# NEW FRONTIERS A.A. of the Niagara Frontier

# August 2023

THE CENTRAL COMMITTEE NEWSLETTER FOR ALL A.A. MEMBERS OF WESTERN NEW YORK AND THE NIAGARA FRONTIER

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# **Step 9: The Promise of Intuition**

"We will intuitively know how to handle situations which used to baffle us" (*Alcoholics Anonymous*, p. 84). How many times in your life have you been faced with a decision and you did not know what to do about it? Then a day and a half later, you awakened in the middle of the night, sat up in bed, and said to yourself, "Aha," then went right back to sleep? Somehow the answer came to you without having to go through days of research.

In the early days of 1970, I was going through a course on human behavior. The instructor was trying to describe how the brain functions. He explained that the human brain has approximately ten billion cells and we only use about one billion of them. He then explained that these cells store everything we experience in our lifetime. The more current events are easier to remember than the things that are off in the distant past, but they are all in there somewhere.

## It does not get any simpler than the mental file cabinet theory

He then likened it to a file system where, if you ask a question, the more current answers come immediately. But for those more distant memories, the brain starts searching the files and it may take a while. Eventually the answer will come.

With all the mental chaos that we bring with us when we enter the Alcoholics Anonymous (AA) program, we have lot of *unlearning* to do. We go through the process of trying to rid ourselves of alcoholic thinking and to replace it with sound principles and values. If we are fortunate enough to buy in completely, and do a thorough job of house-cleaning, we start using the ideas that we hear about others using successfully. We can get a surprisingly good results.

We may hear as many as twenty or thirty people share at any given meeting. Can we remember everything we hear? To me, the answer is yes. I could come up with a dozen boilerplate AA clichés about how the answers come to me, but it does not get any simpler than the mental file cabinet theory. Sometimes it seems to me that I am learning when I am not even listening, almost like getting it through osmosis.

If you have ever heard of the police trying to get a witness to remember a license plate number by hypnotizing that person, you understand what I mean. The answer is in the subconscious and there is a curtain-like screen between the conscious and subconscious mind. This is what keeps us from going mad due to the busy-ness of it all.

## We will comprehend the word serenity and we will know peace

I never underestimate the capacity of my mind when it comes to problem solving. Attending AA meetings on a regular basis and interacting with people who have had similar experiences and found similar solutions to their problems gives me an encouraging outlook for the future. Many of the answers that I am seeking are right in front of my face and some are deeper in the file cabinet.

Most of the time, when faced with the dilemma that is causing me distress, I can refer a simple request of my higher power: "God, please show me what to do and please give me the strength to do it." I do not do well on my own. It is surprising how often I awake in the middle of the night, say "aha," and go back to sleep again. It seems that intuitively the answers come.

by Rick R.

# Tradition 8: SOBRIETY IS the Payoff

BY: W.H. | NEW YORK, NEW YORK; AUGUST 2008

Did I read that right? "Alcoholics Anonymous should remain forever nonprofessional"? How on earth could any outfit as big as AA operate on a basis other than professional? How could its members get anything done? How could they hold themselves together? How could they stay in business?

#### All very mysterious.

To compound the mystery, the Tradition goes on to say that AA "service centers may employ special workers." But if AA is not run professionally, what level of competence can be expected of the staffs working at those centers?

Long before I started asking those perhaps typical questions, I was asking other, more pressing questions. As in so many areas of my recovery, I only half understood things, and one piece of misinformation I had was that AA members did not receive pay for any form of service within an AA framework. With that in mind, I was baffled and resentful when I learned that AA members who made coffee in some of the local groups were being paid. Since I was involved in a coffee detail, too, how come they were getting money and I was not?

Another sore point concerned an AA member who worked for pay at a local clubhouse. I was quite put out, for it seemed to me that he was being paid to stay sober. What about me? I was staying sober, too. Why wasn't I getting paid?

When I had stewed long enough, I asked an older, wiser AA member. He pointed out that making coffee at some of the larger groups was so time-consuming that the groups were better served by paying coffee makers. They might be AA members, yes, but they were not being paid to stay sober; they were paid to make coffee. As for the custodian at the clubhouse, he was not paid to stay sober; he was paid to keep the club running smoothly.

Later on, I began to ask how volunteers could possibly take care of the wide variety of jobs essential to the operation of service centers around the world, including our own GSO (the AA General Service Office of the United States and Canada). For instance, the correspondence alone--how could they handle it all? I learned that, because of the sheer volume of work, both local and worldwide, there had to be salaried jobs. And who was better qualified to fill those jobs than our own fellow AAs? Thanks to this Tradition, the line was clearly drawn between Twelfth Step work, which is never done for pay, and professional or salaried work. The Tradition plainly shows us that our service center employees are not being paid to stay sober; they are paid for their special skills.

Another thing that used to confuse me was the matter of AAs who are employed in the field of alcoholism. I was made acutely aware of the confusion when a newcomer I was sponsoring asked me how much money "AA counselors" were paid when they spoke at AA meetings. There are no "AA counselors." But AA members can create such an image if they forget themselves and, on an AA group podium, speak in their professional capacities as workers in the alcoholism field.

The question of whether it was proper for AA members to enter that field as paid workers was one that kept our early membership in a state of unrest. The outcry was that AA knowledge was being sold and the perpetrators would surely succumb to the temptation to use the AA name for further financial gain. The quite genuine consternation was not over money-making itself. What worried AAs was the real possibility that commercializing (professionalizing) this spiritual recovery program would ruin it, and all those recovering in AA would once more be consigned to death.

Only with time and experience did we come to see that our fears were unfounded. Alcoholism counselors who were also AA members showed that they could quite effectively carry the AA message of recovery and hope without receiving pay for Twelfth Step work.

Carrying the message is at the heart of our recovery program, and one very attractive way of doing it is via the telephones at central offices and answering services. I used to think that the people who worked the phones were considered part-time staff and paid accordingly. Since I was always in need of extra money, I signed up at our local intergroup, only to learn that AA members do that work on a strictly volunteer basis. Like any other form of Twelfth Step work, it is done to help assure another day of sobriety for ourselves.

There was no pay, but I was afforded one of my first glimpses of the wisdom of Tradition Eight. I realized that I didn't have to feel resentment in case I was getting paid less than the woman at the phone behind me. Nor did I have to compete with the guy across from me in order to get more than he might be getting. None of us was being paid anything in cash--only in sobriety.

Further Eight Tradition wisdom came to me slowly, a glimpse at a time, as more of my questions were answered. What about AA members who speak at AA meetings or bring meetings into institution--do they get paid? What about AA speakers at Regional Forums or workshops or conventions--do they get paid? How about AA speakers who fill commitments at non-AA meetings, such as high schools, parent-teacher groups, or classes of premed college students--how much do those speakers get?

I remember sitting in a coffee shop shortly after coming into AA, in 1960. I was with some affluent-looking men who were talking about "getting on the speakers' circuit" and acquiring "some of that good money." I did not understand that they were talking about their business lives, and I assumed that there was money to be made by becoming an AA speaker. That was for me! But I had another surprise in store when I started speaking at local AA groups and at AA meetings in institutions. No money!

There was still no money when I began to speak as an AA member before non-AA groups. The Public Information Committee of our local intergroup impressed on me the importance of maintaining our amateur standing. Many non-AAs find it difficult to believe that we would visit their classrooms or agencies as volunteers, on a nonprofessional basis. I can't say that I blame them for their skepticism. I would not have believed it once myself.

It seems to me that there is more to professionalism than just the question of pay. There is such a thing as a professional's attitude, whatever the profession may be. It is an attitude that takes pride in a job well done. With me, however, the attitude sometimes strays out of the working area and tells me that I am entitled to rewards of prestige and recognition for being sober and for doing Twelfth Step work. And that is when I am in error with AA and in trouble with myself. When I look for special treatment because of my service activities, I am acting contrary to the spirit of the Traditions.

The Eighth Tradition reminds me that my AA membership does not automatically make me all-knowledgeable in the field of alcoholism. The Tradition encourages me to keep in touch with my local AA service centers and to learn as much as I can about them. It is an equally good idea, in my opinion, to ask about nearby rehab programs for alcoholics. AA's choice of non-professionalism as its way of life does not mean that we cannot cooperate with programs that are conducted by professionals.

Finally, a really curious sidelight was thrown on the subject once by a drinking drunk I was twelfth-stepping. He would not, or could not, get honest with himself and tried to laugh off his power-lessness by clever remarks. "You're an alcoholic," he said once, "but me--I am a professional drunk."

What price professionalism?

