FORTHERS AA. of the Niagara Frontier November 2025

THE CENTRAL COMMITTEE NEWSLETTER FOR ALL A.A. MEMBERS OF WESTERN NEW YORK AND THE NIAGARA FRONTIER







Gratitude Is An ACTION Word

Gratitude is the state of being grateful which means that it is a living entity or spirit that dwells inside of us. In AA I learned that gratitude is not something you feel; that is being grateful which is being appreciative of benefits received. GRATITUDE is something you do. The program has given me a life worth living and shown me how to be a friend, father, husband, and employee. In order to show gratitude for that I have to be those things. The program offers us all kinds of ways to show our gratitude through service. I must be a member of my home group and participate in all functions of that group. I must remember that Alcoholics are not always in my home group so I must participate in other levels of service to reach them including District committees. I must have a sponsor and sponsor others in order to carry the message. The AA responsibility statement says that I am responsible anytime the hand of AA is needed. I also have this life that is full of family and friends therefore I must be a husband that is willing to communicate and is loving and caring of my wife's feelings. I must be a father that participates and shows love and compassion to my children and grandchildren. I must be a friend to those I care about show them that I am someone they can count on. I must be an employee that shows up on time and performs the duties expected of me. I am grateful for the gifts that have been given to me by the program of Alcoholics Anonymous and a loving God. I show my gratitude everyday by carrying the 12 steps and principles I have experienced in my heart and head. Gratitude in action is living this program in your life in all aspects to the best of your ability.

Don't just be grateful show your GRATITUDE.

Robert C.



Tradition Eleven

No one told them who I was, just what I was

by John W.

Our relations with the general public should be characterized by personal anonymity. We think A.A. ought to avoid sensational advertising. Our names and pictures as A.A. members ought not be broadcast, filmed, or publicly printed. Our public relations should be guided by the principles of attraction rather than promotion. There is never a need to praise ourselves. We feel it better to let our friends recommend us.

~Tradition Eleven, long form

It seemed clear that to refrain from broadcasting, literally, my new participation in A.A, was a good idea. No use making it clear to all who might see how things did not work in A.A. if I "fell off the wagon." It was even easier to understand this concept when thinking of a celebrity, which of course I was not, except in my own fantasies. Who would want to give A.A. a "bad name" if it did not work for them? But this business of attraction, not promotion, was not so clear to me.

While I did not want to shout it from the rooftops that I had finally gotten sober, I did expect to get a reward for finally doing what I should have been doing anyway. I wanted to spread the news that this worked, even in the tough case I presented. However, as my wise Uncle John had taught me years before "The devil is in the details." So it was with me and the practice of this principle of attraction rather than promotion in my own affairs. That is, until I saw how the radiance of humility and anonymity shone through this most simple suggestion.

For who amongst your usual group of A.A.'s is a celebrity anyway? How many of us truly are worried about being caught on the nightly news, discussing candidly our sobriety, worrying whether we have mentioned the unmentionable? While I could focus on that aspect and conclude it did not apply to me until the camera was on me, I discovered this would be missing the spiritual aspect of the tradition.



As my appreciation of this concept of attraction, not promotion, evolved, I began to better understand how it nurtured humility. This was not just the stuff of Step 7, extolled to allow me to meet, sober, any emergency. Here it seemed to also mean I needed to forego that "pat on the back" for a job well done which had so often motivated my actions "before." I was to instead be happiest in my work when seeking no attribution for it.

As that handy card noted, I was to try each day to do a good deed for someone without letting anyone know about it. This it seemed was the stuff of real humility and anonymity — what an order, can I go through with it? I was compelled to ask if this was what they were talking about

with such earnestness when they asked if I could be fearless, if I was ready to go to any length? When I began to silently hear these questions as I thought about attraction, not promotion, this tradition started to have a meaning beyond the camera lights or reporter's questions.

It began to change the way I thought at my meetings and how I carried myself into the day after I walked out of them. I no longer cared that it was me who carried the message, only about whom my words might fall upon. I had begun to notice more actively that this trait seemed common amongst those men and women A.A's who had what I wanted.

A well-oiled sales pitch was not my job

For me the acid test came when I got involved with a service commitment for PI/CPC, Public Information / Cooperation with Professional Community. I began to attend meetings at DUI classes, recovery centers, and even high schools, all with the hope of carrying the message as our principles suggest. More than ever did I realize that a well-oiled sales pitch was not my job. Rather, as those who initiated me had stressed, these crowds would see right through the "blarney." Give them my experience, strength and hope, and let their Higher Power do the rest, was the message to carry. The insights gleaned from this tradition had paved the road of communication. In fact, my job seemed to work best because no one had told them who I was, only what I was. If my message was heard, it was then truly due to attraction not promotion and the spirit of Tradition 11.

NOVEMBER ANNIVERSARIES

		N	
Acceptance/V	Velcome	First St	ĺ
Kristen R.	3y	Barry L	
Melissa T.	6y	Golden	ı
Sue H.	32y	Wayne	
Any Lengths	,	Holland	
Kelsey K.	1y	Keith J.	
Jeff D.	20y	Susan	S
Boulavard Wo		Chris P	
Anne O.	38 _V	Mike S.	
Courage	,	Just Fo	
Deb M.	19y	Jim K.	
Eyeopener	•	Kensin	(
Dave W.	3m	Paula Z	-
Erin K.	6m	Terese	
Matthew S.	6m	Keys O	i
Ken S.	9m	Tujan F	₹
John S.	1y	Lakesh	
Mike A.	1y	Tara R.	_
Pat L.	1y	Mike M	
Dan M.	2y	Lewpo	r
Margarete P.	3y	Alice W	1
Bill S.	4y	Jessie	١
Jay W.	25y	Billy R.	
Katheen D.	34y	Mike C.	
Dunkirk Mond	day	<u>Marchi</u>	r
Duncan C.	3m	Bill H.	
Gwen C.	20y	Jim L.	
Eyeopener So	<u>outh</u>	<u>Marilla</u>	
MJB	6m	Brian C	
Erika R.	1y	New Li	f
Kelly J.	1y	Mark	
Brandon S.	1y	North E	
Darren M.	1y	Rich J.	
Marty N.	1y	Bob M.	
Alex B.	2y	OP Ste	ľ
Sarah B.	2y	Ben G.	
Charles D.	2у	Jason (
Chuck O.	3y	Renais	
Scott H.	5y	Luther	
Amy M.	7y	Rigoro	
John G.	7y	Julie G.	
Christie H.	10y	1000	
Nancy M.	12y	TO A ST	
Fireside	4	'We	١
Amanda D.	4y	God	
Anthony P.	4y	400	ı
Ellen V. Al F.	6y	cou	ſ
Chris R.	8y		ı
	8y 25y		
Iwona P.	25y		

35_V

Dick D.

NOY	EMDER	MININIYE	MC/IL
First Step		Sunday Mor	ning
Barry L.	41y	Breakfast	
Golden Slip	per	Jan C.	34y
Wayne H.	26y	Questions 8	Answ
<u>Holland</u>		Tujan R.	2y
Keith J.	12y	Meg G.	4y
Susan S.	36y	Kevin E.	6y
Chris P.	37y	Linda H.	42y
Mike S.	41y	<u>Serenity</u>	
Just For To	day	Linda H.	42y
Jim K.	36y	The Grove	
Kensington		Allan T.	3m
Paula Z.	12y	Lou O.	3m
Terese R.	19y	Robert B.	6m
Keys Of The	e Kingdom	Jimmy R.	2y
Tujan R.	2y	John W.	2y
<u>Lakeshore</u>		Paulino R.	2y
Tara R.	22y	Andrew G.	2y
Mike M.	27y	Eric B.	3у
Lewport		Jordon C.	3у
Alice W.	5Y	Sasha S.	8y
Jessie M.	9у	Michael M.	10y
Billy R.	7у	<u>Thruway</u>	
Mike C.	19y	Angela W.	3m
Marching F		Patty R.	6m
Bill H.	8y	Kevin L.	9m
Jim L.	11y	Norm W.	9m
<u>Marilla</u>		Dan D.	1y
Brian C.	34y	Peter H.	1y
New Life		Maggie T.	2y
Mark	35y	Michelle C.	2y
North Evan		Scott M.	10y
Rich J.	4y	Thursday M	
Bob M.	4y	Jack B.	7у
OP Step		Turning Poi	
Ben G.	7у	John G.	41y
Jason C.	10y	Williamsville	
Renaissand	_	Erin	1y
Luther W.	4y	David S.	18y
Rigorously	<u>Honest</u>		

'We will suddenly realize that God is doing for us what we could not do for ourselves'. Big Book, page 84.

