

NEW FRONTIERS

A.A. of the Niagara Frontier

August 2025

THE CENTRAL COMMITTEE NEWSLETTER FOR ALL A.A. MEMBERS OF WESTERN NEW YORK AND THE NIAGARA FRONTIER

The Bondage of Self; JANUARY 1994

BY: VIVIAN J. | PORTLAND, OREGON

When I came into AA some years ago, I was told: This is a selfish program. In order to stay sober, it was suggested, it would be a good idea for me to keep the focus on myself and my own recovery. Down the road, as I got better physically and emotionally, I could become involved in service and Twelfth Step work. This was an exhilarating and freeing bit of advice, because all my life my caring and concentration had been for others--a codependent you would call me today.

From that time on, I became, for all intents and purposes, and with your permission, an obsessively self-centered, self-serving, self-focused sober alcoholic. Some might describe me as "an extreme example of self-will run riot."

Oh, I did a bit of service here and there when asked, because I was told to never say no to AA, but it was drudgery cleaning those ashtrays and setting up chairs. Besides, I preferred to let others do the work so there was more time for me to tell you my "911 problems" before and after meetings.

This inflated sense of self persisted for about five years, I was locked inside a potential heaven turned to hell, and couldn't figure out why. It's been said that ninety percent of our psychological life is spent in unawareness. I was up to one hundred percent.

One dreary day at a meeting, I was wailing to someone about how lousy I was feeling, and he told me what had helped him in achieving serenity--my elusive goal. He went on to explain that he had learned to put himself aside, to rise above his own problems so that others could survive and rediscover life. The simple act of reaching out to another drunk, he said, made him naturally high.

In desperation, I grabbed on to his sage advice and my life was never the same again. To realize that part of my recovery from a "seemingly hopeless state of mind and body" is being helpful to others started me on an upward spiral of spiritual growth. To drop out of human involvement as I had done, from an over-concern for maintaining my own sobriety, was not the answer.

My change of heart began simply. I began asking questions of others before and after meetings, and they responded. Through this process I became more tolerant of others' shortcomings and opinions. I tried to take a sincere interest in others and listen to them as they had been listening to me and, slowly, self-seeking began to slip away. The Third Step prayer in the Big Book says, "Relieve me of the bondage of self, that I may better do thy will." Buddha said, "Make of yourself a light." The writer Ann Herbert says, "Practice random kindness and senseless acts of beauty." I say, "Dear Higher Power, for today let it all begin with me."

Grapevine; Reprinted w/permission



How to Make Amends; SEPTEMBER 1955

BY: ANONYMOUS | NEW YORK

LET'S start with me.

Everybody's cashing in on the new craze for "How To" books which run the gamut from "How to Play the Zither" to "How To Pickle A Herring."

I fell for it, too. Last summer, while on my vacation, I bought one on "How To Become A Bird Watcher." And I used it--much to the consternation and amusement of my fine feathered friends.

It just goes to show what a few years of sobriety will do to some of us. Never in my DTs, did I ever imagine I would descend so low as to disturb defenseless little birds while they were playing, feeding, nesting or romancing.

You should have seen me in the heavy scrub and tangled undergrowth, book in hand and wearing bifocals, trying to tell a grosbeak from a hummingbird.

Brother, that's really living it up in AA!

It's a long way from a pastime like bird-watching to something so important to all of us as "How To Make Amends"--now that we're sober--but both have one thing in common. Each requires application and effort before results can be achieved or enjoyed.

One of the quickest and most inspiring examples of this subject is told by an AA friend of mine whose wife said to him after eight months of sobriety: "By your kindness, consideration and cooperation at home, you have more than made up to me for the year of heartaches I suffered during your alcoholism."

That generally doesn't happen so easily. And it didn't in my case, either at home or with relatives, friends or business people.

Donning my penitential garments (which didn't fit well at the beginning of my AA membership) and mounting my white Arabian charger, I galloped hither and yon to explain to all and sundry that I was heartily sorry for my previous alcoholic defects of character and personality which had harmed, offended, betrayed or defrauded them.

All my efforts were not successful. The hurt or damage I had inflicted was too painful--or too deep--for a few of them, and they received (or rejected) me frigidly.

Knowing the key word in the Eighth Step is the *willingness* to make amends, I accepted those unpleasant situations as well as I could. Later on, after quite a period of sobriety, I again offered my apologies and explanations to them and, in practically all cases, they were accepted.

From those experiences I have learned that some injured Individuals are "from Missouri." Sometimes actions speak louder than words and they had to be shown I was sincere by a continuation of my sobriety.

There are no hard-and-fast suggestions for everybody on "How To Make Amends." Circumstances and Individuals vary. But there should be, I think, one necessary requisite for all of us. The success of our efforts, with respect to ourselves or those we've harmed, or both, ought to be predicated on our absolute *honesty* and *sincerity* of purpose.

Making amends will not properly work for us if we use them merely as lip service to get off a hook, to placate someone whose good opinion we only want to cultivate, or who might be in a position to do us a good turn in the future.

Neither do we gain much, nor anything, by discharging such a duty to ourselves and as an obligation to others if it's just a mechanical action resulting from another AA member telling us it is the thing to do.

We should *want* to make amends because we are sincerely convinced we were at fault and honestly desire to right a wrong. There is no substitute for this essential attitude or state of mind.

One of my difficulties in trying to put myself right with other people was how to know the difference between a real desire on my part to do the right thing and a phony attempt to ease my guilty conscience.

On the other hand, it is never advisable to try to make direct amends when to do so would injure those we've harmed, or others.

In my considered opinion, our home should be the first place to start. Our families bore the brunt of our alcoholism through the years and generally are the last to receive the benefits of our personal rehabilitation program.

Amends with the alcoholic, as well as charity, begin at home. If we put our own habitation in order first, we are better able, mentally and emotionally, to try to rectify conditions created in the outside world by our uncontrolled drinking.

This is also true when we want to make spiritual amends. There is a better chance of attaining that goal after we have straightened out our home life. Then the "decision to turn our will and our lives over to the care of God as we understood Him" will bear quicker fruit.

Making amends can, be a rich and rewarding experience in humility, tolerance and better understanding of the other fellow.

Ed. note: the author says--"This isn't an analysis of the Eighth and Ninth Steps on making amends. Rather, it suggests an attitude towards them that might help to make them work more easily."

AUGUST ANNIVERSARIES

Acceptance/Welcome

Paul P. 6m
Kimberly S. 1y
John C. 6y
Brian N. 10y
Barbara C. 28y
Lucky W. 49y
Patsy N. 55y

All Is Well

Renee 8y

Amherst Snyder

Alex P. 6y
Lynn L. 36y
Lisa N. 37y
Tom C. 43y

Any Lengths

Kelsey K. 9m
Aaron L. 3y

Buffalo Early Birds

Bernie C. 5y

Courage

Gary S. 10y
Mike B. 18y
Margie B. 36y

Eyeopener

Matthew S. 3m
Ken S. 6m
John S. 9m
Mike A. 9m
Pat L. 9m
Matthew K. 1y
Nancy E. 1y
Joanne B. 2y
John N. 6y
Tom L. 7y
Sandy L. 9y
Sean H. 15y
Rick 33y
Tom T. 36y
Bob A. 40y

Eyeopener South

Sally K. 2y
Matthew K. 3y
Tim S. 4y
Tom J. 6y

Fireside

Barb W. 3y
Rob S. 3y
Melissa S. 3y
Lori E. 4y
Nichole M. 5y
Ally M. 7y
Hima 9y
MaryBeth V. 12y
Todd P. 19y
Connie D. 27y
Maria F. 29y
Pete W. 36y