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New Frontiers ~ August 2023

	New 1 Tomiers - August 2025
	August History
Aug 1934	Rowland H and Cebra persuade court to parole Ebby T. to them.
Aug 1939	Dr. Bob wrote & may have signed article for Faith magazine.
Aug 1941	1st meeting in Orange County, California held in Anaheim
Aug, 1981	Sales of the Big Book passes 3,000,000
Aug 1981	Distribution of Alcoholics Anonymous passes 3 million.
Aug 1, 1943	Washington Times-Herald (DC) reports on AA clubhouse, to protect anonymity withholds address.
Aug 3, 1954	Brinkley S. gets sober at Towns Hosp after 50th detox.
Aug 8, 1879	Dr. Bob born in St. Johnsbury, VT.
Aug 9, 1943	LA groups announce 1000 members in 11 groups.
Aug 11, 1938	Akron & NY members begin writing stories for Big Book.
Aug 15, 1890	E M Jellinek is born, author of "The Disease Concept of Alcoholism" and the "Jellinek Curve".
Aug 16, 1939	Dr Bob and Sister Ignatia admit 1st alcoholic to St Thomas Hospital, Akron, Ohio.
Aug 18, 1988	1st Canadian National AA Convention in Halifax, Nova Scotia.
Aug 19, 1941	1st AA Meeting in Colorado is held in Denver.
Aug 25, 1943	AA group donates Big Book to public library in Quincy, MA.
Aug 26, 1941	Bill writes Dr Bob to tell him Works Publishing has been incorporated
Aug 28, 1954	*24 Hours a Day" is published by Richmond W.

As most of you know, In April the Central Office was

We really need people trained to do the basics at the closed for 2 weeks due to illness!!!

Central Office when needed!!!

You may be the only copy of the Big Book some people ever see.



Into Action

69th Annual Tri-State Assembly

AA Conference with Al-Anon participation September 22-24, 2023

Bellinger Hall Retreat & Conference Center

are not air conditioned (meeting areas are though) and an alarm clock. Free parking, no gate puss required and handscapped accessible. Snacks for our hospitality table are welcome! Chautauqua Institution, Chautauqua, NY 14722 Bellinger Hall Retreat & Conference Center is situated directly on the modest resident hall atmosphere with comfortable accommodations. Lin

Check-out time on Sunday is 12:00 Noon Check-in time on Friday is 3:00 p.m. with dinner at 6:00 p.m. Circle your choice

Registration and/or meals		Weekend Packages (registration, lodging and meals)	, lodging and me
On-site registration – meals & lodging not included	\$25.00	Double Occupancy Two persons 2 nights 5 meals	\$365.00 per room
Registration with 5 meals (no lodging)	\$120.00	Shared room with shared bath	
		Private bath extra \$11/night/room	\$387.00 per room
Registration with Saturday lunch and banquet only (No lodging)	\$70.00	Single Occupancy One person 2 nights 5 meals	\$255.00 per room
Handicapped Bathroom Required		*Private bath extra \$11/night/room	\$277.00 per room

Documents	
Registration will not be accepted without roommate's name	TOTAL AMOUNT \$
rical bus I our or the institute – Friday at 4:15 p.m> \$17(person (pre-paid)	rical bus lour of the institute – Frida

TOTAL AMOUNT \$	Registration will not be accepted without room
Name:	Roommate:
Address:	
City, State, Zip:	

with non-retundable payment by **September 13, 2023**, to: Laurie Livingston 3338 W. Oak-Hill Rd Jameslown, NY 14701
716-484-7079 or [Ivindis3@aol.com Dietary restrictions:

Chicken

Beef

Banquet Choices select one

We will ty to accommodate most dietary restrictions when properly notified. If special foods are required, they can be brought in by the guest or will be charged extra accordingly

If you need Make checks payable to: Tri-State Assembly

Co-Chair – Mark B.
Al-Anon – Steven P.
Al-Anon – Laura B.
Al-Anon – Lucinda M. Jack T. AA – Freddie B. 814-449-0973 AA – Karen S. 440-840-3884 AA – Helen S. 716-531-8420

For questions, contact:
Conference Chair
PA Chairpersons
Ohio Chairpersons
NY Chairpersons

716-523-7130 814-392-3510 440-376-3176 814-730-8814

OCTOBER 6-8, 2023

at the M. (BUFFALO) HOTEL

#### AUGUST ANNIVERSARIES

4th Cton Cton	- blore	Fireside	
4th Step Stur		<u>Fireside</u>	0
Ryan F.	1y	David P.	3m
Marlena F.	5y	Barb W.	1y
Malcome	9y	Rob S.	1y
Daniel F.	15y	Ashley	1y
Acceptance/V		Melissa S.	1y
John C.	4y	Nichole M.	Зу
Brian N.	8y	Ally M.	5y
Julie W.	12y	Rob W.	7y
Lucky W.	47y	J.S.	8y
Amherst Sny	der	MaryBeth V.	10y
Alex P.	4y	Todd P.	17y
Lynn L.	34y	Connie D.	25y
Lisa N.	35y	Maria F.	27y
Tom C.	41y	Pete W.	34y
Boulevard W		Give Me She	
Judy S.		Kevin W.	
	8y	Dave B.	3y
Courage	0		Зу
Gary S.	8y	John C.	4y
Mike B.	16y	Lucky	47y
Margie B.	34y	Golden Slipp	
Eyeopener		Peter F.	5y
Alex O.	2y	Matt M.	7у
Brad R.	2y	Bob S.	36y
Madeline	3y	How It Works	S
John M.	4y	Pete P.	8y
Nick T.	4y	Frank S.	9y
Brian J.	4y	Guy H.	12y
Dave N.	5y	Steve V.	13y
Tom L.	5y	Chuck B.	34y
Kurt M.	-	David N.	35y
Nick T.	5y 5y	Kensington	ЗЗУ
			451
Robbie S.	5y	Eleanor M.	45y
Robbie S. Matthew B.	5y 6y	Eleanor M. Keys Of The	Kingdom
Robbie S. Matthew B. Roe	5y 6y 6y	Eleanor M.  Keys Of The  Caitlin L.	<b>Kingdom</b> 9m
Robbie S. Matthew B. Roe Cathy N.	5y 6y 6y 7y	Eleanor M.  Keys Of The  Caitlin L.  Janine L.	9m 9m
Robbie S. Matthew B. Roe	5y 6y 6y 7y 7y	Eleanor M.  Keys Of The  Caitlin L.	<b>Kingdom</b> 9m
Robbie S. Matthew B. Roe Cathy N.	5y 6y 6y 7y	Eleanor M.  Keys Of The  Caitlin L.  Janine L.	9m 9m
Robbie S. Matthew B. Roe Cathy N. Rob W.	5y 6y 6y 7y 7y	Eleanor M.  Keys Of The  Caitlin L.  Janine L.  Gretchen B.	9m 9m
Robbie S. Matthew B. Roe Cathy N. Rob W. George U.	5y 6y 6y 7y 7y 7y	Eleanor M.  Keys Of The Caitlin L. Janine L. Gretchen B. Lakeshore	9m 9m 21y
Robbie S. Matthew B. Roe Cathy N. Rob W. George U. Sandy	5y 6y 6y 7y 7y 7y 7y	Eleanor M.  Keys Of The Caitlin L. Janine L. Gretchen B. Lakeshore Tom T.	9m 9m 21y 30y
Robbie S. Matthew B. Roe Cathy N. Rob W. George U. Sandy Dee	5y 6y 6y 7y 7y 7y 7y 7y	Eleanor M.  Keys Of The Caitlin L. Janine L. Gretchen B. Lakeshore Tom T. Life Ahead	9m 9m 21y 30y
Robbie S. Matthew B. Roe Cathy N. Rob W. George U. Sandy Dee Colleen C. Harold F.	5y 6y 6y 7y 7y 7y 7y 7y 7y	Eleanor M.  Keys Of The Caitlin L. Janine L. Gretchen B. Lakeshore Tom T. Life Ahead John C. Joe G.	9m 9m 21y 30y 4y 4y
Robbie S. Matthew B. Roe Cathy N. Rob W. George U. Sandy Dee Colleen C. Harold F. Mike M.	5y 6y 6y 7y 7y 7y 7y 7y 8y	Eleanor M.  Keys Of The Caitlin L. Janine L. Gretchen B. Lakeshore Tom T. Life Ahead John C. Joe G. Lucky	9m 9m 21y 30y 4y 4y 47y
Robbie S. Matthew B. Roe Cathy N. Rob W. George U. Sandy Dee Colleen C. Harold F. Mike M. Don K.	5y 6y 6y 7y 7y 7y 7y 7y 8y 8y	Eleanor M.  Keys Of The Caitlin L. Janine L. Gretchen B. Lakeshore Tom T. Life Ahead John C. Joe G. Lucky Lockport Lace	9m 9m 21y 30y 4y 4y 47y dies
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Robbie S. Matthew B. Roe Cathy N. Rob W. George U. Sandy Dee Colleen C. Harold F. Mike M. Don K. Alison F Danielle EJ Clare K. Sean H. Kim D. Tom D. Don M. Scott S. Tom T. Bob A. John L Eyeopener Se Jennifer B. Matthew K.	5y 6y 6y 7y 7y 7y 7y 7y 7y 8y 8y 8y 9y 10y 13y 14y 16y 29y 31y 34y 38y 40y 0uth 6m 1y	Eleanor M.  Keys Of The Caitlin L. Janine L. Gretchen B. Lakeshore Tom T. Life Ahead John C. Joe G. Lucky Lockport Lac Jessica W. Jenelle M Shayn D. Marching Fo Shannon K. Renee K. N. Evans Me Rick C. Purpose Julie B. Tim T. Sue G. Debbie M. Pat K. Lucky	## Singdom    Singdom     Sing

