ACTUAL PERSON, NO FACILITIES!!!**

NEED: Name, Address, Phone and Email

Zone 1:- GAY & BI MEN LIVING SOBER

Zone 3:-NEW BEGINNINGS (SPRINGBROOK),-PERSEVERANCE

Zone 4:- THE YORKSHIRE

Zone 5:-NEW FREEDOM; Niagara Falls, -SOBRIETY ON THE LAKE(Appleton), T.O.W. (Thurs. On Walnut), SOBRIETY ON SATURDAY NIGHT, LOCKVIEW

Zone 7:- SECOND CHANCE

Zone 8:- OUR MEETING @ THE V.A.,-VIP

WE ARE ASSUMING NOTHING OF GROUPS MEETING, IF I DON'T HEAR FROM A GROUP BEFORE THE NEXT PRINTING OF THE SCHEDULE, THEY WON'T BE IN IT!!!

Groups Please Update's (resuming, indoor, outdoor, bring masks, chairs, drink, ect)... through the website. We are making the web-database the Master database and this avoids something slipping through the cracks. Please don't think just posting it on Facebook will get this done. Please remember our primary purpose; a new person is going to find us is through this website. Please be responsible!!!

~ Reminder the contributions through the website can only be applied to our main account!!!

~ Starting for the November Newsletter forward, we will resume having an events section in the newsletter. Please email your events to buffaloaa@hotmail.com. Remember deadline dates are the 12th of the month prior J (12 Steps, 12 Traditions... deadlines the 12... everything in AA is 12 :)

(Continued from previous page)

Internet presence: The IPC committee will meet the last Thursday of every month, with adjustments for the holidays if needed. It will be on the calendar this week

Convention 2021: cancelled

Convention 2022 (in-person): The convention will be at the Millennium Hotel Oct. 21-23 2022. The first committee meeting will be in December of 2021. Please consider being on the committee!

Liaison GSA: The GSA Area 50 met on 9/11/21 at 10 Am in Hybrid Format. In all, over 50 members attended. Hank K Area Delegate introduced a motion which was discussed and modified then passed: Area 50 will submit a motion to GSO Conference to form an Ad Hoc Committee to study to encourage better communication within the Conference structure. Area 50 then held elections for officers and Committee Chairs for Two Year Terms.

Election Results: Officers- Delegate: Denise M., Alt Delegate: Steve J., Chairman: Ryan L.

Alt Chairman: Patrick, Treasurer: Brian B., Secretary: Jim P., Committee Chairs- Accessibility: Rebecca B., Archives: Christy W., Corrections: James O., CPC: Matt T., Grapevine: Tony M.

Treatment: Mary Jo, Web Chair: Justin D., Note there are several open Chair positions which will be appointed by Chairman Ryan L. If interested- see me after the meeting for contact information (Dean C.)

Archives: Our next monthly committee meeting will be held on Thursday, September 23rd, at 6pm. We continue to meet hybrid at this time. If you'd like to join us in person come to the Buffalo central office where the archives repository is located at. If you'd rather join us via Zoom the ID is 331 417 2122. Password Area50. We also have archive work nights on the 1st & 3rd Thursday of every month. Please don't throw away any AA related materials without considering donating them to the archives. We are an autonomous committee and receive no donations except from groups and individuals. Your contributions are always welcome and put to great use to preserve your archives. Donations can be sent to: Area 50 Archives, 111 Crocker St., Sloan, NY 14212. You can now also Venmo donations to @David-Gelyon. In roughly the past 7 months AMAZING things have happened in archives. The archives repository has over gone a major renovation. Cleaning, sorting, moving things, organizing, going through boxes upon boxes upon boxes of papers. Going through tons of old cassettes. Looking at lots of floppy disks. To many other things to list. I'd like to thank Joanne McC, Pat M, John R, Megan R, Kristy F, Tom C, and Claudia for all you members have done!!!! More needs to be done but we are getting there. Lastly I'd like to congratulate, Kristy F, on being elected as the Area 50 panel 72, archives chair. We have never been in the dark the lights have always been on in archives and will continue to be! If you have any questions, problems, concerns, or suggestions please contact me at 716-866-6612. Yours in love and service, David G .

