

# NEW FRONTIERS

A.A. of the Niagara Frontier

April 2023

THE CENTRAL COMMITTEE NEWSLETTER FOR ALL A.A. MEMBERS OF WESTERN NEW YORK AND THE NIAGARA FRONTIER



## Step Three Requires Follow-up



Early on in sobriety I considered the [Third Step Prayer](#) on page 63 as both a “decision” and “turning over” of my will and life over to God. However, the Big Book directions tell us that we have already made this decision on page 62 (bottom paragraph) and that this step was only a beginning. It was already made!

The Third Step Prayer requires asking God for relief from “the bondage of self,” although I had no precise knowledge of what that was. However, the bottom paragraph tells us to “launch out” on a course of vigorous action.

I would think this requires writing [Step Four](#) so as to understand, to some degree, my shortcomings and defects of character. Also, I believe that Step Five was important to allow my sponsor to point out the further aspects of my bondage of self. So, the Third Step Prayer was only a beginning and will have “little permanent effect unless at once followed by a strenuous effort to face and be rid of, the things in ourselves which had been blocking us.” (p. 64)

These additional steps were necessary to provide the information about what I was asking God to remove when I got to [Step Seven](#).

I spent the first five months of my sobriety without doing the Step Three follow up as listed above and almost drank—thankfully I immediately found a sponsor who took me through all twelve steps and have not had to drink since. I will be eternally grateful for the clear-cut directions in the Big Book.

By Bob S.; <https://www.aacle.org/step-three-requires-follow-up/>



# The Fear of a Moral Inventory

## Those Tormenting Ghosts of Yesterday

Over the years, I have watched the differing patterns of AA members and the degree of *Thoroughness* applied to the Steps as opposed to simply abstaining from alcohol. With all the empathy and compassion in my heart I try to be available to everyone with an explanation of what I perceive to be the biggest *Stumbling Block* that stands in the way of the unfortunate ones that never seem to reach the degree of *Happiness and Peace of Mind* that the program offers. When I am approached by someone who is struggling with this issue my first question would be, "Have you completed a thorough Fourth and Fifth Step?" and if they are honest about it, we have a chance to revisit that part of the program and *Neutralize those Tormenting Ghosts of Yesterday*.



I was that guy in my first attempt at taking the Steps and rather than dealing with it, I just went to meetings and told funny stories until an event in my life caused me to *take a second look at the inventory process*. I'm so glad that I got it right the second time around. If I hadn't, I can see no possible way that I could have followed up with the remaining Steps of the program.

Most alcoholics are not proud of their past behaviors and live in a constant state of *guilt and shame*. They believe that they were responsible for those behaviors, and that is where the alcohol became the solution (no pun intended) to their problem—until it stopped working. There is a difference between *Responsibility and Accountability*. Most alcoholics believe that they are responsible for becoming an alcoholic and that is the *Biggest Misconception* concerning this subject, unless, at childbirth, you had the capacity to understand alcoholism and

**When I am approached by someone who is struggling with this issue my first question would be, "Have you completed a thorough Fourth and Fifth Step?" and if they are honest about it, we have a chance to revisit that part of the program and *Neutralize those Tormenting Ghosts of Yesterday*.**

the ability to decide that you wanted to become one. From the day we were born until we took our first drink, we were conditioned to a degree that alcohol affected us differently than it does for the normal person. Our minds were diseased, and we had no choice in the matter. The symptoms of the disease were the behaviors that followed. Once we are aware of this perception, and become willing to become accountable for those behaviors and make restitution for wrongs done, who could fault us for that?

As we continue the Steps of the program, we start by recognizing the old alcoholic habits, and they are not too hard to change. We seem to begin that process as soon as we start attending meetings, and we deal with the obvious things upfront. If we continue to examine our motives for the things we do, over a period of time, the load gets lighter and lighter. Now come the *Stumbling Blocks* I referred to earlier, *Those Tormenting Ghosts of Yesterday*.

There is a big difference between a *Habit* and a *Deed*. *Habits* can be changed, in time, as we establish a new track record and we become an entirely different person. *Deeds* are another matter. *We can't change history*. I'm sure that we all have done things that we would hope will remain secret. When they measure up to the term *Tormenting Ghosts*, we need to deal with them if we wish to have some degree of *Happiness and Peace of Mind*. We can't change our history, but we can change our *Perception* of those deeds as *Symptoms of the disease of Alcoholism* that were part of the conditioning and often things that happened even before we ever took a drink. Painful as they may be, if we spend the rest of our lives living by those unselfish habits, over time our actions will far outweigh our guilt and shame. We only live once, and it would be a shame if something that happened years ago kept us in pain as a result of a symptom of a disease. They are not what we perceived them to be.

Rick R.

Reprinted from *Lifeline*; April 2019



### April History

April 1935	Dr. Silkworth told Bill to quit preaching at drunks & tell them of obsession & allergy.
April 1950	Saturday Evening Post article "The Drunkard's Best Friend" by Jack Alexander.
April 1958	The word "honest" dropped from AA Preamble, "an honest desire to stop drinking".
April 1966	Change in ratio of trustees of the General Service Board; now two thirds (majority) are alcoholic.
April 1970	GSO moved to 468 Park Ave. South, NYC.
April 1, 1939	Publication date of Alcoholics Anonymous, AA's Big Book.
April 1, 1940	Larry J. of Houston, wrote "The Texas Prayer", used to open AA meetings in Texas.
April 1, 1966	Sister Ignatia died.
April 2, 1966	Harry Tiebout, M.D. died.
April 3, 1941	First AA meeting held in Florida.
April 3, 1960	Fr. Ed Dowling, S.J., died. He was Bill W's "spiritual sponsor."
April 7, 1941	Ruth Hock reported there were 1,500 letters asking for help as a result of the Saturday Evening Post Article by Jack Alexander.
April 10, 1939	The first ten copies of the Big Book arrived at the office Bill and Hank P shared.
April 11, 1938	The Alcoholic Foundation formed as a trusteeship for A.A. (sometimes reported as May 1938)
April 11, 1941	Bill and Lois finally found a home, Stepping Stones in New Bedford.
April 16, 1940	A sober Rollie H. catches the only opening day no-hitter in baseball history since 1909.
April 16, 1973	Dr. Jack Norris presented President Nixon with the one millionth copy of the Big Book.
April 19, 1940	The first AA group in Little Rock, Arkansas, was formed. First 'mail order' group.
April 19, 1941	The first AA group in the State of Washington was formed in Seattle.
April 22, 1940	Bill and Hank transfer their Works Publishing stock to the Alcoholic Foundation.
April 23, 1940	Dr. Bob wrote the Trustees to refuse Big Book royalties, but Bill W insisted that Dr. Bob and Anne receive them.
April 24, 1940	The first AA pamphlet, "AA", was published.
April 24, 1989	Dr. Leonard Strong died.
April 25, 1939	Morgan R interviewed on Gabriel Heatter radio show.
April 25, 1951	AA's first General Service Conference was held.
April 26 or May 1, 1939	Bank forecloses on 182 Clinton Street.

### Corrections News:

Meetings have resumed at the Erie County Holding Center and the Erie County Correctional Facility at Alden after a 2-1/2 year break. Members on the outside are needed to take meetings into these facilities!

