

AL-ANON PROGRAM

All meetings are in the McKinley Room. All are invited to attend.

Friday Evening Program

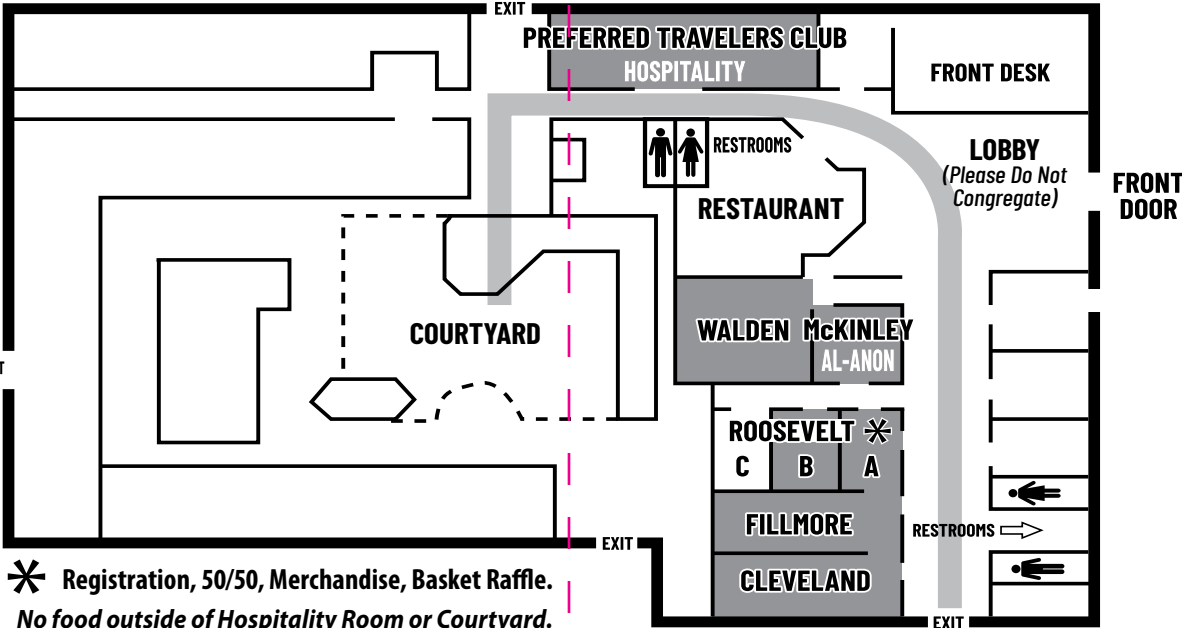
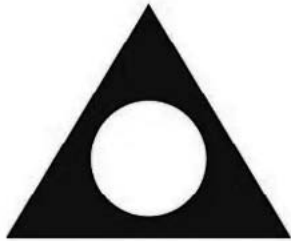
6:30 pm – 7:20 pm  
Al-Anon Ice Breaker: What’s in Your Recovery?  
Start the weekend by mingling and having some fun!  
7:30 pm  
AA Main Speaker: Russell S. (Choral Gables, FL)  
9:00 pm – AA Comedy Show

Saturday Morning Program

9:30 am – Opening  
Julie B. - Amherst AFG  
9:45 - 10:45 am – Happiness is My Choice  
Mark J.- Lancaster AFG, Lisa H. - Lancaster AFG,  
Sue P. - Thursday’s Night Hope AFG  
11:00 am- Noon– How I Found Joy in Recovery  
Sandra F. - Scottsville AFG, Tom G. Amherst AFG,  
Paulaya G. - Serenity Seekers AFG  
Lunch Break

Saturday Afternoon Program

1:30 - 2:30 pm – Freedom from Despair  
Amie R. - Twelve and Twelve AFG, Vickie H.  
- Parkside Steps  
Mac M. - Now is the Time Noon AFG in Batavia  
2:45 - 3:30 pm – Main Speaker  
Annette K. - Genesis Step Study AFG, Doylestown PA  
3:30 pm  
Countdown and Closing  
6:30 pm – Banquet and AA Main Speaker  
(doors open at 6:00 pm)  
9:30 pm – Dance



