

NEW FRONTIERS

A.A. of the Niagara Frontier

February 2026

THE CENTRAL COMMITTEE NEWSLETTER FOR ALL A.A. MEMBERS OF WESTERN NEW YORK AND THE NIAGARA FRONTIER



What is AA Unity? Why Do We Need It? How Do We Foster It?

Unity

What is Unity all about and why is it so important to us here in Alcoholics Anonymous? As it states in Tradition one: **'Our common welfare should come first; personal recovery depends upon A.A. unity'**. If we can not recover together in unity our fellowship dies we all may die along with it.

My Favorite article on Unity was written by a past trustee from an address on Unity at the Delegates' Luncheon, during the 35th anniversary convention, Saturday, July 4, 1970 .

'UNITY seems to me to express very well that quality which sets our Fellowship apart. For society at large has so many problems which either spring from or are aggravated by lack of unity. Yet I think that this Unity concept is frequently misunderstood, both in and out of AA. One thing I'm sure it doesn't mean is that you must agree with me! I believe that we all have a moral obligation to speak our minds and stand up for our convictions. Any so-called unity which attempts to stifle dissent is no unity at all, in my opinion. I think we must not only listen to other views, we must actively solicit and encourage them. Only so, I believe, can an informed group

conscience speak. Once it has spoken, then all of us must go along on truly basic issues. Consider, for example, our Traditions of anonymity and self-support. Few subjects in AA have been discussed so thoroughly over the years. Many members have questioned or disagreed with these concepts — and have voiced their views vigorously. Yet when the overwhelming majority of us supported these Traditions, almost all of the dissenters went along. This is the meaning of Unity, as I understand it.

May it always be so!" Bob H

I think if we continue to be aware of how important Unity is to our fellowship we will continue to go on saving lives. So what do we do to foster Unity today and for the future? It's simple. Experience has shown me that if I work the steps of my program, if I support the spirit of the traditions and I practice the principles of our spiritual Concepts both within and outside my AA life I will be doing my part to foster unity and so help ensure the future of AA. Simple, But not easy.

Yours in Love and Service **Dale S Thursday**
Night Group Milton Ontario



100 Reasons Not to Read the Big Book

1. I don't want to feel better
2. I can't read
3. I will graduate and have to leave
4. I will graduate and have to stay
5. I was born on a leap year
6. I will read it by myself thank you
7. Afraid of closeness w the person
8. I don't have enough time
9. That's too weird
10. I'm too weird
11. I don't remember anything I read
12. I don't like the big book
13. I don't think I'm going to live very long anyway
14. I don't want to be told what to do
15. I don't want to have to help people
16. It's like making a commitment to never drink again
17. It's like making a commitment in general
18. I want my mommy
19. I don't think it relates to my problems
20. I will become like the hole in the doughnut
21. I tried once before and it didn't help
22. I flipped a coin
23. I spent too many years in college
24. I'm such a bad person it won't help me
25. I'm not that bad
26. It gives me indigestion
27. It's only for goody two shoes
28. I don't like its color
29. Its too old-fashioned
30. I don't know if I want to stop drinking
31. I read it once before
32. It gives me nightmares
33. I'm just here for the fellowship
34. I am a good enough person already
35. I feel like a little kid when I do
36. I don't want to talk about it
37. You didn't ask me yesterday
38. My ex liked it
39. I feel like an adult when I do
40. I lost mine
41. I bought the cliff notes
42. I made a bet that I can do fine without it
43. That ain't the way to have fun (mama told me not to come)
44. It will kill me
45. I don't want to write in it
46. Bill and Bob are men
47. I saw the movie
48. I don't know if I am alcoholic
49. It was written too long ago
50. It's not masculine enough
51. It's not feminine enough
52. I hear it at every damn meeting
53. If it works I might need to change
54. What if it doesn't work
55. Dude seriously
56. I go to a big book table sometimes
57. I go to church
58. I'm just one person
59. I haven't read a book in 20 years
60. I'm just plain lazy - a cover for one of the other reasons
61. I think reading it once a year is sufficient
62. I go to speaker meetings
63. I don't go to speaker meetings
64. It's too stupid
65. I'm recovered
66. Why bother
67. My therapist says I don't have to
68. It's too smart
69. I'm using mine to hold up the corner of my couch
70. It talks about God
71. I hated school
72. I don't want to do it yet
73. No hablo engles
74. I'm sober I don't need it
75. I don't care
76. That's just for followers and I'm not a follower
77. It'll make me weak
78. It'll make me strong
79. I bought a self-help book instead
80. I think you're supposed to have a year (5 years/10 years) before you start reading it
81. I won't have any excuses anymore
82. I have trouble paying attention
83. I'm afraid I will get lost in it
84. I abuse drugs also
85. If I relapse it will bother me too much
86. I'm just fine the way I am
87. I'm cranky today (and tomorrow)
88. I was reading it when I relapsed
89. You can't make me
90. I once told somebody I never will
91. I don't want to feel foolish
92. I am not a suck up
93. I don't want to do anything besides go to meetings
94. I'm doing great why change anything
95. It's not cool
96. If $x=5$, $8=10$, and the root of $9=4$
97. I was hoping you'd forget
98. What if...
99. I don't want to be like the people I know who have read it
100. My dog ate it

Contributed by Jen H.

FEBRUARY ANNIVERSARIES

Acceptance/Welcome

Candice W. 5y
Marc B. 6y
John K. 7y
Joe K. 20y

Alexander

Gene Z. 49y

Amherst Snyder

Jim C. 41y

Bflo Early Bird

Kimberly 23y

Courage

Jim P. 16y

John W. 21y

Eyeopener

Jeff B. 3m

Jason K. 9m

Erin K. 9m

Matthew S. 9m

Shannon N. 1y

Ken S. 1y

Katie K. 2y

Phil M. 3y

Michael C. 4y

B.J. 7y

Bill E. 13y

Brian A. 15y

Tom B. 33y

Lizzie O. 38y

Terry M. 49y

Eyeopener South

Jennifer B. 3y

Ron B. 4y

Bridget A. 5y

David S. 10y

Rob M. 14y

Patty B. 14y

Chris G. 15y

John Mc. 35y

Fireside

Cynthia 1y

Casey B. 2y

Chris K. 8y

Mike H. 28y

Larry P. 39y

Fresh Start

Laurie A. 21y

Romona D. 28y

Antwan D. 28y

Sebastian W. 30y

Peter A. 41y

Golden Slipper

Missy H. 6y

Jim R. 46y

Holland

Charles R. 4y

Eric N. 4y

Hjared W. 8y

John R. 9y

Georae S. 42v

How It Works

Neil D. 5y
Kaplan H. 9y
Tom B. 9y
Matt C. 12y
Joe C. 13y
John M. 14y
Herb G. 17y
Dan S. 18y
Pete W. 20y