\*Erie County Holding Center-Mondays at 6:30 PM

\*Alden Men's meeting-Wednesdays at 6:30 PM

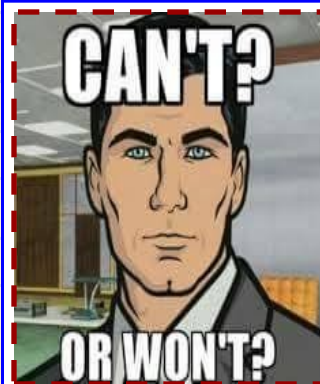
\*Alden Women's meeting-Saturdays at 10 AM

A background check is needed before any of us are permitted entrance into these locations.

Are you working a good program? Do you have a sponsor? Have you worked or are engaged in working the steps of AA? This is important and gratifying service work!

Contact me for information and to help you to get the process started.

[suzipunk211@gmail.com](mailto:suzipunk211@gmail.com)



**Focus on the program,  
not the problem.**

## APRIL ANNIVERSARIES

### 4th Step Stumblers

Greg B. 3y  
**Acceptance/Welcome**

Starla B. 10y  
Linda C. 11y  
Julia W. 13y

### All Is Well

Linda J. 6y  
Larry F. 12y  
Mark S. 28y

### Amherst Snyder

Tim J. 4y  
Marty M. 42y

### Blvd. Women's

Liz C. 6y

### Courage Group

Kathy M. 23y  
Paul C. 28y

### Eyeopenetr

Joan K. 3m  
Rob E. 3m  
Katie K. 3m  
Noah E. 6m  
Kathy H. 6m  
Eric S. 6m

Marc 2y  
Jackie B. 2y  
Amber O. 4y  
Dave C. 6y  
Karen K. 7y  
Barb B. 7y  
Dan Z. 11y  
Jim S. 13y  
Kevin 18y  
Susan Y. 22y  
Rick H. 30y  
Bill F. 321y  
Alan C. 34y  
Emmet C. 39y  
Tammy M. 40y

### Eyeopener South

Trevor A. 6m  
Sean C. 2y  
Scott S. 6y  
Steve G. 7y  
Dean T. 29y

### Give Me Shelter

Guy R. 3y  
Gabby S. 5y  
Kevin C. 22y

### How It Works Men's

Jason B. 4y  
Dan B. 4y  
Stephen R. 5y  
Jack D. 6y  
John W. 7y  
Kirk D. 8y  
Bob H. 11y  
Phil K. 33y

### Fireside

Barb B. 7y

### First Step

Howard R. 13y

### Fresh Start

Sandria B. 19y

### Golden Slipper

Paul H. 29y  
Kurt K. 41y

### Independence

Glenys B. 9y

### Ironhorse

Shannon P. 7y

### Just For Today

Paul C. 28y  
Dave M. 34y

### Kensington

Tim H. 7y

### Lakeshore

Paul P. 3y  
Walter W. 14y  
Karen B. 34  
Terry B. 36y

### Life Ahead

Gabby S. 5y  
Kevin C. 22y

### Lockport #1

Laurie H. 19y  
Wally E. 38y

### Lockport Ladies

Natalie T. 9m  
Laurie H. 19y

### Main & High

Larry H. 35y

### North Evans Men's

Mark M. 3y  
Hank K. 12y

### Orchard Park Step

Mary B. 16y

### Purpose

Guy R. 3y  
Gabby S. 5y  
Kevin C. 22y  
Jack G. 45y

### Questions & Answers

Glenys B. 9y

### Remember When

Elbert L. 20y

### Renaissance

Michele M. 1y  
Don K. 8y  
Kate B. 33y  
Jim B. 36y

### Rise & Shine

Sean M. 2y

Toni S. 3y

Rachael L. 4y

Robert 6y

Tom C. 11y

Sue S. 40y

### Searching For Serenity

Joe L. 6y

Marie J. 7y

Don K. 8y

Khalia 44y

### Serenity

Craig K. 12y

Robin B. 14y

### Solutions

Ron B. 36y

### The Grove

Leanne D. 3m

Matt G. 9m

Nick P. 9m

Becky S. 9m

Raymond F. 9m

Margaret M. 9m

Nick P. 9m

Jason K. 1y

Andrew S. 1y

Mike A. 2y

Paul R. 4y

Sandie Q. 10y

Mark H. 29y

Jerry S. 48y

### Thruway

Michelle P. 6m

Angela W. 9m

Wayne H. 9m

Sam B. 23y

Fred S. 36y

Bryant G. 38y

### Tuesday Men's

Tom P. 26y

Wally Z. 42y

### Williamsville

Josh 9m

Edi 4y

Ryan L. 24y

AA is the only  
place where you  
can walk into a  
room full of  
strangers and  
reminisce.

### GROUPS CELEBRATING

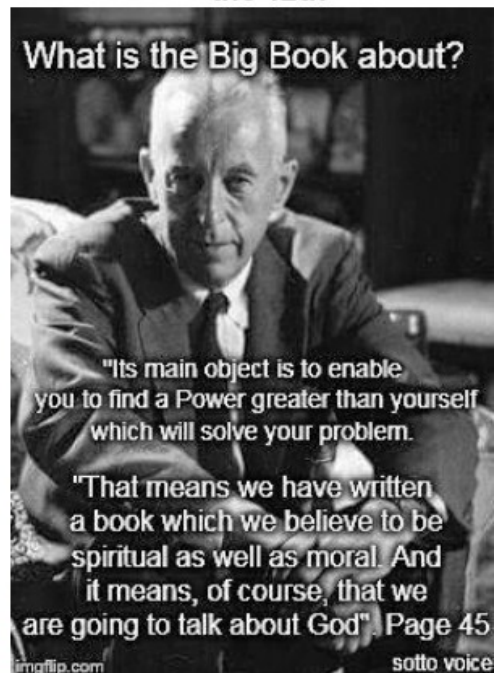
Acceptance/Welcome- 51y  
Another Chance;2y  
Attraction-53y  
Buffalo:26y  
Cheektowaga- 66y  
Contemporary Women-8y  
East Amherst- 49y  
First Step; 52y  
HIP (Hope Is Promised); 9y  
Led From The Scene: 4y  
Lewport- 65y  
Medina New Life: 44y  
New Destiny: 1y  
Our Charge: 4y  
Purpose- 48y  
Ray of Hope- 42y  
Serenity on the Lake- 24y  
Sparks Of Hope:5y  
Today: 44y  
Victory Women's-18y

Please remember to  
have the anniversaries  
submitted by  
the 12th

I Came  
I Came To  
I Came To Believe



"Rarely have we seen a  
person fail who has  
thoroughly followed our  
path..."



What is the Big Book about?

"Its main object is to enable  
you to find a Power greater than yourself  
which will solve your problem.