Fresh Start

Carol 15y
Roosevelt 19y

Give Me Shelter

Kevin W. 5y
Dave B. 5y
John C. 6y
Lucky 49y

Golden Slipper

Peter F. 7y
Matt M. 9y
Bob S. 38y

Holland

Tim S. 4y
Jessica L. 6y

How It Works

Pete P. 10y
Frank S. 11y
Guy H. 14y
Steve V. 15y
Chuck B. 36y
David N. 37y

Kensington

Eleanor M. 47y

Keys Of The Kingdom

Gretchen B. 23y

Lakeshore

Greg G. 3y
Tom T. 32y

Lawport

Mike M. 1y
Brian W. 2y
Rob M. 3y
Rob H. 4y
Cody G. 12y
Lenny B. 21y
Pat H. 28y

Life Ahead

John C. 6y
Joe G. 6y
Lucky 49y

Lockport Ladies

Nancy M. 2y
Jenelle M. 3y
Stacy K. 5y
Shayn D. 6y

N. Evans Men's

Rob A. 2y
Chris C. 7y
Rick C. 20y

Orchard Park Step

Joe O. 6y

Purpose

Julie B. 14y
Tim T. 26y
Sue G. 30y
Debbie M. 46y
Pat K. 46y
Lucky 49y

Questions & Answers

Pat G. 17y

Renaissance

Lauren D. 1y
Joe S. 3y

Rigorously Honest

Julie W. 14y
Danielle D. 17y

Searching For Serenity

John C. 6y
Kevin G. 19y
Tim T. 26y
Lucky 49y

Serenity

Edgar B. 10y
Lucky 49y

Sober Winners

Mike R. 3y
Janis B. 27y

Springville New Life

Suzy D. 14y

The Grove

Louann N. 3m
Ken D. 6m

Dane D. 9m
John L. 1y

Scott C. 1y
Peter K. 2y

Jonny M. 2y
Tanner B. 2y

Ron H. 3y
Dani H. 4y

Donna C. 4y
Nick G. 4y

Carlos 5y
Dave B. 13y

Larry L. 18y
John M. 20y

Thruway

Jimmy S. 7y
Evelyn S. 11y

Scott S. 33y
Don M. 45y

Lee R. 45y
Dave B. 47y

Tues. Men's

John M. 11y
Bob O'D 52y

Williamsville

Heidi 11y
Melanie 22y

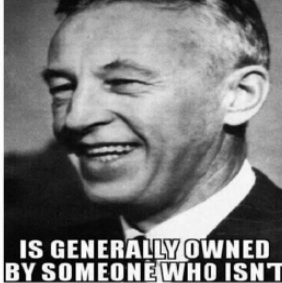
Dianne D. 43y
Alan D. 46y

**Group Anniversaries**

Abbott Corners: 15y
As Bill Sees It: 36y
Big Book-Lockport: 45y
Derby: 51y
Fresh Start: 42y
Grand: 55y
Ironhorse: 50y
Kitchen Table: 7y
Lost & Found: 5y
Marilla: 37y
Point of No Return: 19y
Sprouts II: 15y
St. Barnabas: 45y
Sunday's Best: 26y
The Un-Named: 1y
We Care
Youngstown: 41y

Please remember to have the anniversaries submitted by the 12th

END OF BUSINESS DAY; 4:00 PM
of the month

A BIG BOOK THAT IS FALLING APART

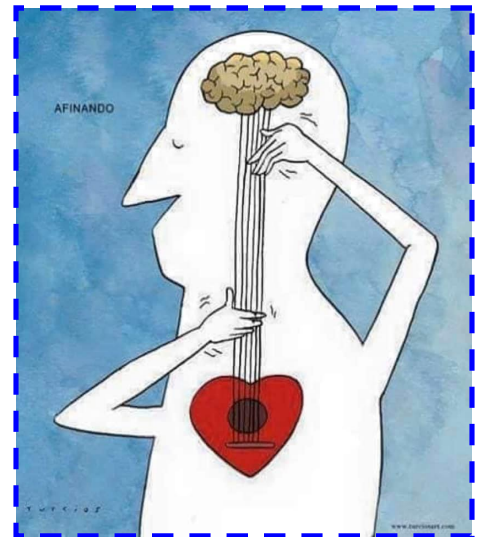
Moreover, much of our challenge is still ahead of us. The real victory may be in learning how to live after we've established our initial freedom. We learn that all human beings must face issues such as boredom and pain, which we tried to avoid with our drinking. We may get few pats on the back for our success in this everyday living, but our healthier lifestyle is reward enough.

What usually happens? The show doesn't come off very well. He begins to think life doesn't treat him right. He decides to exert himself more.

He becomes, on the next occasion, still more demanding or gracious, as the case may be. Still the play does not suit him.

Admitting he may be somewhat at fault, he is sure that other people are more to blame. He becomes angry, indignant, self-pitying.

- How It Works Pg-61



FEBRUARY 1993

Getting Out of Self

BY: RANDALL C. | GRESHAM, OREGON

My serenity level seems to be inextricably linked to how much importance I attach to self. The more I worry about me and my petty wants, the more uptight I am. That interrelationship is impervious to any changes or perversions of it I may attempt. Thus, it is obvious, and logical, that to live well I have to get out of self.

PLEASE READ AT YOUR MEETING...HELP KEEP EVERYONE INFORMED :-)

BUFFALO CENTRAL OFFICE
ALCOHOLICS ANONYMOUS
(716) 853-0388
9:00 AM- 12:30PM, 2:00 PM- 4:00 PM

111 Crocker (Franklin St. Entrance
SLOAN, NEW YORK 14212
Fax: 853-0389
buffalooaa@hotmail.com

Real-Time schedule? Check your website: www.buffaloaany.org

August 2025

IF YOUR GROUP IS NOT MEETING, PLEASE INFORM THE CENTRAL OFFICE. THIS INCLUDES THOSE MEETING DAYS WHEN YOUR SITE IS CLOSED FOR A HOLIDAY.

MEETING CHANGES: 2025 Schedules ARE Now In

- **New Group: Freedom To Live;** Friday, 5:30 pm, Orchard Park Presbyterian Church, 4369 S. Buffalo Str., OP, 14217 (back door near playground). Open
- **Heart to Heart Group** now meets on Monday; 6:30 PM
- **Rigorously Honest Group,** has added a big book study to our meeting format and we also have beginner/ general discussion. We are also an open meeting on the last Thurs. for anniversaries.
- **Surrender to Win Group** at the hope Center, Sat, will now **start @ 10:15 PM**
- New Group: **Freedom To Live,** Friday, 5:30 PM, Orchard Park Presbyterian Church, 4369 S. Buffalo St. 14217
- **Dunkirk Discussion,** now meets on Wednesdays 7 PM'
- **New Group: Pause & Get Calm,** Thursday's @ 7 PM, Amity Club. Candlelight Meeting reading from Big Book & !2 & 12.
- **We Share** Zoom Meeting will not meet for the Summer.
- **University Men's is changing its start time** to 7:30 PM Effective June 2nd.
- **New Group: A Better Way;** Sat. 7PM, St. Paul's United Church of Christ, 3921 Mapleton Rd, NT 14120.OD.Effective June 7th.
- **Courage Group has moved,** Resurrection Church Meeting Hall, 130 Como Park Blvd, Cheektowaga 14227, Saturday 10 AM.
- **Shelter from the storm has moved** back to Stiglmeier Park, 810 Losson Rd, Cheektowaga, 14227 , **Shelter 10**
- **Serenity On The Lake has moved** to Parish of the Lady Church, 10708 Brant Angola Rd., Brant 14027
- **4th Dimension's** NEW time will be Thursday's @ 6:30pm. 651 Washington St. ALSO: **changing it's name to: Misfits.**
- **Give me Shelter** now is meeting at Veterans park '
- **Serenity in the Park Group** @ the Delaware Park Rose Garden **will resume** on April 28, 2025
- **Two Pond** has new ID # for Zoom Meeting; Meeting ID: 87331725901 Password: 948547
- **Friendly Group** in Lockport, is changing its start time to 7PM.
- **Heart To Heart Women's;** Tues. 7 PM. St. John's UCC Church, 733 Central Ave., Dunkirk 14048. O, LGBTQ.
- **New Group: Path Of Action,** Wed. 7 PM. St. Leo's Church, 885 Sweet Homes Rd., Buffalo 14226. C- BB.
- **Saturday Night Alive has Changed to Monday Night Alive @ 7PM.**
- **The Noon Group will now start @ 12:06 PM**
- **It Group Has moved to** Holy Name of Mary Church, 8656 Church

"Calling All Bakers"

If Anyone is interested in sharing their favorite cookie or snack creation at the Buffalo Fall Convention;

Contact: Dan S. (716)672-9288
or dds67@live.com
Thank You, Daniel S.



LET'S TALK ABOUT

NIGHTWATCH

It's our after-hours
answering service through
Central Office!!

TO SET UP A
PRESENTATION FOR YOUR
GROUP, PLEASE CONTACT
STEPHANIE F. AT
716-880-7327



SERVICE OPPORTUNITIES: COMMITTEE MEETINGS

~ September 7th, Committee Meetings

that meet prior to Central Committee 5:30 PM

St. Andrew's Church Parish, (Corner of Crocker & Reiman) , Sloan, 14212,

Steering Committee (5:30 PM) in CO, Public Information Committee meeting,

Treatment Facilities Committee, Corrections Committee

Education & Participation, Nightwatch Committee

Followed By Central Committee 7:00 PM

Convention Committee

Wednesday; August 6th

7:15 PM

Room 105; 111 Crocker St.

Sloan ,NY 14212



The 84th Annual Buffalo Fall Convention

will be celebrated on October 24th, 25th & 26th

at the



**HOTEL
BUFFALO**

2040 Walden Ave. • Buffalo, NY 14225

Tickets include on-site parking, coffee, and snacks.

Official Name Badges must be worn inside at all times!

**Literature
Table**

**50/50
Raffles**

**All day
Topic &
Interest
Panels**

**Archives
Display &
Speakers**

Special Room Rates are offered: Deluxe \$159 • Deluxe Courtyard \$189

For Reservations, contact the M Hotel directly at (716) 681-2400

and use Group Code: 2510FRIEND. Group Code is required!

Rooms are available up until the day of the event.

**Souvenirs
Hoodies
T-Shirts
Mugs**

Friday Night: Speaker & Comedy

Saturday Night:

**Banquet, Sobriety Countdown,
Speaker, Music & Dancing**

**Al-Anon
Program
Basket
Raffle**

Banquet Registration Cut-off Date: October 12th

Online Registration: Visit: Buffaloaany.org/fall-convention/ or Scan the QR Code

OR: Mail back completed Registration Form printed on the back of this flyer.