Ironhorse

Paul C. 2y
Mike R. 6y
Dorothea S. 27y
Dickey M. 36y

Kensington

Mike O. 41y
Key's to the Kingdom
Pat K. 5y
Tina B. 7y
Erin C. 8y
Elaine B. 31y

Lakeshore

Rachel S. 10y
Brendan M. 15y

Lewport

Chris L. 3y
Jeff B. 4y
Lynn B. 4y
Steven P. 7y

Lockport Ladies

Allison W. 13y
Marching Forth
Kevin C. 13y

Orchard Park Step

Joe W. 14y
Wade B. 17y

New Life (Alden)

Joe W. 14y
North Evans Men's
Joshua A. 2y

Tim H. 7y
Brian B. 15y
Tony M. 16y

Andrew J. 9y
Tom K. 10y
Bob B. 13y
Steve S. 32y

Questions & Answers
Winnie S. 23y
Remember When
Stephen M. 16y

Vernon A. 21y
Ava P. 35y

Renaissance

Debra G. 3y
Nicole G. 4y
Rigarously Honest
Doug A. 39y

Rise & Shine

Vanessa R. 5y
Leah P. 7y
Jim G. 12y
Jeff M. 14y

Service

James H. 18y
George S. 20y
Tom H. 24y
Lawrence B. 31y

Recovery

John R. 35y
Ava P. 36y

Serenity

Joe K. 20y
Sheridan
David S. 32y

Sober Winners

Roger K. 45y
Sun. Morning
Breakfast

Max W. 39y
The Grove

Gerald H. 3m
James M. 3m
Lou O. 6m
Tom Z. 2y

Jess C. 3y
Carl P. 4y
Matt W. 5y
Tom B. Sr. 7y

Felecia N. 12y
Kim G. 23y
Don T. 51y
TGIF

James B. 9y
Tues. Men's

Dick M. 35y
Thruway
Kevin L. 2y

Norm W. 2y
Chris B. 4y
Joyce T. 39y

Beverly K. 43y
Williamsville
Evan 6m

Jim C. 41y
Questions & Answers
Winnie S. 23y
Remember When
Stephen M. 16y

Vernon A. 21y
Ava P. 35y



GROUPS CELEBRATING

6th Step: 50y
Albion Sunday; 16y
A Vision For You; 7y
Daily Reflections: 30y
Dunkirk Mens Disc.; 1y
Everybody's Group: 42y
Eyeopener South; 20y
Grateful: 51y
Harmony: 48y
Hertel Discussion; 3y
Kensington: 56y
Lake Shore: 64y
Love: 26y
Mon. Night Alive; 13y
Rainbow Room; 4y
Recovery Near
The Gardens: 25y
Saturday Night Alive: 14y
Spiritual Progress: 33y
Sunday's In the Solution: 19y
SUNY-Amherst: 43y
Thankful: 57y
The Herd: 13y
Tri-County: 68y
Tues. Women's: 21y
Wake-Up Call: 34y

Please remember to have the anniversaries submitted by the 12th
END OF BUSINESS DAY 4:00 PM of the month previous



INSANITY

doing the same thing over and over and expecting different results!



The journey of a thousand miles begins with a single step.

(Lao Tzu)



Take the program seriously,
not yourself.



PLEASE READ AT YOUR MEETING...HELP KEEP EVERYONE INFORMED :-)

BUFFALO CENTRAL OFFICE
ALCOHOLICS ANONYMOUS
(716) 853-0388
9:00 AM- 12:30PM, 2:00 PM- 4:00 PM

111 Crocker (Franklin St. Entrance
SLOAN, NEW YORK 14212
Fax: 853-0389
buffaloaa@hotmail.com

Real-Time schedule? Check your website: www.buffaloaany.org

February 2026

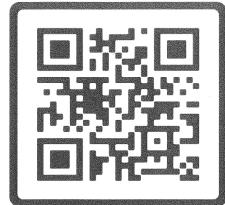
IF YOUR GROUP IS NOT MEETING, PLEASE INFORM THE CENTRAL OFFICE. THIS INCLUDES THOSE MEETING DAYS WHEN YOUR SITE IS CLOSED FOR A HOLIDAY.

MEETING CHANGES: Since Paper Schedule 2024:

- **The Derby Lunch; No Longer Meets**
- **Abbott Corners; No Longer Meets**
- **East Aurora Group has moved;**
Nativity Lutheran Church, 970 East Main St., EA.
- **Rochester Group is Inactive** until further notice.
- **Medina Step Work/Big Book** now only meets on Tuesday.
- **Monday Night Solution Group** has changed it's start time to 6:30 PM.
- **Changing Our Way's Group** in Hamburg; **No longer Meets**.
- **Thankful Heart Group** on Zoom has changed it's login ID; 9959446952. The Monday in person meeting has been Canceled.
- **All group that met at the Salvation Army on Military; No Longer Meet.**
- **Marilia Group; No Longer Meets** :
- **New Group: Road To Destiny;**
Nickel City Club House, 371 Delaware Ave. Buffalo (W), 14202. Sat. 12:30 PM. Closed Disc., LGBTQ, Literature Step .
- **HIP (Hope Is Promised) Group has moved** to Central Park United Methodist, 216 Beard Ave, Buffalo 14214. **Time & day** also have changed to Wed. 6pm.
- **Just for Today group has moved** to the Central Office Outer Office . Sat.; 10 am
- **Eternal Vigilance** now meets Wed. 6:30pm.
- **Shelter from the storm has moved** back to St. Andrew's Church, 111 Crocker St., Sloan 14211
- **Misfits Group will No longer Meet.**
- **Kenmore Group is changing its name to** Thurs. Night Step Table.
- **New Group: Welcome Home;** Monday, 6:30 pm. Ebenezer Christian Ed. Building, Rm #1, 616 Main St., West Seneca 14224. Closed Disc., OD last wk of the month.
- **Depth & Weight Group is moving.** Effective Aug. 29th, 7:00 PM. Resurrection Life Church, Family Life Center Youth Gr. Room, 2155 Old Union Rd., Cheektowaga 14227 (No meeting Aug 22)
- **Soul Purpose Group is Moving.** Aug. 21, 7pm @ the Hope Center.781 Maple @ N. Forest, Williamsville
- **New Group: Freedom To Live;** Friday, 5:30 pm, Orchard Park Presbyterian Church, 4369 S. Buffalo Str., OP, 14217 (back door near playground). Open
- **Heart to Heart Group** now meets on Monday; 6:30 PM
- **Rigorously Honest Group**, has added a big book study to our meeting format and we also have beginner/ general discussion. We are also an open meeting on the last Thurs. for anniversaries.
- **Surrender to Win Group** at the hope Center, Sat, will now start @ 10:15 PM
- **Dunkirk Discussion**, now meets on Wednesdays 7 PM'
- **New Group: Pause & Get Calm**, Thursday's @ 7 PM, Amity Club. Candlelight Meeting reading from Big Book & I2 & 12.
- **We Share** Zoom Meeting will not meet for the Summer.
- **University Men's is changing its start time** to 7:30 PM.
- **New Group: A Better Way;** Sat. 7PM, St. Paul's United Church of Christ, 3921 Mapleton Rd, NT 14120.OD.Effective June 7th.
- **Courage Group has moved**, Resurrection Church Meeting Hall, 130 Como Park Blvd, Cheektowaga 14227, Saturday 10 AM.