Trust God Clean House Help Others

Group Anniversaries

11:45 Noon:13y Amherst Snyder; 65y Big Book @ Brothers; 4y Beginners; 22y Blasdell; 58y Blasdell Saturday; 17y Changing Our Ways; 14y Easy Does It; 35y Eternal Vigilance: 5y Eyeopener; 42y Excellent Adventure; 6y Hope In Recovery; 2y Keep it Simple Sister; 36y Lockport Ladies; 41y Lockveiw; 38y Lower River; 36y McKinley Winners; 46y Sunday AM Breakfast; 36y The Anonymous; 4y Turning Point; 41y Twin Cities; 82y Yorkshire Saturday; 8y WNY Freethinkers; 4y We Read; 4y Women's Westside; 36y

Please remember to have the anniversaries submitted by the 12th

end of Business DAY 4PM of the month



Quite as important was the discovery that spiritual principles would solve all my problems



More About Alcoholism Pq-42

With the alcoholic, whose hope is the maintenance and growth of a spiritual experience, this business of resentment is infinitely grave. We found that it is fatal. For when harboring such feelings we shut ourselves off from the sunlight of the Spirit. The insanity of alcohol returns and we drink again. And with us, to drink is to die.

So our troubles, we think, are basically of our own making.

Instead of saying
"I have to", try saying
"I Get to"
and see if it doesn't
make a difference
in your outlook on life.

As our co-founder Bill W. said, "We AAs were once a burden on everybody. We were 'takers.' Now that we are sober, and by the grace of God have become responsible citizens of the world, why shouldn't we now about-face and become 'thankful givers'!"

PLEASE READ AT YOUR MEETING...HELP KEEP EVERYONE INFORMED :-)

BUFFALO CENTRAL OFFICE ALCOHOLICS ANONYMOUS (716) 853-0388 9:00 AM- 12:30PM. 2:00 PM- 4:00 PM 111 Crocker (Franklin St. Entrance SLOAN, NEW YORK 14212 Fax: 853-0389 buffaloaa@hotmail.com

Real-Time schedule? Check your website: www.buffaloaany.org

November 2025

IF YOUR GROUP IS NOT MEETING, PLEASE INFORM THE CENTRAL OFFICE. THIS INCLUDES THOSE MEETING DAYS WHEN YOUR SITE IS CLOSED FOR A HOLIDAY.

MEETING CHANGES:

2025 Schedules ARE Now In

- As of Nov. 1st, <u>Just for</u>
 <u>Today group is moving</u> to
 the Central Office Outer Office . Sat.; 10 am
- <u>Eternal Vigilance</u> now meets Wed. 6:30pm.
- Shelter from the storm has <u>moved</u> back to St. Andrew's Church, 111 Crocker St., Sloan 14211
- Misfits Group will No longer Meet.
- Kenmore Group is changing its name to Thurs. Night Step Table.
- New Group: Welcome
 Home; Monday, 6:30 pm.

 Ebenezer Christian Ed. Building, Rm #1, 616 Main St.,
 West Seneca 14224. Closed Disc., OD last wk of the month.
- Depth & Weight Group is moving. Effective Aug. 29th, 7:00 PM. Resurrection Life Church, Family Life Center Youth Gr. Room, 2155 Old Union Rd., Cheektowaga 14227 (No meeting Aug 22)
- Soul Purpose Group is Moving. Aug. 21, 7pm @ the Hope Center.781 Maple @ N. Forest, Williamsville
- New Group: Freedom To Live: Friday, 5:30 pm, Orchard Park Presbyterian Church, 4369 S. Buffalo Str.,

- OP, 14217 (back door near playground). Open
- Heart to Heart Group now meets on Monday; 6:30 PM
- Rigorously Honest Group, has added a big book study to our meeting format and we also have beginner/ general discussion. We are also an open meeting on the last Thurs, for anniversaries.
- Surrender to Win Group at the hope Center, Sat, will now start @ 10:15 PM
- <u>Dunkirk Discussion</u>, now meets on Wednesdays 7 PM'
- New Group; Pause & Get <u>Calm</u>, Thursday's @ 7 PM, Amity Club. Candlelight Meeting reading from Big Book & !2 & 12.
- We Share Zoom Meeting will not meet for the Summer.
- University Men's is changing its start time to 7:30 PM.
- New Group: A Better Way; Sat. 7PM, St. Paul's United Church of Christ, 3921 Mapleton Rd, NT 14120.OD.Effective June 7th.
- Courage Group has moved, Resurrection Church Meeting Hall, 130 Como Park Blvd, Cheektowaga 14227, Saturday 10 AM.
- Serenity On The Lake has <u>moved</u> to Parish of the Lady Church, 10708 Brant Angola Rd., Brant 14027



SERVICE BEYOND THE GROUP

Understanding the Role of Central Committee IGR (Buffalo Intergroup Rep)

What does a Central Committee Intergroup Rep do?

 IGRs serve as the liaison between A.A. local groups and their local Intergroup.
 IGRs keep their group up-to-date with local information related to A.A. and let them know about available service opportunities.

 IGRs vote on matters that affect Intergroup and A.A. at the local level, such as money, literature, the website, Central Office and more

Buffalo Intergroup serves more than 400 A.A. meetings in our common purpose of carrying the A.A. message of recovery to alcoholics. Intergroup provides important services for local 12 Step work, such as running Central Office, selling A.A. literature, publishing a local meeting directory and website and operating a 24-hour telephone helpline.

For more info: Buffalo Central Committee Intergroup Meeting

111 Crocker Ave

CONSIDER THIS

If your group doesn't have a IGR, bring it up at your next business meeting or during group announcements.

DECLARATION OF UNITY
This we own to AA's future:
To place our common welface first,
To freep our Pelloveship united.
For on AA unity depends our lives,
and the lives of those to come.

Intergroup is called the 'front lines' of A.A. because involvement with us means getting the message out first-hand. If you want to help others, try to get involved.

SERVICE OPPORTUNITIES: COMMITTEE MEETINGS

November 2nd, Committee Meetings

that meet prior to Central Committee 5:30 PM

St. Andrew's Church Parish, (Corner of Crocker & Reiman), Sloan, 14212,

Steering Committee (5:30 PM) in CO, Public Information Committee meeting,

Treatment Facilities Committee, Corrections Committee Education & Participation. Nightwatch Committee

Followed By Central Committee 7:00 PM

Ready to get involved in

A.A. members work together to help the alcoholic who still suffers. Helping each other is a key to staying sober. There are many opportunities to participate in a variety of ways. The best place to start getting involved is through an A.A. group. Participating in a group helps ensure that when a person reaches out for help, A.A will be available.





November 2nd, 2025: Nominations For The Following Positions:

- Co-Chair Person for Central Committee
- Recording Secretary
- Steering Committee Representatives for Zones: 2, 5, 7 & 8.
- GSA Liaison
- Nightwatch
- Envelope System Chairperson

The Requirements for each position are as Follows:

numements for each posture at a second of Co-Chairperson shall be elected by a simple majority vote of Central Committee Representatives or Alternates present and voting at the meeting designated for the election of officers. Candidates for Co-Chairperson shall be Members of Alcoholics Anonymous having a minimum of five (5) years continuous sobriety immediately preceding the date of the election. The Co-Chairperson shall serve for one year (January through December) in that office. Upon conclusion of the

D.

- Recording Secretary

 1.
 The Recording Secretary shall be elected by a simple majority vote of the Central Committee Representatives pre
 voting at the meeting designated for the election of officers. Nominees for the office of Recording Secretary shall be Members of Alcoholics Anonymous having a minimum of two (2) years of continuous sobriety immediately preceding the date of the election. The Recording Secretary shall hold office for a one year term (January through December) and shall be eligible for re-nomination and re-election. Nominations for the office of Recording Secretary shall be made annually at the November meeting of the Central Committee. The election for this office shall be held annually at the December meeting and the elected officer shall take office in January.
 - The Recording Secretary shall have the following duties:

 - transcribe the minutes and have them available for review prior to the next Central Committee, transcribe the minutes and have them available for review prior to the next Central Committee meeting; and transmit to the Central Committee all resolutions or other communications pertaining to the business of the
 - Central Committee.

STEERING COMMITTEE

Purpose and Duties

The Steering Committee shall have the duty to advise the Central Committee on all aspects of the management of the property, affairs and business concerns of the Intergroup as well as compliance with all applicable statutes and regulations of the State of New York and in a manner consistent with these By-Laws. Such duties shall include, without limitation, ensuing the Intergroup's compliance with federal, state and local laws, protecting the Intergroup's assets and ensuing the financial viability of the Central Office, allocating the resources in the best interests of the Intergroup such that the Central Committee functions and the Central Office operates in accordance with the Twelve Traditions and Twelve Concepts of World Service of Alcoholics Anonymous.