"That means we have written  
a book which we believe to be  
spiritual as well as moral. And  
it means, of course, that we  
are going to talk about God". Page 45

ingflip.com

sotto voce



**PLEASE READ AT YOUR MEETING...HELP KEEP EVERYONE INFORMED :-)**

**BUFFALO CENTRAL OFFICE**  
**ALCOHOLICS ANONYMOUS**  
(716) 853-0388  
9:00 AM- 12:30PM, 2:00 PM- 4:00 PM

111 Crocker (Franklin St. Entrance  
SLOAN, NEW YORK 14212  
Fax: 853-0389  
buffalooaa@hotmail.com

Real-Time schedule? Check your website: [www.buffaloany.org](http://www.buffaloany.org)

## April 2023

**IF YOUR GROUP IS NOT MEETING, PLEASE INFORM THE CENTRAL OFFICE. THIS INCLUDES THOSE MEETING DAYS WHEN YOUR SITE IS CLOSED FOR A HOLIDAY.**

### MEETING CHANGES:

- **NEW GROUP:** Language Of The Heart; Women's, Sunday's, 4:00 PM, Eden United Methodist Church, 2820 East Church St., Eden 14057.
- Cayuga Wake Up Call has changed it's name to Delaware Park Men's Discussion.
- Friday Night Light has moved, Evergreen Health, 206 S. Elmwood Ave.
- We (Women's Experience) Group, Now only meet on Zoom. Thurs. 7:15pm.ID: 863 9055 3337 PW: 298944.
- First 164 Big Book Study in Akron, No Longer Meet.
- Renaissance Group on Wed. is now a hybrid meeting. Resumed in person . 103 Knowlton Ave., Kenmore 14217. Masks required. BYOD.
- Cayuga Wake Up Call has moved to St. George Orthodox Church; 2 Nottingham Terrace, Bflo North 14216
- Trans/GNC Literature Group; No longer Meets
- Gone To The Dogs, Online Meeting: No Longer Meets
- Beginners Group, Friday's is listed in the paper schedule at the wrong time; it should be 10am
- Purpose Group, Sat., 10 am, has moved; First Presbyterian Church, First Presbyterian Church ,Tonawanda 14150
- On Awakening Men's Zoom meeting; No Longer Meets.
- Living Clean Group @ Sisters Hospital; No Longer Meets.
- Midnight Discussion Group; No Longer Meets.
- **NEW GROUP:** Checking In. Tues. 7PM. Lovejoy Art Connection, 1217 E. Lovejoy St., Bflo East, 14206.
- Getting Better Group; No Longer Meets.
- Thankful Heart zoom meeting has changed it's...ID: 6351057456. PW; thankful.. 10am & 8pm.
- Pause N Get Calm Zoom meeting; No Longer Meets.
- North Buffalo Group is Zoom only on Sundays. Wed. is in person.
- Serenity Trails, Has resumed, Sat. 7:30PM. Now Serenity Trails Men's Diss. Turning Point House, 9136 Sandrock Rd. Eden. Medical Bldg. OS, the last week.
- Living Sober Group has resumed. Wed. 6PM, Kenmore Methodist Church, 110 Westgate Rd., Kenmore 14217
- Lakeview Group meets on Friday's at 8:30 PM, St. John Paul II Church, 2052 Lakeview Rd., Lake View, 14085.
- Shelter from the Storm has moved back to St. Andrews Church, 111 Crocker St., Sloan 14212. Wed. 6:00 PM.
- Saturday Night Sober is Temporarily Closed.
- Recovery In The Park; Has Moved to VFW Post, 112 Caledonia St., Lockport 14094. Thurs. 7 PM
- So Blessed; Thursday's @ Amity Club, No Longer Meets.
- Tri-County Group; Has resumed. Sat. 8PM: Gowanda.
- Men Who Trudge meets Monday- Saturday.@7:30am, Sunday. @ 10am.
- Tuesday Men's Disc. Has expanded to Thursday's also. Group name for Thurs. is Recovered.
- Lock City Group has resumed; Sunday, 6:30 PM. VFW Post 2535, 112 Caledonia St., Lockport 14094
- Why Group; No Longer Meets
- Forestville Sunday Serenity; No Longer Meets.
- Coldspring Group has resumed. Monday's 7 PM.
- Stayin' Sober Group on Thursday's, starts at 6:30 PM.
- Step Action Group will resume meeting in person & on Zoom.
- **NEW GROUP:** 10-11-12; Friday, 7:30 PM, Windom Community Church, 3766 Abbott Rd., Orchard Park, 14127.Open Discussion. WC.
- Living Sober Group in Kenmore will be resuming with a new start time of 6 PM. 110 Westgate Rd., Kenmore 14217
- Sunday Morning Breakfast, Will now be an Open Discussion Group with a Speaker the last Sunday of the month. Sunday's @ 11 am
- The Derby Lunch Group has resumed. Monday's @ Noon.
- Love Joy Group has resumed Wed. Evening only. 7 PM
- Sunrise Court Group has Returned to the City Court Building. Sun. @ 9 am
- Serenity On The Lake, has resumed. Wed. @ 8PM.
- The Grove Meeting is changing it's start time to 6:00 PM, Daily
- The Principals; Daily Zoom Meeting; NO LONGER MEETS
- Come As You Are; Wed. Zoom Meeting; NO LONGER MEETS

## **SERVICE OPPORTUNITIES: COMMITTEE MEETINGS**

### **~ April 2nd : Committee Meetings**

**that meet prior to Central Committee 5:30 PM**

**St. Andrew's Church Parish, (Corner of Crocker & Reiman) , Sloan, 14212,**

**Steering Committee (5:30 PM) in CO, Public Information Committee meeting,**

**Treatment Facilities Committee, Corrections Committee**

**Education & Participation, Need a Committee & Chair, Nightwatch Committee**

### **Followed By Central Committee 7:00 PM**

**COMING EVENTS:** Please submit your upcoming events for future issues, also flyers can be uploaded to our website: <https://buffaloany.com>.

#### **Convention Committee**

**Feb .1st.: 7:00 PM**

**Basement, 111 Crocker St.**  
**Sloan ,NY 14212**

THE SERENITY GROUP PRESENTS

## **SERENITY BREAKFAST**

At the Saturn Club  
977 Delaware Ave  
Sunday April 2nd, 9am  
with special guest speaker  
**Craig K from Florida**  
and  
Giant 50 - 50 Raffle



Doors open at 8:30am  
Breakfast starts at 9:15am  
Speaker at 11am

Tickets are \$20.00  
Reservations available for  
tables of 10

Accepting Cash, Check, or Venmo  
make checks payable to Helen Sattelberg

### **12th ANNUAL WNY AREA 50 ARCHIVES BREAKFAST**

**April 29, 2023 - \$22, Pre-Sale Only**

**Doors Open at 9:00 am, Breakfast  
Starts at 10 am**

**Matthew Glab Post, 1965 Abbott Rd.  
Lackawanna, NY 14218**

**Featuring Speaker Patty S., Rochester, NY**



**Contact Dave G. 716.866.6612 or  
Joe V. 716.465.9327  
for Tickets or Questions**

### **Boulevard Helping Hands Anniversary Brunch!!!**



**Saturday May 6<sup>th</sup>**

**Wheatfield Community Center: 2800 Church Rd (off Ward Rd) -next to Town Hall**

**Doors Open 9 AM -- Speaker 10 AM -- Food & Fellowship to follow**

**Basket Auction (donations welcome) & 50/50 - in spirit of the 7<sup>th</sup> Tradition**

**Oven Baked Omelettes, Eggs, Homefries, Sausage, French toast casserole....  
Coffee, Tea, Juice...**

**Come help us celebrate!!!!!! Cost: Requesting \$5 Donation**

**Please -Bring a pastry to share during the speaker if you can**

 **82<sup>nd</sup> ANNUAL  
BUFFALO FALL CONVENTION**  
**OCTOBER 6-8, 2023**  
**at the M. (BUFFALO) HOTEL**



## Central Committee Minutes March 5th, 2023

I am Responsible . . . When anyone, anywhere reaches out for help  
I want the hand of AA to be there,  
And for that, . . . I Am Responsible

The meeting opened at 7:00 pm by Chairperson Dave with a moment of silence followed by Responsibility Declaration and the Serenity Prayer. Volunteers read the Preamble by Diane, purpose of Central Committee by Anastasia, and 12 Traditions by Jan. Nick from Room to Grow presented on the Third Tradition. Mike from Rise and Shine will be presenting on the

Fourth Tradition in April.