**Alcoholism -
an obsession of
the mind that
condemns one to
drink and an
allergy of the
body that
condemns one to
die"**

- Dr. Silkworth



 SCAN ME

**Convention Speaker Tapes will be
available for download free of
charge following the convention.**

**Scan the above barcode or
download them from then central
office website at:**

[https://buffaloaany.org/
convention-speakers/](https://buffaloaany.org/convention-speakers/)

SERVICE OPPORTUNITIES: COMMITTEE MEETINGS

~ February 2nd: Committee Meetings

that meet prior to Central Committee 5:30 PM

St. Andrew's Church Parish, (Corner of Crocker & Reiman) , Sloan, 14212,
Steering Committee (5:30 PM) in CO, Public Information Committee meeting,
Treatment Facilities Committee, Corrections Committee
Education & Participation, Nightwatch Committee

Followed By Central Committee 7:00 PM

COMING EVENTS: Please submit your upcoming events for future issues, **also** flyers can be uploaded to our website: <https://buffaloaany>.

Ready to get involved in A.A.?

A.A. members work together to help the alcoholic who still suffers. Helping each other is a key to staying sober. There are many opportunities to participate in a variety of ways. The best place to start getting involved is through an A.A. group. Participating in a group helps ensure that when a person reaches out for help, A.A. will be available.

Convention Committee
Wednesday; March 4th
7:15 PM
Room 105; 111 Crocker St.
Sloan ,NY 14212

**HELP
WANTED**



Self-Supporting through our own Contribution's...

Did You Know

You could join the Envelope System and Anonymously contribute to the Central Office Through our website's 7th Tradition tab... you can do a single contribution or set up a reoccurring contribution. Please make sure in the Note's section you put Envelope System. Thank-You

AA NIGHTWATCH VOLUNTEERS NEEDED

ANSWERING THE CALL

ONE NIGHT AT A TIME

Alcoholics Anonymous Nightwatch is a 24-hour phone service that answers the main AA phone line during overnight hours.

WE ARE SEEKING AA GROUPS TO VOLUNTEER

WHAT NIGHTWATCH SERVICE OFFERS:

- ✓ A direct way to carry the AA message
- ✓ Group unity through shared responsibility
- ✓ Support and training for all volunteers
- ✓ A chance to be there for someone on their first step

GET INVOLVED

Contact: Karen Gard
karenann7878@hotmail.com
716-532-7878

Bulletin Board

Flyers for upcoming events

ANY AGE GROUP

PRESENTS

Winter Wonderland Blizzard Ball

21st FEBRUARY 2026

Cost \$44.00/Person Tickets: Debbie 716-359-2370

Cash, Venmo, CashApp, or Zelle

The Wurlitzer

908 Niagara Falls Blvd
North Tonawanda, NY 14120

Doors Open at 5:30 pm

Dinner at 6:00 pm

Dinner | Speaker | Dancing

50/50 | Basket Raffle

Age 16+ Welcome



MARCH 14, 2026
THE HOPE CENTER
781 MAPLE ROAD
MUSIC BEGINS AT 12
AND GOES UNTIL 7PM
FOOD BEGINS AT 2PM
SPEAKER AT 4:30

CALL OR TEXT MATT N. TO GET
INVOLVED 716-200-2496



WE NEED YOU!!!

GSR Coffee Hour is looking for help in 2026! Whether you are already passionate about service or would like to get your feet wet, this is the perfect service opportunity for you! GSR coffee hour is a monthly zoom meeting where General Service Reps (GSRs) and anyone else who would like to learn about general service get together and learn about what is going on in Areas and Alcoholics Anonymous!

We are looking for people who would like to help run the meeting and bring some ideas to the table! We meet the first Thursday of the month at 7pm on Zoom and we will also meet for planning purposes throughout the month. Maybe your sponsor is telling you that you need to do more service (hint hint). If you would like to help, email Emma K. at p74gsrorientation@areasowny.org or text/call 716-401-2503. Can't wait to hear from you!



Area 50

General Service Assembly

January 24, 2026
9:30a - 2p

Hosted by District 4
coffee & lunch provided

KICKOFF

PANEL 76

Church of Nativity

1530 Colvin Blvd, Tonawanda, NY 14223

Recovery ✦ Unity ✦ Service



online info at
www.area50wny.org

NERAASA 2026

NorthEast Regional A.A. Service Assembly

All A.A. members are welcome! #ComeMeetMaine! Area 28



PURPOSE: The purpose of NERAASA is for GSRs, DCMs, Area Committee members, and Intergroup/Central Office Representatives from the Northeast Region to discuss General Service Conference related issues and those affecting A.A. as a whole, as well as pertinent aspects of recovery, unity, and service common to the Areas of the Northeast Region.



February 19-22, 2026

Holiday Inn By the Bay
88 Spring St
Portland, ME 04101

Deadline for hotel
registrations 1/19/2026

ROUNDTABLES: Intergroups (Saturday Only) - DCM/Alternate DCM/DCMC - GSRs/Alternate GSRs - P/PC/Literature - Corrections/ Bridging the Gap/ Grapevine/ Treatment - Delegates/Alternate Delegates - Secretary/Registrars - Accessibilities/ Remote Communities/ Website and Technology - Area Chairs/ Alternate Area Chairs - Treasurers/ Alternate Treasurers - Young People (after hours) - Spanish (after hours)

MARCH 20-22, 2026 • Sheraton at the Falls

300 Third Street • Niagara Falls, NY 14303 • Opens Friday at 2pm

Anonymity is the spiritual foundation of all our traditions, ever reminding us to place principles before personalities.