Section 3.02 Additional Duties

- The Steering Committee shall provide analysis, advice and counsel on matters as requested by the Central Committee Chairperson and/or the Executive Secretary of the Central Office when, because of time and/or other considerations, such matters cannot be brought to the Central Committee.
- The Steering Committee is responsible and authorized to act in place of the Central Committee in emergency situations The Steering Committee shall oversee the whole of Alcoholics Anonymous in the Area and consider whether the actions, policies, the manner of conducting meetings by groups or actions of individual A.A. Members could have an effect on local groups or Alcoholics Anonymous as a whole, as guided by the Twelve Traditions of Alcoholics Anonymous as a whole, as guided by the Twelve Traditions of Alcoholics Anonymous. The Steering Committee shall follow through on various tasks, matters and/or issues as directed by the Central Committee.
- The Steering Committee shall provide summaries and reports and shall otherwise make suggestions and/or ecommendations to the Central Committee.
- The Steering Committee shall serve as the confidential contact and liaison with the Executive Secretary of the Central Office. Such personal and confidential communication will ensure that the Executive Secretary may air his or her complaints and concerns without fear of reprisal and that the performance of the Executive Secretary may be confidentially evaluated
- Qualifications
 - A Member of the Steering Committee must be a Member of Alcoholics Anonymous whose home group is within the District he or she is elected to represent. The individual must also have at least three (3) years of continuous sobriety before the effective date of his or her term as a Member.

Term and Election



- District Members The term of the Members elected from the 8 Districts shall be two (2) years commencing January 1st following his or her election and ending on December 31st of the second year of service. Members representing the following Districts shall be elected to terms beginning in years ending in an odd

District 2 North Erie County

District 7Buffalo East District 8Northeast Erie

Members representing the following Districts shall be elected to terms beginning in years ending that end in an

District 1 Buffalo West District 4Southeast

District 5Niagara County District 6Southwest District 7Buffalo East

- In the spirit of service rotation, Members may not be re-elected to two (2) consecutive terms on the Steering Committee. However, a Member once having completed and served his or term may again be nominated and re-elected as a Member after an absence of at least one year from the Steering Committee.
 - Members of the Steering Committee (from Districts) shall be selected or elected by the Central Committee Members of the groups within the particular Districts in such manner as they shall determine

GSA Liaison A. Purpos

The purpose of the GSA Liaison is to attend meetings between Central Committee and the General Service Area and convey information between the two bodies.

B. Term/Election

Liaison shall be elected to a1 year term requirement of 3 years sobriety. May be reelected for 1 more term than rotate.

<u>Nightwatch – Twelfth (12th) Step Committee (</u> Amended 8/8/11) The purpose of this committee is to recruit, train and oversee those A.A. groups or Section 4.08

of A.A individuals who have volunteered to man the phone after normal business hours of the Central Office of Buffalo.

The Phone Committee shall consist of no less than three members of A.A.

The officers shall be elected internally and shall meet such sobriety requirements
as the Phone Committee may specify as necessary. The Chairperson shall be elected for a term of 2 years and shall
be required to have at least 2 years of continuous sobriety.

D. The duties of and responsibilities of the Phone Committee are:

- $\label{lem:continually update training/information manuals with the assistance of the Office Administrator.$
- Recruit A.A. groups and or individuals to man the phone after normal office business hours.
- Train these individuals as to their responsibilities, procedures, and requirements.

 Promote and oversee the 'Night Watch' so as to make certain that the hand of A.A that is extended through our phones are always that of an A.A. member. (Amended &'8/11)

- Envelope System Chairperson

 A. The Envelope System was established to allow A.A. members to directly contribute monies to help defray the costs of operating the Buffalo Central Office, which in turn helps carry the message. Anonymity is kept.
- The Chairperson is responsible each month to record and keep records of contributions and to send
- out receipts and year end statements.

 The Committee is responsible to get information out to the membership on what the Envelope System is and how they may join.

Elections 0n December 7, 2025

Flyers for upcoming events



...a fellowship which is indescribably wonderful." BB p.17

Questions and Answers Group Holiday Get-Together

Thursday December 11th 2025

5:30 Doors Open 6:00 Dinner 7:00 Anniversary/Open/Speaker Meeting

> Please bring a dish to share if you wish. We will provide the Entree and Beverages

St. Martin-in-the-Fields Church 2587 Baseline Road, Grand Island 14072

(use entrance in back)

DEPTH AND WEIGHT SPEAKER GROUP

NEW LOCATION AND TIME

FAMILY LIFE CENTER 2155 OLD UNION ROAD **CHEEKTOWAGA, NEW YORK 14227** (RESURRECTION LIFE CHURCH)

> FRIDAYS AT 7:00 PM **BEGINNING AUGUST 29, 2025**

NOVEMBER 7 - JERRY G. - STEP BY STEP GROUP ROCHESTER, NY

NOVEMBER 14 - LUD P. - RISE AND SHINE GROUP

BUFFALO, NY NOVEMBER 21 - THANKSGIVING EATING MEETING DOORS @ 5:30 PM FOOD @ 6:00 PM SPEAKER @ 8:00 PM

DEVIN C. - NO SERENITY TIL BROOKLYN BROOKLYN NY

NOVEMBER 28 - MATT S. - STRAIGHT PEPPER DIET GROUP AMHERST, NY



www.depthandweightspeakergroup.org

Boulevard Helping Hands

December 13° Saturday Wheatfield Community Center: 2790 Church Rd -next to Town Hall (near Niagara Falls Blvd and Ward Rd)

Cost: \$10 -includes: Ticket to win 1 of 3 -\$50 Gift Cards Baked Chicken, Italian Sausage, Scalloped Potatoes, & Pepperoni Alfredo Mac & Cheese!! Coffee, Tea, Pop...

DJ & Dancing after Speaker Giant 50/50 BASKET AUCTION!!

Adults Only Please!

lix The season.

Doors Open 6 PM - Speaker 7 PM - Food, Fun & Frolic 8 PM Bring Christmas Cookies or dessert to share if you can -it will keep the elves merry!

Wear your Christmas gear -to bring us Christmas cheer!

NERAASA 2026

NorthEast Regional A.A. Service Assembly All A.A. members are welcome! #ComeMeetMaine! Area 28

PURPOSE: The purpose of NERAASA is for CSRs, DCMs, Area Committee members and Intergroup/Central Office Representatives from the Northeast Region to discus Centeral Service Conference- related uses and those affecting A.A. or whole, or well or partinent capects of recovery, unity, and service common to the Area of the Northead Region.

February 19-22, 2026

Holiday Inn By the Bay 88 Spring St Portland, ME 04101

Visit Our Website To Register Online

ROUNDTABLES: Intergroups (Saturday Only) – DCM/Alternate DCM/DCMC – GSRA/Alternate GSRs – PIUPC/Literature – Corrections/ Bridging the Gay Grape Treatment – Delegates/Alternate Delegates – Secretary/Registrars – Accessibilities Communities/ Website and Technology – Arec Chairs/ Alternate Area Chairs – Trea Alternate Treasurers – Young People (lafer hours) – Spanis/ (laffer hours)

BOOK YOUR ROOM at the Holiday Inn By the Bay:
All room reservations must be booked directly with Holiday Inn By the Bay
before 11-92/025 Sandard rooms are at a reduced rate of \$189 per night.
Does not include 1.5 % City Tax or 9% State Lodging Tax. Fees are subject
to change. Hold Reservations for NERA/SA at the Holding Inn By The Bay
may be made online by visiting https://book.passiesy.com/es/1032/50/.
Conference room naise are available 5 ways per and post conference dates

PARKING: Overnight guests park under the hotel for \$15 per veh unlimited in and out privileges. Day guests park in the rate of \$5 per vehicle, per day with one in and out.

For additional information visit our website www.NERAASA.com

Questions? Contact us: NERAASA2026Info@gmail.com

AREA 50 GSR VIRTUAL COFEE HOUR

IOIN US FOR OUR **SPECIAL GUEST**

Panel 75 Area 10 Delegate Martha M



THURSDAY, OCTOBER 2 ZOOM MEETING ID: 893 0573 5161 PASSCODE: 356695



Central Committee Minutes October 5th, 2025

The meeting opened at 7:00pm by Chairperson Dean C. with a moment of silence followed by the Responsibility Declaration and the Serenity Prayer. Volunteers read as follows: Preamble by Mary Clare, The Purpose of Central Committee by Karen, and the Twelve Traditions by Weston. Jesse presented the Tenth Tradition. Cheryl will present Eleventh Tradition at the next meeting.

The following 27 Groups were represented: Buffalo Group, The Gatehouse, Chapter IX, North Buffalo, Abbott Men's Discussion, Any Lengths Group, Action Group, Southwestern, Tuesday Men's Discussion, Changing Our Way's, Derby Group, Dunkirk Monday Nite, Lakeshore, Silver Creek Friendship, Sobriety Men's Discussion, The Derby Lunch Group, Fresh Start, Big Book @ Brothers, Clarence Men's Discussion, Eyeopener, Lighten Up, Renewal, TGIF, The CPR Group, Williamsville Group, and Straight Pepper Diet. Motion to accept the September 2025 Central Committee Meeting.