- ▲ The hotel has asked us to keep the lobby clear and has let us use the Courtyard for fellowship. There are tables set up there for just that purpose. Be aware – parts of that space are shared with other hotel guests.
- ▲ All of the main speakers can be downloaded for free from the "fall convention" tab of [www.buffaloaany.org](http://www.buffaloaany.org) by the end of the convention.
- ▲ Coffee will be served in the hospitality room Friday 4-6 pm, Saturday 8-11 am, 1-3 pm and Sunday 8-10 am. Additionally, coffee will be put out across from Kennedy on Saturday night from 6-7:30 pm for non-banquet participants (the banquet will have its own). Water stations will be put out in various locations for guests.
- ▲ Merchandise hours will be Friday 3-7 pm, Saturday 8:30-5 pm and Sunday 8-10 am. Some merchandise designs are very limited and will be first come first served.
- ▲ Banquet speaker alternative – Viewing at 7:30 pm, Saturday in McKinley Room.



THANK YOU FOR  
YOUR SERVICE TO THE  
FOLLOWING PEOPLE:

AA Committee

Chair ..... Tony M.  
Co-chair ..... Jim L.  
Secretary ..... Sean L.  
Logistics/Merch ..... Nick M.  
Registration ..... Dave G.  
Program ..... Stephanie F.  
Al-Anon Liaison ..... Julie B.  
Gifts ..... David G.  
Publicity ..... Jim P.  
Greeters ..... Daniel M.  
Printing..... Peter E.  
Hospitality ..... Daniel S.  
Literature ..... Chris C.  
Registration ..... Jeff S.  
Treasurer ..... Jeff B.  
Entertainment ..... Siobhan D.  
50/50 ..... Rich K.

Al-Anon Committee

Chair: ..... Jeanne P.  
Program/Speakers: ..... Marge J.  
Program Co-Chair: ..... Lynda C.  
Secretary: ..... Julie B.  
Treasurer: ..... Cindy E.  
Literature: ..... Cyndi B.  
Basket Raffle: ..... Ali W.  
50/50 & Raffles: ..... Deborah C.  
Graphics: ..... Amber M.

84<sup>th</sup> ANNUAL  
BUFFALO  
FALL CONVENTION



OCTOBER 24-26, 2025

THE M HOTEL (BUFFALO)  
2040 WALDEN AVE. • BUFFALO, NY 14225

ALL DAY SPEAKERS  
& TOPIC PANELS

FRIDAY NIGHT  
SPEAKER AND COMEDY SHOW

SATURDAY NIGHT  
BANQUET, SPEAKER AND DANCE

LITERATURE TABLES

AA MERCHANDISE TABLE

ARCHIVES DISPLAY

50/50

AL-ANON BASKET RAFFLE

# 84<sup>th</sup> ANNUAL BUFFALO FALL CONVENTION

## REGISTRATION TABLE OPEN:

Friday: 3 - 7:30 PM

Saturday 8 AM - 6 PM

## HOSPITALITY ROOM HOURS:

Friday: 3:30 - 9:15 PM

Saturday: 8:30 AM - 4:15 PM

Sunday: 8 - 10 AM

All food from the hospitality room must remain in the hospitality room. This is a rule from the hotel.

## ARCHIVES ROOM HOURS:

Friday: 4 - 8 PM

Saturday: 9 AM - 2 PM

## 50/50's

Friday drawing after main speaker.

Saturday drawing after main speaker.

We are sure God wants us to be happy, joyous, and free. We cannot subscribe to the belief that this life is a vale of tears, though it once was just that for many of us. But it is clear that we made our own misery. God didn't do it. Avoid then, the deliberate manufacture of misery, but if trouble comes, cheerfully capitalize it as an opportunity to demonstrate His omnipotence.

*Alcoholics Anonymous (pg. 133)*

## AA PROGRAM – All Meetings are Open Meetings; Everyone is Invited to Attend

### Friday Evening Program

#### 4:30 pm

Cleveland Room

Panel 1: **The Elder Statesman**

Moderator: **Stephanie F.**

**Michael R., Steve H., Amy H.**

Fillmore Room

Panel 2: **Stepping Into Serenity**

Moderator: **Amanda B.**

**Jennifer R., Beth H., Jason R.**

#### 5:45 pm

Cleveland Room

Panel 1: **Being Part of AA as a Whole**

Moderator: **Stephanie F.**

**Patrick L., Amy I., Marshall R-P.**

Fillmore Room

Panel 2: **Full Flight from Reality**

Moderator: **Sam L.**

**Emma K., Leah C., Ryan E.**

#### 7:30 pm – 8:45 pm

Presidential Room

**Convention Opening** with Chairperson Tony

Main Speaker: **Russell S.** (*Choral Gables, FL*)