CONVENTION FEATURES

- 6 Speakers + 5 Panels Throughout Weekend
- Friday Early Bird Speaker 4pm: Dan K.
- Saturday Night Banquet and Dance
- Archive Display, Raffles and Mugs For Sale
- Al-Anon Participation

HOTEL ROOM INFORMATION

CONVENTION RATE: \$109/ NIGHT (STANDARD R.M.)
EXCL. TAXES AND FEES. RATE CUT OFF DATE 02/19/26

RESERVATION LIASON AT HOTEL: ASHLEY KINNEY (716) 278-2695

ONLINE RESERVATION PREFERRED:
<https://book.passkey.com/go/Cataractcityconvention2026>

REGISTRATION INFORMATION

There are no refunds. One Form per Person. For questions or special needs contact Alan T. @ 716-345-0230 (Registration Chair) or Don K. @ 716-479-8074 (Co-Chair). Make checks payable to Cataract City Convention (US funds only) and mail to: P.O. Box 734, Niagara Falls, NY, 14304.

AA \$80 AI-Anon \$80 Alateen \$65

USE FORM OR QR CODE BELOW



Pre-reg. deadline for dinner
By mail: March 4, 2026
Online: March 10, 2026

Registration + Banquet:

\$80

\$80

\$65

Registration ONLY:

\$30

\$30

\$15

Banquet ONLY:

\$50

\$50

\$50

Souvenir Mug:

\$5

\$5

\$5

TOTAL: \$ \$ \$

NAME ON BADGE: _____

FIRST NAME: _____ LAST NAME: _____

EMAIL: _____ PHONE: _____

BOOK YOUR ROOM at the Holiday Inn By the Bay:
All room reservations must be booked directly with Holiday Inn By the Bay before 1-19-2026. Standard rooms are at a reduced rate of \$189 per night. Does not include 1.5% City Tax or 9% State Lodging Tax. Fees are subject to change. Hotel Reservations for NERAASA at the Holiday Inn By the Bay may be made online by visiting <https://book.passkey.com/go/51032520>. Conference room rates are available 3 days pre and post conference dates.

PARKING

Overnight guests park under the hotel for \$15 per vehicle, per night with unlimited in and out privileges. Day guests park in the external garage at a rate of \$5 per vehicle, per day with one in and out.

OVERFLOW HOTEL INFORMATION

We are in talks with hotels in the vicinity of the Holiday Inn By the Bay for overflow and will update the What's New Page of our website in the future.

For additional information visit our website
www.NERAASA.com

Questions? Contact us: NERAASA2026Info@gmail.com

INTERNATIONAL WOMEN'S CONFERENCE

For those with a desire to stop drinking.

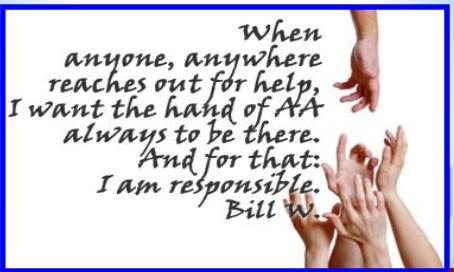
JOIN US ONLINE!
FEBRUARY 12-15, 2026

Just \$20 USD to attend online.
Includes 4 days of experience,
strength and hope - modem
to modem! Sign up today.



SCAN HERE TO REGISTER AND
LEARN MORE!

www.internationalwomensconference.org



Central Committee Minutes January 4 th, 2025

The meeting opened at 7:00pm by Chairperson Ryan P. with a moment of silence followed by the Responsibility Declaration and the Serenity Prayer. Volunteers read as follows: Preamble by Heidi, The Purpose of Central Committee by Greg, and the Twelve Traditions by Tony L. Dean presented the First Tradition. Sean will present the Second Tradition at the next meeting in February.

The following 22 Groups were represented: Buffalo Group, The Gatehouse, How It Works - Mens Discussion, North Buffalo, Abbott Men's Discussion, Any Lengths Group, Matt Talbot, Thruway, Valley, We Have Recovered, Action Group, Orchard Park Step, Southwestern, Lockport #1 Group, Dunkirk Monday Nite, Lakeshore, Silver Creek Friendship, Sobriety Men's Discussion, Lighten-Up, Soul Purpose, Straight Pepper Diet, and the Williamsville Group.

Motion to accept the December 2026 Central Committee Meeting Minutes.

Seventh Tradition brought in \$50.00

Thank you to the Iron Horse Group for the refreshments.

Reports

Envelope System: Terry reported. \$580.00 was brought in for December 2025

Steering Committee: Laurie reported. Nothing to report.

Financial Report : Nick presented; **This is the Reconciled report**

Dec 2025: our Starting Checkbook balance was \$49,447.76. We took in \$ 5,612.25.71 (which is **up** in Contributions from Groups and individuals). The Envelope System took in: \$580.00. Literature, Tax & shipping came to \$1,471.45 (which is **down**). No New Frontiers Subscriptions. Joint meeting (Central Committee) was \$66.00. Convention returns after subtracting seed money was \$5,395.47. Our Total income of **\$13,125.17.**

Our expenses totaled **\$7,974.41** (which is **average**). This means, we took in **\$5,150.76 more** than our expenses this month. **YTD we are up \$541.90 (moved 1,608.51 into Prudent Reserve to bring it up to our average 3 month reserve, bringing the year to date #to, we are up \$2,150.41) from our current expenses for 2025.** Final checkbook balance is \$49,447.76.

Corrections beginning balance was \$961.60.. Income= **\$195.00**. Expenses; a \$3.00 Bank Fee, for a balance of **\$1,153.60**.

Treatment beginning balance was 428.47. Contribution's totaled \$295.00 Expenses: \$31.61 plus a \$3.00 bank fee, for a final balance of **\$688.86**.

Central Office: : : **Dec. Central office: TOTAL CALL's INCLUDING AFTER-HOUR'S; 167, Total 12-STEP:11, Also had 942 emails.**

Executive Secretary Report: CONTACT PERSON NEEDED: Name, Address, Phone and Email

Bodhisattva-1

REMINDER: We do not mail to PO Boxes... that is one way we lose contact with groups. If Your group is NOT receiving the Newsletter, please let the Central Office know!!!