Renaissance	
Debra G.	6m
Steve F.	9m
Joe S. Rigorously H	1y onest
Danielle D.	15
Julie W.	12y
Rise & Shine Susie C.	,
	2y
Bill O.	2у
Ralph A.	3y
Johanna Danielle	5y 5y
Danni B.	8y
Rick T.	8y
Bryan F.	12v
Searching Fo	r Sereni
John C.	4y
Kevin G.	17y
Tim T.	24y
Lucky	47y
<u>Serenity</u> Dan H.	7у
Lucky	47y
Sober Winne	rs
Mike R.	1v
Janis B. <b>Springville N</b>	25y
Springville N	ew Life
Suzy S. Larry S.	13y
Larry S.	42y
	_
Sun Morning	Br.
Sun Morning Gary S.	<b>Br.</b> 9y
The Grove	
The Grove Sharron B.	3m
The Grove Sharron B. Jimmy R.	3m 6m
The Grove Sharron B.	3m
The Grove Sharron B. Jimmy R. Danelle M.	3m 6m 6m. 9m 9m
The Grove Sharron B. Jimmy R. Danelle M. Eric B. Jordan C. Ron	3m 6m 6m. 9m 9m 1y
The Grove Sharron B. Jimmy R. Danelle M. Eric B. Jordan C. Ron Dani H.	3m 6m 6m. 9m 9m 1y 2y
The Grove Sharron B. Jimmy R. Danelle M. Eric B. Jordan C. Ron Dani H. Donna C.	3m 6m 6m. 9m 9m 1y 2y 2y
The Grove Sharron B. Jimmy R. Danelle M. Eric B. Jordan C. Ron Dani H. Donna C. Roberta M.	3m 6m 6m. 9m 1y 2y 2y 10y
The Grove Sharron B. Jimmy R. Danelle M. Eric B. Jordan C. Ron Dani H. Donna C. Roberta M. Dave B.	3m 6m 6m. 9m 1y 2y 2y 10y 11y
The Grove Sharron B. Jimmy R. Danelle M. Eric B. Jordan C. Ron Dani H. Donna C. Roberta M. Dave B.	3m 6m 6m. 9m 9m 1y 2y 2y 10y 11y
The Grove Sharron B. Jimmy R. Danelle M. Eric B. Jordan C. Ron Dani H. Donna C. Roberta M. Dave B. Larry L. John M.	3m 6m 6m. 9m 1y 2y 2y 10y 11y
The Grove Sharron B. Jimmy R. Danelle M. Eric B. Jordan C. Ron Dani H. Donna C. Roberta M. Dave B. Larry L. John M. Thruway	3m 6m 6m. 9m 9m 1y 2y 2y 10y 11y 16y
The Grove Sharron B. Jimmy R. Danelle M. Eric B. Jordan C. Ron Dani H. Donna C. Roberta M. Dave B. Larry L. John M.	3m 6m 6m. 9m 9m 1y 2y 2y 10y 11y 16y 18y 5y
The Grove Sharron B. Jimmy R. Danelle M. Eric B. Jordan C. Ron Dani H. Donna C. Roberta M. Dave B. Larry L. John M. Thruway Jimmy S. Evelyn S. Scott S.	3m 6m 6m. 9m 9m 1y 2y 10y 11y 16y 18y 5y 9y 31v
The Grove Sharron B. Jimmy R. Danelle M. Eric B. Jordan C. Ron Dani H. Donna C. Roberta M. Dave B. Larry L. John M. Thruway Jimmy S. Evelyn S. Scott S. Elizabeth B.	3m 6m 6m. 9m 9m 1y 2y 10y 11y 16y 18y 5y 9y 31y 38y
The Grove Sharron B. Jimmy R. Danelle M. Eric B. Jordan C. Ron Dani H. Donna C. Roberta M. Dave B. Larry L. John M. Thruway Jimmy S. Evelyn S. Scott S. Elizabeth B. Don M.	3m 6m 6m. 9m 9m 1y 2y 10y 11y 16y 18y 5y 9y 31y 38y 43y
The Grove Sharron B. Jimmy R. Danelle M. Eric B. Jordan C. Ron Dani H. Donna C. Roberta M. Dave B. Larry L. John M. Thruway Jimmy S. Evelyn S. Scott S. Elizabeth B. Don M. Lee R.	3m 6m 6m. 9m 9m 1y 2y 10y 11y 16y 18y 5y 9y 31y 38y 43y
The Grove Sharron B. Jimmy R. Danelle M. Eric B. Jordan C. Ron Dani H. Donna C. Roberta M. Dave B. Larry L. John M. Thruway Jimmy S. Evelyn S. Scott S. Elizabeth B. Don M. Lee R. Dave B.	3m 6m 6m. 9m 9m 1y 2y 10y 11y 16y 18y 5y 9y 31y 38y 43y
The Grove Sharron B. Jimmy R. Danelle M. Eric B. Jordan C. Ron Dani H. Donna C. Roberta M. Dave B. Larry L. John M. Thruway Jimmy S. Evelyn S. Scott S. Elizabeth B. Don M. Lee R. Dave B. Tues. Men's	3m 6m 6m. 9m 9m 1y 2y 2y 10y 11y 16y 18y 5y 9y 31y 38y 43y 43y 45y
The Grove Sharron B. Jimmy R. Danelle M. Eric B. Jordan C. Ron Dani H. Donna C. Roberta M. Dave B. Larry L. John M. Thruway Jimmy S. Evelyn S. Scott S. Elizabeth B. Don M. Lee R. Dave B. Tues. Men's John M.	3m 6m 6m. 9m 9m 1y 2y 10y 11y 16y 18y 5y 9y 31y 38y 43y 43y 45y
The Grove Sharron B. Jimmy R. Danelle M. Eric B. Jordan C. Ron Dani H. Donna C. Roberta M. Dave B. Larry L. John M. Thruway Jimmy S. Evelyn S. Scott S. Elizabeth B. Don M. Lee R. Dave B. Tues. Men's John M. Bob O'D	3m 6m 6m. 9m 9m 1y 2y 10y 11y 16y 18y 5y 9y 31y 38y 43y 45y 9y 50y
The Grove Sharron B. Jimmy R. Danelle M. Eric B. Jordan C. Ron Dani H. Donna C. Roberta M. Dave B. Larry L. John M. Thruway Jimmy S. Evelyn S. Scott S. Elizabeth B. Don M. Lee R. Dave B. Tues. Men's John M. Bob O'D Williamsville Heidi	3m 6m 6m. 9m 9m 1y 2y 10y 11y 16y 18y 5y 9y 31y 38y 43y 43y 45y 9y 50y
The Grove Sharron B. Jimmy R. Danelle M. Eric B. Jordan C. Ron Dani H. Donna C. Roberta M. Dave B. Larry L. John M. Thruway Jimmy S. Evelyn S. Scott S. Elizabeth B. Don M. Lee R. Dave B. Tues. Men's John M. Bob O'D Williamsville	3m 6m 6m. 9m 9m 1y 2y 10y 11y 16y 18y 5y 9y 31y 38y 43y 45y 9y 50y
The Grove Sharron B. Jimmy R. Danelle M. Eric B. Jordan C. Ron Dani H. Donna C. Roberta M. Dave B. Larry L. John M. Thruway Jimmy S. Evelyn S. Scott S. Elizabeth B. Don M. Lee R. Dave B. Tues. Men's John M. Bob O'D Williamsville Heidi	3m 6m 6m. 9m 9m 1y 2y 10y 11y 16y 18y 5y 9y 31y 38y 43y 43y 45y 9y 50y



#### **Group Anniversaries**

Abbott Corners: 13y
As Bill Sees It: 34y
Big Book-Lockport: 43y
Comitment; 20y
Derby: 49y
Fresh Start; 40y
Grand: 53y
Ironhorse: 48y
Kitchen Table:5y
Lockport Ladies: 34y
Marilla:35y
Point of No Return: 17y
Sprouts II; 13y
St. Barnabas: 43y
Sunday's Best: 24y
We Care
Life Youngstown; 39y

Please remember to have the anniversaries submitted by the 12th END OF BUSINESS DAY: 4:00 PM







The tremendous fact for every one of us is that we have discovered a common solution. We have a way out on which we can absolutely agree, and upon which we can join in brotherly and harmonious action. This is the great news this book carries to those who suffer from alcoholism.