For any questions, concerns, or special needs please contact:

Chair: Tony M. (716) 432-1557 or Registration: Dave G. (716) 510-6918

Mail Forms & Payment to: Buffalo Fall Convention, P.O. Box 186, Eden, NY 14057

***Alcoholics Anonymous
Page 133***

*Everybody knows
that those in bad
health, and those
who seldom play, do
not laugh much. So
let each family play
together or separately,
as much as their
circumstances
warrant. We are
sure God wants us
to be happy, joyous,
and free. We cannot
subscribe to the belief
that this life is a vale
of tears, though it
once was just that for
many of us. But it is
clear that we made
our own misery. God
didn't do it. Avoid
then, the deliberate
manufacture of
misery, but if trouble
comes, cheerfully
capitalize it as
an opportunity to
demonstrate His
omnipotence.*

**Online
Registration**



Bulletin Board

Flyers for upcoming events

From Surrender to Service

**Straight Pepper Diet Group's
Three Legacy Workshop**
Friday, August 1, 2025
5125 Main St. Williamsville 14221

Doors at 5pm
Potluck at 6
Speakers at 6:45

Grove Group SUMMER PICNIC

kids welcome
Canner food & fellowship

SUNDAY AUGUST 10TH
EASTERN PARK 280 FILMORE AVE
STARTS AT 11AM
SPEAKER AT 2PM

50/50
Side Dish
Cook Off
Contest

BEST DISH CONTEST
BRING A CHAIR IF YOU CAN

46th Annual New York State Informational Workshop

August 8-10, 2025
Mirror Lake Retreat, Milan NY

THE NEW YORK STATE INFORMATIONAL WORKSHOP IS AN EDUCATIONAL FORUM FOR THE PURPOSE OF CARRYING THE A.A. MESSAGE THROUGH OUR GENERAL SERVICE COMMITTEES.

THIS EVENT IS OPEN TO ALL WHO WISH TO LEARN ABOUT CARRYING THE A.A. MESSAGE, THROUGH THEIR HOME GROUPS, DISTRICTS, AND AREA GENERAL COMMITTEES.

We meet annually with the four General Service Areas of New York State, to share our experiences with the most effective ways to do our 12th step work.

If you serve on a committee, or would like to, this event will be of great interest to you.

Questions? Please email nyslwregistration@nynyaa.org

More information at nyslw.org

For online registration, please follow this QR link. For mail in registration, please fill out the form on the back of this flyer.



Day Of Sharing

Respect Mother Earth

FESTIVITIES:
Saturday August 16th, 2025
5th Annual JC Memorial Motorcycle Run - 10pm

Activities available:
Sunday August 17th, 2025
The Day of Sharing 8am-5pm
Sunrise service - 6am

AA Speakers: 7am, 10am, 1pm & 3pm
Al-Anon & Alateen Speakers: 10am, 50/50 Drawings after each speaker.
Don't miss our 50/50 Raffle
Comm. reg. 10pm ** bring a dish to pass **
Drinking & Sobriety Counseling

Camping

August 15th-17th, 2025
Campgrounds opens:
Thursday at 4pm Closes:
Sunday 6pm
** \$5 per tent (per night) + \$5
Non-Refundable maintenance fee**
(Clean campsite fee)

Where:
4859 Stone Lane, Sanborn NY 14132
(North on Susie Lane from Upper Mountain Rd - Tuscarora Nation)

RULES:
**Please bring your own food, water, grill & supplies
** No individual fires
** Campsites are to be kept clean
** Children Welcome; parents are responsible!
** ABSOLUTELY NO PETS ALLOWED**
(With exception of Service Animals)
Please help us go green by bringing your own cups, plates, and utensils.
Paper products will be available.

Sobriety Jam WNY

Raymond Klimak August 24th, 2025
Veteran's Park 12:00pm to 6:00pm
700 River Road N. AA Speaker @ 3:00pm
Tonawanda NY

Food and Beverages Tie Dye T-shirts
Bring a dish to pass Live Music
Giant 50/50 Fun and Fellowship
Basket Raffles Children Friendly

To sign up for a performance
or for more information, contact:
Matt Nolan on Facebook

25TH ANNUAL WOMAN IN AA SPIRITUAL RETREAT-JOURNEY TO A DAY AT A TIME.

SEPTEMBER 12TH - 14TH 2025
This retreat is given by AA Woman for Woman.
PIONEER ON THE LAKE 9324 LAKESHORE RD. ANGOLA NY 14005

Registration Cutoff Date: August 10th 2025
Check in: 3:30-5:00 pm
Meal registration: 6:30-8:30 pm
With Checks Payable to: Kathy Appenheimer
Total Cost: \$225 which includes meals and rooms. Mattresses, pillows and comforters are provided, but NCOT sheets or towels are required to reserve your space at time of registration. Non-refundable deposit of \$100 is required to reserve your space at time of registration. Remaining balance due @ check-in and @ check-out.

Name: _____ Sobriety Date: _____
Phone: _____ E-mail: _____
Address: _____
Emergency contact: _____

Willing to bring:
☐ Basket for Chinese Basket Auction
☐ Dessert
☐ Sealed

Willing to help:
☐ Set up and greeting Guests
☐ Coffee/Tea barista
☐ Chinese Basket Auction
☐ 50/50 sales
☐ Clean up
☐ Scholarship fund or donation for the event, if so please use a separate check.
☐ Spiritual Advisor (10 years suggested)

Please List special needs: _____

Questions call Marlene @ 716-238-0922



71st Annual Tri-State Assembly

AA Conference with Al-Anon participation
September 26-28, 2025
www.tristateassembly.org

Chautauque Suites Hotel & Expo Center
215 W. Lake Road, Mayville, NY 14757
<https://chautauquesuites.com>

Chautauque Suites Hotel & Expo Center is close to Chautauque Institution. Each suite features 1 and 1/2 baths, featuring a double-wide with its shower, separate living area with a second television & a sofa sleeper bed, and free high-speed internet access, including wireless in every room. Adjoining and connecting rooms are available.

Check-in time on Friday is 3:00 p.m. with dinner at 6:00 p.m. Check-out time on Sunday is 10:00 a.m.

Circle your choice

Registration and/or meals	Weekend Packages (registration, lodging and meals)
On-site registration - meals & lodging not included	\$25.00
Registration with 5 meals (no lodging)	\$155.00
Registration with Saturday lunch and banquet only (no lodging)	\$90.00
Handicapped Bathroom Required	
Double Occupancy Two people 2 nights and 5 meals/person	\$995.00 per room
Single Occupancy One person 2 nights and 5 meals	\$450.00 per room

Historical Bus Tour of the Institute - Friday at 4:15 p.m. -> \$12/person (pre-paid) _____ Number of participants _____
Souvenir cups are available for \$11/cup (pre-paid). How many? _____

TOTAL AMOUNT \$ _____ Registration will not be accepted without roommate's name

Name: _____ Roommate: _____
Address: _____
City, State, Zip: _____
Phone: _____ Email: _____

We will try to accommodate most dietary restrictions when properly notified.
If special foods are required, they can be brought in by the guest or will be charged extra accordingly.
Dietary restrictions: _____

Submit completed registration form with non-refundable payment by **September 5, 2025**, to:
Linda Livingston
3338 W. Oak Hill Rd
Jamestown, NY 14701
716-484-7079 or lvingsl@aol.com

Make checks payable to: Tri-State Assembly If you need confirmation, please include your email address.

For questions, contact:
Conference Chair Helen S. 716-531-9430
AA Chairpersons AA - Darlene A. 814-397-7560
Al-Anon - Robin W. 814-603-3570
Alateen - Colleen F. 440-955-6591
NY Chairpersons AA - Shannon G. 716-622-7225
Al-Anon - Mollie M. 814-730-0480

FALL INTO SERENITY!

A day of sharing

September 20, 2025
at 9:00 A.M.
1570 Niagara Falls Blvd
Tonawanda, New York

Save the date to enjoy a morning of support and sharing - free!
2 AA speaker Panels Basket Raffle 50/50
9:00-12:30 * Lunch provided
Sign up early—Limited tickets!

Click on QR code to be taken to on-line registration page

Note: Google account required for on-line registration. For e-mail registration, email your name and phone number to: mmmao@att.net. Please include the words "day of sharing" in the subject line.



Sponsored by:
Women Making The Effort
*Doors open at 8:30 am

EVANS MEN'S FALL RETREAT

FRI - SUN 9/26-9/28

Honesty . Openmindedness . Willingness
Pioneer On the The Lake 9324 Lake Shore Rd, Angola, NY 14006

Text photo of reg form to Chris 716-533-9667

REGISTRATION FORM

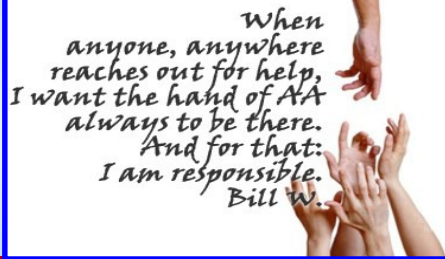
Name _____
Email _____
Ph# _____
\$100 Private Room _____ (limited)
\$75 Shared Cottage _____

Chris G. @evansmen



BYO Pillow/sheets/sleeping bag/towel
Check In 4:30p Fri & Out by 12p Sun

Includes: 2nights/3days, lodging, meals, coffee, speakers, fellowship, campfire, beach access and relaxation



Central Committee Minutes July 13th, 2025

The meeting opened at 7:00pm by Chairperson Dean C. with a moment of silence followed by the Responsibility Declaration and the Serenity Prayer. Volunteers read as follows: Preamble by Jesse, The Purpose of Central Committee by Karen, and the Twelve Traditions by Jasper. Mary Clare presented the Seventh Tradition. Tracy will present the Eighth Tradition at the next meeting.