We have from our web page; 445 meetings @ 177 locations

NEXT MEETING: February 2nd, 2025

Treatment Facilities: Laurel reported. Well attended meeting at Central Office. First meeting of the new year, with new Chairperson, Bill H., Co-Chair and Julie reported. Vanessa from Gatehouse will be standing for Co-Chair. Also note, any donations for Treatment Committee will need to be in a separate check, specifically for Treatment Committee.

Corrections: Julie reported. First new committee meeting is 5pm on February 1st. The goal is to start one Men's and one Women's meeting, with up to 12 people working on being cleared.

Night Watch: Karen reported. Currently Abbott Mens has the January commitment. Lighten Up will have the February commitment. Presentation will be given to University Mens Group, on Monday, January 5th, 2026. There are flyers available if anyone is interested in taking them to their group.

Education & Participation: Ben reported. Provided a brief regarding his position and welcoming any new members. Phone number was given to contact with any new member questions, 716-880-4971..

Internet Presence: No report given.

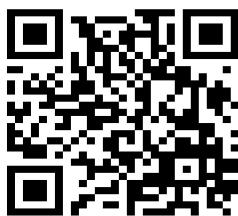
PIC/CPC: Marty reported. Currently putting together a committee, began to collect material for best practices for C.I and C.P.C, and began to research local unions to attempt to establish community connections.

**Work the program,
not the problem.**

~ continued next page

GSA Liaison: Tracy reported. Three motions were brought to the assembly, all were passed. 1) Addressed and formalized the trusted Area servants that will be the admins of Area 50 Facebook page as a part of the communications committee - servants will rotate with each panel. 2) Established a set of suggested guidelines for what content will be approved to be posted on the Area 50 Facebook page as it will relate to AA General Service, Traditions, and Concepts. 3) Formally established a budget for the Communications Committee and Chair. Area 50 WNY won the bid for the North Eastern Regional Forum for 2027: Gives AA in all of WNY a chance to directly meet the staff and trusted servants of GSO and AAWS and ask questions in person. The next ACM meeting is on 1/12/26 at 7:00 pm to be held at the Church of the Nativity at 1530 Colvin Blvd, Tonawanda, NY 14223. The next GSA is on 1/24/26 at 9:30am in person and online. ACM/GSA Zoom Meeting ID: 993 4272 4284, Passcode: 026826. GSR Orientation Meeting will be held on 1/8/2026, Zoom Meeting ID: 893 0573 5161, Passcode: 356695. If you would like to know what is going on in Area 50, please visit area50wny.org and click on events to see what is upcoming.

Archives: Heidi reported. Last meeting was held on December 17th 2025, discussed Archives breakfast, prior date conflicted with Area 50 schedule, will determine a new date. Working on purchasing new items for the archive, new printer/scanner and software. Will have a display at the upcoming Area Assembly.



Old Business:

Remaining open positions:

Envelope System - Mark was nominated and voted in.

Steering Committee -

Zone 1 - No nominations

Zone 7 - No one present

New Business:

No new business.

Snacks for Central Committee for 2026:

Snacks for 2026

February 1st – Lockport #1

March 1st – Silver Creek

April 12 – Any Lengths

May 3 – Gatehouse

June 7 – TGIF

July 12 – How it Works

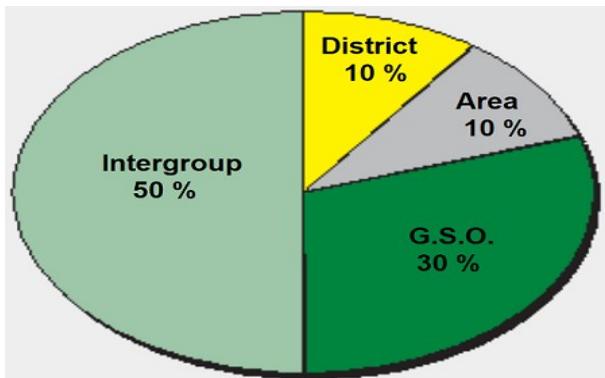
August 2 – Tuesday Men's Discussion

September 13 – Abbott Men's

October 4 – CPR

November 1st – Matt Talbot

December 6 – Williamsville Group



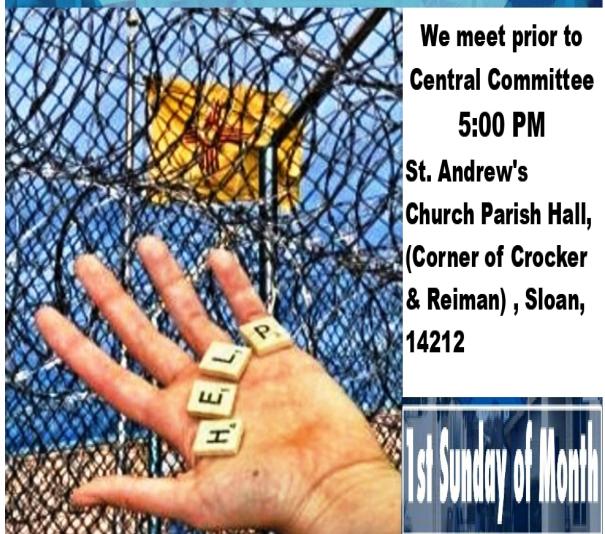
Suggested Disbursement

Groups are strongly encouraged
to send a representative
to monthly Intergroup meetings.



Correctional Facilities Committee

New Member
WELCOME



We meet prior to
Central Committee
5:00 PM
St. Andrew's
Church Parish Hall,
(Corner of Crocker
& Reiman) , Sloan,
14212