There Is A Solution



#### PLEASE READ AT YOUR MEETING...HELP KEEP EVERYONE INFORMED :-)

BUFFALO CENTRAL OFFICE ALCOHOLICS ANONYMOUS (716) 853-0388 9:00 AM- 12:30PM, 2:00 PM- 4:00 PM 111 Crocker (Franklin St. Entrance SLOAN, NEW YORK 14212 Fax: 853-0389 buffaloaa@hotmail.com

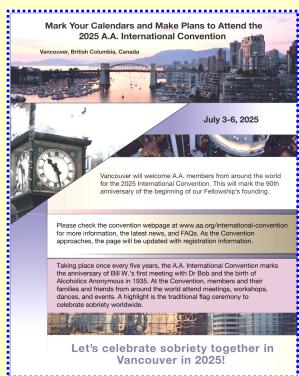
Real-Time schedule? Check your website: www.buffaloaany.org

# **August 2023**

IF YOUR GROUP IS NOT MEETING, PLEASE INFORM THE CENTRAL OFFICE. THIS INCLUDES THOSE MEETING DAYS WHEN YOUR SITE IS CLOSED FOR A HOLIDAY.

## **MEETING CHANGES: New Schedules are in :)**

- Amsdell Step meeting on Wed. 10:30 in Hamburg, Has resumed.
- Rigorously Honest Group is Wheelchair Accessible
- <u>Kiss Group</u> in East Aurora will change it's starting time in Sept. to 7PM.
- North Buffalo Group, has resumed in person meeting on Sunday, no longer on Zoom. 8PM.
- Shine At Nine, Now only meets on Saturday, 9 AM.
- Step Action Group; No Longer Meets
- <u>Checking in Group;</u> Tues. 7PM, on Lovejoy, temporarily Closed.
- New Group: Monday Women's; Unitarian Church, 695 Elmwood Ave, Buffalo 14222 Monday, 11:00 AM
- Matt Talbot Group starts at 8:00 PM on Wed., 8:30 Pm on Sat.
- South Buffalo Group has moved to Bethel Presbyterian Church, 7PM, 682 Ridge Rd., Lackawanna, 14218
- Sober Saturday has moved to St. Simons, 7PM, 200 Cazenovia St., Bflo South 14210.
- <u>Valley Group has moved</u> to St. Simons, 7PM, 200 Cazenovia St., Bflo South 14210.
- Lock City Group (Sunday @ 6:30PM in Lockport NY) has resumed.
- Sprouts II meets at the Revive Wesleyan Church across the street from St. Mathias., East Aurora.
- Shelter Fr. The Storm has gone back to Stiglmer Park shelter #10, 810 Losson Rd., Cheektowaga 14227
- ODAT has moved back to St. John's Grace, 51 Colonial Cir., Buffalo, 14222
- Just For Today Albion now starts @ 7 PM.
- <u>Sober Trails</u> has changed it's start time to 7 PM.
- We Read Online meeting will not meet for the summer months.
- <u>Keep it Simple Sister</u> is changing it's start time to 7 PM.
- New Group: ROCettes: Monday's 6 PM. Women's OD. Rural Outreach Center, 730 Olean Rd., East Aurora, 14052
- New Group: East Amherst Into Action; Monday's 5PM. Horizons Health, 6495 Transit Rd, East Amherst 14051. OD.
- Albion Big Book Study has resumed.
- <u>Williamsville Group</u> will be an Open Speaker Meeting on Saturday at 8, Anniversaries celebrated the last Sat. of the month.
- <u>Ironhorse</u> has incorrect time in the print schedule... they start @ 8:00 PM.
- NEW GROUP: <u>Language Of The Heart; Women's</u>, Sunday's, 4:00 PM, Eden United Methodist Church, 2820 East Church St., Eden 14057.
- <u>Cayuga Wake Up Call</u> has <u>changed it's name to Delaware Park</u> Men's Discussion.
- Brass Group is resuming & moved Hope Center. Monday's @2PM
- Acceptance/Welcome group no longer provides childcare.
- <u>Serenity In the Park is changing its time to 6:30 PM.</u> at the Rose Garden in Delaware Park, Buffalo.



## SERVICE OPPORTUNITIES: COMMITTEE MEETINGS

# ~ July 9th: Committee Meetings

that meet prior to Central Committee 5:30 PM

St. Andrew's Church Parish, (Corner of Crocker & Reiman), Sloan, 14212,

Steering Committee (5:30 PM) in CO, Public Information Committee meeting, **Treatment Facilities Committee, Corrections Committee** Education & Participation, Need a Committee & Chair, Nightwatch Committee

**Followed By Central Committee 7:00 PM** 

**COMING EVENTS:** Please submit your upcoming events for future issues, also flyers can be uploaded to our website: https://buffaloaany.

**Convention Committee** Aug. 2nd, 7:00 PM Basement, 111 Crocker St. Sloan ,NY 14212



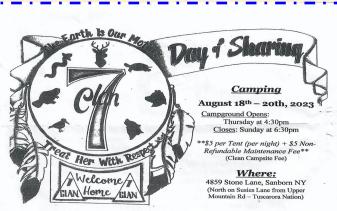
August 6th | 12PM start Food at 1PM, Speaker at 2PM

Como Lake Park| Shelter 4

E KEYS OF THE KINGDOM WOMEN'S MEETING ANNUAL LEMONADE SOCIA Wednesday, August 16, 2023

5:45 PM ... Social 6:15 PM ... Meeting Panel on First 3 Steps Bring a newcomer!

SLAND PRESBYTERIAN 1822 HUTH ROAD GRAND ISLAND



#### Festivities:

Sunday, August 20, 2023

The Day of Sharing 8am – 5pm
Sunrise Service 6am
AA Speakers 9am, 11am, 1pm & 3pm
Al-Anon & Alaten Speakers 10am
50/50 Drawings after each speakers...Don't miss out on the Giant 50/50 Raffle!!! Corn Roast 12pm \*\*Please bring a dish to pass\*\*
Drumming & Sobriety Count Down 2pm

Rules:

\*\*Please Bring – Your Own Food, Water, Grill & Supplies \*\*Please Bring — Your Own Food, Water, Grill & Supplies

\*\*NO Individual Fires

\*\*Campsites Are To Be Kept Clean

\*\*Children Welcome; Parents Are Responsible

\*\*ABSOLUTELY NO PETS ALLOWEDS\*\*(With The Exception of Service Animals)

Please help us to stay green by bringing your own cups, plates and utensils.

Paper products will be available.

3rd Annual JC Memorial Motorcycle Run August 19th @ 12pm



Kicking Leaves September 8-10, 2023 Evangola State Park

Don't Miss It!

- \*Speakers
- \*Fellowship
- \*Food
- \*Fun



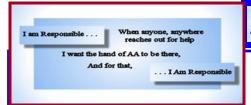
JOIN US NOWI

Join us or the week-end or join us for the day! Camping is limited and fills up fast!

If you wish to camp you will need a reservation! RESERVATIONS ARE THE SOLE RESPONSIBILITY OF THE CAMPER AND MUST BE DONE THROUGH

WWW.RESERVEAMERICA.COM

For more information: Glenn H. at 716-473-6925 Leah C. 716-903-4258



## Central Committee Minutes July 9th, 2023

The meeting opened at 7:00 PM by Chairperson Dave with a moment of silence followed by the Responsibility Declaration and the Serenity Prayer. Volunteers read the Preamble by Mary Claire. The Purpose of Central Committee by Dean, and The 12 Traditions was read by Stephanie. Meredith from Room to Grow presented on the Seventh Tradition. Joanne will

present on Tradition 8 in August.

A motion to accept the meeting minutes as presented was made and accepted.