Old Business:

Dave G. made a motion to change the executive secretary's title to "office manager" in our bylaws. This motion will be tabled until October because it proposes to change the bylaws! We will vote on this next month on October 3rd!

New business:

New motion: CHANGE TO OUR By-laws!!! The election terms for zone reps to steering committee will be as follows: On even years: 1, 3, 7, 8. On odd years: 2, 4, 5, 6. (Back-round info: This is due to the fact that multiple current zone reps have been, or will be, in office much longer than their allotted terms. Also, three of the zones up for election this year are currently vacant. This will help maintain the current method of having 4 senior reps and 4 incoming reps.) (Jesse S.) Seconded. Tabled To go back to groups to be voted on in November.

New Motion: CHANGE TO OUR By-laws!!! To create the job of editor of New Frontiers. This motion is being brought up with admiration to our Executive Secretary, Terry, for her efforts over the years completing this duty. If the editor cannot continue, the executive secretary can do so in the interim until a new editor is found. This position will be placed as a service position available in the New Frontiers and on the website whenever it is not filled (Becca D.) Seconded. Tabled To go back to groups to be voted on in November.

Announcements:

Kitchen Table- snacks

2021

Cash Flow Statement	Jun-21	Jul-21	Aug-21	
Beg Bal Cash on hand	23,895.13	28,988.91	28,970.03	
Contributions				
Groups	7,845.15	5,191.50	8,796.46	48,372.99
Central Committee 7th tradition	58.85	66.00	61.75	186.60
Envelope System	916.00	601.00	636.00	7,188.00
New Frontiers Subs	33.00	120.00	36.00	555.00
Literature/Medallions/Pins	2,891.40	1,791.20	1,802.87	12,634.92
Literature Sales Tax	216.67	119.81	143.07	858.43
Literature Postage	20.62	3.95		61.61
Income (+)				87.03
Archives Room Rent:	300.00			600.00
Committee Meetings				-
Misc				-
Transfer from PR				-
Conventions/Day of Sharing				-
Monthly Income	12,281.69	7,893.46	11,476.15	70,544.58
Expenses				
Building Rent/Utilities	1,000.00	1,000.00	1,000.00	8,000.00
Central Com. Rent	35.00	35.00	35.00	140.00
Payroll Gross	3,146.46	3,272.32	3,272.32	26,996.63
Employment Taxes	240.70	250.33	250.32	2,171.41
Unemployment Surchar	(18.48)	(19.12)	(19.12)	149.64
NYS Sales Tax				649.13
Insurance				-
State Ins Fund(Travelers)				141.58
Health	602.16	602.16	602.16	5,449.00
D&O Insurance				1,999.75
Liability				-
Legal Fees				-
Postage	220.15	200.00	200.00	1,420.69
Phone/internet	177.96	177.96	177.96	1,212.72
Accounting		1,100.00		1,100.00
Paychex	77.80	92.06	78.06	847.09
Advt				-
Dex YP	205.30	104.09	102.65	788.99
Local Edge				1,477.60
Literature Expenses				-
Grapevine		539.10	214.87	753.97
World Services Inc	940.00		1,244.00	8,689.30
Hazeldon				-
Printers				-
Medallions	10.86		251.02	413.61
Office Supplies	182.85	162.46	(38.53)	1,369.91
Copies/ service contract	161.00	161.00	161.00	1,288.00
Copier Lease	129.00	129.00	129.00	1,032.00
Bank Fee's including credit ca	77.15	104.59	63.64	661.38
Expense /Balance (-)		1.39	(57.05)	(55.66)
GSA Host				-
Workshop				-
Seminar				-
Monthly Expenses	7,187.91	7,912.34	7,667.30	66,696.74
Monthly Income (Loss)	5,093.78	(18.88)	3,808.85	3,847.84
End Balance	28,988.91	28,970.03	32,778.88	
Petty Cash	3,000.00	3,000.00	3,000.00	
Total Balance	31,988.91	31,970.03	35,778.88	
PRUDENT RESERVE	28,166.86	28,167.32	28,167.84	
Assets: Literature& Medallions	15,429.26	15,123.31	15,020.74	
Literature Receivable:(outstanding)	678.54	256.72	634.17	
Removed from Stock				
Corrections Facilities	4,588.88	4,790.10	4,807.10	
Contributions	204.22	20.00	25.00	
Bank Fee's	3.00	3.00	3.00	
Expenses				
Balance	4,790.10	4,807.10	4,829.10	##
Treatment Facilities	1,203.26	1,271.70	880.82	
Contributions	71.44	22.12	542.85	
Expenses		410.00		
Bank Fee's	3.00	3.00	3.00	
Balance	1,271.70	880.82	1,420.67	###