A motion to accept the June 2025 meeting minutes was made and accepted.

The following 30 Groups were represented: Buffalo Group, Rise and Shine, The Gatehouse, Acceptance/Welcome Group, Chapter IX, North Buffalo, Abbott Men's Discussion, Any

Lengths Group, Valley, Action Group, Orchard Park Step, Tuesday Men's Discussion, Carry the Message, Changing Our Ways, Derby Group, Dunkirk Monday Nite, Lakeshore, North Evans Men's, Sobriety Men's Discussion, The Derby Lunch Group, Daily Maintenance, Lakeshore Guest, Big Book @ Brothers, Clarence Men's Discussion, Eyeopener, Renewal, TGIF, The CPR Group, Williamsville, and Straight Pepper Diet.

Seventh Tradition brought in \$50.00.

Thank you to the Orchard Park Step Group for the refreshments.

Reports

Envelope System: Terry reported. \$630 was brought in.

Steering Committee: reported on behalf of the Secretary. Steering Committee is recommending the cancellation of the August meeting which is supposed to be held in three weeks, which will make getting all the Steering Committee information in for the full month of July.

Financial Report: Nick presented. **This is the Reconciled report**

June 2025: our Starting Checkbook balance was \$49,366.13. We took in \$ 5,623.50 (which is **up**) in Contributions from Groups and individuals. The Envelope System took in: \$630.00. Literature, Tax & shipping came to \$1,907.35 (also **down**) New Frontiers Subscriptions was \$13.00. Joint meeting (Central Committee) was \$59.00. Our Total income of **\$8,232.85** (which is **about average**). Our expenses totaled **\$8,677.57** (which is way **down**). This means, we took in **\$444.72 less** than our expenses this month. **YTD we are up \$15.55 from our current expenses for 2025.** Final checkbook balance is \$48,921.41.

~~~ Note: Accountant is paid. Next month will be a large literature order.

**Corrections** beginning balance was \$724.60.. Income= \$35. Expenses; a \$3.00 Bank Fee, for a balance of **\$756.60.**

**Treatment** beginning balance was 1127.83. Contribution's totaled \$140.00. Expenses: \$200.00 plus a \$3.00 bank fee, for a final balance of **\$1,064.83.**

**Central Office:** Terry reported. 138 calls including after-hours, twelve 12<sup>th</sup> Step calls, and 1,420 emails. There are 453 active meetings at 185 locations in the district. On average, our website gets approx. 1,000 hits per month.

**NEXT MEETING:** **September 7th, 2025.** ( Due to Holiday Weekend) August is Cancelled

**Treatment Facilities:** Laurel reported. Fourteen members were in attendance at this month's meeting. Current goal is to get more existing home groups who do not currently have a commitment to carry an AA meeting into a facility, involved, and to have them make a commitment. A flyer was created (designed by Katie K.). Please take one to your group and we hope you will be interested in joining us in the essential and rewarding service work. Some of the open commitments seeking fulfillment include:

Buffalo Psych Center – Mondays weekly at 1pm, seeking women in particular

Stutzman – Fourth Wednesdays at 7pm and Third Sundays at 6pm.

There are other opportunities so please attend our next meeting is Sunday September 7<sup>th</sup> at 5:30 to find out more!

We discussed an area of concern – whenever we visit a facility and carry the AA message, we remember “Principles before Personalities”.

We do not ever give advice here but only convey our experience, strength and hope. Usual discussion and distribution of Newcomers packets and books that we purchase with our T&F budget to distribute during our visits.

The meeting concluded with the Lord's Prayer led by Father Barry.

**Corrections:** Alan reported on behalf of Diane. The Collins Correctional facility is still closed to AA members bringing in meetings. If you wish to be a Corrections volunteer, apply at [area50wny.org](http://area50wny.org). There is a pamphlet for correspondence with inmates. We continue to carry the message behind the walls.

**Night Watch:** Stephanie reported. Currently, Straight Pepper Diet has the July commitment. Stephanie had one presentation last month with University Men's. Our next opening is December 2025. If any group is interested in a Night Watch presentation, please call Stephanie on (716) 880-7327.

**Education & Participation:** No report.

**Internet Presence:** Seeking chairperson

**PIC/CPC:** Seeking chairperson

*Continued on next page*

**Convention 2025** : Tony reported. Met this past Wednesday. If you plan on attending, please register as soon as possible. There are expenses and financial responsibilities that need to be met prior to the Convention. For \$30, you can register for this weekend. Friday will include pizza, a speaker and a comedy show. Saturday will include lunch in the Hospitality Room. \$30 covers quite an extensive array of AA and hospitality. Sunday morning will include a spiritual meeting that will feature Texas John. Working on merchandising and logo. For banquet plus full convention access, \$80/person. Tables of ten are \$800.

**GSA Liaison**: Dean reported in Laurie's absence. ACM was held on June 14th at 10AM via Zoom where the Committee Chairs, DCM's and Liaisons gave their reports. The NYSIW is Aug. 8th-10th at Mirror Lake in Milan, NY. NYSIW is an educational forum for the purpose of carrying the AA message through our General Service Committees. This event is open to all who wish to learn about carrying the message through their Home Groups, District and Area General Committees. You can go to [area50wny.org](http://area50wny.org) to scan the QR Code to get registered. Just a reminder that the GSR Virtual coffee hour is the first Thursday of every month @ 7PM via Zoom ID#89305735161 Passcode: 356695 Next ACM is July 21st 7PM-9PM via Zoom ID#99342724284 Passcode: 026826 The next GSA is our Elections assembly to be held on Sept. 13th 9:30AM-2PM place TBD or via Zoom ID#99342724284 Passcode: 026826 If you want to know what is happening in Area 50 visit [area50wny.org](http://area50wny.org) and click on events.

**Archives**: Dean reported in Laurie's absence. ACM was held on June 14th at 10AM via Zoom where the Committee Chairs, DCM's and Liaisons gave their reports. The NYSIW is Aug. 8th-10th at Mirror Lake in Milan, NY. NYSIW is an educational forum for the purpose of carrying the AA message through our General Service Committees. This event is open to all who wish to learn about carrying the message through their Home Groups, District and Area General Committees. You can go to [area50wny.org](http://area50wny.org) to scan the QR Code to get registered. Just a reminder that the GSR Virtual coffee hour is the first Thursday of every month @ 7PM via Zoom ID#89305735161 Passcode: 356695 Next ACM is July 21st 7PM-9PM via Zoom ID#99342724284 Passcode: 026826 The next GSA is our Elections assembly to be held on Sept. 13th 9:30AM-2PM place TBD or via Zoom ID#99342724284 Passcode: 026826 If you want to know what is happening in Area 50 visit [area50wny.org](http://area50wny.org) and click on events.

### Old Business:

None

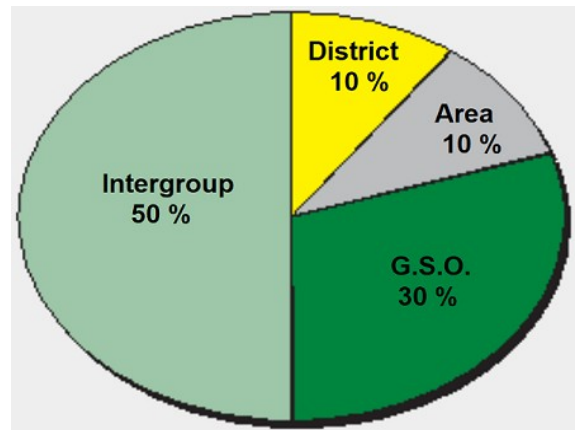
### New Business:

1. Open position for co-chair to be filled immediately to move into Chair position for 2026 year. Ryan is standing for the position. Ryan is voted in.
2. Cancel the August meeting (03Aug2025) due to the delay of the July meeting. Voted pass; next meeting will be September 7<sup>th</sup>.

**Next Meeting**: Sunday September 7th, 2025. ( Due to Holiday Weekend)

### Snacks for Central Committee for 2025:

September 7—Elizabeth from Depth and Weight  
October 5— Julie from Matt Talbot  
November 2— Colin from Lighten Up  
December 7—Nick from The Gatehouse



### Suggested Disbursement

*"Why don't you choose your own conception of God?"*



Bill W. and Ebby T.

*That statement hit me hard. It melted the icy intellectual mountain in whose shadow I had lived and shivered many years.*

*I stood in the sunlight at last. It was only a matter of being willing to believe in a power greater than myself.*

*Nothing more was required of me to make my beginning.*

*Big Book p12*

**...the Realm of Spirit is broad, roomy, all inclusive; never exclusive or forbidding to those who earnestly seek. It is open, we believe, to all men.** BB, p. 46

Every day I stand at turning points. Sometimes turning points are beginnings, as when I decide to start praising, instead of condemning someone. At other times turning points are endings, such as when I see clearly the need to stop festering resentments or crippling self-seeking.

*"Half measures availed us nothing. We stood at the turning point."*

In one form or another, many of my character defects appear daily: self-condemnation, anger, running away, being prideful, wanting to get even, or acting out of grandiosity. Attempting half measures to eliminate these defects merely paralyzes my efforts to change.

- Alcoholics Anonymous



| Cash Flow Statement                 | Mar-25            | Apr-25           | May-25           | Jun-25           |
|-------------------------------------|-------------------|------------------|------------------|------------------|
| Beg Bal Cash on hand                | 49,751.05         | 48,287.18        | 49,181.69        | 49,366.13        |
| Contributions                       |                   |                  |                  |                  |
| Groups                              | 6,747.00          | 6,576.43         | 4,244.56         | 5,623.50         |
| Central Committee 7th traditior     | 74.00             | 100.00           | 65.00            | 59.00            |
| Envelope System                     | 603.00            | 790.00           | 605.00           | 630.00           |