**The following groups were represented:** Buffalo, Rise and Shine, Room to Grow, Chapter IX, Daily Reflections, Depth & Weight, North Buffalo, Abbott Men's Discussion, Ironhorse, Matt Talbot, Thruway, Valley, 10-11-12, Orchard Park Step, Lockport #1 Group, Lockport Ladies, Carry the Message, Daily Maintenance, Lakeshore, Lovejoy, Sunday Morning Breakfast, Big Book @ Brothers, Clarence Men's Discussion, Renewal, Soul Purpose, Williamsville, and Women Making the Effort.

2 new Central Committee Representatives were in attendance, the Rise and Shine and Women Making the Effort.

Motion to accept the meeting minutes for February accepted.

\$78 taken in for 7<sup>th</sup> tradition

### Reports:

**Envelope System:** Chairperson Pat presented that the envelope system brought in \$917 in the month of February and is in need of new members and contributions.

**Steering Committee:** Committee member Steve presented that the Steering Committee voted to approve a motion for Nightwatch based on the findings of the Nightwatch Committee.

**Financial Report: February** our Starting Checkbook balance was \$45,057.18. We took in \$3,862.54 (which very **down**) in Contributions from Groups and individuals. The Envelope System took in: \$917.00. Literature, Tax & shipping came to \$2,718.07 (which is **up**). New Frontiers Subscriptions was \$68.00. Joint meeting (Central Committee) was \$51.83. Total income of **\$7,617.44** (which is **down**).

Our expenses totaled **\$11,624.41** (which is **about same**). This means, we took in **\$4,006.97 less** than our expenses this month. **YTD \$4,009.82 less than our expenses!!!!** Final checkbook balance is \$41,050.21.

**Corrections** beginning balance was \$3,330.60. Income was \$.00, Literature; 85.00 and a \$3.00 Bank Fee, for a balance of **\$3,242.60**.

**Treatment** beginning balance was \$1,534.60. Contribution's totaled \$.00, Literature \$520.00 and a \$3.00 bank fee for a final balance of **\$1,011.60**

**Treatment:** Treatment met prior to the Central Committee Meeting and discussed finances and the budget and had a total of 105 commitments. Next month they will be discussing bringing in speakers from homegroups and asking for a percentage from groups.

**Central Office:** Feb. Central office: **TOTAL CALL'S INCLUDING AFTER-HOUR'S;** 125, Total 12STEP: 3, Also had 451 emails.

~Need Updated Contact from; Westminster-1, Sobriety On The Lake-5, Holiday Village -6, Life Today-4

\*We have changed over Payroll Companies from Paychex to Next HR Solutions, it is a local based company and should save us \$\$\$.

\* GSO Worlds Services are raising Literature cost substantially (20% on all books, 30% on pamphlets!!!) **Our prices will go up to match GSO.**

\*Also in March our annual sales tax due (roughly \$2,000). Schedule order (about \$2000) & Workman's Comp (\$300)

\*All 2022 Notebooks & QB thumb-drive have gone to the accountant for annual taxes.

\*NEXT MEETING: April. 2nd, 2023

**Corrections:** Chairperson Alan presented that 1. Anyone with copies of Grapevines or other no staple literature please call me at 716.438.0328. 2. Niagara County Jail has two meetings per week, must be prequalified. 3. 3212.60 total, \$ 85.00 Literature, \$3.00 Bank Charge Respectfully, Alan D.

**Night-Watch:** Chairperson David presented that March is filled, April is filled. May, June, July, we are still waiting to hear back for commitments from home groups. A portion of the 12 step call list has been updated.

**Ad hoc Night watch:** Chairperson David presented that Nightwatch reported our findings to Steering Committee tonight. We explained our findings for alternatives, upgrade. This all came up due to having dropped calls on our after hour call line. Having the dead silence on the phone anywhere from 1 ½ to 5 minutes means a lot to the caller on the other line. We proposed upgrading our system with an IMS telephone On-Hold player that will patch right into our current system. Our proposal was accepted by Steering Committee. Going forward we will purchase the software and have a fellow AA member willing to patch into our current system.

**Education & Participation:** Chairperson needed

**Internet Presence:** No report

**PIC/CPC:** Chairperson Joe presented that the committee needs more leads and two more people for the committee to get running.

**Convention 2023:** Chairperson Diane presented the Buffalo Fall Convention will be held on October 6, 7, 8 2023 at the M Hotel on Walden Ave. The theme is "A Faith that Works." Registration forms are now available and being distributed. A mailing to every group will be done in the next few months. Take advantage of the early bird pricing up until August 6, 2023. Our next committee meeting is Wednesday April 5, 2023 at 7:15 pm in our Central Committee meeting room. We need more volunteers to help make our convention a success! You can look for updates on our AA Facebook page.

**GSA Liaison:** Area Committee met on Feb. 18th via Zoom which I was unable to attend. Our main focus is on the Delegate Questionnaire that will be emailed to your Groups GSR this week and is due back by April 18th so Denise our Delegate will have an informed group conscience for Area 50 when she attends the 73rd General Service Conference in NYC the week of April 23rd. A summary of background material for these agenda items was emailed on Feb. 25th. Even though it's 83 pages we only need to review the 17 book marked items. Please attend agenda week to be held via zoom March 27-30th from 7-8:30pm ID#8471548048 Passcode: area50. Every first Monday of the month there's a virtual GSR coffee hour 7-8pm Zoom ID#81989565200 Passcode: service. This meeting is not only for GSR's but is open to all who are interested in service. Next ACM is Monday March 20th 7-9pm via Zoom ID#99342724284. GSA Pre-Conference Assembly is April 1st 10am-2pm at St. John's School 921 N. Union St., Olean, NY or via Zoom ID#99342724284.

YIS, Laurie H./GSA Liaison

~continued from previous page

**Archives:** Chairperson Pat presented I was asked to fill until the end of the year for Claudia. Our Archives Breakfast is coming up on April 29<sup>th</sup> at the Matt Glab Post American Legion, 1965 Abbott Rd. in Lackawanna. Our ticket sales are slow. Our speaker this year is from Rochester; she is funny at times. We made some changes there will be 2 lines to serve you your breakfast. The coffee, desert, and fruit will be served in the room where the Archives Display is. The 50/50 will be moved from the entrance so no one has to wait in a line. If you would like to join us, we meet on the last Thursday of the month. Our meetings are run very smoothly with a lot of laughing. We are not a glum lot. We now accept request for displays 15 days before you would want it at your home group. Any questions call Dave G. or myself.