1st Sunday of Month



Cash Flow Statement	Oct-25	Nov-25	Dec-25	YTD: 2024
Beg Bal Cash on hand	43,717.16	43,577.56	44,297.00	
Contributions				65,311.73
Groups	4,964.39	5,228.71	5,612.25	769.94
Central Committee 7th tradic	69.00	46.00	66.00	8,975.00
Envelope System	592.00	570.00	580.00	414.00
New Frontiers Subs	30.00	20.00	-	28,210.71
Literature/Medallions/Pins	3,782.70	2,138.66	1,352.70	1,715.68
Literature Sales Tax	244.71	101.56	93.60	107.86
Literature Postage	26.51	6.49	25.15	121.02
Income (+)	121.02			1,020.00
Archives Room Rent:				-
Meetings @ CO				-
Misc				-
Transfer from PR				-
Conventions/Day of Sharing			5,395.47	8,493.40
Monthly Income	9,830.33	8,111.42	13,125.17	115,139.34
Expenses				12,000.00
Building Rent/Utilities	1,000.00	1,000.00	1,000.00	420.00
Central Com. Rent	35.00	35.00	35.00	49,107.62
Payroll Gross	3,876.92	3,876.92	3,876.92	4,196.73
Employment Taxes	296.59	296.59	343.15	(52.04)
Unemployment Surcha	(17.44)	(17.44)	(19.80)	1,689.52
NYS Sales Tax				-
Insurance				274.00
State Ins Fund(Travelers)				2,721.06
Health	40.28	40.28	648.98	1,080.00
D&O Insurance				1,187.03
Liability				-
Legal Fees				2,620.93
Postage		508.45	334.54	2,324.94
Phone/internet	195.00	195.00	195.00	1,325.00
Accounting				916.40
Payroll Service	62.20	62.20	62.20	-
Advt				-
Dex YP				-
Local Edge				-
Literature Expenses				836.10
Grapevine				20,711.70
World Services Inc	3,861.20			-
Hazeldon				2,144.04
Printers				1,247.13
Medallions				2,840.32
Office Supplies	277.05	1,043.72	82.15	-
				255.53
Copies/ service contract				2,261.47
Copier Lease	198.77	198.77	198.77	2,495.32
Bank Fee's including credit	144.36	152.49	337.00	1,608.51
Transfer to PR				386.13
Expense /Balance (-)			(53.10)	-
GSA Host				-
Workshop				-
Monthly Expenses	9,969.93	7,391.98	7,974.41	114,597.44
				541.90
				Moved 1,608.51 into PR
End Balance	43,577.56	44,297.00	49,447.76	2,150.41
				+

Assets: Literature& Medallions	24,571.96	23,432.42	23,357.55	700.00
Literature Receivable(outstanding)	351.82	177.32	97.83	36.00
Removed from Stock	130.50			990.00
				(326.00)
Corrections Facilities	897.60	894.60	961.60	700.00
Contributions		70.00	195.00	36.00
Bank Fee's	3.00	3.00	3.00	990.00
Expenses				(326.00)
Balance	894.60	961.60	1,153.60	3,357.72
				33.00
Treatment Facilities	1,457.47	1,077.47	428.47	4,084.39
Contributions	112.00	214.00	295.00	33.00
Bank Fee's		3.00	3.00	33.00
Expenses	492.00	860.00	31.61	4,084.39
Balance	1,077.47	428.47	688.86	(759.67)

Tradition Two: For our group purpose there is but one ultimate authority—a loving GOD as HE may express Himself in our group conscience. Our leaders are but trusted servants; they do not govern.

- Do I criticize or do I trust and support my group officers, AA committees, and office workers? Newcomers? Old-timers?
- Am I absolutely trustworthy, even in secret, with AA Twelfth Step jobs or other AA responsibility?
- Do I look for credit in my AA jobs? Praise for my AA ideas?
- Do I have to save face in group discussion, or can I yield in good spirit to the group conscience and work cheerfully along with it?
- Although I have been sober a few years, am I willing to serve my turn at AA chores?
- In group discussions, do I sound off about matters on which I have no experience and little knowledge?

"We have recovered, and have been given the power to help others. What greater cause could there be for repicng than this?"

Alcoholics Anonymous p.132



Concept II: The General Service Conference of A.A. has become, for nearly every practical purpose, the active voice and the effective conscience of our whole Society in its world affairs. .

- Does our group have a general service representative (Do we have an understanding of the history of the General Service Conference (the "Conference"))?
- What is a Conference Advisory Action? Does our home group's G.S.R., D.C.M., area delegate report back to the group on the highlights of the Conference and Conference Advisory Actions?
- Is our group meeting its wider Seventh Tradition

Group Contributions

GROUP	CENTRAL		CORRECTIONS		TREATMENT	
	DEC	YEAR	DEC	YEAR	DEC	YEAR
Zone						
6 11:45 Noon		75.00		0.00		0.00
1 11th Step		407.75		0.00		0.00
1 4th Dimension(Misfits)		60.00		0.00		0.00
5 6th Step		0.00		0.00		0.00
5 A Better Way	50.00	50.00		0.00		0.00
4 A Day At A Time	45.00	145.00		0.00		0.00
3 A Vision For You		83.51		0.00		0.00
3 Abbott Corners		200.00		0.00		0.00
3 Abbott Men's		0.00		0.00		0.00
2 Acceptance/Welcome		3,100.00		0.00		0.00
8 Achievement		0.00		0.00		0.00
4 Action		450.00		55.00		100.00
5 Albion Sunday		75.00		0.00		0.00
3 Alexander		0.00		0.00		0.00
3 All Is Well		727.24		0.00		0.00
6 Ams dell Step		75.00		0.00		0.00
8 Amherst Snyder		300.00		0.00		0.00
1 Another Chance		30.00		0.00		0.00
2 Any Age		0.00		0.00		0.00
3 Any Lengths	30.00	360.00		0.00		0.00
4 Arcade/ Yorkshire		245.00		0.00		0.00
6 As Bill Sees It		0.00		0.00		0.00
8 Attitude Adjustment(Williamsville)		200.00		0.00		0.00
5 Attitude Adjustment(NF)		0.00		0.00		0.00
6 Attraction		540.00		0.00		0.00
3 Awareness		0.00		0.00		0.00
6 Backdoor		0.00		0.00		0.00
6 Beginners-A Vision For You		0.00		0.00		0.00
5 Beginnings (NF)		0.00		0.00		0.00
7 Beginning In Sobriety II		0.00		0.00		0.00
8 Beginning's Women		400.00		0.00		0.00
8 Big Book @ Brothers		212.00		0.00		0.00
Big Book- Lockport		100.00		0.00		0.00
6 Big Book Study		0.00		0.00		0.00
5 BB Spiritual Studies		0.00		0.00		0.00
Black Top Meeting		0.00		0.00		0.00
Big Book Study Fredonia		75.00		0.00		0.00
3 Blasdell		0.00		0.00		0.00
3 Blasdell Monday		0.00		0.00		0.00
3 Blasdell Saturday		0.00		0.00		0.00
5 Boulevard Helping Hand		329.00		0.00		0.00
2 Boulevard Women		100.00		0.00		0.00
7 Buffalo Group		0.00		0.00		0.00
Buffalo Early Birds		2,100.00		0.00	300.00	
3 By the Wayside		0.00		0.00		0.00
6 Carry the Message		100.00		0.00		0.00
7 Central City Café		175.00		0.00		0.00
2 Central Park		0.00		0.00		0.00
6 Changing Our Way's		0.00		0.00		0.00
2 Chapter IX		0.00		0.00		0.00
3 Cheektowaga		1,050.00		0.00		0.00
8 Clarence Men's		0.00		0.00		0.00
7 Coldsprings		0.00		0.00		0.00
3 Courage		600.00		0.00		0.00
5 Daily Maintance	100.00	150.00		0.00		0.00
2 Daily Reflections		0.00		0.00		0.00
2 Daily Reprieve		0.00		0.00		0.00
2 Dawn of Hope		0.00		0.00		0.00
8 Delaware Park Men's		0.00		0.00		0.00
2 Depth & Weight		0.00		0.00		0.00
6 Derby		142.70		0.00		0.00
1 Downtown Men's		50.00		0.00		0.00
6 Dunkirk Monday Night		0.00		0.00		0.00
8 East Amherst		0.00		0.00		0.00
8 East Amherst Into Action		425.00		0.00		0.00
4 East Aurora		100.00		0.00		0.00
2 Easy Does It		300.00		0.00		0.00
6 Eden		50.00		0.00		0.00
4 Ellicottville		200.00		0.00		0.00
6 Eternal Vigilance	200.00	295.00		0.00		0.00
6 Everybody's		317.37		0.00		0.00
2 Excellent Adventure		600.00		0.00		0.00
8 Eyeopener	332.00	3,092.00		0.00	66.00	600.00
4 Eyeopener South		1,669.41		0.00		0.00
8 Fireside	55.25	844.07		0.00		0.00
5 First Step (NF)		0.00		0.00		0.00
6 Forestville In The Solution		75.00		0.00		0.00
6 Fredonia Discussion		0.00		0.00		0.00
7 Fresh Start		174.00		0.00		0.00