The Following 22 Groups were represented: Lancaster Daily Reprieve, Ironhorse, Daily Maintenance, Derby Group, Lakeshore, North Evans Men's, Sunday Morning Breakfast, Action Group, Arcade/Yorkshire, Orchard Park Step, Tuesday Men's Discussion, Williamsville, Lockport #1 Group, Lockport Ladies, Buffalo, Rise and Shine, Room to Grow, The Gatehouse, Depth & Weight, How It Works-Men's Discussion Group, North Buffalo, Renaissance,

Two new groups were represented: Ironhorse and The Gatehouse

7<sup>th</sup> Tradition brought in \$40

## Reports:

**Envelope System:** Executive Secretary Terry presented \$516 taken in for envelope system.

**Steering Committee:** Verbal report provided, no written report received.

Financial Report: **June**; our Starting Checkbook balance was \$42,887.49. We took in \$5,366.26 (which is **slightly down**) in Contributions from Groups and individuals. The Envelope System took in: \$516.00. Literature, Tax & shipping came to \$2,657.35 (which is **down**). New Frontiers Subscriptions was \$10.00. Joint meeting (Central Committee) was \$68.00. Archives Rent; \$340.00. Total income of **\$8,967.22**.

Our expenses totaled **\$8,358.28** (which is **down**). This means, we took in **\$608.94 more** than our expenses this month. **YTD** we are down **\$1,563.60** less than our expenses. Final checkbook balance is \$43,496.43.

<u>Corrections</u> beginning balance was \$3,041.60. Income= \$22.00. Expenses; \$287.50 an a \$3.00 Bank Fee, for a balance of <u>\$2,773.10</u>. <u>Treatment</u> beginning balance was \$1,411.60. Contribution's totaled \$227.40. A \$3.00 bank fee for a final balance of <u>\$1,636.00</u>. <u>Treatment</u>: Verbal report provided, no written report received.

Central Office: June Central office: TOTAL CALL's INCLUDING AFTER-HOUR'S; 216, Total 12-STEP: Unknown due to messed up answering attendant., Also had 415 emails.

- ~Need Updated Contact from; MONDAY AFTERNOON -2, RECOVERY IN THE PARK -5, Sobriety On The Lake-5, AS BILL SEES IT- 6, WE-WOMEN'S -6, New Destiny-8, TO THINE OWN SELF BE TRUE-WOMEN-Zoom, In All Our Affairs —Zoom
- \* The Answering Attendant, after the adhoc committee tried to patch in music, is messed up. They cannot fix it. I am having my tech guy that originally set it up look at it. Not sure if he will be able to add music, but I need it to work correctly without all the red call log errors.
- \* New 2023 Schedules are in ©
- \* Literature cost as June 1st have increased due to GSO Worlds Services raised Literature cost substantially (20% on all books, 30% on pamphlets!!!) as well as Grapevine & Hazeldon prices have gone up since I last ordered them before Covid. Medallion prices will go up when I need to order again ©
- \*We are in desperate need for people to come in and learn the basics to volunteer at Central Office in my absence. This in April the office was closed for 2 weeks while I was sick, because we had no one that could open it up!!! Volunteers wanted!!!

#### **NEXT MEETING: August 6<sup>th</sup>.**

<u>Corrections:</u> : Chairperson Alan presented 1. Corrections Literature please call me at 716.302.9286 2. Financial-Contributions 22.00 Literature 287.50 Bank Charge 3.00 Balance 2773.10 3, Groups picked up literature Respectfully Alan D.

**Night-Watch** Not Present

**Education& Participation:** Committee is needed. Please see Executive Secretary if 3+ people are interested.

**Internet Presence:** Not Present

**PIC/CPC** Verbal report provided, Not Present

Convention 2023 Chairperson Diane presented the 82<sup>nd</sup> Fall Convention is 3 months away now. Scheduled for Oct 6,7,8 2023. The theme is "A Faith That Works." It takes place at the M Hotel Buffalo; located at 2040 Walden Ave. Take advantage of Early Bird pricing, cutoff is August 6, 2023. Hotel rooms for the Friends of Bill W. are reserved until August 6, 2023 with special pricing. We still need volunteers for registration, merchandise, hospitality, and AA basket raffle; contact me Chair Dianne D. at 716-302-9349. Looking forward to seeing you there!



Groups are strongly encouraged to send a representative to monthly Intergroup meetings.



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GSA Liaison: Lorie presented ACM met via zoom on June 12th where the Officers, Committee Chairs & DCM's gave their reports. Reminder to register for the New York State Information Workshop @ nysiw.org being hosted by Area 50 at Daemen College July 28th-30th. The Post Conference Assembly was held on June 17th. 36 groups submitted the Delegates questionnaire to help our Delegate Denise with her voting decisions at the Conference. Jimmy D. is the interim Chair of the General Service Board. Ken T., is the new Northeast Regional Trustee. Big Book Plain and Simple language has been approved. They are working on text but unable to view progress at this time. Virtual meetings will remain as they are (no separate Districts for them). AA in your Community pamphlet has been approved. Request to retire the pamphlet A Members View of AA didn't pass. (No action on whether to use just for archives). CPC kit reviewed but on hold until 2024. Alternate Delegates be provided the same info as the Delegate at Conference passed. Military Alcoholics audio project approved (22 interviews recorded). Mental Health pamphlet for help with people with disabilities approved. Service Manual starting in 2024 to be updated every two years. Improve Spanish versions approved. Full rewrite of Service Manual chapters 8, 10,11&12 approved. Anonymity protected Conference Report approved. If you're interested in everything that was covered at the Post Conference Assembly visit Area50wny.org and click on Delegates News and review the Post Conference Materials. Next ACM is Saturday July 15th 10AM-Noon via Zoom ID#99342724284. Next GSA is Elections on Sept. 16th 10am-2pm at Windom Community Church 3766 Abbott Rd. Orchard Park or via Zoom ID#99342724284. Lots of positions to stand for so please attend if you're interested in service work at the Area level, YIS, Laurie H./GSA Liaison Archives Dave presented that November 12<sup>th</sup> there will be a Spaghetti Luncheon at Central Office.

AD HOC Nightwatch: Committee is now dissolved.

Ad Hoc Convention: Chairperson Nick presented that based upon a review of the current by-laws and guidelines for the Buffalo Fall Convention our committee has determined that significant changes should be made to the current bylaws/ guidelines to bring them more in line with the spirit of AA Service, the Traditions, and Concepts.

#### Old Business:

Steering Committee Zone 7 is Still Open Steering Committee Zone 8 is Open

## **New Business:**

\*Steering Committee Zone 2 is open.

\*Tony M. from Zone 6 stood for Co Chair of the Buffalo Fall Convention for 2024 and has been voted in.

\*Nick submitted a motion to amend the current bylaw 4.10 Convention Committee and 4.10 Nominating and Elections to be replaced by: Section 4.10 Convention Committee A. The Convention Committee will be established and run according to the approved Convention Committee guidelines B. Changes to the convention committee guidelines can only be made through simple majority vote at the monthly central committee meeting.

This was seconded and will be voted on in September. Mailings will be sent to all groups to review prior to voting. Details are sent out to groups in a separate mailing.

#### **Announcements:**

Room to Grow will be bringing snacks in July.

District 11 Day of Sharing will be held October 28<sup>th</sup> at St. George Orthodox Church.

Next Central Committee meeting will be July 9<sup>th</sup>.

Sunday Morning Breakfast Group meets at 11am at Central Office.

Kitchen Table AA Group has a panel on the last Saturday of every month with breakfast included. Meeting is at 10 am. Meeting closed at 8:17pm

Yours In Service, Molly R.

2023 BUFFALO FALL CONVENTION ONE FORM PER PERSON NAME ON BADGE
FIRST & LAST NAME
CIT, STATE, ZIP
PHONE.
OPTIONAL CREDIT CARDS  DECOMPRE  VISA  VISA  PERSONS  PER
NAME ON CARD
CARD #
CHECKS Please make checks or money orders payable to: BUFFALO FALL CONVENTION (US Funds Only) P.O. Box 792, Tonawanda, NY 14151
NO CHECKS ACCEPTED AT THE DOOR!! GROUPS OF 2 OR MORE AND TABLES OF 10 MUST BE IN SAME ENVELOPE
— PRE-REGISTRATION — BANQUET CHOOSE ONE
☐ Dietary Restrictions
UP TO 8/6/23
AA & AL-ANON CONVENTION UP TO 8/6/23\$25.00 AFTER 8/6/23\$30.00
Scholarship Fund Donation (optional) \$
Coffee Fund Donation (optional) TOTAL: \$
"WE PAY OUR OWN WAY"  One of the most common misconceptions of these gatherings is that they are AA meetings so there should be "no dues or fees" as per our 7th tradition. However, The Buffalo Fall Convention is a special event and not a regular AA meeting. No baskets are passed.