## Old Business:

Steering Committee Zone 7 IS STILL OPEN

## New Business:

A motion was put forward to have AA display ads for the Buffalo intergroup placed on the internet at \$225/ month, for two months \$450 total. These ads would directly benefit the Buffalo Intergroup and would result in monthly tracking information.

After discussion about promotion the motion was Tabled until April as more information is needed,

## Announcements:

Motion to close

Yours In Service, Molly R.

### SUMMARY WHEEL CHAIR ACCESS CHECKLIST FOR MEETINGS AND GROUPS

PARKING: [ ] Yes [ ] No

Is an adequate number of handicap spaces available, of sufficient size (space 9' wide) and close to entrances? Is the path to the entrance in good repair, free of obstructions? Are there curb cutouts to facilitate access to the sidewalk?

ROUTE of TRAVEL: [ ] yes [ ] No

Is there a clear route of travel to the entrance that does not have stairs or other obstructions? If the meeting is at night is the path well lit? If there are stairs or other obstructions is there a ramp with a sufficiently shallow grade and railings or an operational lift?

ENTRANCE: [ ] Yes [ ] No

Does the entrance have steps, a threshold or other physical barrier? Does the entrance door have adequate width (32")? Can the door be opened by someone in a wheel chair or will there be someone available to open the door?

PATH INSIDE the BUILDING to the MEETING SPACE: [ ] Yes [ ] No

Is the meeting on the same level as the entrance? If not, are there ramps or an operational elevator to enable access to the meeting? (Note a stairway lift chair is not acceptable.) Do corridors and doorways have at least 32" unobstructed clearance?

The MEETING SPACE: [ ] Yes [ ] No

Are chairs set up with sufficient aisle space? Is lighting adequate? Is the refreshment service accessible for a person in a wheel chair?

RESTROOMS: [ ] Yes [ ] No

If this is not a single person restroom are the stall doors operable? Is there adequate space for someone in a wheelchair to maneuver in the restroom or stall? (44' for forward movement and a 5' diameter or T shape of clear space to make turns.) Are there grab bars behind and to the nearest side to the toilet? Can the faucet be operated by a person in a wheel chair?

Group Name \_\_\_\_\_

Meeting day(s) \_\_\_\_\_

Notes: \_\_\_\_\_

\_\_\_\_\_

\_\_\_\_\_

Return to: [P72accessibility@area50wmv.org](mailto:P72accessibility@area50wmv.org) or General Service Area 50

Accessibility Chairperson

5999 South Park Ave. # 103

Hamburg, NY 14075

## 2023 BUFFALO FALL CONVENTION

ONE FORM PER PERSON

NAME ON BADGE \_\_\_\_\_

FIRST & LAST NAME \_\_\_\_\_

STREET ADDRESS \_\_\_\_\_

CITY, STATE, ZIP \_\_\_\_\_

PHONE \_\_\_\_\_

EMAIL \_\_\_\_\_

OPTIONAL CREDIT CARDS  
ADD \$3.00 PROCESSING FEE



NAME ON CARD \_\_\_\_\_

CARD # \_\_\_\_\_

EXP. DATE \_\_\_\_\_ 3 DIGIT CVV \_\_\_\_\_ ZIP CODE \_\_\_\_\_

**CHECKS** Please make checks or money orders payable to:  
**BUFFALO FALL CONVENTION** (US Funds Only)  
P.O. Box 792, Tonawanda, NY 14151

**NO CHECKS ACCEPTED AT THE DOOR!!**  
**GROUPS OF 2 OR MORE AND TABLES OF 10**  
**MUST BE IN SAME ENVELOPE**

### — PRE-REGISTRATION —

#### BANQUET

CHOOSE ONE ☐ Family Style ☐ Vegan Option

☐ Dietary Restrictions \_\_\_\_\_

#### BANQUET SPEAKER & CONVENTION (PER PERSON)

UP TO 8/6/23 ..... \$65.00

AFTER 8/6/23 UP TO 9/15/23 ..... \$75.00

#### PRE-REGISTRATION CUT-OFF DATE FOR BANQUET IS SEPTEMBER 15, 2023 AA & ALANON CONVENTION

UP TO 8/6/23 ..... \$25.00

AFTER 8/6/23 ..... \$30.00

Scholarship Fund Donation (optional) .... \$ \_\_\_\_\_

Coffee Fund Donation (optional) ..... \$ \_\_\_\_\_

**TOTAL:** \$ \_\_\_\_\_

### "WE PAY OUR OWN WAY"

One of the most common misconceptions of these gatherings is that they are AA meetings so there should be "no dues or fees" as per our 7th tradition. However, The Buffalo Fall Convention is a special event and not a regular AA meeting. No baskets are passed.



YTD: 2022

<b>Cash Flow Statement</b>	Jan-23	Feb-23
Beg Bal Cash on hand	<b>45,060.03</b>	<b>45,057.18</b>
<b>Contributions</b>		
Groups	7,514.68	3,862.54
Central Committee 7th tradition	48.00	51.83
Envelope System	1,204.00	917.00
New Frontiers Subs	43.00	68.00
Literature/Medallions/Pins	2,315.15	2,584.60
Literature Sales Tax	167.72	130.87
Literature Postage	-	2.60
Income (+)		
Archives Room Rent:	340.00	
Committee Meetings	19.00	
Misc		
Transfer from PR		
Conventions/Day of Sharing		
<b>Monthly Income</b>	<b>11,651.55</b>	<b>7,617.44</b>
<b>Expenses</b>		
Building Rent/Utilities	1,000.00	1,000.00
Central Com. Rent	35.00	35.00
Payroll Gross	3,435.94	3,435.94
Employment Taxes	335.00	335.00
Unemployment Surchar	(18.04)	(18.04)
NYS Sales Tax		
Insurance		
State Ins Fund(Travelers)		
Health	635.16	635.16
D&O Insurance	1,080.00	
Liability		1,013.75
Legal Fees		
Postage	369.95	200.00
Phone/internet	177.96	177.96
Accounting	1,200.00	
Payroll Service	268.89	173.50
Advt		
Dex YP	102.65	1,327.25
Local Edge		
Literature Expenses		
Grapevine		
World Services Inc	2,707.30	2,945.80
Hazeldon		
Printers		
Medallions		
Office Supplies	74.95	106.55
Copies/ service contract	161.00	161.00
Copier Lease		
Bank Fee's including credit ca	88.64	95.54
Expense /Balance (-)		
GSA Host		
Workshop		
Seminar		
<b>Monthly Expenses</b>	<b>11,654.40</b>	<b>11,624.41</b>
<b>Monthly Income (Loss)</b>	<b>(2.85)</b>	<b>(4,006.97)</b>
<b>End Balance</b>	<b>45,057.18</b>	<b>41,050.21</b>
Petty Cash	3,000.00	3,000.00
<b>Total Balance</b>	<b>48,057.18</b>	<b>44,050.21</b>
<b>PRUDENT RESERVE</b>	<b>28,180.39</b>	<b>28,181.47</b>
Assets: Literature& Medallions	18,187.80	19,236.40
Literature Receivable:(outstanding)	266.51	152.70
PIC Removed from Stock		138.44
<b>Corrections Facilities</b>	<b>3,513.60</b>	<b>3,330.60</b>
Contributions	-	-
Bank Fee's	3.00	3.00
Expenses	180.00	85.00
<b>Balance</b>	<b>3,330.60</b>	<b>3,242.60</b>
<b>Treatment Facilities</b>	<b>1,192.60</b>	<b>1,534.60</b>
Contributions	345.00	-
Bank Fee's	3.00	3.00
Expenses		520.00
<b>Balance</b>	<b>1,534.60</b>	<b>1,011.60</b>