YTD: 2019

Tradition Ten: Alcoholics Anonymous has no opinion on outside issues; hence the AA name ought never be drawn into public controversy.

- Do I ever give the impression that there really is an "AA opinion" on An-tabuse? Tranquilizers? Doctors? Psychiatrists? Churches? Hospitals? Jails? Alcohol? The federal government? Legalizing marijuana? Vitamins? AI-Anon? Alateen?
- Can I honestly share my own personal experience concerning any of those without giving the impression I am stating the "AA opinion"?
- What in AA history gave rise to our Tenth Tradition?
- Have I had a similar experience in my own AA life?
- What would AA be without this Tradition? Where would I be?
- Do I breach this or any of its supporting Traditions in subtle, perhaps unconscious, ways?
- How can I manifest the spirit of this Tradition in my personal life outside AA?

Intergroup wants to express our appreciation for those groups and individuals who have made generous financial contributions, and give a **special thank you** to all the members who have volunteered their time this year to help the sick and suffering alcoholic.



Concept X: Every service responsibility should be matched by an equal service authority, with the scope of such authority well defined.

- Do we understand "authority" and "responsibility" as they relate to group conscience decisions by G.S.R.s, D.C.M.s and our area delegates? 4
- Why is delegation of "authority" so important to the overall effectiveness of A.A.? Do we use this concept to define the scope of "authority"?