2023			
Cash Flow Statement	Apr-23	May-23	Jun-23
Beg Bal Cash on hand Contributions	39,646.44	41,060.18	42,887.49
Groups	4,641.46	6,217.99	5,366.26
Central Committee 7th tradition	41.00	73.00	68.00
Envelope System	1,357.00	579.00	516.00
New Frontiers Subs	10.00	53.00	10.00
Literature/Medallions/Pins	726.35	4,518.05	2,473.90
Literature Sales Tax	58.38	343.67	167.29
Literature Postage	6.69	7.90	16.16
Income (+)	503.02		9.61
Archives Room Rent:		128.77	340.00
Committee Meetings Misc		120.77	
Transfer from PR			
Conventions/Day of Sharing			
Monthly Income	7,343.90	11,921.38	8,967.22
	,,,,,,,,,,,,,,,,,,,,,,,,,,,,,,,,,,,,,,,	,	-,
Expenses			
Building Rent/Utilities	1,000.00	1,000.00	1,000.00
Central Com. Rent	35.00	35.00	35.00
Payroll Gross	3,435.94	3,435.94	3,435.94
Employment Taxes	335.00	328.91	307.24
Unemployment Surchar	(18.04)	(92.02)	251.12
NYS Sales Tax			
Insurance			
State Ins Fund(Travelers			
Health	635.16	635.16	635.16
D&O Insurance			
Liability			
Legal Fees Postage	8.55		418.97
Phone/internet	177.96	177.96	177.96
Accounting	177.50	177.50	111.30
Payroll Service	60.00	60.00	361.56
Advt	00.00	00.00	501.50
Dex YP		2	
Local Edge			1,100.00
Literature Expenses			
Grapevine		398.21	
World Services Inc		915.20	
Hazeldon		598.50	
Printers		1,683.95	
Medallions		566.03	
Office Supplies		47.95	356.37
Copies/ service contract	161.00	161.00	161.00
Copier Lease			
Bank Fee's including credit ca	99.59	89.96	117.96
Expense /Balance (-) GSA Host		52.32	
Workshop			
Seminar			
Monthly Expenses	5,930.16	10,094.07	8,358.28
Monthly Income (Loss)	1,413.74	1,827.31	608.94
End Balance	41,060.18	42,887.49	43,496.43
Petty Cash	3,000.00	3,000.00	3,000.00
Total Balance	44,060.18	45,885.17	46,496.43
			•
PRUDENT RESERVE	28,183.83	28,185.03	28,186.19
-			
Assets: Literature& Medallions			16,830.24
Literature Receivable:(outstanding)	16,881.87	18,617.95	
DIC Demonstrations Co.	16,881.87 1,446.53	128.02	112.79
PIC Removed from Stock			
	1,446.53	128.02 8.79	112.79
Corrections Facilities		128.02	
Corrections Facilities Contributions	1,446.53	128.02 8.79 3,286.60	3,041.60
Corrections Facilities Contributions Bank Fee's	1,446.53 3,289.60	128.02 8.79 3,286.60 20.00	3,041.60 22.00
Corrections Facilities Contributions Bank Fee's	1,446.53 3,289.60 - 3.00	3,286.60 20.00 3.00 262.00	3,041.60 22.00 3.00 287.50
Corrections Facilities Contributions Bank Fee's Expenses	1,446.53 3,289.60	3,286.60 20.00 3.00	3,041.60 22.00 3.00
Corrections Facilities Contributions Bank Fee's Expenses	1,446.53 3,289.60 - 3.00	3,286.60 20.00 3.00 262.00	3,041.60 22.00 3.00 287.50
Corrections Facilities Contributions Bank Fee's Expenses Balance	1,446.53 3,289.60 - 3.00 3,286.60	128.02 8.79 3,286.60 20.00 3.00 262.00 3,041.60	3,041.60 22.00 3.00 287.50 2,773.10
Corrections Facilities Contributions Bank Fee's Expenses Balance Treatment Facilities	1,446.53 3,289.60 - 3,00 3,286.60	128.02 8.79 3,286.60 20.00 3.00 262.00 3,041.60	3,041.60 22.00 3.00 287.50 2,773.10
Corrections Facilities Contributions Bank Fee's Expenses Balance Treatment Facilities	1,446.53 3,289.60 - 3,00 3,286.60	128.02 8.79 3,286.60 20.00 3.00 262.00 3,041.60	3,041.60 22.00 3.00 287.50 2,773.10
Corrections Facilities Contributions Bank Fee's Expenses Balance Treatment Facilities Contributions	3,289.60 - 3.00 3,286.60 734.10 177.00	128.02 8.79 3,286.60 20.00 3.00 262.00 3,041.60 998.60 497.00	3,041.60 22.00 3.00 287.50 2,773.10 1,411.60 227.40

YTD: 2022

33,815.68 359.8: 5,305.0 274.0 15,846.6

5,305.0i 274.0i 15,846.6i 1,093.1i 37.4i 766.3i 680.0i 147.7.

58,325.93

6,000.00 210.00 22,333.6 2,143.68 77.9: 1,875.2

1,875.24 288.04 3,810.94

1,080.0 1,013.7

1,416.4 1,067.7 1,200.0 1,169.4

1,429.9

8,206.30 598.50 1,683.99 566.00 605.80

595.6i 52.3;

59,889.53



#### **Tradition Eight:**

Alcoholics Anonymous should remain forever nonprofessional, but our service centers may employ special workers.

- Is my own behavior accurately described by the Traditions? If not, what needs changing?
- When I chafe about any particular Tradition, do I realize how it affects others?
- Do I sometimes try to get some reward even if not money – for my personal AA efforts?
- Do I try to sound in AA like an expert on alcoholism? On recovery? On medicine? On sociology? On AA itself? On psychology? On spiritual matters? Or, heaven help me, even on humility?
- Do I make an effort to understand what AA employees do? What workers in other alcoholism agencies do? Can I distinguish clearly among them?
- In my own AA life, have I any experiences which illustrate the wisdom of this Tradition.
- Have I paid enough attention to the book Twelve Steps and Twelve Traditions? To the pamphlet AA Tradition – How It Developed?



PRACTICAL EXPERIENCE shows that nothing will so much insure immunity from drinking as intensive work with other alcoholics.

**Concept VIII:** The trustees are the principal planners and administrators of overall policy and finance. They have custodial oversight of the separately incorporated and constantly active services, exercising this through their ability to elect all the directors of these entities.

- Do we understand the relationship between the two corporate service entities (A.A. World Services, Inc., the A.A. Grapevine) and the General Service Board?
- How can the business term "custodial oversight" apply to the trustees' relationship to the two corporate service entities?
- Does my home group subscribe to G.S.O.'s bimonthly newsletter Box 4-5-9? The A.A. Grapevine? Do I?