##

###

**11,377.22**

99.83

2,121.00

111.00

4,899.75

298.59

2.60

-

340.00

19.00

-

-

-

**19,268.99**

2,000.00

70.00

6,871.88

670.00

(36.08)

-

-

-

1,270.32

1,080.00

1,013.75

-

569.95

355.92

1,200.00

442.39

1,429.90

-

-

-

5,653.10

-

-

-

181.50

-

322.00

-

184.18

-

-

-

-

**23,278.81****(4,009.82)**

**Tradition Four: Each group should be autonomous except in matters affecting other groups or AA as a whole.**

- Do I insist that there are only a few right ways of doing things in AA?
- Does my group always consider the welfare of the rest of AA? Of nearby groups? Of loners in Alaska? Of internationalists miles from port? Of a group in Rome or El Salvador?
- Do I put down other members' behavior when it is different from mine, or do I learn from it?
- Do I always bear in mind that, to those outsiders who know I am in AA, I may to some extent represent our entire beloved Fellowship?
- Am I willing to help a newcomer go to any lengths – his lengths, not mine – to stay sober?
- Do I share my knowledge of AA tools with other members who may not have heard of them?

*Intergroup wants to express our appreciation for those groups and individuals who have made generous financial contributions, and give a **special thank you** to all the members who have volunteered their time this year to help the sick and suffering alcoholic.*

**Alcoholics Anonymous**  
is a selfhelp program that I cant do by myself.

**Concept IV:** At all responsible levels, we ought to maintain a traditional "Right of Participation," allowing a voting representation in reasonable proportion to the responsibility that each must discharge.

- Do we understand the spiritual principles underlying the "Right of Participation"?
- What does "in reasonable proportion" mean? Do we understand when it is appropriate for A.A. paid staff to have a vote at the General Service Conference or in our local service structure?
- Do we expect that, because we are A.A. members, we should be allowed to vote at any group, even if we are not active members of that group?

## Group Contributions

Zone	GROUP	CENTRAL		CORRECTIONS		TREATMENT	
		FEB	YEAR	FEB	YEAR	FEB	YEAR
4	10-11-12 Group		0.00		0.00		0.00
6	11:45 Noon		0.00		0.00		0.00
5	12 Steps/12 Traditions		0.00		0.00		0.00
1	4th Step Stumblers/F.U.N.		0.00		0.00		0.00
5	6th Step		0.00		0.00		0.00
5	7 Clan		0.00		0.00		0.00
4	A Day At A Time		72.00		0.00		0.00
3	A Vision For You		0.00		0.00		0.00
3	Abbott Corners		0.00		0.00		0.00
3	Abbott Men's		0.00		0.00		0.00
2	Acceptance/Welcome		0.00		0.00		0.00
8	Achievement		0.00		0.00		0.00
4	Action		0.00		0.00		0.00
3	Alexander		0.00		0.00		0.00
3	All Is Well		0.00		0.00		0.00
8	Amherst Snyder		0.00		0.00		0.00
	Another Chance		0.00		0.00		0.00
2	Any Age		0.00		0.00		0.00
3	Any Lengths	30.00	60.00		0.00		0.00
4	Arcade/ Yorkshire		0.00		0.00		0.00
6	As Bill Sees It		250.00		0.00		0.00
8	Attitude Adjustment(Williamsville)		0.00		0.00		0.00
6	Attraction		0.00		0.00		0.00
6	Backdoor		0.00		0.00		0.00
5	Beginnings (NF)		0.00		0.00		0.00
8	Beginning's Women		100.00		0.00		0.00
	Big Book @ Brothers		0.00		0.00		0.00
	Big Book- Lockport		0.00		0.00		0.00
6	Big Book Study		0.00		0.00		0.00
5	BB Spiritual Studies		0.00		0.00		0.00
3	Blasdel		0.00		0.00		0.00
3	Blasdel Monday		0.00		0.00		0.00
3	Blasdel Saturday		0.00		0.00		0.00
1	Bodhisattva		0.00		0.00		0.00
5	Boulevard Helping Hand		0.00		0.00		0.00
2	Boulevard Women	30.00	60.00		0.00		0.00
2	Brass		0.00		0.00		0.00
7	Buffalo Group		0.00		0.00		0.00
	Buffalo Early Birds		0.00		0.00		0.00
	Buffalo First	100.00	100.00		0.00		0.00
3	By the Wayside		0.00		0.00		0.00
3	By the Book		0.00		0.00		0.00
	Came To Believe		0.00		0.00		0.00
6	Carry the Message		0.00		0.00		0.00
8	Cayuga Wake- Up Call		0.00		0.00		0.00
7	Central City Café	100.00	100.00		0.00		0.00
2	Central Park		0.00		0.00		0.00
6	Changing Our Way's	400.00	400.00		0.00		0.00
2	Chapter IX	150.00	150.00		0.00		0.00
3	Cheektowaga	100.00	250.00		0.00		0.00
8	Clarence Men's		0.00		0.00		0.00
	Come As You Are		400.00		0.00		0.00
1	Commitment/ Working		0.00		0.00		0.00
	Contemporary Women		0.00		0.00		0.00
3	Courage		0.00		0.00		0.00
2	Daily Reflections		0.00		0.00		0.00
2	Daily Reprieve		0.00		0.00		0.00
2	Depth & Weight		0.00		0.00		0.00
6	Derby		0.00		0.00		0.00
6	Desire		100.00		0.00		0.00
1	Downtown Men's		0.00		0.00		0.00
6	Dunkirk Monday Night		0.00		0.00		0.00
8	East Amherst		0.00		0.00		0.00
8	East Amherst Traditions		0.00		0.00		0.00
4	East Aurora		0.00		0.00		0.00
	Early Bird Big Book		0.00		0.00		0.00
2	Easy Does It		0.00		0.00		0.00
6	Ellicottville		0.00		0.00		0.00
6	Eternal Vigilance	100.00	180.00		0.00		0.00
6	Everybody's		300.00		0.00		0.00
6	Excellent Adventure		200.00		0.00		0.00
8	Eyeopener		655.43		0.00		0.00
4	Eyeopener South		0.00		0.00		0.00
8	Fireside		326.36		0.00		0.00
8	Fireside PM		200.00		0.00		0.00
5	First Step (NF)		0.00		0.00		0.00
6	Forestville In The Solution		0.00		0.00		0.00
6	Fredonia Discussion		0.00		0.00		0.00
5	Freedom Seekers		0.00		0.00		0.00
7	Fresh Start	75.00	75.00		0.00		0.00