| New Frontiers Subs                  | 66.00             | 45.00            | 13.00            | 13.00            |
| Literature/Medallions/Pins          | 1,922.40          | 2,971.80         | 2,020.05         | 1,775.50         |
| Literature Sales Tax                | 128.71            | 185.97           | 146.68           | 130.88           |
| Literature Postage                  | 26.64             |                  | 0.97             | 0.97             |
| Income (+)                          |                   |                  |                  |                  |
| Archives Room Rent:                 |                   |                  | 340.00           |                  |
| Meetings @ CO                       |                   |                  |                  |                  |
| Misc                                |                   |                  |                  |                  |
| Transfer from PR                    |                   |                  |                  |                  |
| Conventions/Day of Sharing          |                   |                  |                  |                  |
| <b>Monthly Income</b>               | <b>9,567.75</b>   | <b>10,669.20</b> | <b>7,435.26</b>  | <b>8,232.85</b>  |
| Expenses                            |                   |                  |                  |                  |
| Building Rent/Utilities             | 1,000.00          | 1,000.00         | 1,000.00         | 1,000.00         |
| Central Com. Rent                   | 35.00             | 35.00            | 35.00            | 35.00            |
| Payroll Gross                       | 3,692.30          | 3,692.30         | 3,692.30         | 3,692.30         |
| Employment Taxes                    | 398.96            | 282.46           | 282.46           | 324.01           |
| Unemployment Surchar                | (18.83)           | (16.72)          | (16.72)          | 126.86           |
| NYS Sales Tax                       | 1,689.52          |                  |                  |                  |
| Insurance                           |                   |                  |                  |                  |
| State Ins Fund(Travelers            | 274.00            |                  |                  |                  |
| Health                              | 583.28            | 40.28            | 40.28            | 583.28           |
| D&O Insurance                       |                   |                  |                  |                  |
| Liability                           |                   |                  |                  |                  |
| Legal Fees                          |                   |                  |                  |                  |
| Postage                             | 255.08            |                  |                  | 418.97           |
| Phone/Internet                      | 195.00            | 195.00           | 195.00           | 195.00           |
| Accounting                          |                   |                  |                  | 1,325.00         |
| Payroll Service                     | 72.00             | 72.00            | 60.00            | 60.00            |
| Advt                                |                   |                  |                  |                  |
| Dex YP                              |                   |                  |                  |                  |
| Local Edge                          |                   |                  |                  |                  |
| Literature Expenses                 |                   |                  |                  |                  |
| Grapevine                           |                   |                  |                  |                  |
| World Services Inc                  | 1,968.00          | 1,902.40         |                  | 230.80           |
| Hazeldon                            |                   |                  |                  |                  |
| Printers                            |                   | 2,144.04         |                  |                  |
| Medallions                          |                   |                  | 873.75           | 51.00            |
| Office Supplies                     | 207.95            | 168.00           | 5.44             | 281.02           |
| Copies/ service contract            |                   |                  |                  |                  |
| Copier Lease                        | 198.77            | 198.77           | 198.77           | 198.77           |
| Bank Fee's including credit ca      | 116.13            | 123.48           | 894.55           | 135.81           |
| Expense /Balance (-)                | 364.46            | (62.32)          | (10.01)          | 19.75            |
| GSA Host                            |                   |                  |                  |                  |
| Workshop                            |                   |                  |                  |                  |
| Seminar                             |                   |                  |                  |                  |
| <b>Monthly Expenses</b>             | <b>11,031.62</b>  | <b>9,774.69</b>  | <b>7,250.82</b>  | <b>8,677.57</b>  |
| <b>Monthly Income (Loss)</b>        | <b>(1,463.87)</b> | <b>894.51</b>    | <b>184.44</b>    | <b>(444.72)</b>  |
| <b>End Balance</b>                  | <b>48,287.18</b>  | <b>49,181.69</b> | <b>49,366.13</b> | <b>48,921.41</b> |
| Petty Cash                          | 3,000.00          | 3,000.00         | 3,000.00         | 3,000.00         |
| <b>Total Balance</b>                | <b>51,287.18</b>  | <b>52,181.69</b> | <b>52,366.13</b> | <b>51,921.41</b> |
| PRUDENT RESERVE                     | 28,380.86         | 28,386.69        | 28,387.90        | 28,389.07        |
| Assets: Literature& Medallions      | 20,408.71         | 22,068.40        | 21,393.11        | 19,969.72        |
| Literature Receivable (outstanding) | 322.73            | 80.21            | -                | 1.85             |
| Removed from Stock                  |                   |                  |                  | 36.75            |
| <b>Corrections Facilities</b>       | <b>253.60</b>     | <b>630.60</b>    | <b>627.60</b>    | <b>724.60</b>    |
| Contributions                       | 50.00             | -                | 100.00           | 35.00            |
| Bank Fee's                          | 3.00              | 3.00             | 3.00             | 3.00             |
| Expenses                            | (330.00)          | -                |                  |                  |
| <b>Balance</b>                      | <b>630.60</b>     | <b>627.60</b>    | <b>724.60</b>    | <b>756.60</b>    |
| <b>Treatment Facilities</b>         | <b>815.66</b>     | <b>1,016.66</b>  | <b>950.83</b>    | <b>1,127.83</b>  |
| Contributions                       | 204.00            | 550.17           | 180.00           | 140.00           |
| Bank Fee's                          | 3.00              | 3.00             | 3.00             | 3.00             |
| Expenses                            |                   | 613.00           |                  | 200.00           |
| <b>Balance</b>                      | <b>1,016.66</b>   | <b>950.83</b>    | <b>1,127.83</b>  | <b>1,064.83</b>  |

YTD: 2024

32,175.64

473.94

4,626.00

226.00

14,943.35

884.28

40.56

-

680.00

-

-

3,097.93

57,147.70

6,000.00

210.00

23,999.95

2,187.89

32.87

1,689.52

-

274.00

1,327.68

1,080.00

1,187.03

-

1,344.00

1,149.94

1,325.00

516.50

-

-

-

-

-

7,420.20

2,144.04

1,247.13

997.23

158.03

1,068.85

1,550.76

221.53

-

-

-

-

-

-

57,132.15

15.55



#

(723.00)

##

1,805.78

(368.70)

**Tradition Eight:**

***Alcoholics Anonymous should remain forever nonprofessional, but our service centers may employ special workers.***

- Is my own behavior accurately described by the Traditions? If not, what needs changing?
- When I chafe about any particular Tradition, do I realize how it affects others?
- Do I sometimes try to get some reward – even if not money – for my personal AA efforts?
- Do I try to sound in AA like an expert on alcoholism? On recovery? On medicine? On sociology? On AA itself? On psychology? On spiritual matters? Or, heaven help me, even on humility?
- Do I make an effort to understand what AA employees do? What workers in other alcoholism agencies do? Can I distinguish clearly among them?
- In my own AA life, have I any experiences which illustrate the wisdom of this Tradition.
- Have I paid enough attention to the book Twelve Steps and Twelve Traditions? To the pamphlet AA Tradition – How It Developed?

***Intergroup wants to express our appreciation for those groups and individuals who have made generous financial contributions, and give a special thank you to all the members who have volunteered their time this year to help the***

**Concept VIII:** The trustees are the principal planners and administrators of overall policy and finance. They have custodial oversight of the separately incorporated and constantly active services, exercising this through their ability to elect all the directors of these entities.

- Do we understand the relationship between the two corporate service entities (A.A. World Services, Inc., the A.A. Grapevine) and the General Service Board?
- How can the business term “custodial oversight” apply to the trustees’ relationship to the two corporate service entities?
- Does my home group subscribe to G.S.O.’s bimonthly newsletter Box 4-5-9? The A.A. Grapevine? Do I?

# Group Contributions

| GROUP |                                    | CENTRAL |          | CORRECTIONS |       | TREATMENT |        |