Seventh Tradition brought in \$69.00.

Thank you to the Matt Talbott Group for the refreshments.

Reports

Envelope System: Terry reported. \$507 was brought in for September 2025.

Steering Committee: Dan reported. Nothing to report.

Financial Report: Nick presented; this is the Reconciled report

Sept 2025; our Starting Checkbook balance was \$48,102.48. We took in \$3,944.19 (which is **way down**) in Contributions from Groups and individuals. The Envelope System took in: \$507.00. Literature, Tax & shipping came to \$1,919.66 (also **way down**). New Frontiers Subscriptions was \$0.00. Joint meeting (Central Committee) was \$65.00. Our Total income of \$6,775.85 (which is **way down**).

Our expenses totaled \$\frac{11,161.17}{\text{(average)}}\$. This means, we took in \$\frac{\$4,385.32 \text{ less}}{\text{than our expenses this month.}}\$ than our expenses this month. **YTD we are down \$5,188.70** (moved 1,608.51 into Prudent Reserve to bring it up to our average 3 month reserve, bringing the year to date #, we are down \$3,508.19) from our current expenses for 2025. Final checkbook balance is \$43,717.16.

<u>Corrections</u> beginning balance was \$900.60.. Income= \$none. Expenses; a \$3.00 Bank Fee, for a balance of \$897.60. <u>Treatment</u> beginning balance was 1,775.47. Contribution's totaled \$130.00 Expenses: \$445.00 plus a \$3.00 bank fee, for a final balance of \$1,457.47.

<u>Central Office:</u> Terry reported. <u>Aug: Central office:</u> <u>TOTAL CALL's INCLUDING AFTER-HOUR'S</u>; 115, Total 12-STEP: 7, Also had 1,361 emails.

Executive Secretary Report: <u>CONTACT PERSON NEEDED: Name, Address, Phone and Email SPRINGVILLE GROUP-3</u>, NEW LFE ALDEN-3, TRY AGAIN-3, LOVEJOY-7

??? REMINDER: We DO NOT mail to your meeting facilities or PO Boxes, that's one way we lose contact with groups

We have a Limited Supply of the Souvenir Book from the International Convention, "A book of Fellowship-90 years of Sharing Love and Service".

We have from our web page; 452 meetings @ 186 locations

NEXT MEETING: Nov. 2, 2025.

<u>Treatment Facilities</u>: Laurel reported. Thirteen members attended this month's meeting. Reviewed all facility calendars for the month and confirmed meeting coverage. Discussed current openings for commitments including Salvation Army on the fourth Tuesday of the month beginning in November. Reviewed meeting times for the weekly Stutzman meetings, Sunday 6pm, Tues and Wed 7pm and Friday at 7:15pm. Need to replace our "group me" ap gatekeeper for 291 Elm Street. Will have an information table at the convention on Sat 1-4. Need to replace the literature binder at 291 Elm Street. Bill is taking it tomorrow and will ask where it will be kept so it can be accessed. Next meeting is Sunday November 2nd at 5:30pm. Committee is seeking a co-chair!

<u>Corrections</u>: Dianne reported. Our devoted volunteers continue to wait for several correctional facilities to allow AA meetings to resume. We still need men to take a 7pm meeting (arrive at 6:30pm) Monday meeting into the Erie County Holding Center. Apply at: area50wny.org. There is a pamphlet available to correspond with inmates. We continue to carry the message of hope and recovery behind the walls.

PIC/CPC: Seeking chairperson

<u>Night Watch</u>: Stephanie reported. Ironhorse has the October commitment. Stephanie has a Night Watch presentation in November at Abbott Men's; they recently took the commitment for January. If any group is interested in a Night Watch presentation, please call Stephanie on (716) 880-7327. Stephanie is rotating out of this position as of January 2026. Please consider standing for this position. <u>Education & Participation</u>: No one to report.

Internet Presence: No one to report.

<u>Convention 2025</u>: Tony reported. Ready to rock and roll! GSR's and Zone Rep's – remind meeting attendees they only have until October 11th to register for the convention. Also, consider providing scholarships as they only have about six scholarships available at this time.

GSA Liaison: Laurie reported. GSA was held on Sept. 13th in Olean, NY and via Zoom where we had our elections for Panel 76 and all positions have been filled. No verbal reports were given at the Assembly, but written reports were submitted and were handed out in our Assembly Agenda packet. ACM was held via Zoom on October 4th where the Officers, Committee Chairs, DCM's and Liaisons gave their reports. Ad hoc Communications Committee discussed new business where they'll be enhancing communications in Area 50 and anyone who is interested in being on this committee will meet bi-weekly or monthly via Zoom. This will be presented at our next GSA in November. Our next GSA will be held Nov. 8th 10am-2pm, place TBD or via Zoom ID#99342724284 Passcode is 026826 and next ACM will be held via zoom on Monday Nov. 17th @ 7pm ID#99342724284 Passcode 026826. Just a reminder that the GSR virtual coffee hour is the first Thursday of the month via zoom @ 7pm

ID#89305735161 pass-code is 356695. Lots of Days of Sharing and things going on in area 50 so visit Area50wny.org and click on events to see what's happening..

Archives: Bob reported. All positions have been filled. October is a big month with displays. District 4&5 are having a chili cook-off on Oct. 11th. Journey to Western New York in November. Please consider attending.

Old Business:

Upcoming election for co-chair, secretary, steering committee representatives for Zones 1,2,5, 7, and 8, GSA Liaison, Nightwatch, Envelope System Chairperson, PIC/CPC Chairperson. You must attend the Central Committee Meeting on 02Nov2025 to be able to stand for the positions(s).

New Business:

None.

Next Meeting: Sunday November 2nd, 2025 Snacks for Central Committee for 2025: November 2– Colin from Lighten Up December 7–Nick from The Gatehouse

Emotional Sobriety

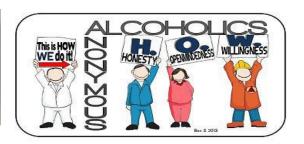
Those adolescent urges that so many of us have for top approval, perfect security, and perfect romance -- urges quite appropriate to age seventeen -- prove to be an impossible way of life when we are at age forty-seven or fifty-seven.

Since AA began, I've taken immense wallops in all these areas because of my failure to grow up, emotionally and spiritually.

My God, how painful it is to keep demanding the impossible, and how very painful to discover, finally, that all along we have had the cart before the horse!

- The Language of the Heart, p. 236

You may be the only copy of the Big Book some people ever see.



				New Frontiers
Cash Flow Stateme		Aug-25	Sep-25	<u>YTD: 2024</u>
Beg Bal Cash on hand	48,921.41	49,057.29	48,102.48	
Contributions Groups	5,886.33	7,500.22	3,944.19	49,506.38
Central Committee 7th tra	50.00	1,000.22	65.00	588.94
Envelope System	580.00	1,520.00	507.00	7,233.00
New Frontiers Subs	13.00	125.00		364.00
Literature/Medallions/Pi	1,641.25	2,541.35	1,810.70	20,936.65
Literature Sales Tax	96.85	193.62	101.06	1,275.81
Literature Postage Income (+)		1.25	7.90	49.71
Archives Room Rent:			340.00	1,020.00
Meetings @ CO			510.00	- 1,020.00
Misc				-
Transfer from PR				-
Conventions/Day of Sha	_			3,097.93
Monthly Income	8,267.43	11,881.44	6,775.85	84,072.42
Fynancas				
Expenses Building Rent/Utilities	1,000.00	1,000.00	1,000.00	9,000.00
Central Com. Rent	35.00	35.00	35.00	315.00
Payroll Gross	3,784.61	5,815.38	3,876.92	37,476.86
Employment Taxes	289.51	444.89	338.11	3,260.40
Unemployment Su	(17.08)	6.40	(19.55)	2.64
NYS Sales Tax				1,689.52
Insurance	L			-
State Ins Fund(Trav		40.20	502.20	274.00
Health	40.28	40.28	583.28	1,991.52
D&O Insurance Liability				1,080.00 1,187.03
Legal Fees				1,107.03
Postage			433.94	1,777.94
Phone/internet	200.00	195.00	195.00	1,739.94
Accounting				1,325.00
Payroll Service	60.00	91.10	62.20	729.80
Advt				
Dex YP				
Local Edge				Thank You!
Literature Expenses Grapevine				W -
World Services Inc	2,050.30	4,887.20	2,492.80	16,850.50
Hazeldon	2,030.30	4,007.20	2,432.00	10,030.30
Printers				2,144.04
Medallions				1,247.13
Office Supplies	98.65	64.90	276.62	1,437.40
				-
Copies/ service contract		400.77	400 77	158.03
Copier Lease Bank Fee's including cre	198.77 98.89	198.77 104.15	198.77 107.67	1,665.16
Transfer to PR	30.03	104.13	1,608.51	1,861.47 1,608.51
Expense /Balance (-)	292.62	(46.82)	(28.10)	439.23
GSA Host		(11112)	(20110)	-
Workshop				-
Transfer to Corrections/Treatme	nt			<u> </u>
Monthly Income (Loss	8,131.55	12,836.25	11,161.17	89,261.12
Montany moonie (2038			-	
	135.88	(954.81)	(4,385.32)	(5,188.70)
End Balance				Moved 1,608.51 into PR
Petty Cash	49,057.29	48,102.48	43,717.16	(2,500.40)
Total Balance	3,000.00	3,000.00	3,000.00	- (3)
	52,057.29	51,102.48	46,717.16	- 7. 1
PRUDENT RESERVE	,	·	,	+ ~ 10)
		28,391.49	30,001.22	200
Assets: Literature& Medallions				
Literature Receivable:(outstanding)	20,408.53	23,584.15	24,073.82)
Removed from Stock	350.90	63.04		
Corrections Faciliti	P8			
Contributions	756.60	753.60	900.60	.]/ 🛵
Bank Fee's	-	150.00		7,703.40
Expenses	3.00	3.00	3.00	435.00
Balance				## 27.00
	753.60	900.60	897.60	7,241.40
Treatment Facilitie	s			
Contributions	1,064.83	1,081.83	1,775.47	
	455.00	696.64	130.00	10,544.31
Bank Fee's	2.00	2.00	3.42	
Expenses	3.00	3.00	3.00	- 27.00
Balance	435.00	4 77F 47	445.00	27.00
	1,081.83	1,775.47	1,457.47	10,517.31