New Frontiers ~ October 2021

GROUP CONTRIBUTIONS 2020						
GROUP	CENTRAL		CORRECTIONS		TREATMENT	
	AUGUST	YEAR	AUG	YEAR	AUGUST	YEAR
1143 Noon		30.00		0.00		0.00
12 Steps/12 Traditions		0.00		0.00		0.00
12:45 Noon		0.00		0.00		0.00
4th Step Stumblers/F.U.N.		0.00		0.00		0.00
4th Step	100.00	200.00		0.00		0.00
7:00 AM		0.00		0.00		0.00
AA BREAKFAST		0.00		0.00		0.00
A Day At A Time		0.00		0.00		0.00
A Vision For You		250.00		0.00		0.00
Abbot Corners		0.00		0.00		0.00
Abbot Men's		0.00		0.00		0.00
Acceptance/Welcome		200.00		0.00		0.00
Achievement		0.00		0.00		0.00
Action		30.00		10.00		10.00
Albion Sunday Grapevine		0.00		0.00		0.00
ALBION NEW BEGINNINGS		0.00		0.00		0.00
Albion New Beginnings		0.00		0.00		0.00
Alden		200.00		0.00		0.00
Alexander		0.00		0.00		0.00
All is Well		675.00		0.00		0.00
AM Big Book		0.00		0.00		0.00
Amherst Snyder		300.00		0.00		0.00
Amesley Step		100.00		0.00		0.00
Any Age		300.00		0.00		0.00
Any Length	30.00	150.00		0.00		0.00
Archie/ Yorkville		0.00		0.00		0.00
Archives		0.00		0.00		0.00
ARCHIVES		0.00		0.00		0.00
As Bill Sees It		0.00		0.00		0.00
Attitude Adjustment (Williamville)		200.00		25.00		25.00
Attitude Adjustment (NF)	100.00		25.00		25.00	
Attraction		300.00		0.00		0.00
Awareness		0.00		0.00		0.00
Backdoor		0.00		0.00		0.00
Beginners-A Vision For You		0.00		0.00		0.00
Beginnings (NF)		0.00		0.00		0.00
Beginning In Sobriety II		0.00		0.00		0.00
Beginning's Women	100.00	100.00		0.00		0.00
Big Book Lockport		0.00		0.00		0.00
Big Brothers Studies		0.00		0.00		0.00
Big Book Study		0.00		0.00		0.00
Black Tea Meeting		0.00		0.00		0.00
Blasdel		0.00		0.00		0.00
Blasdel Monday		0.00		0.00		0.00
Blasdel Saturday		126.72		0.00		0.00
Bodhisattva		0.00		0.00		0.00
Boulevard Helping Hand		300.00		0.00		0.00
Boulevard Women		75.00		0.00		0.00
Bress		0.00		0.00		0.00
Brockton		50.00		0.00		0.00
Buffalo Group		0.00		0.00		0.00
Buffalo Creek		0.00		0.00		0.00
Buffalo First		120.00		0.00		0.00
By the Wayside		150.00		0.00		0.00
By the Book		0.00		0.00		0.00
Carry the Message		3.31		0.00		0.00
Castle		0.00		0.00		0.00
Cathedral Park		0.00		0.00		0.00
Cayuga Wake-Up Call		0.00		0.00		0.00
Central City Cafe		30.00		0.00		0.00
Central Park		0.00		0.00		0.00