|-------|------------------------------------|---------|----------|-------------|-------|-----------|--------|
| Zone  |                                    | JUNE    | YEAR     | JUNE        | YEAR  | JUNE      | YEAR   |
| 6     | 11:45 Noon                         |         | 0.00     |             | 0.00  |           | 0.00   |
| 1     | 11th Step                          |         | 172.75   |             | 0.00  |           | 0.00   |
| 1     | 4th Dimension(Misfits)             |         | 60.00    |             | 0.00  |           | 0.00   |
| 5     | 6th Step                           |         | 0.00     |             | 0.00  |           | 0.00   |
| 5     | 7 Clan                             |         | 0.00     |             | 0.00  |           | 0.00   |
| 4     | A Day At A Time                    |         | 100.00   |             | 0.00  |           | 0.00   |
| 3     | A Vision For You                   |         | 0.00     |             | 0.00  |           | 0.00   |
| 3     | Abbott Corners                     | 200.00  | 200.00   |             | 0.00  |           | 0.00   |
| 3     | Abbott Men's                       |         | 0.00     |             | 0.00  |           | 0.00   |
| 2     | Acceptance/Welcome                 | 300.00  | 1,700.00 |             | 0.00  |           | 0.00   |
| 8     | Achievement                        |         | 0.00     |             | 0.00  |           | 0.00   |
| 4     | Action                             | 300.00  | 300.00   | 35.00       | 35.00 | 60.00     | 60.00  |
| 5     | Albion Sunday                      |         | 25.00    |             | 0.00  |           | 0.00   |
| 3     | Alexander                          |         | 0.00     |             | 0.00  |           | 0.00   |
| 3     | All Is Well                        |         | 257.34   |             | 0.00  |           | 0.00   |
| 6     | Amsdell Step                       | 25.00   | 50.00    |             | 0.00  |           | 0.00   |
| 8     | Amherst Snyder                     |         | 300.00   |             | 0.00  |           | 0.00   |
| 1     | Another Chance                     |         | 30.00    |             | 0.00  |           | 0.00   |
| 2     | Any Age                            |         | 0.00     |             | 0.00  |           | 0.00   |
| 3     | Any Lengths                        | 30.00   | 180.00   |             | 0.00  |           | 0.00   |
| 4     | Arcade/ Yorkshire                  |         | 245.00   |             | 0.00  |           | 0.00   |
| 6     | As Bill Sees It                    |         | 0.00     |             | 0.00  |           | 0.00   |
| 8     | Attitude Adjustment(Williamsville) |         | 100.00   |             | 0.00  |           | 0.00   |
| 6     | Attraction                         |         | 200.00   |             | 0.00  |           | 0.00   |
| 8     | Beginning's Women                  |         | 200.00   |             | 0.00  |           | 0.00   |
| 8     | Big Book @ Brothers                | 212.00  | 212.00   |             | 0.00  |           | 0.00   |
| 3     | Blasdell                           |         | 0.00     |             | 0.00  |           | 0.00   |
| 3     | Blasdell Monday                    |         | 0.00     |             | 0.00  |           | 0.00   |
| 3     | Blasdell Saturday                  |         | 0.00     |             | 0.00  |           | 0.00   |
| 5     | Boulevard Helping Hand             |         | 0.00     |             | 0.00  |           | 0.00   |
| 2     | Boulevard Women                    |         | 100.00   |             | 0.00  |           | 0.00   |
| 7     | Buffalo Group                      |         | 0.00     |             | 0.00  |           | 0.00   |
|       | Buffalo Early Birds                |         | 1,000.00 |             | 0.00  |           | 200.00 |
| 3     | By the Wayside                     |         | 0.00     |             | 0.00  |           | 0.00   |
| 6     | Carry the Message                  | 100.00  | 100.00   |             | 0.00  |           | 0.00   |
| 7     | Central City Café                  |         | 75.00    |             | 0.00  |           | 0.00   |
| 2     | Central Park                       |         | 0.00     |             | 0.00  |           | 0.00   |
| 6     | Changing Our Way's                 |         | 0.00     |             | 0.00  |           | 0.00   |
| 2     | Chapter IX                         |         | 0.00     |             | 0.00  |           | 0.00   |
| 3     | Cheektowaga                        | 275.00  | 425.00   |             | 0.00  |           | 0.00   |
| 8     | Clarence Men's                     |         | 0.00     |             | 0.00  |           | 0.00   |
| 7     | Coldsprings                        |         | 0.00     |             | 0.00  |           | 0.00   |
| 3     | Courage                            |         | 100.00   |             | 0.00  |           | 0.00   |
| 2     | Daily Reflections                  |         | 0.00     |             | 0.00  |           | 0.00   |
| 2     | Daily Reprieve                     |         | 0.00     |             | 0.00  |           | 0.00   |
| 8     | Delaware Park Men's                |         | 0.00     |             | 0.00  |           | 0.00   |
| 2     | Depth & Weight                     |         | 0.00     |             | 0.00  |           | 0.00   |
| 6     | Derby                              |         | 0.00     |             | 0.00  |           | 0.00   |
| 1     | Downtown Men's                     |         | 0.00     |             | 0.00  |           | 0.00   |
| 6     | Dunkirk Monday Night               |         | 0.00     |             | 0.00  |           | 0.00   |
| 8     | East Amherst                       |         | 0.00     |             | 0.00  |           | 0.00   |
| 8     | East Amherst Into Action           | 100.00  | 275.00   |             | 0.00  |           | 0.00   |
| 4     | East Aurora                        |         | 100.00   |             | 0.00  |           | 0.00   |
| 2     | Easy Does It                       |         | 100.00   |             | 0.00  |           | 0.00   |
| 4     | Ellicottville                      |         | 100.00   |             | 0.00  |           | 0.00   |
| 6     | Eternal Vigilance                  |         | 95.00    |             | 0.00  |           | 0.00   |
| 6     | Everybody's                        |         | 175.60   |             | 0.00  |           | 0.00   |
| 2     | Excellent Adventure                |         | 300.00   |             | 0.00  |           | 0.00   |
| 8     | Eyeopener                          |         | 853.00   |             | 0.00  |           | 170.00 |
| 4     | Eyeopener South                    |         | 929.61   |             | 0.00  |           | 0.00   |
| 8     | Fireside                           |         | 451.82   |             | 0.00  |           | 0.00   |
| 5     | First Step (NF)                    |         | 0.00     |             | 0.00  |           | 0.00   |
| 6     | Forestville In The Solution        |         | 75.00    |             | 0.00  |           | 0.00   |
| 6     | Fredonia Discussion                |         | 0.00     |             | 0.00  |           | 0.00   |
| 7     | Fresh Start                        |         | 99.00    |             | 0.00  |           | 0.00   |

| GROUP |                              | CENTRAL |          | CORRECTIONS |      | TREATMENT |        |
|-------|------------------------------|---------|----------|-------------|------|-----------|--------|
| Zone  |                              | JUNE    | YEAR     | JUNE        | YEAR | JUNE      | YEAR   |
| 1     | Friday Night Lights          |         | 0.00     |             | 0.00 |           | 0.00   |
| 5     | Friendly                     |         | 0.00     |             | 0.00 |           | 0.00   |
| 3     | Gardenville                  |         | 300.00   |             | 0.00 |           | 0.00   |
| 6     | Gettin With It               |         | 0.00     |             | 0.00 |           | 0.00   |
| 5     | GIVE ME SHELTER              |         | 0.00     |             | 0.00 |           | 0.00   |
| 6     | Go to Any Length             |         | 410.00   |             | 0.00 |           | 0.00   |
| 5     | Golden Slipper               |         | 300.00   |             | 0.00 |           | 0.00   |
| 1     | Grace & Dignity              |         | 25.28    |             | 0.00 |           | 0.00   |
| 2     | Grand                        | 250.00  | 250.00   |             | 0.00 |           | 0.00   |
| 2     | Grand II Joy of Living       | 250.00  | 250.00   |             | 0.00 |           | 0.00   |
| 2     | Grateful                     |         | 0.00     |             | 0.00 |           | 0.00   |
| 6     | Hamburg                      |         | 0.00     |             | 0.00 |           | 0.00   |
| 7     | Harmony                      | 400.00  | 400.00   |             | 0.00 |           | 0.00   |
| 7     | Hertel Discussion            | 55.00   | 55.00    |             | 0.00 |           | 0.00   |
| 8     | High Noon                    |         | 0.00     |             | 0.00 |           | 0.00   |
| 8     | High View                    |         | 0.00     |             | 0.00 |           | 0.00   |
| 4     | Hillbilly                    |         | 0.00     |             | 0.00 |           | 0.00   |
| 6     | Holiday Village/Desire       |         | 1,200.00 |             | 0.00 |           | 100.00 |
| 4     | Holland                      |         | 200.00   |             | 0.00 |           | 0.00   |
| 2     | Honesty                      |         | 400.00   |             | 0.00 |           | 0.00   |