Tradition Eleven: Our public relations policy is based on attraction rather than promotion; we need always maintain personal anonymity at the level of press, radio, and films.

- Do I sometimes promote AA so fanatically that I make it seem unattractive?
- Am I always careful to keep the confidences reposed in me as an AA member?
- Am I careful about throwing AA names around – even within the Fellowship?
- Am I ashamed of being a recovered, or recovering, alcoholic?
- What would AA be like if we were not guided by the ideas in Tradition Eleven? Where would I be?
- Is my sobriety attractive enough that a sick drunk would want such a quality for himself?

Intergroup wants to express our appreciation for those groups and individuals who have made generous financial contributions, and give a special thank you to all the members who have volunteered their time this year to help the sick and suffering alcoholic.

PRACTICAL EXPERIENCE shows that nothing will so much insure immunity from drinking as intensive work with other alcoholics.

Concept XL: The trustees should always have the best possible committees, corporate service directors, executives, staffs, and consultants. Composition, qualifications, induction procedures, and rights and duties will always be matters of serious concern.

- Do we understand how the roles of non-trustee directors and non-trustee appointed committee members help serve and strengthen the committee system?
- How do we encourage our special paid workers to exercise their traditional "Right of Participation"?
- Do we practice rotation in all our service positions?

Group	Contril	builtons
ar out	Co of the	runce to

Г	GROUP	CEN	TRAL	CORR	ECTIONS	TRE	ATMENT
Zo	one on on	SEPT	YEAR	SEPT	YEAR	SEPT	YEAR
_	11:45 Noon	00.00	75.00		0.00		0.00
	11 th Step 4th Dimension(Misfits)	80.00	327.75 60.00		0.00		0.00
	6th Step		0.00		0.00		0.00
5	7 Clan		0.00		0.00		0.00
	A Day At A Time		100.00		0.00		0.00
	A Vision For You		0.00		0.00		0.00
_	Abbott Corners		200.00		0.00		0.00
	Abbott Men's Acceptance/Welcome	300.00	0.00 2,600.00		0.00		0.00
	Achievement	300.00	0.00		0.00		0.00
_	Action		300.00		35.00		60.00
	Albion Sunday		75.00		0.00		0.00
_	Alexander		0.00		0.00		0.00
_	All is Well		387.24		0.00		0.00
	Ams dell Step Amherst Snyder		50.00 300.00		0.00		0.00
	Another Chance		30.00		0.00		0.00
_	Any Age	1 11	0.00		0.00		0.00
3	Any Lengths	30.00	270.00		0.00		0.00
-	Arcade/ Yorkshire		245.00		0.00		0.00
	As Bill Sees It	-all- V	0.00		0.00		0.00
	Attitude Adjustment(Williams) Attraction	/ille) 340.00	100.00 540.00		0.00		0.00
_	Beginning's Women	340.00	300.00		0.00		0.00
	Big Book @ Brothers		212.00		0.00		0.00
	Big Book Study Fredonia		75.00		0.00		0.00
	Blasdell		0.00		0.00		0.00
	Blasdell Monday		0.00		0.00		0.00
	Blasdell Saturday Boulevard Helping Hand		0.00		0.00		0.00
	Boulevard Women		100.00		0.00		0.00
_			0.00		0.00		
_	Buffalo Group Buffalo Early Birds	500.00				100.00	0.00
7	Buffalo Group Buffalo Early Birds By the Wayside	500.00	0.00 2,100.00 0.00		0.00 0.00 0.00	100.00	0.00 300.00 0.00
7 3 6	Buffalo Group Buffalo Early Birds By the Wayside Carry the Message	500.00	0.00 2,100.00 0.00 100.00		0.00 0.00 0.00 0.00	100.00	0.00 300.00 0.00 0.00
7 3 6 7	Buffalo Group Buffalo Early Birds By the Wayside Carry the Message Central City Café'	500.00	0.00 2,100.00 0.00 100.00 175.00		0.00 0.00 0.00 0.00	100.00	0.00 300.00 0.00 0.00
7 3 6 7 2	Buffalo Group Buffalo Early Birds By the Wayside Carry the Message Central City Café' Central Park	500.00	0.00 2,100.00 0.00 100.00 175.00 0.00		0.00 0.00 0.00 0.00 0.00	100.00	0.00 300.00 0.00 0.00 0.00
7 3 6 7 2 6	Buffalo Group Buffalo Early Birds By the Wayside Carry the Message Central City Café' Central Park Changing Our Way's	500.00	0.00 2,100.00 0.00 100.00 175.00 0.00		0.00 0.00 0.00 0.00 0.00 0.00	100.00	0.00 300.00 0.00 0.00 0.00 0.00
7 3 6 7 2 6 2	Buffalo Group Buffalo Early Birds By the Wayside Carry the Message Central City Café' Central Park	500.00	0.00 2,100.00 0.00 100.00 175.00 0.00 0.00 0.00		0.00 0.00 0.00 0.00 0.00 0.00 0.00	100.00	0.00 300.00 0.00 0.00 0.00 0.00 0.00
7 3 6 7 2 6 2 3 8	Buffalo Group Buffalo Early Birds By the Wayside Carry the Message Central City Café' Central Park Changing Our Way's Chapter IX Cheektowaga Clarence Men's		0.00 2,100.00 0.00 100.00 175.00 0.00 0.00 0.00 850.00		0.00 0.00 0.00 0.00 0.00 0.00 0.00 0.0	100.00	0.00 300.00 0.00 0.00 0.00 0.00 0.00 0.
7 3 6 7 2 6 2 3 8 7	Buffalo Group Buffalo Early Birds By the Wayside Carry the Message Central City Café' Central Park Changing Our Way's Chapter IX Cheektowaga Clarence Men's Coldsprings		0.00 2,100.00 100.00 175.00 0.00 0.00 0.00 850.00 0.00		0.00 0.00 0.00 0.00 0.00 0.00 0.00 0.0	100.00	0.00 300.00 0.00 0.00 0.00 0.00 0.00 0.
7 3 6 7 2 6 2 3 8 7 3	Buffalo Group Buffalo Early Birds By the Wayside Carry the Message Central City Café' Central Park Changing Our Way's Chapter IX Cheektowaga Clarence Men's Courage		0.00 2,100.00 0.00 100.00 175.00 0.00 0.00 850.00 0.00 0.00		0.00 0.00 0.00 0.00 0.00 0.00 0.00 0.0	100.00	0.00 300.00 0.00 0.00 0.00 0.00 0.00 0.
7 3 6 7 2 6 2 3 8 7 3 2	Buffalo Group Buffalo Early Birds By the Wayside Carry the Message Central City Café' Central Park Changing Our Way's Chapter IX Cheektowaga Clarence Men's Coldsprings Courage Daily Reflections		0.00 2,100.00 0.00 100.00 175.00 0.00 0.00 850.00 0.00 0.00 0.00		0.00 0.00 0.00 0.00 0.00 0.00 0.00 0.0	100.00	0.00 300.00 0.00 0.00 0.00 0.00 0.00 0.
7 3 6 7 2 6 2 3 8 7 3 2 2	Buffalo Group Buffalo Early Birds By the Wayside Carry the Message Central City Café' Central Park Changing Our Way's Chapter IX Cheektowaga Clarence Men's Courage		0.00 2,100.00 0.00 100.00 175.00 0.00 0.00 850.00 0.00 0.00		0.00 0.00 0.00 0.00 0.00 0.00 0.00 0.0	100.00	0.00 300.00 0.00 0.00 0.00 0.00 0.00 0.
7 3 6 7 2 6 2 3 8 7 3 2 2 2 8	Buffalo Group Buffalo Early Birds By the Wayside Carry the Message Central City Café' Central Park Changing Our Way's Chapter IX Cheektowaga Clarence Men's Coldsprings Courage Daily Reflections Daily Reprieve		0.00 2,100.00 0.00 100.00 175.00 0.00 0.00 850.00 0.00 0.00 600.00		0.00 0.00 0.00 0.00 0.00 0.00 0.00 0.0	100.00	0.00 300.00 0.00 0.00 0.00 0.00 0.00 0.
7 3 6 7 2 6 2 3 8 7 3 2 2 8 2 6	Buffalo Group Buffalo Early Birds By the Wayside Carry the Message Central City Café' Central Park Changing Our Way's Chapter IX Cheektowaga Clarence Men's Coldsprings Courage Daily Reflections Daily Reprieve Delaware Park Men's Depth & Weight Derby		0.00 2,100.00 100.00 175.00 0.00 0.00 850.00 0.00 0.00 600.00 0.00 0.00 0.00		0.00 0.00 0.00 0.00 0.00 0.00 0.00 0.0	100.00	0.00 300.00 0.00 0.00 0.00 0.00 0.00 0.
7 3 6 7 2 6 2 3 8 7 3 2 2 8 2 1	Buffalo Group Buffalo Early Birds By the Wayside Carry the Message Central City Café' Central Park Changing Our Way's Chapter IX Cheektowaga Clarence Men's Coldsprings Courage Daily Reflections Daily Reprieve Delaware Park Men's Depth & Weight Derby Downtown Men's		0.00 2,100.00 0.00 175.00 0.00 0.00 0.00 850.00 0.00 600.00 0.00 0.00 0.00 0.00		0.00 0.00 0.00 0.00 0.00 0.00 0.00 0.0	100.00	0.00 300.00 0.00 0.00 0.00 0.00 0.00 0.
7 3 6 7 2 6 2 3 8 7 3 2 2 8 2 6 1 6	Buffalo Group Buffalo Early Birds By the Wayside Carry the Message Central City Café' Central Park Changing Our Way's Chapter IX Cheektowaga Clarence Men's Coldsprings Courage Daily Reflections Daily Reprieve Delaware Park Men's Depth & Weight Derby Downtown Men's Dunkirk Monday Night		0.00 2,100.00 100.00 175.00 0.00 0.00 850.00 0.00 600.00 0.00 0.00 0.00 0.00 142.70 50.00		0.00 0.00 0.00 0.00 0.00 0.00 0.00 0.0	100.00	0.00 300.00 0.00 0.00 0.00 0.00 0.00 0.