Changing Our Way's		0.00		0.00		0.00
Chapter IX		125.00		0.00		0.00
Cheekwags	350.00	625.00		0.00		0.00
Clergy Men's		0.00		0.00		0.00
Cold Spring		0.00		0.00		0.00
Commitment		0.00		0.00		0.00
Conqueror Women		0.00		0.00		0.00
Cornplantera		0.00		0.00		0.00
Courage		140.00		0.00		0.00
Daily Reflections		0.00		0.00		0.00
Daily Reflections		0.00		0.00		0.00
Daily Reprieve		50.00		0.00		0.00
Dawn of Hope		0.00		0.00		0.00
Depth & Weight	180.00	180.00		0.00	180.00	180.00
Derby		107.00		0.00		0.00
Desire		325.00		0.00		0.00
Districts		0.00		0.00		0.00
Downtown Mera		0.00		0.00		0.00
Dunkirk Monday Night		0.00		0.00		0.00
Eagle Street		0.00		0.00		0.00
East Amherst	100.00	140.00		0.00	100.00	100.00
East Amherst Traditions		0.00		0.00		0.00
East Aurora		144.00		0.00		0.00
Early Bird Big Book		30.00		0.00		0.00
Easy Does It		420.00		0.00	30.00	0.00
Eden		0.00		0.00		0.00
Ellicottville		150.00		0.00		0.00
Elm St Violence	55.00	218.00		0.00		0.00
Evenbody's		0.00		0.00		0.00
Excellent Adventure		100.00		0.00		0.00
Express		0.00		0.00		0.00
Eyepener	317.40	2367.45		0.00		0.00
Eyepener South	742.48	1846.35	475.54		0.00	0.00
Fireide	212.00	683.60		0.00		0.00
Fireide PM		0.00		0.00		0.00
First Step (NF)		0.00		0.00		0.00
Forestville in The Solution		0.00		0.00		0.00
Forestville Sunday Serenity		100.00		0.00		0.00
Frederick Discussion		0.00		0.00		0.00
Freedom		0.00		0.00		0.00
Freedom Seekers		0.00		0.00		0.00
Fresh Start		75.00		0.00		0.00
Friday Night Lights		0.00		0.00		0.00
Friendly		40.00		0.00		0.00
Gardenville		200.00		0.00		0.00
GAY & BI MEN LIVING SOBER		0.00		0.00		0.00
Georgetown		0.00		0.00		0.00
Getting Better		0.00		0.00		0.00
Gettin With It		0.00		0.00		0.00
Giving		0.00		0.00		0.00
Go to Any Length		380.00		0.00		0.00
Golden Slipper		0.00		0.00		0.00
GONE TO THE DOGS		50.00		0.00		0.00
Grace & Dignity		144.00		0.00		0.00
Grand		0.00		0.00		0.00
Grand II Joy of Living		200.00		0.00		0.00
Grateful		0.00		0.00		0.00
H.A.N.D.		30.00		0.00		0.00
Hamburg		0.00		0.00		0.00
HAPPY HOUR		515.00		0.00		0.00
Harmony		0.00		0.00		0.00
Helping Hand		0.00		0.00		0.00
High Noon	100.00	100.00		0.00		0.00
High View		100.00		0.00		0.00
Hilibility	300.00	300.00		0.00	200.00	200.00