GROUP	CENTRAL		CORRECTIONS		TREATMENT	
	DEC	YEAR	DEC	YEAR	DEC	YEAR
Zone						
1 Friday Night Lights				0.00		0.00
5 Friendly				0.00		0.00
3 Gardenville			50.00	475.00		0.00
6 Gettin With It				0.00		0.00
5 GIVE ME SHELTER				100.00		0.00
6 Go to Any Length				855.00		0.00
5 Golden Slipper			250.00	550.00		0.00
1 Grace & Dignity				112.77		0.00
2 Grand				250.00		0.00
2 Grand II Joy of Living				250.00		0.00
2 Grateful				0.00		0.00
6 Hamburg				0.00		0.00
7 Harmony				400.00		0.00
6 Heart To Heart Womens				150.00		0.00
7 Hertel Discussion			50.00	105.00		0.00
8 High Noon				0.00		0.00
8 High View				0.00		0.00
4 Hillbilly				0.00		0.00
6 Holiday Village/Desire				2,600.00		0.00
4 Holland				200.00		0.00
2 Honesty				400.00		0.00
2 How It Works/Men's			200.00	1,000.00		0.00
2 I Am Responsible			34.00	268.00		0.00
3 Ironhorse				881.34		0.00
8 IT			100.00	100.00		0.00
5 Just For Today/ Albion				0.00		0.00
3 Just For Today/ Cheektowaga			150.00	325.00		0.00
2 Keep It Comin'				0.00		0.00
4 Keep It Simple Sister				175.00		0.00
2 Kenmore				0.00		0.00
8 Kensington				0.00		0.00
5 KITCHEN TABLE AA				0.00		0.00
6 Lakeview				225.00		0.00
6 Lakeshore				500.00		0.00
3 Lancaster Dailey Reprieve				300.00		0.00
6 Laguage Of The Heart				115.00		0.00
5 Lasalle				0.00		0.00
Lawyer's				0.00		0.00
5 LewPort			50.00	250.00		0.00
2 Life Ahead				50.00		0.00
4 Life Today				0.00		0.00
8 Lighten UP				916.95		68.00
2 Living in the Solution				0.00		0.00
2 Living Sober				0.00		0.00
5 Lockport #1				400.00		0.00
5 Lockport Discussion				50.00		0.00
5 Lockport Ladies				200.00		0.00
5 Lockview				350.66		0.00
7 Love				13.00		0.00
7 Lovejoy				0.00		0.00
3 LOW BOTTOM				190.00		0.00
5 Lower River				100.00		0.00
5 LUNCH BUNCH ALBION				0.00		0.00
1 Main and High				0.00		0.00
4 Main Street				300.00		0.00
3 Marching Forth			100.00	300.00		0.00
4 Marilla				250.00		0.00
3 Matt Talbot				203.00		54.00
6 McKinley Winners				800.00		0.00
5 Medina New Life				50.00		0.00
5 MEDINA STEP WORK/BIG BOOK				0.00		0.00
2 MEN WHO TRUDGE		510.00	1,640.00		0.00	0.00
Monday Morning Disc.				50.00		0.00
7 MONDAY NIGHT SOLUTION				365.00		0.00
1 Monday Women's				175.00		0.00
3 New Destiny				0.00		0.00
5 Newfane Living Sober			200.00	200.00		0.00
3 NEW LIFE (ALDEN)		70.00	170.00		0.00	0.00
3 New Life				0.00		0.00
5 Niagara Frontier Men's Disc.				171.00		0.00
2 North Buffalo			200.00	650.00		0.00
6 North Evans Men's				180.00		0.00
4 North Java Monday				500.00		0.00
1 ON AWAKENING/ Men				0.00		0.00
1 ODAT				0.00		0.00
4 Orchard Park Step			199.00	758.00	75.00	75.00