Zone	GROUP	CENTRAL		CORRECTIONS		TREATMENT	
		FEB	YEAR	FEB	YEAR	FEB	YEAR
1	Friday Night Lights		0.00		0.00		0.00
5	Friendly		0.00		0.00		0.00
3	Gardenville	150.00	150.00		0.00		0.00
1	GAY & BI MEN LIVING SOBER		0.00		0.00		0.00
6	Gettin With It		0.00		0.00		0.00
	GIVE ME SHELTER		0.00		0.00		0.00
6	Go to Any Length		133.00		0.00		0.00
5	Golden Slipper		0.00		0.00		0.00
1	Grace & Dignity	25.00	25.00		0.00		0.00
2	Grand		0.00		0.00		0.00
2	Grand II Joy of Living		0.00		0.00		0.00
2	Grateful		0.00		0.00		0.00
6	Hamburg		0.00		0.00		0.00
7	Harmony	200.00	200.00		0.00		0.00
8	High Noon		0.00		0.00		0.00
8	High View		0.00		0.00		0.00
4	Hillbilly		0.00		0.00		0.00
6	Holiday Village		0.00		0.00		0.00
4	Holland	600.00	600.00		0.00		0.00
2	Honesty		0.00		0.00		0.00
2	How It Works/Men's		0.00		0.00		0.00
	I Am Responsible	54.65	106.65		0.00		0.00
5	Intoxicated on Life		0.00		0.00		0.00
3	Ironhorse		0.00		0.00		0.00
8	IT		0.00		0.00		0.00
5	Just For Today/ Albion		0.00		0.00		0.00
3	Just For Today/ Cheektowaga		0.00		0.00		0.00
2	Keep It Comin'		0.00		0.00		0.00
4	Keep It Simple Sister		110.00		0.00		0.00
2	Kenmore		0.00		0.00		0.00
8	Kensington		0.00		0.00		0.00
5	KITCHEN TABLE AA		0.00		0.00		0.00
6	Lakeview		0.00		0.00		0.00
6	Lakeshore		0.00		0.00		0.00
3	Lancaster Dailey Reprieve		0.00		0.00		0.00
5	Lasalle		0.00		0.00		0.00
	Lawyer's		0.00		0.00		0.00
2	Led From The Scene		0.00		0.00		0.00
5	LewPort		0.00		0.00		0.00
	Life Ahead		0.00		0.00		0.00
4	Life Today		0.00		0.00		0.00
8	Lighten UP		180.00		0.00		30.00
2	Living in the Solution		0.00		0.00		0.00
	Living Sober		0.00		0.00		0.00
5	Lock City		0.00		0.00		0.00
5	Lockport #1		0.00		0.00		0.00
5	Lockport Discussion		50.00		0.00		0.00
5	Lockport Ladies		0.00		0.00		0.00
5	Lockport Tuesday		0.00		0.00		0.00
5	Lockview		0.00		0.00		0.00
	LOST & FOUND		0.00		0.00		0.00
7	Love		0.00		0.00		0.00
7	Lovejoy		0.00		0.00		0.00
3	LOW BOTTOM		0.00		0.00		0.00
5	Lower River		0.00		0.00		0.00
5	LUNCH BUNCH ALBION		0.00		0.00		0.00
1	Main and High		0.00		0.00		0.00
4	Main Street		0.00		0.00		0.00
8	Maple		0.00		0.00		0.00
3	Marching Forth		0.00		0.00		0.00
4	Marilla		40.00		0.00		0.00
3	Matt Talbot		0.00		0.00		0.00
6	McKinley Winners		0.00		0.00		0.00
5	Medina New Life		0.00		0.00		0.00
5	MEDINA STEP WORK/BIG BOOK		0.00		0.00		0.00
	MEN WHO TRUDGE	300.00	600.00		0.00		0.00
8	Mercy		0.00		0.00		0.00
	MONDAY NIGHT SOLUTION		0.00		0.00		0.00
2	Morning After		0.00		0.00		0.00
5	Newfane Living Sober		0.00		0.00		0.00
3	NEW LIFE (ALDEN)		0.00		0.00		0.00
3	New Life		0.00		0.00		0.00
5	Niagara Frontier Men's Disc.		86.00		0.00		0.00
5	Niagara Frontier Men's Disc.		0.00		0.00		0.00
2	North Buffalo		0.00		0.00		0.00
6	North Evans Men's		30.00		0.00		0.00
4	North Java Monday		0.00		0.00		0.00
1	ON AWAKENING/ Men		0.00		0.00		0.00
1	ODAT		0.00		0.00		0.00
4	Orchard Park Step		108.50		0.00		50.00



Zone	GROUP	CENTRAL		CORRECTIONS		TREATMENT	
		FEB	YEAR	FEB	YEAR	FEB	YEAR
8	OUR CHARGE		0.00		0.00		0.00
	Pause & get Calm		0.00		0.00		0.00
2	Peaceful Tuesday		100.00		0.00		0.00
3	PERSEVERANCE		0.00		0.00		0.00
5	Point of No Return		0.00		0.00		0.00
1	Primary Purpose	200.00	200.00		0.00		0.00
4	Principles Bef. Personalities		20.00		0.00		0.00
2	Purpose/Tonawanda		0.00		0.00		0.00
2	Questions & Answers		50.00		0.00		0.00
4	Ray Of Hope	30.00	30.00		0.00		0.00
	Read It, Live It		0.00		0.00		0.00
3	Recovery Near the Gardens		19.01		0.00		0.00
7	REMEMBER WHEN		0.00		0.00		0.00
7	Remember When		0.00		0.00		0.00
1	Renaissance		0.00		0.00		0.00
3	Renaissance Women		0.00		0.00		0.00
8	Renewal		0.00		0.00		0.00
3	Ridge		135.00		0.00		135.00
2	RIGOROUSLY HONEST		0.00		0.00		0.00
1	Rise and Shine		0.00		0.00		0.00
7	Rochester		0.00		0.00		0.00
1	ROOM TO GROW		0.00		0.00		0.00
4	Rural is Plural		0.00		0.00		0.00
2	Sally		0.00		0.00		0.00
8	Saturday Night Alive		0.00		0.00		0.00
6	Sat. Nite Sober		0.00		0.00		0.00
2	Searching For Serenity		0.00		0.00		0.00
7	Second Chance		0.00		0.00		0.00
2	Serenity		0.00		0.00		0.00
	Serenity in the Park		0.00		0.00		0.00
6	Serenity on the Lake		0.00		0.00		0.00
6	Serenity Trails		0.00		0.00		0.00
1	Setaside		0.00		0.00		0.00
	Shelter From The Storm		0.00		0.00		0.00
2	Sheridan		0.00		0.00		0.00
6	Silvercreek Friendship		0.00		0.00		0.00
5	Simplicity		0.00		0.00		0.00
	SOBER ON SENECA		0.00		0.00		0.00
3	Sober Saturday		0.00		0.00		0.00
3	SOBER SUNDAY		0.00		0.00		0.00
6	Sober Trails		0.00		0.00		0.00
2	Sober Train		0.00		0.00		0.00
5	Sober Winners		69.16		0.00		0.00
6	Sobriety Men's Disc.		0.00		0.00		0.00
5	Sobriety On The Canal		0.00		0.00		0.00
5	Sobriety on the Lake		0.00		0.00		0.00
	Social Distancing		173.00		0.00		0.00
2	Soul Purpose	45.29	72.12		0.00		0.00
3	SOUTH BUFFALO		0.00		0.00		0.00
3	Southgate		0.00		0.00		0.00
4	Southwestern		0.00		0.00		0.00
6	Sparks Of Hope		0.00		0.00		0.00
2	Spiritual Progress		0.00		0.00		0.00
4	Springville New Life		0.00		0.00		0.00
4	Springville Sat Afternoon		0.00		0.00		0.00
4	Springville Tues. Night		0.00		0.00		0.00
4	Springville Wed. Noon		0.00		0.00		0.00
	Sprout II		100.00		0.00		0.00
8	St. Barnabas		0.00		0.00		0.00
4	St. Mark's		250.00		0.00		0.00
	Staying Sober	50.00	50.00		0.00		0.00
2	Step Action Group	58.60	113.82		0.00		0.00
8	Step it Up (Wehrle)		0.00		0.00		0.00
5	Steps 1, 2 & 3		0.00		0.00		0.00
3	Sunday Morning Breakfast	100.00	100.00		0.00		0.00
1	Sunday's Best		0.00		0.00		0.00
6	Sunday in Cattaraugus		0.00		0.00		0.00
1	Sunrise Court	30.00	30.00		0.00		0.00
8	SUNY Amherst Campus		30.64		0.00		0.00
2	Surrender and Hope		0.00		0.00		0.00
8	TGIF		0.00		0.00		0.00
4	Thankful		0.00		0.00		0.00
	Thankful Hart		0.00		0.00		0.00
7	The Absolutes		0.00		0.00		0.00
	The Anonymous		20.00		0.00		0.00
1	The Beginnings Of Recovery		0.00		0.00		0.00
	The CPR		0.00		0.00		0.00
6	The Derby Lunch		0.00		0.00		0.00
1	THE GATEHOUSE		0.00		0.00		0.00
2	The Grove		100.00		0.00		0.00
1	The Journey		0.00		0.00		0.00
2	The KEYS OF THE KINGDOM		0.00		0.00		0.00
8	The Noon Meeting		750.00		0.00		0.00
6	THE NORTH COLLINS		0.00		0.00		0.00
3	Thruway		0.00		0.00		0.00
8	TnT		0.00		0.00		0.00
5	Today		0.00		0.00		0.00
6	Tri County		0.00		0.00		0.00