GROUP CONTRIBUTIONS 2020						
GROUP	CENTRAL		CORRECTIONS		TREATMENT	
	AUGUST	YEAR	AUG	YEAR	AUGUST	YEAR
Holiday Village		300.00		0.00		0.00
Holland		600.00		0.00		0.00
Honesty		0.00		0.00		0.00
Hope & Dignity		25.00		0.00		0.00
Hope Horizon		0.00		0.00		0.00
How It Works/Men's		325.00		0.00		0.00
I Am Responsible	52.00	276.45		0.00		0.00
IF HE WERE SOUGHT		353.00		0.00		0.00
Independence (NF)		0.00		0.00		0.00
Inspiration		0.00		0.00		0.00
Inspired on Life		0.00		0.00		0.00
Innorse	245.58	601.84		0.00	17.85	43.77
IT		0.00		0.00		0.00
Just For Today Albion		0.00		0.00		0.00
Just For Today Cheekwags		100.00		0.00		0.00
Keep It Comin'		0.00		0.00		0.00
Keep It Simple Sister		0.00		0.00		0.00
Kenmore		0.00		0.00		0.00
Kensington		0.00		0.00		0.00
KITCHEN TABLE AA		51.00		0.00		0.00
Lakeview	100.00	400.00		0.00		0.00
Lakeshore	400.00	1440.00		0.00		0.00
Lancaster Valley Reprieve		0.00		0.00		0.00
Lassie		0.00		0.00		0.00
Lewers	500.00	500.00		0.00		0.00
Led From The Scene		0.00		0.00		0.00
LewPort		125.00		0.00		0.00
Liberly Women		75.00		0.00		0.00
Life Ahead		0.00		0.00		0.00
Life Today		0.00		0.00		0.00
Lighten Up	150.00	300.00	20.00	40.00	20.00	40.00
LIGHTHOUSE		0.00		0.00		0.00
Living Clean		0.00		0.00		0.00
Living In The Solution		0.00		0.00		0.00
Living Sober		0.00		0.00		0.00
Lock City		0.00		0.00		0.00
Lockport #1		250.00		0.00		0.00
Lockport Discussion		0.00		0.00		0.00
Lockport Ladies		375.00		0.00		0.00
Lockport Tuesday		0.00		0.00		0.00
Lockview		0.00		0.00		0.00
LOST & FOUND		20.00		0.00		0.00
Love		0.00		0.00		0.00
Loveley		0.00		0.00		0.00
LOW BOTTOM		300.00		0.00		0.00
Lovers River		0.00		0.00		0.00
LUNCH BUNCH ALBION		0.00		0.00		0.00
Main and High		75.00		0.00		0.00
Main Street		260.00		0.00		0.00
Maple		40.00		0.00		0.00
Marching Forth		150.00		0.00		0.00
Marilla		225.00		0.00		0.00
Matt Talbot		100.00		0.00		0.00
McKinley Winners		200.00		0.00		0.00
Medina New Life	75.00	75.00		0.00		0.00
MEDINA STEP WORK/EG BOOK		25.00		0.00		0.00
Mercy		0.00		0.00		0.00
Mid-day		0.00		0.00		0.00
Midnight Discussion		0.00		0.00		0.00
MONDAY NIGHT SOLUTION		25.00		60.00		0.00
Morning After		0.00		0.00		0.00
New Beginnings/St. Vincent		0.00		0.00		0.00
Newfane Living Sober		100.00		0.00		0.00
New Freedom		0.00		0.00		0.00
NEW LIFE (ALDEN)		75.00		0.00		0.00
New Life		0.00		0.00		0.00
New Wayside		0.00		0.00		0.00
Niagara Frontier Men's Disc.		50.00		0.00		0.00
Niagara Intergroup		0.00		0.00		0.00
Niagara Frontier Men's Disc.		107.50		0.00		0.00
North Buffalo		0.00		0.00		0.00
North Evans Men's		150.00		0.00		0.00
North Jew Monday		300.00		0.00		0.00
Nueva Esperanza "New Hope"		0.00		0.00		0.00
ON AWAKENING Men	1800.00	1800.00		0.00		0.00
One Day At A Time		0.00		0.00		0.00
ODAT		0.00		0.00		0.00
Open Arms		0.00		0.00		0.00
Orchard Park Step		347.11		0.00		0.00
OUR CHARGE		0.00		0.00		0.00
Our Meeting @ the VA		0.00		0.00		0.00
Pause & get Calm		0.00		0.00		0.00
PINACLE AT THE RIDGE		120.00		0.00		0.00
Peaceful Tuesday		50.00		0.00		0.00
PERSEVERANCE		0.00		0.00		0.00
Point of No Return		0.00		0.00		0.00
POSITION OF NEUTRALITY		0.00		0.00		0.00
Primary Purpose		0.00		0.00		0.00
Principles Bef. Personalities	20.00	80.00		0.00		0.00
Purpose/Tenwards		50.00		0.00		0.00
Questions & Answers		200.00		0.00		0.00
Quitting Time		115.66		0.00		0.00
Ray of Hope		50.00		0.00		0.00
Recovery Near The Gardens		47.00		0.00		0.00
REMEMBER WHEN		0.00		0.00		0.00
Reflections on Recovery		0.00				