7 3 6 7 2 6 2 3 8 7 3 2 2 8 2 6 1 1 6 6 8 2 8	Buffalo Group Buffalo Early Birds By the Wayside Carry the Message Central City Café' Central Park Changing Our Way's Chapter IX Cheektowaga Clarence Men's Coldsprings Courage Daily Reflections Daily Reprieve Delaware Park Men's Depth & Weight Derby Downtown Men's Dunkirk Monday Night East Amherst		0.00 2,100.00 100.00 175.00 0.00 0.00 850.00 0.00 600.00 0.00 0.00 0.00 142.70 50.00		0.00 0.00 0.00 0.00 0.00 0.00 0.00 0.00 0.00 0.00 0.00 0.00 0.00 0.00 0.00 0.00 0.00	100.00	0.00 300.00 0.00 0.00 0.00 0.00 0.00 0.
7 3 6 7 2 6 2 3 8 7 3 2 2 8 2 6 1 6 1 6 8 8 8 8 8 8 8 8 8 8 8 8 8 8 8	Buffalo Group Buffalo Early Birds By the Wayside Carry the Message Central City Café' Central Park Changing Our Way's Chapter IX Cheektowaga Clarence Men's Coldsprings Courage Daily Reflections Daily Reprieve Delaware Park Men's Depth & Weight Derby Downtown Men's Dunkirk Monday Night		0.00 2,100.00 100.00 175.00 0.00 0.00 850.00 0.00 600.00 0.00 0.00 0.00 0.00 142.70 50.00		0.00 0.00 0.00 0.00 0.00 0.00 0.00 0.0	100.00	0.00 300.00 0.00 0.00 0.00 0.00 0.00 0.
7 3 6 7 2 6 2 3 8 7 3 2 2 8 2 6 1 6 6 1 6 1 6 6 1 6 6 1 6 6 1 6 1 6	Buffalo Group Buffalo Early Birds By the Wayside Carry the Message Central City Café' Central Park Changing Our Way's Chapter IX Cheektowaga Clarence Men's Coldsprings Courage Daily Reflections Daily Reprieve Delaware Park Men's Depth & Weight Derby Downtown Men's Dunkirk Monday Night East Amherst East Amherst Into Action		0.00 2,100.00 100.00 175.00 0.00 0.00 850.00 0.00 0.00 0.00 0.0		0.00 0.00	100.00	0.00 300.00 0.00 0.00 0.00 0.00 0.00 0.
7 2 6 2 3 8 7 3 2 2 8 2 6 1 6 8 8 8 4 2 6	Buffalo Group Buffalo Early Birds By the Wayside Carry the Message Central City Café' Central Park Changing Our Way's Chapter IX Cheektowaga Clarence Men's Coldsprings Courage Daily Reflections Daily Replections Delaware Park Men's Depth & Weight Derby Downtown Men's Dunkirk Monday Night East Amherst East Amherst Into Action East Aurora Easy Does It	300.00	0.00 2,100.00 100.00 175.00 0.00 0.00 0.00 850.00 0.00 0.00 0.0		0.00 0.00	100.00	0.00 300.00 0.00 0.00 0.00 0.00 0.00 0.
7 3 6 7 2 6 2 3 8 7 3 2 2 8 2 6 1 6 8 8 4 2 6 6 8 8 8 8 8 8 8 8 8 8 8 8 8 8 8 8 8	Buffalo Group Buffalo Early Birds By the Wayside Carry the Message Central City Café' Central Park Changing Our Way's Chapter IX Cheektowaga Clarence Men's Coldsprings Courage Daily Reflections Daily Reflections Delaware Park Men's Depth & Weight Derby Downtown Men's Dunkirk Monday Night East Amherst East Amherst Into Action East Aurora Easy Does It Eden Ellicottville	300.00	0.00 2,100.00 100.00 175.00 0.00 0.00 850.00 0.00 0.00 0.00 0.0		0.00 0.00	100.00	0.00 300.00 0.00 0.00 0.00 0.00 0.00 0.
7 3 6 7 2 6 2 3 8 7 3 2 2 8 2 6 1 6 8 8 4 4 6 6 8 8 8 8 8 8 8 8 8 8 8 8 8	Buffalo Group Buffalo Early Birds By the Wayside Carry the Message Central City Café' Central Park Changing Our Way's Chapter IX Cheektowaga Clarence Men's Coldsprings Courage Daily Reflections Daily Reflections Delaware Park Men's Depth & Weight Derby Downtown Men's Dunkirk Monday Night East Amherst East Amherst Into Action East Aurora Easy Does It Eden Ellicottville Eternal Vigilance	300.00	0.00 2,100.00 100.00 175.00 0.00 0.00 850.00 0.00 0.00 0.00 0.0		0.00 0.00	100.00	0.00 300.00 0.00 0.00 0.00 0.00 0.00 0.
7 3 6 7 2 6 2 3 8 7 3 2 2 8 2 6 1 6 8 8 4 4 2 6 6 6 6 6 6 6 7 6 7 8 8 8 8 8 8 8 8 8 8	Buffalo Group Buffalo Early Birds By the Wayside Carry the Message Central City Café' Central Park Changing Our Way's Chapter IX Cheektowaga Clarence Men's Coldsprings Courage Daily Reflections Daily Reprieve Delaware Park Men's Depth & Weight Derby Downtown Men's Dunkirk Monday Night East Amherst East Amherst Into Action East Aurora Easy Does It Eden Ellicottville Eternal Vigilance Everybody's	300.00	0.00 2,100.00 100.00 175.00 0.00 0.00 850.00 0.00 0.00 0.00 0.0		0.00 0.00 0.00 0.00 0.00 0.00 0.00 0.0	100.00	0.00 300.00 0.00 0.00 0.00 0.00 0.00 0.
7 3 6 7 2 6 2 3 8 7 3 2 2 8 8 2 6 1 6 8 8 8 8 4 6 6 6 8 8 8 8 8 8 8 8 8 8 8	Buffalo Group Buffalo Early Birds By the Wayside Carry the Message Central City Café' Central Park Changing Our Way's Chapter IX Cheektowaga Clarence Men's Coldsprings Courage Daily Reflections Daily Reflections Delaware Park Men's Depth & Weight Derby Downtown Men's Dunkirk Monday Night East Amherst East Amherst Into Action East Aurora Easy Does It Eden Ellicottville Eternal Vigilance Everybody's Excellent Adventure	300.00	0.00 2,100.00 100.00 175.00 0.00 0.00 850.00 0.00 0.00 0.00 0.0		0.00 0.00	100.00	0.00 300.00 0.00 0.00 0.00 0.00 0.00 0.
7 3 6 7 2 6 2 3 8 7 3 2 2 8 8 2 6 1 6 6 8 8 8 8 8 8 8 8 8 8 8 8 8 8 8 8	Buffalo Group Buffalo Early Birds By the Wayside Carry the Message Central City Café' Central Park Changing Our Way's Chapter IX Cheektowaga Clarence Men's Coldsprings Courage Daily Reflections Daily Reprieve Delaware Park Men's Depth & Weight Derby Downtown Men's Dunkirk Monday Night East Amherst East Amherst Into Action East Aurora Easy Does It Eden Ellicottville Eternal Vigilance Everybody's	300.00	0.00 2,100.00 100.00 175.00 0.00 0.00 850.00 0.00 0.00 0.00 0.0		0.00 0.00	100.00	0.00 300.00 0.00 0.00 0.00 0.00 0.00 0.
7 3 6 7 2 6 2 3 8 7 3 2 2 8 2 6 1 6 8 8 4 4 6 6 6 6 6 6 6 6 6 6 7 8 8 8 8 8 8 8 8 8	Buffalo Group Buffalo Early Birds By the Wayside Carry the Message Central City Café' Central Park Changing Our Way's Chapter IX Cheektowaga Clarence Men's Coldsprings Courage Daily Reflections Daily Reprieve Delaware Park Men's Depth & Weight Derby Downtown Men's Dunkirk Monday Night East Amherst East Amherst Into Action East Aurora Easy Does It Eden Ellicottville Etemal Vigilance Everybody's Excellent Adventure Eyeopener Eyeopener South Fires ide	300.00	0.00 2,100.00 100.00 175.00 0.00 0.00 850.00 0.00 0.00 0.00 0.0		0.00 0.00 0.00 0.00 0.00 0.00 0.00 0.0	100.00	0.00 300.00 0.00 0.00 0.00 0.00 0.00 0.
3 6 7 2 6 2 3 8 7 3 2 2 8 2 6 1 6 8 8 8 4 6 6 6 6 6 6 6 6 6 8 8 8 8 8 8	Buffalo Group Buffalo Early Birds By the Wayside Carry the Message Central City Café' Central Park Changing Our Way's Chapter IX Cheektowaga Clarence Men's Coldsprings Courage Daily Reflections Daily Reprieve Delaware Park Men's Depth & Weight Derby Downtown Men's Dunkirk Monday Night East Amherst East Amherst Into Action East Aurora Easy Does It Eden Ellicottville Eternal Vigilance Everybody's Excellent Adventure Eyeopener Eyeopener South Fireside First Step (NF)	300.00 50.00 50.00 100.00	0.00 2,100.00 100.00 175.00 0.00 0.00 850.00 0.00 0.00 0.00 0.0		0.00 0.00 0.00 0.00 0.00 0.00 0.00 0.0	100.00	0.00 300.00 0.00 0.00 0.00 0.00 0.00 0.
7 3 6 7 2 6 2 3 8 7 3 2 2 8 2 6 1 6 6 4 6 6 6 6 6 6 6 6 6 6 6 6 6 6 6	Buffalo Group Buffalo Early Birds By the Wayside Carry the Message Central City Café' Central Park Changing Our Way's Chapter IX Cheektowaga Clarence Men's Coldsprings Courage Daily Reflections Daily Reprieve Delaware Park Men's Depth & Weight Derby Downtown Men's Dunkirk Monday Night East Amherst East Amherst Into Action East Aurora Easy Does It Eden Ellicottville Eternal Vigilance Everybody's Excellent Adventure Eyeopener Eyeopener South Fireside First Step (NF) Forestville In The Solution	300.00 50.00 50.00 100.00	0.00 2,100.00 100.00 175.00 0.00 0.00 850.00 0.00 0.00 0.00 0.0		0.00 0.00 0.00 0.00 0.00 0.00 0.00 0.0	100.00	0.00 300.00 0.00 0.00 0.00 0.00 0.00 0.
3 3 6 6 7 2 2 6 6 2 2 3 3 8 8 7 3 3 2 2 2 2 2 8 8 8 4 4 2 2 6 6 6 6 6 6 6 6 6 6 6 6 6 6 6 6	Buffalo Group Buffalo Early Birds By the Wayside Carry the Message Central City Café' Central Park Changing Our Way's Chapter IX Cheektowaga Clarence Men's Coldsprings Courage Daily Reflections Daily Reprieve Delaware Park Men's Depth & Weight Derby Downtown Men's Dunkirk Monday Night East Amherst East Amherst Into Action East Aurora Easy Does It Eden Ellicottville Eternal Vigilance Everybody's Excellent Adventure Eyeopener Eyeopener South Fireside First Step (NF)	300.00 50.00 50.00 100.00	0.00 2,100.00 100.00 175.00 0.00 0.00 850.00 0.00 0.00 0.00 0.0		0.00 0.00 0.00 0.00 0.00 0.00 0.00 0.0	100.00	0.00 300.00 0.00 0.00 0.00 0.00 0.00 0.