#### 9:15pm

Friday Night Entertainment - *Comedy Show*

### Saturday Morning Program

#### 8:00 am – 8:30 am

Parlor Room

Meditation led by **Jen W.**

#### 8:30 am

Cleveland Room

Panel 1: **God either is or He isn't**

Moderator: **Sam L.**

**Joey L., Felecia N., Olivia R.**

Fillmore Room

Panel 2: **Resting on our Laurels** (*Complacency*)

Moderator: **Amanda B.**

**Cheryl G., Chris R., Andrew M.** (*Akron, OH*)

### Saturday Morning Program *cont.*

#### 9:45 am

Cleveland Room

Panel 1: **Sponsorship: A Guide not a God**

Moderator: **Siobhan D.**

**Matthew H., Michael B.** (*Akron, OH*), **Crystal S.**

Fillmore Room

Panel 2: **Grace & Dignity**

Moderator: **Liz W.**

**Ashley T., Elvi Jo, Karen C.**

#### 11:00 am

Cleveland Room

Panel 1: **Ain't it Grand the Wind Stopping Blowing (amends)**

Moderator: **Liz H.**

**Steven S.** (*Akron, OH*), **Kiera M.** (*Rochester, NY*),

**Chris O.** (*Hudson Valley, NY*)

Fillmore Room

Panel 2: **Create the Fellowship you Crave**

Moderator: **Siobhan**

**Tom C., Jessica C., Dan N.**

#### 12:00 Lunch

### Saturday Afternoon Program

#### 1:15 pm

Cleveland Room

Panel 1: **Anonymity, Humility at Work**

Moderator: **Liz H.**

**James C., Angela J.** (*Cleveland, OH*),

**Danielle A.** (*Rochester, NY*)

Filmore Room

Panel 2: **A Society of Alcoholics in Action**

Moderator: **Jen W.**

**Tracy D., Sue M.** (*Williamsport, PA*),

**Stephanie Rosa** (*Rochester, NY*)

#### 1:30 pm-3:30 pm

Walden Room

\*\*Workshop: **Relationships and the 12 Traditions**

**Alex L. and Melissa L.** (*Rochester, NY*)

### Saturday Afternoon Program *cont.*

#### 2:30 pm

Cleveland Room

Panel 1: **Growing in Understanding and Effectiveness**

Moderator: **Stephanie F.**

**Joe M.** (*Rochester, NY*), **Marisa E.**, **Jen M.**

Filmore Room

Panel 2: **Fancied or Real? The Resentment Inventory**

Moderator: **Sam L.**

**Liz F.** (*Williamsport, PA*), **Keith M.** (*Cleveland, OH*), **Lucas F.**

#### 4:00 pm

Parlor Room

Topic **Meeting- Psychic Change**

Moderator: **Stephanie F.**

### Saturday Evening Program

#### 6:00 pm

Presidential Room

**Dinner Seating and Banquet**

#### 7:30 pm

McKinley Room

**Alternative Viewing of Keynote Speaker for non-participants in banquet**

#### 8:00 pm

**Keynote Speaker: Lynette R.** (*Akron, OH*)

#### 9:30 pm

**Saturday Night Entertainment - Dance**

### AA Speakers

**Russell S.** (*Choral Gables, FL*)

**Lynette R.** (*Akron, OH*)

**John H.**

*\* All out of town speakers are noted*

### Sunday Morning Program

#### 9:00 am

Presidential Room

Panel 1: **Rocketed into the 4th Dimension of Existence**

Moderator: **Amanda B.**

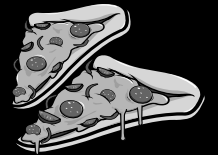
**Brian B., Dana J.** (*Cleveland, OH*), **KC C.**

#### 10:15 am-11:15 am

Sunday Speaker: **John H.**

#### 11:15 am

Closing Remarks



## PIZZA PARTY

**FRIDAY AT 6:30 PM** In the  
Preferred Travelers Club  
(Hospitality Room)



## COMEDY SHOW

**FRIDAY • 9:15 PM**

Host: Funny Man Luke  
Anna DePalma, Mike Shanks,  
Mark Barrett, Darnell Davis,  
Tommy Bechtold