| 2     | How It Works/Men's           | 100.00  | 400.00   |             | 0.00 |           | 0.00   |
| 2     | I Am Responsible             | 25.50   | 128.50   |             | 0.00 |           | 0.00   |
| 3     | Ironhorse                    |         | 611.06   |             | 0.00 |           | 44.44  |
| 8     | IT                           |         | 0.00     |             | 0.00 |           | 0.00   |
| 5     | Just For Today/ Albion       |         | 0.00     |             | 0.00 |           | 0.00   |
| 3     | Just For Today/ Cheektowaga  |         | 0.00     |             | 0.00 |           | 0.00   |
| 2     | Keep IT Comin'               |         | 0.00     |             | 0.00 |           | 0.00   |
| 4     | Keep It Simple Sister        |         | 75.00    |             | 0.00 |           | 0.00   |
| 2     | Kenmore                      |         | 0.00     |             | 0.00 |           | 0.00   |
| 8     | Kensington                   |         | 0.00     |             | 0.00 |           | 0.00   |
| 5     | KITCHEN TABLE AA             |         | 0.00     |             | 0.00 |           | 0.00   |
| 6     | Lakeview                     |         | 0.00     |             | 0.00 |           | 0.00   |
| 6     | Lakeshore                    |         | 300.00   |             | 0.00 |           | 0.00   |
| 3     | Lancaster Dailey Reprieve    |         | 0.00     |             | 0.00 |           | 0.00   |
| 6     | Laguage Of The Heart         |         | 115.00   |             | 0.00 |           | 0.00   |
| 5     | Lasalle                      |         | 0.00     |             | 0.00 |           | 0.00   |
|       | Lawyer's                     |         | 0.00     |             | 0.00 |           | 0.00   |
| 5     | LewPort                      |         | 50.00    |             | 0.00 |           | 0.00   |
| 2     | Life Ahead                   | 25.00   | 50.00    |             | 0.00 |           | 0.00   |
| 4     | Life Today                   |         | 0.00     |             | 0.00 |           | 0.00   |
| 8     | Lights UP                    |         | 408.00   |             | 0.00 |           | 68.00  |
| 2     | Living in the Solution       |         | 0.00     |             | 0.00 |           | 0.00   |
| 2     | Living Sober                 |         | 0.00     |             | 0.00 |           | 0.00   |
| 5     | Lockport #1                  |         | 0.00     |             | 0.00 |           | 0.00   |
| 5     | Lockport Discussion          |         | 0.00     |             | 0.00 |           | 0.00   |
| 5     | Lockport Ladies              |         | 0.00     |             | 0.00 |           | 0.00   |
| 5     | Lockview                     |         | 150.66   |             | 0.00 |           | 0.00   |
| 7     | Love                         | 13.00   | 13.00    |             | 0.00 |           | 0.00   |
| 7     | Lovejoy                      |         | 0.00     |             | 0.00 |           | 0.00   |
| 3     | LOW BOTTOM                   |         | 50.00    |             | 0.00 |           | 5.00   |
| 5     | Lower River                  |         | 50.00    |             | 0.00 |           | 0.00   |
| 5     | LUNCH BUNCH ALBION           |         | 0.00     |             | 0.00 |           | 0.00   |
| 1     | Main and High                |         | 0.00     |             | 0.00 |           | 0.00   |
| 4     | Main Street                  |         | 150.00   |             | 0.00 |           | 0.00   |
| 3     | Marching Forth               |         | 100.00   |             | 0.00 |           | 0.00   |
| 4     | Marilla                      |         | 150.00   |             | 0.00 |           | 0.00   |
| 3     | Matt Talbot                  |         | 81.00    |             | 0.00 |           | 76.00  |
| 6     | McKinley Winners             | 400.00  | 400.00   |             | 0.00 |           | 0.00   |
| 5     | Medina New Life              |         | 0.00     |             | 0.00 |           | 0.00   |
| 5     | MEDINA STEP WORK/BIG BOOK    |         | 0.00     |             | 0.00 |           | 0.00   |
| 2     | MEN WHO TRUDGE               | 500.00  | 800.00   |             | 0.00 |           | 0.00   |
|       | Monday Morning Disc.         |         | 50.00    |             | 0.00 |           | 0.00   |
| 7     | MONDAY NIGHT SOLUTION        |         | 230.00   |             | 0.00 |           | 0.00   |
| 1     | Monday Women's               |         | 175.00   |             | 0.00 |           | 0.00   |
| 3     | New Destiny                  |         | 0.00     |             | 0.00 |           | 0.00   |
| 5     | Newfane Living Sober         |         | 0.00     |             | 0.00 |           | 0.00   |
| 3     | NEW LIFE (ALDEN)             | 100.00  | 100.00   |             | 0.00 |           | 0.00   |
| 3     | New Life                     |         | 0.00     |             | 0.00 |           | 0.00   |
| 5     | Niagara Frontier Men's Disc. |         | 119.00   |             | 0.00 |           | 0.00   |
| 2     | North Buffalo                |         | 300.00   |             | 0.00 |           | 0.00   |
| 6     | North Evans Men's            |         | 90.00    |             | 0.00 |           | 0.00   |
| 4     | North Java Monday            |         | 500.00   |             | 0.00 |           | 0.00   |
| 1     | ON AWAKENING/ Men            |         | 0.00     |             | 0.00 |           | 0.00   |
| 1     | ODAT                         |         | 0.00     |             | 0.00 |           | 0.00   |
| 4     | Orchard Park Step            |         | 397.50   |             | 0.00 |           | 50.00  |



*New Frontiers ~ August 2025*

| Zone                            | CENTRAL |        | CORRECTIONS |        | TREATMENT |      |
|---------------------------------|---------|--------|-------------|--------|-----------|------|
|                                 | JUNE    | YEAR   | JUNE        | YEAR   | JUNE      | YEAR |
| 2 Peaceful Tuesday              | 50.00   | 100.00 | 0.00        | 0.00   |           | 0.00 |
| 5 Point of No Return            |         | 0.00   | 0.00        | 0.00   |           | 0.00 |
| 5 Power 4 Living                |         | 0.00   | 0.00        | 0.00   |           | 0.00 |
| 1 Primary Purpose               |         | 0.00   | 0.00        | 0.00   |           | 0.00 |
| 4 Principles Bef. Personalities |         | 100.00 | 0.00        | 0.00   |           | 0.00 |
| 2 Purpose/Tonawanda             |         | 0.00   | 0.00        | 0.00   |           | 0.00 |
| 2 Questions & Answers           |         | 100.00 | 0.00        | 0.00   |           | 0.00 |
| 4 Ray Of Hope                   |         | 0.00   | 0.00        | 0.00   |           | 0.00 |
| 4 Recovered Men's               |         | 0.00   | 100.00      | 0.00   |           | 0.00 |
| 3 Recovery Near the Gardens     |         | 10.00  | 0.00        | 0.00   |           | 0.00 |
| 7 Remember When                 | 25.00   | 25.00  | 0.00        | 0.00   |           | 0.00 |
| 1 Renaissance                   |         | 100.00 | 0.00        | 0.00   |           | 0.00 |
| 8 Renewal                       | 300.00  | 300.00 | 0.00        | 0.00   |           | 0.00 |
| 3 Ridge                         |         | 0.00   | 0.00        | 0.00   |           | 0.00 |
| 4 ROCettes WOMEN'S              |         | 100.00 | 0.00        | 0.00   |           | 0.00 |
| 2 RIGOROUSLY HONEST             |         | 150.00 | 0.00        | 0.00   |           | 0.00 |
| 1 Rise and Shine                |         | 200.00 | 0.00        | 0.00   |           | 0.00 |
| 7 Rochester                     |         | 0.00   | 0.00        | 0.00   |           | 0.00 |
| 1 ROOM TO GROW                  |         | 0.00   | 0.00        | 0.00   |           | 0.00 |
| 4 Rural is Plural               |         | 0.00   | 0.00        | 0.00   |           | 0.00 |
| 2 Sally                         |         | 0.00   | 0.00        | 0.00   |           | 0.00 |
| 8 Saturday Night Alive          |         | 0.00   | 0.00        | 0.00   |           | 0.00 |
| 6 Sat. Nite Sober               |         | 0.00   | 0.00        | 0.00   |           | 0.00 |
| 2 Searching For Serenity        |         | 0.00   | 0.00        | 0.00   |           | 0.00 |
| 2 Serenity                      |         | 500.00 | 0.00        | 0.00   |           | 0.00 |
| 6 Serenity on the Lake          |         | 50.00  | 0.00        | 0.00   |           | 0.00 |
| 6 Serenity Trails               |         | 0.00   | 0.00        | 0.00   |           | 0.00 |
| 1 Setaside                      |         | 0.00   | 0.00        | 0.00   |           | 0.00 |
| 7 Shelter From The Storm        |         | 246.00 | 0.00        | 246.00 |           | 0.00 |
| 2 Sheridan                      | 200.00  | 350.00 | 0.00        | 0.00   |           | 0.00 |
| 6 Silvercreek Friendship        | 480.00  | 930.00 | 0.00        | 0.00   |           | 0.00 |
| 5 Simplicity                    |         | 0.00   | 0.00        | 0.00   |           | 0.00 |
| 3 SOBER ON SENECA               |         | 0.00   | 0.00        | 0.00   |           | 0.00 |
| 3 Sober Saturday                | 200.00  | 300.00 | 0.00        | 0.00   |           | 0.00 |
| 3 SOBER SUNDAY                  |         | 0.00   | 0.00        | 0.00   |           | 0.00 |
| 6 Sober Trails                  |         | 0.00   | 0.00        | 0.00   |           | 0.00 |
| 2 Sober Train                   |         | 0.00   | 0.00        | 0.00   |           | 0.00 |
| 5 Sober Winners                 |         | 150.00 | 50.00       | 0.00   |           | 0.00 |
| 4 SOBRIETY @ THE STABLES        |         | 360.00 | 0.00        | 0.00   |           | 0.00 |