Zone	GROUP	CENTRAL		CORRECTIONS		TREATMENT	
		FEB	YEAR	FEB	YEAR	FEB	YEAR
3	Try Again		0.00		0.00		0.00
3	TUESDAY WOMEN'S DISCUSSION		0.00		0.00		0.00
4	Tuesday Men's AM		0.00		0.00		0.00
	Tuesday Afternoon		0.00		0.00		0.00
3	Tuesday Women's		0.00		0.00		0.00
2	Turning Point		0.00		0.00		0.00
5	Twin Cities		0.00		0.00		0.00
6	TWO PONDS		0.00		0.00		0.00
8	Unity		0.00		0.00		0.00
2	UV MEN'S		0.00		0.00		0.00
3	Valley		0.00		0.00		0.00
3	Victory		130.00		0.00		130.00
3	Victory Women's		0.00		0.00		0.00
1	Wake Up Call		0.00		0.00		0.00
2	WE BELIEVE		0.00		0.00		0.00
8	We Care		0.00		0.00		0.00
	WE HAVE RECOVERED		0.00		0.00		0.00
5	WE READ	15.00	15.00		0.00		0.00
	We Share	15.00	35.00		0.00		0.00
1	Westminster		0.00		0.00		0.00
6	WE (Women's Experience)		0.00		0.00		0.00
	West Middleburt		0.00		0.00		0.00
	WE SHARE		0.00		0.00		0.00
8	Williamsville		0.00		0.00		0.00
6	Willing To Grow		0.00		0.00		0.00
5	Wilson Group		50.00		0.00		0.00
8	Women Making the Effort		0.00		0.00		0.00
	WOMAN OF AA WINTER RETREAT		0.00		0.00		0.00
3	WOMEN'S BIG BOOK- 3		0.00		0.00		0.00
1	Women's West Side		0.00		0.00		0.00
	Women's Day Of Sharing		0.00		0.00		0.00
	YORKSHIRE SATURDAY NIGHT		0.00		0.00		0.00
Zone		FEB	YEAR	FEB	YEAR	FEB	YEAR
	Anonymous	116.00	116.00		0.00		0.00
	Anthony R.		70.00		0.00		0.00
	Barbara C.	10.00	10.00		0.00		0.00
	Bernadette M.		40.00		0.00		0.00
	Bernard C.		600.00		0.00		0.00
	Donna H.	10.00	20.00		0.00		0.00
	Jack S.		0.00		0.00		0.00
	James S.	150.00	150.00		0.00		0.00
	Joe D.	500.00	500.00		0.00		0.00
	Kathleen M.	10.00	20.00		0.00		0.00
	Lila M.	5.00	10.00		0.00		0.00
	Lisa S.		500.00		0.00		0.00
	Michael D.	10.00	20.00		0.00		0.00
	Mike H.		91.50		0.00		0.00
	Robert G.	31.00	62.00		0.00		0.00
	Susan V.	62.00	124.00		0.00		0.00
	TOTALS	3862.54	11,377.22	0.00	0.00	0.00	345.00

### A.A. was founded on the premise that it would be self-supported through member contributions.

For over 50 years, contributing a single dollar has almost become a tradition. But will just one dollar per person per meeting sustain us today?



1960....26c  
2016....\$8.00



1960....10c  
2016....\$1.00



1960....28c  
2016....\$2.16

**Today's dollar has only 19 cents of the purchasing power of a 1960 dollar!**



Please help keep A.A. self-supporting. Do what you can-and if you can, **DOIT.**

**No change of circumstances can repair a defect of character.**

- Ralph Waldo Emerson WWW.VERYBESTQUOTES.COM

### IN MEMORIAM Things We Can Not Change

To all of our members who have lost family and loved ones  
*Paul H.; 29 years ~ Golden Slipper Group*  
*Raj G.; 35 years ~ Renaissance Group*  
*"Cuppa" Joe S.; 4 years ~ All Is Well Group*  
 Our thoughts and prayers are with you



Non Profit  
Organization  
U.S. Postage  
PAID  
Buffalo, NY  
Permit No. 53

RETURN SERVICE  
REQUESTED



Interested in receiving the **NEW FRONTIERS?** Mail To:

**NAME:** \_\_\_\_\_

**ADDRESS:** \_\_\_\_\_

Enclosed is a check or money order made payable to Buffalo Central Office earmarked the “New Frontiers” for \$ \_\_\_\_\_ for \_\_\_\_\_ copies.

### Annual Subscription:

1 Copy	<b>\$10</b>	20 Copies	<b>\$57</b>
2 Copies	<b>\$13</b>	30 Copies	<b>\$75</b>
5 Copies	<b>\$24</b>	40 Copies	<b>\$95</b>
10 Copies	<b>\$33</b>	50 Copies	<b>\$120</b>
15 Copies	<b>\$43</b>	60 Copies	<b>\$135</b>