	GROUP		TRAL		ECTIONS		ATMENT
Zon		SEPT	YEAR	SEPT	YEAR	SEPT	YEAR
	riday Night Lights		0.00		0.00		0.0
	Friendly Gardenville		0.00 425.00		0.00		0.0
	Gettin With It		0.00		0.00		0.0
_	GIVE ME SHELTER		0.00		0.00		0.0
	Go to Any Length		630.00		0.00		0.0
	Golden Slipper		300.00		0.00		0.0
1 0	Grace & Dignity	87.49	112.77		0.00		0.0
	Grand		250.00		0.00		0.0
-	Grand II Joy of Living		250.00		0.00		0.0
-	Grateful		0.00		0.00		0.0
-	lamburg		0.00		0.00		0.0
	Harmony	450.00	400.00		0.00		0.0
-	Heart To Heart Womens Hertel Discussion	150.00	150.00 55.00		0.00		0.0
-	High Noon		0.00		0.00		0.0
	ligh View		0.00		0.00		0.0
-	Hillbilly		0.00		0.00		0.0
_	Holiday Village/Desire		1,900.00		0.00		100.0
	Holland		200.00		0.00		0.0
-	Honesty		400.00		0.00		0.0
-	low It Works/Men's	100.00	800.00		0.00		0.0
	Am Responsible		186.50		0.00		0.0
3 1	ronhorse		881.34		0.00		61.0
8 I			0.00		0.00		0.0
5 .	Just For Today/ Albion		0.00		0.00		0.0
	Just For Today/ Cheektowaga		0.00		0.00		0.0
-	Keep IT Comin'		0.00		0.00		0.0
-	Keep It Simple Sister		125.00		0.00		0.0
_	Kenmore		0.00		0.00		0.0
	Censington		0.00		0.00		0.0
-	KITCHEN TABLE AA		0.00		0.00		0.0
-	.akeview .akeshore	200.00	150.00 500.00		0.00		0.0
	ancaster Dailey Repreive	200.00	300.00		0.00		300.0
	aguage Of The Heart		115.00		0.00		0.0
-	asalle		0.00		0.00		0.0
-	_awyer's		0.00		0.00		0.0
	_ewPort		150.00		0.00		0.0
2 1	ife Ahead		50.00		0.00		0.0
4 L	ife Today		0.00		0.00		0.0
8 L	ighten UP	508.95	916.95		0.00		68.0
	iving in the Solution		0.00		0.00		0.0
-	_iving Sober		0.00		0.00		0.0
-	_ockport #1		0.00		0.00		0.0
-	ockport Discussion		50.00		0.00		0.0
	ockport Ladies		200.00		0.00		0.0
-	_ockview		250.66		0.00		0.0
	.ove		13.00		0.00		0.0
	.ovejoy .OW BOTTOM		0.00 140.00		0.00		15.0
-	ower River		50.00		0.00		0.0
-	UNCH BUNCH ALBION		0.00		0.00		0.0
-	Main and High		0.00		0.00		0.0
	Main Street		300.00		0.00		0.0
-	Marching Forth	50.00	200.00		0.00		0.0
-	Marilla		200.00		0.00		0.0
-	Matt Talbot		125.00		0.00		133.0
6 1	AcKinley Winners		800.00		0.00		0.0
-	Medina New Life		50.00		0.00		0.0
-	MEDINA STEP WORK/BIG BO	OK	0.00		0.00		0.0
-	MEN WHO TRUDGE		1,130.00		0.00		0.0
-	Monday Morning Disc.	50.00	50.00		0.00		0.0
	MONDAY NIGHT SOLUTION	50.00	365.00		0.00		0.0
	Monday Women's		175.00		0.00		0.0
	New Destiny		0.00		0.00		0.0
	Newfane Living Sober		0.00		0.00		0.0
-	NEW LIFE (ALDEN)		100.00		0.00		0.0
	vew Life Viagara Frontier Men's Disc.		171.00		0.00		0.0
-	Vorth Buffalo		450.00		0.00		0.0
-	North Evans Men's		90.00		0.00		0.0
-	North Java Monday		500.00		0.00		0.0
	ON AWAKENING/ Men		0.00		0.00		0.0
-	DDAT		0.00		0.00		0.0
	Orchard Park Step		559.00		0.00		75.0