| 6 Sobriety Men's Disc.          |         | 633.00 | 0.00        | 0.00   |           | 0.00 |
| 5 Sobriety On The Canal         |         | 0.00   | 0.00        | 0.00   |           | 0.00 |
| 5 SOLUTIONS                     |         | 0.00   | 0.00        | 0.00   |           | 0.00 |
| 2 Soul Purpose                  |         | 156.26 | 0.00        | 0.00   |           | 0.00 |
| 3 SOUTH BUFFALO                 |         | 100.00 | 0.00        | 0.00   |           | 0.00 |
| 3 Southgate                     | 50.00   | 50.00  | 0.00        | 0.00   |           | 0.00 |
| 4 Southwestern                  |         | 0.00   | 0.00        | 0.00   |           | 0.00 |
| 6 Sparks Of Hope                |         | 250.00 | 0.00        | 0.00   |           | 0.00 |
| 2 Spiritual Progress            |         | 0.00   | 0.00        | 0.00   |           | 0.00 |
| 4 Springville New Life          |         | 0.00   | 0.00        | 0.00   |           | 0.00 |
| 4 Springville Sat. Afternoon    |         | 307.00 | 0.00        | 0.00   |           | 0.00 |
| 4 Springville Tues. Night       |         | 0.00   | 0.00        | 0.00   |           | 0.00 |
| 4 Springville Wed. Noon         |         | 60.00  | 0.00        | 0.00   |           | 0.00 |
| 3 Sprout II                     |         | 100.00 | 0.00        | 0.00   |           | 0.00 |
| 8 St. Barnabas                  |         | 228.25 | 0.00        | 0.00   |           | 0.00 |
| 4 St. Mark's                    |         | 126.07 | 0.00        | 0.00   |           | 0.00 |
| 3 Staying Sober                 |         | 400.00 | 0.00        | 0.00   |           | 0.00 |
| Step By Step                    | 50.00   | 200.00 | 0.00        | 0.00   |           | 0.00 |
| 8 Step it Up (Wehrle)           |         | 0.00   | 0.00        | 0.00   |           | 0.00 |
| 3 Sunday Morning Breakfast      |         | 100.00 | 0.00        | 0.00   |           | 0.00 |
| 1 Sunday's Best                 |         | 0.00   | 0.00        | 0.00   |           | 0.00 |
| 6 Sunday in Cattaraugus         |         | 0.00   | 0.00        | 0.00   |           | 0.00 |
| 1 Sunrise Court                 | 25.00   | 135.00 | 0.00        | 0.00   |           | 0.00 |
| 8 SUNY Amherst Campus           |         | 73.90  | 0.00        | 0.00   |           | 0.00 |
| 2 Surrender and Hope            |         | 0.00   | 0.00        | 0.00   |           | 0.00 |
| 8 TGIF                          |         | 0.00   | 0.00        | 0.00   |           | 0.00 |
| 4 Thankful                      |         | 100.00 | 0.00        | 0.00   |           | 0.00 |
| Thankful Heart                  |         | 0.00   | 0.00        | 0.00   |           | 0.00 |
| 7 The Absolutes                 |         | 0.00   | 0.00        | 0.00   |           | 0.00 |
| 1 The Anonymous                 |         | 0.00   | 0.00        | 0.00   |           | 0.00 |
| 1 The Beginnings Of Recovery    |         | 0.00   | 0.00        | 0.00   |           | 0.00 |
| 8 The CPR                       |         | 323.17 | 0.00        | 0.00   |           | 0.00 |
| 6 The Derby Lunch               |         | 0.00   | 0.00        | 0.00   |           | 0.00 |
| 1 THE GATEHOUSE                 | 212.00  | 406.51 | 0.00        | 85.64  |           | 0.00 |
| 2 The Grove                     |         | 300.00 | 0.00        | 30.00  | 150.00    | 0.00 |
| 1 The Journey                   |         | 208.75 | 0.00        | 0.00   |           | 0.00 |
| 2 The KEYS OF THE KINGDOM       |         | 0.00   | 0.00        | 0.00   |           | 0.00 |
| 8 The Noon Meeting              |         | 0.00   | 0.00        | 0.00   |           | 0.00 |
| 6 THE NORTH COLLINS             |         | 120.00 | 0.00        | 0.00   |           | 0.00 |
| 3 Thruway                       |         | 0.00   | 0.00        | 0.00   |           | 0.00 |
| 2 Thursday Women's Literature   |         | 0.00   | 0.00        | 0.00   |           | 0.00 |
| 8 T'nT                          |         | 180.00 | 0.00        | 0.00   |           | 0.00 |
| 5 Today                         | 50.00   | 140.00 | 0.00        | 0.00   |           | 0.00 |
| 6 Tri County                    |         | 0.00   | 0.00        | 0.00   |           | 0.00 |

| Zone                       | CENTRAL |           | CORRECTIONS |        | TREATMENT |          |
|----------------------------|---------|-----------|-------------|--------|-----------|----------|
|                            | JUNE    | YEAR      | JUNE        | YEAR   | JUNE      | YEAR     |
| 3 Try Again                |         | 0.00      |             | 0.00   |           | 0.00     |
| 4 Tuesday Men's AM         |         | 0.00      |             | 0.00   |           | 0.00     |
| 3 Tuesday Women's          | 100.00  | 100.00    |             | 0.00   |           | 0.00     |
| 2 Turning Point            |         | 0.00      |             | 0.00   |           | 0.00     |
| 5 Twin Cities              |         | 200.00    |             | 0.00   |           | 0.00     |
| 6 TWO PONDS                |         | 0.00      |             | 0.00   |           | 0.00     |
| 8 Unity                    |         | 0.00      |             | 0.00   |           | 0.00     |
| 2 UV MEN'S                 |         | 100.00    | 100.00      |        | 100.00    |          |
| 3 Valley                   |         | 0.00      |             | 0.00   |           | 0.00     |
| 3 Victory                  |         | 0.00      |             | 0.00   |           | 0.00     |
| 3 Victory Women's          |         | 175.00    |             | 0.00   |           | 0.00     |
| 1 Wake Up Call             |         | 220.00    |             | 0.00   |           | 0.00     |
| 2 WE BELIEVE               |         | 0.00      |             | 0.00   |           | 0.00     |
| 8 We Care                  |         | 0.00      |             | 0.00   |           | 0.00     |
| 3 WE HAVE RECOVERED        |         | 300.00    |             | 0.00   |           | 0.00     |
| 1 Westminster              |         | 0.00      |             | 0.00   |           | 0.00     |
| 8 Williamsville            |         | 0.00      |             | 0.00   |           | 0.00     |
| 6 Willing To Grow          |         | 150.00    |             | 0.00   |           | 0.00     |
| 5 Wilson Group             |         | 80.00     |             | 0.00   |           | 0.00     |
| 1 Women In Recovery        |         | 0.00      |             | 0.00   |           | 0.00     |
| 5 Women In Sobriety        |         | 0.00      |             | 0.00   |           | 0.00     |
| 8 Women Making the Effort  | 125.00  | 250.00    |             | 0.00   | 50.00     | 100.00   |
| WOMAN OF AA RETREAT        |         | 500.00    |             | 0.00   |           | 0.00     |
| 1 Working                  |         | 0.00      |             | 0.00   |           | 0.00     |
| 6 YORKSHIRE SATURDAY NIGHT |         | 0.00      |             | 0.00   |           | 0.00     |
| Zone                       | JUNE    | YEAR      | JUNE        | YEAR   | JUNE      | YEAR     |
| Angel S.                   | 1.00    | 1.00      |             | 0.00   |           | 0.00     |
| Anonymous                  |         | 100.01    |             | 0.00   |           | 0.00     |
| Barbara C.                 | 10.00   | 30.00     |             | 0.00   |           | 0.00     |
| Brett R.                   | 8.00    | 16.00     |             | 0.00   |           | 0.00     |
| Christine CS               |         | 373.31    |             | 0.00   |           | 0.00     |
| Donna H.                   | 10.00   | 60.00     |             | 0.00   |           | 0.00     |
| Eileen L.                  |         | 125.00    |             | 0.00   |           | 0.00     |
| Ellen MB                   |         | 7.00      |             | 0.00   |           | 0.00     |
| Lee M.                     |         | 150.00    |             | 0.00   |           | 0.00     |
| Karen M.                   |         | 40.00     |             | 0.00   |           | 0.00     |
| Lila M.                    | 5.00    | 30.00     |             | 0.00   |           | 0.00     |
| Maureen M.                 |         | 441.00    |             | 0.00   |           | 0.00     |
| Monica M.                  |         | 30.00     |             | 0.00   |           | 0.00     |
| Susan V.                   | 62.00   | 372.00    |             | 0.00   |           | 0.00     |
| Terry B.                   |         | 10.00     |             | 0.00   |           | 0.00     |
| Wally E.                   |         | 25.00     |             | 0.00   |           | 0.00     |
| Walk In                    |         | 1.29      |             | 0.00   |           | 0.00     |
| TOTALS                     | 5623.50 | 32,175.64 | 35.00       | 285.00 | 140.00    | 1,455.08 |

7th tradition      self-support  
 **contribution** 

*Bill W. wrote of Intergroup Offices, "Though not costly, these agencies are absolutely essential to our continued expansion—to our survival as a Fellowship. Their costs are a collective obligation that rests squarely upon all of us. Our support of services actually amounts to a recognition on our part that AA. must everywhere function in full strength—and that, under our Tradition of self-support, we are all going to foot the bill"*

*"Self-Support: Where Money and Spirituality Mix" pamphlet*

**IN MEMORIAM  
Things We Can Not Change**

*To all of our members who have lost family and loved ones  
Hhali M.*

*Dawn R.; 47 years ~ Sparks of Hope & Language  
Ruth K.; 16years ~ Marching Forth Group  
Richard S.; 45 years ~7 Clan  
Our thoughts and prayers are with you*



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