New Frontiers ~ October 2021

GROUP CONTRIBUTIONS 2020

GROUP	CENTRAL		CORRECTIONS		TREATMENT	
	AUGUST	YEAR	AUG	YEAR	AUGUST	YEAR
Sobriety Sisters		0.00		0.00		0.00
Soul Purpose	11.44	36.16		0.00		0.00
SOUTH BUFFALO		200.00		0.00		0.00
Southside		150.00		0.00		0.00
Southwestern		0.00		0.00		0.00
Sparks Of Hope		100.00		0.00		0.00
Spiritual Progress	50.00	50.00		0.00		0.00
Springville New Life		0.00		0.00		0.00
Springville Sat Afternoon		270.00		0.00		0.00
Springville Tues. Night		0.00		0.00		0.00
Springville Wed. Noon		35.00		0.00		0.00
Sprout II		200.00		0.00		0.00
Sprout Into Sobriety		0.00		0.00		0.00
St. Barnabas		0.00		0.00		0.00
St. Mark's	800.00	1200.00		0.00		0.00
STARTING OVER		0.00		0.00		0.00
Starting Over By The Book		0.00		0.00		0.00
Step Action Group	36.02	170.82		0.00		0.00
Step It Up We're In		0.00		0.00		0.00
Steps 1, 2 & 3		0.00		0.00		0.00
Sunday Morning Breakfast	200.00	600.00		0.00		0.00
Sunday's Best		100.00		0.00		0.00
Sunday In Cattaraugus		0.00		0.00		0.00
Sunlight Of The Spirit		0.00		0.00		0.00
Sunrise Court	22.00	47.00		0.00		0.00
SUNY Amherst Campus		2.81		0.00		0.00
Surrender and Hope		420.00		0.00		0.00
T.D.W. (Thurs. On Walnut)		0.00		0.00		0.00
TGIF		0.00		0.00		0.00
Thankful		210.00		0.00		0.00
The Abundant		0.00		0.00		0.00
THE AFTER HOURS GROUP		0.00		0.00		0.00
The Beginnings Of Recovery		0.00		0.00		0.00
The CPR	50.00	300.00		0.00		0.00
The Derby Lunch		0.00		0.00		0.00
THE GATEHOUSE		0.00		0.00		0.00
The Grove	200.00	0.00		0.00		0.00
The Herald		0.00		0.00		0.00
The Journey		0.00		0.00		0.00
THE KEYS OF THE KINGDOM		0.00		0.00		0.00
The Noon Meeting		0.00		0.00		0.00
THE NORTH COLLINS		360.00		0.00		0.00
THE SOLUTIONS		30.00		0.00		0.00
THE YORKS HIRE		0.00		0.00		0.00
Three Legacies		288.00		0.00		0.00
Thruway		0.00		0.00		0.00
T'nT		180.00		0.00		0.00
Today	50.00	250.00		0.00		0.00
TOWNLINE		200.00		0.00		0.00
TRANSFORMATION		0.00		0.00		0.00
Tri County		3.55		0.00		0.00
Try Again		0.00		0.00		0.00
TUESDAY WOMEN'S DISCUSSION		0.00		0.00		0.00
Tuesday Men's AM		0.00		0.00		0.00
Tuesday Afternoon		0.00		0.00		0.00
Tuesday Women's		0.00		0.00		0.00
Turning Point		0.00		0.00		0.00
Twin Cities		400.00		0.00		0.00
TWO PONDS		0.00		0.00		0.00
Unity		250.00		0.00		0.00
U MEN'S BEGINNERS		0.00		0.00		0.00
Valley		0.00		0.00		0.00
Victory		0.00		0.00		0.00
Victory Women's		0.00		0.00		0.00
VIP		0.00		0.00		0.00
Wake Up Call		0.00		0.00		0.00
WE BELIEVE		0.00		0.00		0.00
We Care	1500.00	0.00		0.00		0.00
Westfield		50.00		0.00		0.00
Westminster		0.00		0.00		0.00
WEI Women's Experience		0.00		0.00		0.00
Why		0.00		0.00		0.00
Williamsville		125.00		0.00		0.00
Willing To Grow		0.00		0.00		0.00
Wilson Group		0.00		0.00		0.00
Wilson Smith Alumni		0.00		0.00		0.00
Women In Recovery		0.00		0.00		0.00
Women In Sobriety		0.00		0.00		0.00
Winners Circle		0.00		0.00		0.00
Women Making The Effort		0.00		0.00		0.00
WOMEN'S BIG BOOK-3		0.00		0.00		0.00
Women's West Side		0.00		0.00		0.00
Women's Day Of Sharing		300.00		0.00		0.00
Working		0.00		0.00		0.00
Youngstown		0.00		0.00		0.00
Alan C.		100.00		0.00		0.00
Amy P.		20.00		0.00		0.00
Anne G.		20.00		0.00		0.00
Anonymous		637.20		0.00		0.00
Ann Marie J.		155.00		0.00		0.00
Anthony M.		3.00		0.00		0.00
Anthony R.	30.00	540.00		0.00		0.00
Barbara C.		40.00		0.00		0.00
Belinda H.		100.00		0.00		0.00
Bill H.		48.00		0.00		0.00
Catherine H.		5.00		0.00		0.00
Christine M.		3.00		0.00		0.00
Clerk & Nancy Y.		50.00		0.00		0.00
Deborah H.		50.00		0.00		0.00
Donald K.		300.00		0.00		0.00
Donna F.		100.00		0.00		0.00