Zo	GROUP	CEN SEPT	TRAL YEAR	CORR	ECTIONS YEAR	SEPT	ATMENT YEAR
	Peaceful Tues day		100.00		0.00		0.00
	Point of No Return		0.00		0.00		0.00
	Power 4 Living		0.00		0.00		0.00
	Primary Purpose		0.00		0.00		0.00
	Principles Bef. Personalities Purpose/Tonawanda		100.00		0.00		0.00
	Questions & Answers	50.00	200.00		0.00		0.00
_	Ray Of Hope	00.00	0.00		0.00		0.00
	Recovered Men's		0.00		100.00		0.00
3	Recovery Near the Gardens		10.00		0.00		0.00
_	Remember When		25.00		0.00		0.00
_	Renaissance		100.00		0.00		0.00
_	Renewal		300.00		0.00		0.00
	Ridge ROCettes WOMEN'S		0.00		0.00		0.00
	RIGOROUSLY HONEST		250.00		0.00		0.00
	Rise and Shine		200.00		0.00		0.00
	Rochester		0.00		0.00		0.00
_	ROOM TO GROW		0.00		0.00		0.00
4	Rural is Plural		0.00		0.00		0.00
	Sally		0.00		0.00		0.00
	Saturday Night Alive		0.00		0.00		0.00
	Sat. Nite Sober		0.00		0.00		0.00
	Searching For Serenity		0.00		0.00		0.00
	Serenity		500.00		0.00		0.00
	Serenity on the Lake Serenity Trails		50.00		0.00		0.00
_	Setaside		90.00		0.00		0.00
_	Shelter From The Storm		641.00		0.00		641.00
	Sheridan		478.00		0.00		0.00
	Silvercreek Friendship		930.00		0.00		0.00
5	Simplicity		0.00		0.00		0.00
3	SOBER ON SENECA		0.00		0.00		0.00
	Sober Saturday		300.00		0.00		0.00
_	SOBER SUNDAY		0.00		0.00		0.00
_	Sober Trails		0.00		0.00		0.00
_	Sober Train		0.00		0.00		0.00
	Sober Winners	50.00	200.00		50.00		0.00
	SOBRIETY @ THE STABLES Sobriety Men's Disc.	91.00	360.00 824.00		0.00		0.00
	Sobriety On The Canal	31.00	0.00		0.00		0.00
	SOLUTIONS		0.00		0.00		0.00
	Soul Purpose		260.04		0.00		0.00
	SOUTH BUFFALO		200.00		0.00		0.00
	Southgate		50.00		0.00		0.00
4	Southwestern		0.00		0.00		0.00
6	Sparks Of Hope		500.00		0.00		0.00
	Spiritual Progress		0.00		0.00		0.00
	Springville New Life		0.00		0.00		0.00
	Springville Sat Afternoon		307.00		0.00		0.00
	Springville Tues. Night Springville Wed. Noon	20.00	0.00		0.00		0.00
		20.00			0.00		0.00
	Sprout II St. Barnabas		100.00 228.25		0.00		0.00
	St. Mark's		126.07		0.00		0.00
	Staying Sober	200.00	700.00		0.00		0.00
_	Step By Step	223.00	200.00		0.00		0.00
8	Step it Up (Wehrle)		0.00		0.00		0.00
	Sunday Morning Breakfast		300.00		0.00		0.00
	Sunday's Best		0.00		0.00		0.00
	Sunday in Cattarugas		0.00		0.00		0.00
	Sunrise Court	30.00	165.00		0.00		0.00
	SUNY Amherst Campus		145.62		0.00		0.00
_	Surrender and Hope TGIF		0.00		0.00		0.00
_	Thankful		0.00		0.00		0.00
-	Thankful Heart		0.00		0.00		0.00
7	The Absolutes		0.00		0.00		0.00
	The Anonymous		10.00		0.00		0.00
	The Beginnings Of Recovery		0.00		0.00		0.00
	The CPR		323.17		0.00		0.00
	The Derby Lunch		0.00		0.00		0.00
	THE GATEHOUSE		406.51		0.00		85.64
	The Grove		300.00		0.00	30.00	
	The Journey		375.75		0.00		0.00
	The KEYS OF THE KINGDOM		0.00		0.00		0.00
	The Noon Meeting		750.00		0.00		0.00
	THE NORTH COLLINS Thruway		120.00		0.00		0.00
	Thursday Women's Literature		0.00		0.00		0.00
	T'nT		180.00		0.00		0.00
	Today		140.00		0.00		0.00
	·		0.00	_	0.00		0.00

GROUP	CEN	TRAL	CORR	ECTIONS	TREA	ATMENT
Zone	SEPT	YEAR	SEPT	YEAR	SEPT	YEAR
3 Try Again		0.00		0.00		0.0
4 Tuesday Men's AM		150.00		150.00		150.0
3 Tuesday Women's		100.00		0.00		0.0
2 Turning Point		0.00		0.00		0.0
5 Twin Cities		200.00		0.00		0.0
6 TWO PONDS		0.00		0.00		0.0
8 Unity		0.00		0.00		0.0
2 UV MEN'S		100.00		100.00		100.0
3 Valley		0.00		0.00		0.0
3 Victory		0.00		0.00		0.0
3 Victory Women's		275.00		0.00		0.0
1 Wake Up Call		300.00		0.00		0.0
2 WE BELIEVE		0.00		0.00		0.0
8 We Care		800.00		0.00		0.0
3 WE HAVE RECOVERED	200.00	500.00		0.00		0.0
1 Westminster		0.00		0.00		0.0
8 Williamsville	100.00	400.00		0.00		0.0
6 Willing To Grow		150.00		0.00		0.0
5 Wilson Group		130.00		0.00		0.0
1 Women In Recovery		0.00		0.00		0.0
5 Women In Sobriety		0.00		0.00		0.0
8 Women Making the Effort		250.00		0.00		100.00
WOMAN OF AA RETREAT		500.00		0.00		0.0
1 Working		240.00		0.00		0.0
6 YORKSHIRE SATURDAY NIG	ĤΤ	0.00		0.00		0.0
Zone	SEPT	YEAR	SEPT	YEAR	SEPT	YEAR
Angel S.		1.00		0.00		0.0
Anonymous		400.01		0.00		0.0
Barbara C.		40.00		0.00		0.0
Brett R.	8.00	40.00		0.00		0.0
Christine CS		373.31		0.00		0.0
Donna H.		80.00		0.00		0.0
Eileen L.		125.00		0.00		0.0
Ellen M B		7.00		0.00		0.0
Lee M.	50.00	200.00		0.00		0.0
Karen M.		40.00		0.00		0.0
Lila M.	5.00	45.00		0.00		0.0
Maureen M.		441.00		0.00		0.0
Monica M.		55.00		0.00		0.0
Sandra W.	73.00	73.00		0.00		0.0
Susan V.	62.00	558.00		0.00		0.0
Terry B.		10.00		0.00		0.0
Tom P.		100.00		0.00		0.0
Wally E.		25.00		0.00		0.0
Walk In		1.29		0.00		0.00
TOTALS	3.944.19	49,506.08	0.00	435.00	130.00	2.736.72

7th tradition self-support
contribution

Bill W. wrote of Intergroup Offices, "Though not costly, these agencies are absolutely essential to our continued expansion—to our survival as a Fellowship. Their costs are a collective obligation that rests squarely upon all of us. Our support of services actually amounts to a recognition on our part that A.A. must everywhere function in full strength—and that, under our Tradition of self-support, we are all going to foot the bill."

"Self-Support: Where Money and Spirituality Mix" pamphlet

IN MEMORIAM Things We Can Not Change

To all of our members who have lost family and loved ones

Louann~ The Grove

Our thoughts and prayers are with you



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