## Group Contribuitons

GROUP CONTRIBUTIONS 2022

Zo	GROUP ne	JUNE	TRAL YEAR	JUNE	YEAR	JUNE	TMENT YEAR
4	10-11-12 Group		0.00	-	0.00		0.0
	11:45Noon		0.00		0.00		0.0
5	12 Steps/12 Traditions		0.00		0.00		0.0
	4th Step Stumblers/F.U.N.	9	10.00		0.00		20.0
	6th Step		0.00		0.00		0.0
	7 Clan	00.00	0.00		0.00	_	0.0
	A Day At A Time A Vision For You	60.00	132.00		0.00	_	0.0
	Abbott Comers	50.00	100.00		0.00	_	0.0
	Abbott Men's	30.00	0.00		0.00		40.0
-	Acceptance/Welcome	200.00	350.00		0.00		0.0
	Achievement .		0.00		0.00		0.0
	Action		170.00		20.00		75.0
_	Alexander	1000000	0.00		0.00		0.0
$\rightarrow$	All Is Well	194.49	194.49		0.00		0.0
	Amherst Snyder		200.00		0.00		0.0
	Another Chance		0.00		0.00	_	0.0
	Any Age Any Lengths	30.00	180.00		0.00	_	0.0
	Arcade/ Yorkshire	30.00	0.00		0.00		0.0
-	As Bill Sees It		250.00		0.00		0.0
	Attitude Adjustment(Williams	ville)	100.00		0.00		50.0
-	Attraction	///	200.00		0.00		0.0
-	Backdoor		0.00	- 3	0.00		0.0
	Beginnings (NF)		0.00		0.00		0.0
	Beginning's Women	100.00	200.00		0.00		0.0
	Big Book @ Brothers		0.00		0.00		0.
_	Big Book - Lockport		0.00	-	0.00		0.
	Big Book Study BB Spiritual Studies		0.00		0.00		0.
	Blasdell		0.00		0.00	- 1	0.
	Blasdell Monday	1	0.00		0.00	- 4	0.
	Blasdell Saturday	142.00	142.00		0.00		0.
1	Bodhisattva		0.00		0.00		0.
	Boulevard Helping Hand		300.00		0.00		0.
_	Boule vard Women		60.00		0.00	_	0.
-	Brass		0.00	_	0.00	-	0.
	Brockton Buffelo Constant	100.00	100.00	-	0.00		0.0
	Buffalo Group Buffalo Early Birds	284.49	0.00 884.49		0.00	56.90	56.5
_	Buffalo First	100.00	350.00	-	0.00	30.30	0.0
_	By the Wayside	100.00	0.00		0.00		0.0
	By the Book		0.00		0.00		0.0
I	Came To Believe	12	0.00		0.00	- 1	0.
	Carry the Message		0.00		0.00		0.
	Cayuga Wake- Up Call	1	0.00		0.00	4	0.
	Central City Café'		100.00		0.00	_	0.
	Central Park		0.00	-	0.00	-	0.
	Changing Our Way's Chapter IX		400.00 150.00	- 9	0.00		0.
	Chapter IX Cheektowaga	150.00	400.00		0.00	-	0.
	Clarence Men's	100.00	0.00		0.00		0.
	Come As You Are		400.00		0.00		0.
	Commitment/ Working		0.00		0.00		0.
	Contempory Women		0.00		0.00		0.
-	Courage		0.00		0.00		0.
	Daily Reflections		0.00		0.00		0.
	Daily Reprieve		0.00	-	0.00	- 4	0.
-	Delaware Park Men's Depth & Weight		0.00		0.00	- 1	0.
	Derby		450.00		0.00		0.
_	Desire		100.00		0.00		0.
_	Downtown Men's		0.00		0.00		0.
	Dunkirk Monday Night		0.00	- 1	0.00	- 3	0.
	East Amherst		300.00		0.00		300.
_	East Amherst Traditions		0.00		0.00		0.
	East Aurora		430.00		0.00		0.
_	Early Bird Big Book		0.00		0.00		0.
	Easy Does It	50.00	300.00		0.00		0.
	Ellicottville Eternal Vigilance	50.00 95.00	150.00 375.00	H	0.00	- 1	0.
_	Everybody's	200.00	500.00	- 3	0.00		0.
	Excellent Adventure	200.00	271.00		0.00	-	0.
_	Eyeopener		1,175.43	- 1	0.00		0.
_	Eyeopener South		882.45		0.00		0.
	Fireside	139.84	555.62		0.00		0.
3	Fireside PM		200.00		0.00		0.
_	First Step (NF)		100.00		0.00		0.
	Forestville In The Solution		0.00		0.00		0.
a۱	Fredonia Discussion		0.00		0.00		0.
_	Freedom Seekers		0.00		0.00	- 1	0.

GROUP CONTRIBUTIONS 2022

GRUUP GUNTRID						
GROUP		TRAL		CTIONS		TMENT
Zone	JUNE	YEAR	JUNE	YEAR	JUNE	YEAR 0.00
1 Friday Night Lights 5 Friendly		0.00		0.00		0.00
3 Gardenville		300.00		0.00		0.00
1 GAY & BI MEN LIVING SOBER		0.00		0.00		0.00
6 Gettin With It		0.00		0.00		0.00
GIVE ME SHELTER		0.00		0.00		0.00
6 Go to Any Length		268.00		0.00		0.00
5 Golden Slipper		200.00		0.00		0.00
1 Grace & Dignity		25.00		0.00		0.00
2 Grand		0.00		0.00		0.00
2 Grand II Joy of Living		0.00		0.00		0.00
2 Grateful		0.00	_	0.00		0.00
6 Hamburg	-	0.00	- 1	0.00		0.00
7 Harmony		200.00		0.00		0.00
8 High Noon 8 High View	100.00	125.00 200.00		0.00		0.00
4 Hillbilly	100.00	0.00		0.00		0.00
6 Holiday Village		800.00		0.00		0.00
4 Holland		600.00		0.00		0.00
Holley Friday Night		20.00		0.00		0.00
2 Honesty		50.00		0.00		0.00
2 How It Works/Men's		100.00		0.00		0.00
I Am Responsible	20.50	227.65	1	0.00		0.00
5 Intoxicated on Life		0.00		0.00		0.00
3 Ironhorse		0.00		0.00		0.00
8 П		0.00		0.00		0.00
5 Just For Today/ Albion		50.00		0.00		0.00
3 Just For Today/ Cheektowaga	40.00	90.00		0.00		0.00
2 Keep IT Comin'		0.00		0.00		0.00
4 Keep It Simple Sister		110.00		0.00	_	0.00
2 Kenmore 8 Kensington		0.00	- 4	0.00		0.00
5 KITCHEN TABLE AA		0.00		0.00		0.00
6 Lakeview		200.00		0.00		0.00
6 Lakeshore	100.00	100.00		0.00		50.00
3 Lancaster Dailey Repreive	100.00	0.00		0.00		0.00
5 Lasalle		0.00	- 9	0.00		0.00
Lawyer's		300.00		0.00		0.00
2 Led From The Scene		0.00	1	0.00		0.00
5 LewPort	50.00	50.00		0.00		0.00
Life Ahead	77.60%	0.00	- 1	0.00		0.00
4 Life Today		0.00		0.00		0.00
8 Lighten UP	180.00	960.00		0.00	30.00	160.00
2 Living in the Solution		0.00		0.00	_	0.00
Living Sober		0.00	-	0.00		0.00
5 Lock City 5 Lockport#1		0.00		0.00		0.00
5 Lockport Discussion		150.00		0.00		0.00
5 Lockport Ladies		0.00		0.00		0.00
5 Lockport Tuesday		0.00		0.00		0.00
5 Lockview		300.00	- 9	0.00		0.00
LOST & FOUND		150.00		0.00		0.00
7 Love	1	0.00	1	0.00		0.00
7 Lovejoy	125.00	125.00		0.00		0.00
3 LOW BOTTOM	and the second	150.00	- 5	0.00		0.00
5 Lower River		0.00		0.00		0.00
5 LUNCH BUNCH ALBION		0.00		0.00		0.00
1 Main and High		0.00		0.00		0.00
4 Main Street		0.00	1	0.00		0.00
8 Maple		0.00		0.00		0.00
3 Marching Forth		25.00		0.00		0.00
4 Marilla 3 Matt Talbot	48.00	90.00 99.00		0.00	16.00	0.00 33.00
6 McKinley Winners	40.00	200.00		0.00	10.00	0.00
5 Medina New Life		0.00		0.00		0.00
5 MEDINA STEP WORK/BIG BO	ок	0.00		0.00		0.00
MEN WHO TRUDGE	26.58	1,200.00	- 5	0.00		0.00
8 Mercy		0.00		0.00		0.00
MONDAY NIGHT SOLUTION	100.00	200.00	13	0.00		0.00
2 Morning After		0.00		0.00		0.00
5 Newfane Living Sober		0.00		0.00		0.00
3 NEW LIFE (ALDEN)		0.00		0.00		0.00
3 New Life		0.00		0.00		0.00
5 Niagara Frontier Men's Disc.	$\vdash$	86.00		0.00		0.00
5 Niagara Frontier Men's Disc.		0.00		0.00		0.00
2 North Buffalo		0.00		0.00		0.00
6 North Evans Men's		30.00		0.00		0.00
4 North Java Monday 1 ON AWAKENING/ Men		0.00		0.00		0.00
1 ODAT		0.00		0.00		0.00
4 Orchard Park Sten		3/1 00		0.00		75.00
	-				-	