GROUP CONTRIBUTIONS 2020

GROUP	CENTRAL		CORRECTIONS		TREATMENT	
	AUGUST	YEAR	AUG	YEAR	AUGUST	YEAR
Donna H.	10.00	80.00		0.00		0.00
Elizabeth E.		10.00		0.00		0.00
Elizabeth S.		25.00		0.00		0.00
Gabrielle R.		150.00		0.00		0.00
Garrett Z.		50.00		0.00		0.00
Gina L.		50.00		0.00		0.00
Glen N.		50.00		0.00		0.00
Goloka S.	21.74	41.74		0.00		0.00
Heather M.		150.00		0.00		0.00
Herbert G.		28.00		0.00		0.00
Ian H.	75.00	193.00		0.00		0.00
Jane Marie B.		80.00		0.00		0.00
Jeffrey K.		22.00		0.00		0.00
Jeffrey R.		250.00		0.00		0.00
Jennifer H.		28.00		0.00		0.00
Jennifer M.		20.00		0.00		0.00
Jill K.		20.00		0.00		0.00
John J.		10.00		0.00		0.00
John L.		30.00		0.00		0.00
John S.		100.00		0.00		0.00
Joseph G.		20.00		0.00		0.00
Kathleen M.	10.00	80.00		0.00		0.00
Kevin N.	100.00	400.00		0.00		0.00
Kristen B.		4.00		0.00		0.00
Laura I.		20.00		0.00		0.00
Laura R.		100.00		0.00		0.00
Lila M.	5.00	40.00		0.00		0.00
Lisa G.		2.00		0.00		0.00
Lois		10.00		0.00		0.00
Marla F.		5.00		0.00		0.00
Margarette R.	400.00	400.00		0.00		0.00
Maureen M.		153.00		0.00		0.00
Mery M.		50.00		0.00		0.00
Michael J.		35.00		0.00		0.00
Pat M.		25.00		0.00		0.00
Patricia G.		100.00		0.00		0.00
Patricia L.		500.00		0.00		0.00
Peter W.		200.00		0.00		0.00
Phillip S.		100.00		0.00		0.00
Robert G.	51.00	245.00		0.00		0.00
Sally Ann C.		120.00		0.00		0.00
Sara U.		40.00		0.00		0.00
Shannon F.		20.00		0.00		0.00
Shelly Ann Z.		3.00		0.00		0.00
Sonia T.		20.00		0.00		0.00
Susan V.		496.00		0.00		0.00
Suzanne K.	20.00	160.00		0.00		0.00
Suzanne S.		40.00		0.00		0.00
Sydney D.		50.00		0.00		0.00
Thomas & Nancy		150.00		0.00		0.00
Tina D.	200.00	873.00		0.00		0.00
Tony H.		3.00		0.00		0.00
Virginia K.		50.00		0.00		0.00
Wynne H.	10.00	80.00		0.00		0.00
William B.	5.00	40.00		0.00		0.00
William Mc		500.00		0.00		0.00
William O.		30.00		0.00		0.00
Zachary M.		72.00		0.00		0.00
Zelma A.		35.00		0.00		0.00
TOTALS	\$,796.46	46,370.25	45.00	633.34	542.85	633.77

IN MEMORIAM
Things We Can Not Change

To all of our members who have lost family and loved ones
Jim L.; 38 years ~ South town area
Jim T.; 44 years ~ Hillbilly Group
Mary Jo; 50 years ~ Acceptance/ Welcome Group
Archie O.; 35 years ~ Harmony Group
 Our thoughts and prayers are with you





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