New Frontiers ~ February 2026

GROUP CONTRIBUTIONS 2024

GROUP	CENTRAL		CORRECTIONS		TREATMENT	
	DEC	YEAR	DEC	YEAR	DEC	YEAR
Zone						
2 Peaceful Tuesday		100.00		0.00		0.00
5 Point of No Return		0.00		0.00		0.00
5 Power 4 Living		250.00		0.00		0.00
1 Primary Purpose		0.00		0.00		0.00
4 Principles Bef. Personalities		100.00		0.00		0.00
2 Purpose/Tonawanda		0.00		0.00		0.00
2 Questions & Answers		200.00		0.00		0.00
4 Ray Of Hope	25.00	125.00		0.00		0.00
RECOVERY IN THE PARK	100.00	100.00		0.00		0.00
4 Recovered Men's	120.00	120.00	120.00	220.00	120.00	120.00
3 Recovery Near the Gardens		10.00		0.00		0.00
7 Remember When		25.00		0.00		0.00
1 Renaissance		100.00		0.00		0.00
8 Renewal		300.00		0.00		0.00
3 Ridge		0.00		0.00		0.00
4 ROCettes WOMEN'S		100.00		0.00		0.00
2 RIGOROUSLY HONEST	100.00	350.00		0.00		0.00
1 Rise and Shine		200.00		0.00		0.00
7 Rochester		0.00		0.00		0.00
1 ROOM TO GROW		0.00		0.00		0.00
4 Rural is Plural		0.00		0.00		0.00
2 Sally		0.00		0.00		0.00
8 Saturday Night Alive		0.00		0.00		0.00
6 Sat. Nite Sober		0.00		0.00		0.00
2 Searching For Serenity		0.00		0.00		0.00
2 Serenity		1,000.00		0.00		0.00
6 Serenity on the Lake		50.00		0.00		0.00
6 Serenity Trails		0.00		0.00		0.00
1 Setaside		90.00		0.00		0.00
7 Shelter From The Storm		641.00		0.00		641.00
2 Sheridan		528.00		50.00		0.00
6 Silvercreek Friendship		930.00		0.00		0.00
5 Simplicity		0.00		0.00		0.00
3 SOBER ON SENECA		0.00		0.00		0.00
3 Sober Saturday		500.00		0.00		0.00
3 SOBER SUNDAY		0.00		0.00		0.00
6 Sober Trails		0.00		0.00		0.00
2 Sober Train		0.00		0.00		0.00
5 Sober Winners		250.00		50.00		0.00
4 SOBRIETY @ THE STABLES		360.00		0.00		0.00
6 Sobriety Men's Disc.		974.00		0.00		0.00
5 Sobriety On The Canal	500.00	500.00		0.00		0.00
5 SOLUTIONS		0.00		0.00		0.00
2 Soul Purpose	25.00	322.15		0.00		0.00
3 SOUTH BUFFALO	100.00	300.00		0.00		0.00
3 Southgate		50.00		0.00		0.00
4 Southwestern		0.00		0.00		0.00
6 Sparks Of Hope	250.00	750.00		0.00		0.00
2 Spiritual Progress		0.00		0.00		0.00
4 Springville New Life		0.00		0.00		0.00
4 Springville Sat. Afternoon		537.00		0.00		0.00
4 Springville Tues. Night		0.00		0.00		0.00
4 Springville Wed. Noon	20.00	100.00		0.00		0.00
3 Sprout II		200.00		0.00		0.00
8 St. Barnabas		228.25		0.00		0.00
4 St. Mark's	450.00	576.07		0.00		0.00
3 Staying Sober	300.00	1,000.00		0.00		0.00
Step By Step		200.00		0.00		0.00
8 Step it Up (Wehrle)		0.00		0.00		0.00
3 Sunday Morning Breakfast		300.00		0.00		0.00
1 Sunday's Best		0.00		0.00		0.00
6 Sunday in Catarugas		0.00		0.00		0.00
1 Sunrise Court	35.00	230.00		0.00		0.00
8 SUNY Amherst Campus		307.85		0.00		0.00
2 Surrender and Hope		0.00		0.00		0.00
8 TGIF		0.00		0.00		0.00
4 Thankful	100.00	200.00		0.00		0.00
Thankful Heart		0.00		0.00		0.00
7 The Absolutes		0.00		0.00		0.00
1 The Anonymous		10.00		0.00		0.00
1 The Beginnings Of Recovery	100.00	100.00		0.00		0.00
8 The CPR		673.17		0.00		0.00
6 The Derby Lunch		0.00		0.00		0.00
1 THE GATEHOUSE		662.51		0.00		85.64
2 The Grove		300.00		0.00	30.00	330.00
1 The Journey		436.00		0.00		0.00
2 The KEYS OF THE KINGDOM		0.00		0.00		0.00
8 The Noon Meeting		750.00		0.00		0.00
6 THE NORTH COLLINS		120.00		0.00		0.00
3 Thruway		100.00		0.00		0.00
2 Thursday Women's Literature		0.00		0.00		0.00
8 TnT		180.00		0.00		0.00
5 Today		140.00		0.00		0.00
6 Tri County		0.00		0.00		0.00

GROUP	CENTRAL		CORRECTIONS		TREATMENT	
	DEC	YEAR	DEC	YEAR	DEC	YEAR
Zone						
3 Try Again					0.00	0.00
4 Tuesday Men's AM					150.00	150.00
3 Tuesday Women's					100.00	0.00
2 Turning Point					0.00	0.00
5 Twin Cities					200.00	0.00
6 TWO PONDS					0.00	0.00
8 Unity					0.00	0.00
2 UV MEN'S					100.00	100.00
3 Valley					0.00	0.00
3 Victory					0.00	0.00
3 Victory Women's		150.00		425.00	0.00	0.00
6 YORKSHIRE SATURDAY NIGHT					75.00	0.00
1 Wake Up Call					395.00	0.00
2 WE BELIEVE					0.00	0.00
8 We Care					800.00	0.00
3 WE HAVE RECOVERED					500.00	0.00
1 Westminster					0.00	0.00
8 Williamsville					400.00	0.00
6 Willing To Grow					150.00	0.00
5 Wilson Group					130.00	0.00
1 Women In Recovery					0.00	0.00
5 Women Literature					435.05	0.00
8 Women Making the Effort					250.00	0.00
WOMAN OF AA RETREAT					500.00	0.00
1 Working					240.00	0.00
Zone	DEC	YEAR	DEC	YEAR	DEC	YEAR
5 Youngstown					0.00	0.00
Anonymous		25.00		425.01	0.00	0.00
Anthony R.		45.00		45.00	0.00	0.00
Barbara C.					50.00	0.00
Brett R.					56.00	0.00
Christine CS					373.31	0.00
Eileen L.					125.00	0.00
Ellen M B					7.00	0.00
Karen M.					40.00	0.00
Lila M.					5.00	60.00
Molly R.					25.00	0.00
Sandra W.					73.00	0.00
Sarah L.					30.00	0.00
Susan V.		62.00		744.00	0.00	0.00
Wally E.					25.00	0.00
Walk In					1.29	0.00
TOTALS	5,512.25	65,211.43	195.00	700.00	295.00	3,357.72

7th tradition self-support contribution

IN MEMORIAM
Things We Can Not Change

To all of our members who have lost family and loved ones

Terry McM ; Eyeopener ~ 49 years
Joanne McC. ; 55 years ~ Action Group

Our thoughts and prayers are with you



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