7.	GROUP	JUNE	TRAL YEAR	JUNE	YEAR	JUNE	YEAR
_	OUR CHARGE	JUNE	0.00	JUNE	0.00	JUIVE	0.0
·	Pause & get Calm		0.00		0.00		0.0
2	Peaceful Tues day		150.00		0.00		0.0
3	PERSEVERANCE		0.00		0.00		0.0
5	Point of No Return		0.00		0.00		0.0
	Primary Purpose	150.00	350.00		0.00		0.0
	Principles Bef. Personalities	1000000	20.00		0.00		0.0
	Purpose/Tonawanda		0.00	_	0.00		0.0
	Questions & Answers	20.00	50.00		0.00		0.0
4	Ray Of Hope Read It, Live It	30.00	60.00	_	0.00		0.0
2	Recovery Near the Gardens	10.00	29.01		0.00		0.0
	REMEMBER WHEN	10.00	25.00		0.00		0.0
	Remember When		0.00		0.00		0.0
	Renaissance		100.00		50.00		50.0
	Renaissance Women		0.00		0.00		0.0
8	Renewal		450.00		0.00		0.0
	Ridge		135.00		0.00		135.0
_	RIGOROUSLY HONEST	50.00	100.00	ř.	0.00		0.
	Rise and Shine		850.00		0.00		0.0
_	Rochester		0.00		0.00		0.0
	ROOM TO GROW	50.00	50.00		0.00		0.
	Rural is Plural	- /	0.00		0.00		0.0
	Sally		0.00		0.00		0.0
	Saturday Night Alive		0.00		0.00		0.0
	Sat. Nite Sober		0.00		0.00		0.0
	Searching For Serenity Second Chance	- 1	0.00		0.00		0.
-	Serenity		0.00		0.00		0.
٤	Serenity in the Park		0.00		0.00		0.
6	Serenity in the Park		0.00		0.00		0.
	Serenity Trails		55.00		0.00		0.
	Setaside		0.00		0.00		0.
	Shelter From The Storm	223.00	223.00	22.00	22.00	22.00	22.
2	Sheridan	1	0.00		0.00	8700700	0.
6	Silvercreek Friendship	310.60	310.60		0.00		0.
5	Simplicity		0.00	9	0.00		0.
	SOBER ON SENECA	2000000	50.00		0.00		0.
	Sober Saturday	75.00	150.00		0.00		0.
	SOBER SUNDAY		0.00		0.00		0.
_	Sober Trails	1	0.00		0.00		0.
_	Sober Train		47.00		0.00		0.
	Sober Winners	- 1	69.16		0.00		0.
	Sobriety Men's Disc.	-	300.00		0.00		0.
	Sobriety On The Canal Sobriety on the Lake		0.00		0.00		0.
3	Social Distancing		173.00		0.00		0.
2	Soul Purpose	33.78	214.03		0.00		0.
	SOUTH BUFFALO	00.10	0.00		0.00		0.
	Southgate		50.00		0.00		0.
	Southwestern	1 0	0.00		0.00		0.
6	Sparks Of Hope	100.00	205.00		0.00		0.
2	Spiritual Progress	132,0013	0.00	1	0.00		0.
	Springville New Life		0.00		0.00		0.
	Springville Sat. Afternoon		273.00		0.00		0.
	Springville Tues. Night		0.00	_	0.00		0.
4	Springville Wed. Noon		20.00		0.00		0.
_	Sprout II		200.00		0.00		0.
	St. Barnabas	1	0.00		0.00		0.
4	St. Mark's	405.00	250.00		0.00		0.
2	Staying Sober	125.00	400.00		0.00	5	0.
	Step Action Group Step it Up (Wehrle)		113.82		0.00		0.
	Steps 1, 2 & 3		0.00		0.00		0.
	Sunday Morning Breakfast		200.00		0.00		0.
	Sunday's Best		0.00		0.00		0.
	Sunday in Cattarugas		0.00		0.00	,	0.
	Sunrise Court	35.00	95.00		0.00		0.
	SUNY Amherst Campus	777	44.64		0.00		0.
	Surrender and Hope		0.00		0.00		0.
	TGIF		28.20		0.00		0.
1	Thankful		200.00		0.00		0.
	Thankful Hart		0.00		0.00	-	0.
7	The Absolutes		0.00		0.00		0.
	The Anonymous		20.00		0.00	5	0.
1	The Beginnings Of Recovery		0.00		0.00		0.
	The CPR		50.00		0.00		0.
	The Derby Lunch	75.00	0.00		0.00	75.05	0.
6		75.00	75.00		0.00	75.00	75.
6	THE GATEHOUSE				0.00		0.
6	THE GATEHOUSE The Grove	100.00	300.00				
6 1 2	THE GATEHOUSE The Grove The Journey		120.00		0.00		0.
6 1 2	THE GATEHOUSE The Grove The Journey The KEYS OF THE KINGDOM	100.00	120.00 0.00		0.00 0.00		0.
6 1 2 8	THE GATEHOUSE The Grove The Journey The KEYS OF THE KINGDOM The Noon Meeting	100.00	120.00 0.00 750.00		0.00 0.00 0.00		0.0 0.0
6 1 2 8 6	THE GATEHOUSE The Grove The Journey The KEYS OF THE KINGDOM The Noon Meeting THE NORTH COLLINS	100.00	120.00 0.00 750.00 120.00		0.00 0.00 0.00 0.00		0.0 0.0 0.0
6 1 2 3	THE GATEHOUSE The Grove The Journey The KEYS OF THE KINGDOM The Noon Meeting THE NORTH COLLINS Thruway	100.00	120.00 0.00 750.00 120.00 0.00		0.00 0.00 0.00 0.00 0.00		0 2 0 2 0 2 0 3
6 1 2 8 6 3	THE GATEHOUSE The Grove The Journey The KEYS OF THE KINGDOM The Noon Meeting THE NORTH COLLINS	100.00	120.00 0.00 750.00 120.00		0.00 0.00 0.00 0.00		0.0 0.0 0.0 0.0 0.0

COOLID CONTRIBUTIONS MAN

_	GROUP	CEN	TRAL	CORRE	CTIONS	TREA	TMENT
7	one	JUNE	YEAR	JUNE		JUNE	YEAR
	Try Again	55.42	153.00	00.11	0.00	00.42	0.0
	TUESDAY WOMEN"S DISCUS	SION	0.00		0.00		0.0
	Tuesday Men's AM		0.00		0.00		0.0
_	Tues day Afternoon		0.00		0.00		0.0
3	Tuesday Women's		0.00		0.00		0.0
	Turning Point	32.27	32.27		0.00		0.0
5	Twin Cities		0.00		0.00		0.0
6	TWO PONDS		0.00		0.00		0.0
8	Unity		0.00		0.00		0.0
2	UV MEN'S	300.00	300.00		0.00		0.0
3	Valley		0.00		0.00		0.0
3	Victory		130.00		0.00		130.0
3	Victory Women's	150.00	150.00		0.00		0.0
1	Wake Up Call		100.00		0.00		0.0
	WE BELIEVE		0.00		0.00		0.0
8	We Care		1,000.00		0.00		0.0
	WE HAVE RECOVERED		200.00		0.00		0.0
5	WE READ		15.00		0.00		0.0
	We Share		35.00	1	0.00		0.0
	Westminster		0.00		0.00		0.0
6	WE (Women's Experience)		200.00		0.00		0.0
	Westfield		35.00		0.00		0.0
	West Middleburt	7. 3	0.00		0.00		0.0
	WE SHARE		20.00		0.00		0.0
	Williamsville	100	350.00		0.00		0.0
	Willing To Grow		0.00		0.00		0.0
	Wilson Group		75.00		0.00		0.0
8	Women Making the Effort	41.25	377.25		0.00	27.50	94.5
	Women's Meeting	50.00	50.00		0.00		0.0
	WOMAN OF AA RETREAT	250.00	250.00		0.00		0.0
	WOMEN'S BIG BOOK- 3		0.00	-	0.00		0.0
1	Women's West Side		0.00	$\vdash$	0.00		0.0
	Women's Day Of Sharing		0.00		0.00		0.0
_	YORKSHIRE SATURDAY NIGH		0.00		0.00		0.0
_	one	JUNE	YEAR	JUNE	YEAR	JUNE	YEAR
_	Anonymous	8.04	124.04	-	0.00		0.0
_	Anthony R.	70.00	290.00	-	0.00		0.0
_	Barbara C.	10.00	30.00	_	0.00		0.0
_	Bernadette M.		40.00		0.00		0.0
_	Bernard C.		0.00	_	0.00		0.0
_	Cindy M.		200.00	-	0.00		0.0
_	David K. Donna H.	10.00	50.00 60.00	<del> </del>	0.00		0.0
-	Jack S.	10.00	0.00	-	0.00	_	0.0
-	Jack S. James S.				0.00		0.0
-	Joe D		150.00 500.00	-	0.00		0.0
-	Kathleen M.		40.00		0.00		0.0
_	Kevin N.		100.00	-	0.00		0.0
-	Kristen F.	10.00	10.00		0.00		0.0
	Lila M.	5.00	30.00	$\vdash$	0.00		0.0
_	Lisa S.	5.00	500.00		0.00		0.0
_	Michael D.	10.00	60.00		0.00		0.0
	Mike H.	10.00	91.50		0.00		0.0
_	Patti S.		32.00		0.00		0.0
	Peter R.		5.00		0.00		0.0
	Rebecca D.		100.00		0.00		0.0
_	Robert G.	31.00	186.00		0.00		0.0
	Susan V.	62.00	372.00	-	0.00		0.0



# A.A. was founded on the premise that it would be self-supported through member contributions.

For over 50 years, contributing a single dollar has almost become a tradition. But will just one dollar per person per meeting sustain us today?







1960....10c 2016....\$1.00



1960....28c 2016....\$2.16

## Today's dollar has only 19 cents of the purchasing power of a 1960 dollar!





Please help keep A.A. selfsupporting. Do what you can-and if you can, **DOIT**.

# IN MEMORIAM Things We Can Not Change

To all of our members who have lost family and loved ones

Our thoughts and prayers are with you



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