

NEW FRONTIERS

A.A. of the Niagara Frontier

March 2026

THE CENTRAL COMMITTEE NEWSLETTER FOR ALL A.A. MEMBERS OF WESTERN NEW YORK AND THE NIAGARA FRONTIER

The Keystone

By Tim P, Cleveland, OH

Pages 60-63 in our Big Book clearly lays out that

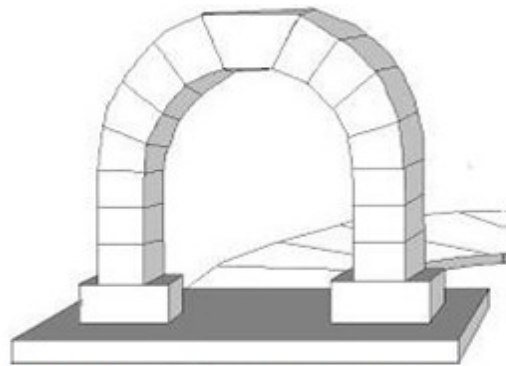
we are the problem in our own lives. I cannot rely on the very mind that led to my problems to get me out of them. I must find Power because mine is not enough. A life run on self-will cannot be a success if selfishness and self-centeredness is the root of my troubles! Wishing and trying on logic will not work and we have proven that to ourselves over and over again - in and out of sobriety. Isn't that a 'crack of thunder' realization? We had to have God's help, even though we had put down the bottle. A long-timer used to say "Alcoholics Anonymous is not in the business of convincing us of God - it is in the business of convincing us of the need for God" because if you suffer from the disease of body and mind, it truly seems the only way.

The deduction of the actor/director story combined with the realization that our selfishness is holding us back leads us to knowing that we have to quit playing God. We must stop controlling everything and everyone else while doing an even worse job of controlling ourselves. We are told that this idea is the **KEYSTONE** to this whole deal. The **keystone**, the stone that bears the weight of an entire wall in a doorway. This idea of quitting playing God is **THAT** important. It cannot float by itself, therefore the other stones, or steps, are very necessary. But they will all fall if I don't remember that my self-centered nature is the main cause of my problems and that I need a power greater than me if I am to have any success of not only staying sober but changing my life.

If I can get out of the way, remarkable things surely follow. I will be provided what I need IF, I stay close to this Power and try to do It's will. All my constant thoughts of what I want to happen next will start to subside. I will become interested in what I can bring instead of always thinking about what I can take. I will feel the presence of this Power and my fears will start to lessen. The decision in the Third Step prayer becomes a natural reaction.

Of course, this feeling can only last and grow with more action. I am only walking through the doorway. The path requires more Steps. If this was the spiritual awakening we are seeking, we would never take inventory or make amends. It is time to "launch"!

Akron Intergroup News; March 2022



STEP
3

Surrender



Made a decision to turn
our will and our lives
over to the care of God
as we understood God



The Luck Of The Irish

Jeff A, Keep the Focus



Actually, that phrase was invented because some of the most successful gold rush miners were Irish Americans and nobody did a fact check. St. Patrick's Day is the time of year when most people remember the phrase. I know it was a lucky day for me. It's my wedding anniversary (48 years but who's counting). But for us alcoholics, we should feel lucky every day. After all, many who have this disease succumbed in one way or another. They may have wrapped their car around a tree or just poisoned their body so much that it quit working. We have been very, very lucky to make it far enough to get into these rooms. So in the immortal words of Dirty Harry, 'Do you feel lucky punk? Well do ya?'

Me, I feel the same way about luck as I do about coincidence. There ain't no such thing. We live in a causal universe. For everything that happens, something caused it to happen. Cause and effect. Action and reaction. Even a flip of a coin. Your thumb is under the edge of the coin and the muscles in your hand contract driving the coin into the air where gravity brings it down, you catch it and flip it to the back of your hand and uncover it. Heads or tails is only a game of chance because we cannot adequately measure the force of your hand muscles, air pressure, etc.

Now in most cases, it's easier to see the effect than the cause. Otherwise people wouldn't keep doing the same thing and expecting different results. Now in my opinion, the cause of many events in my life is the intervention of my higher power that I call God not luck. Other people keep peeling back the onion looking for the root cause. That is a worthwhile pursuit but I just take the short cut. There comes a point where you have to just accept the obvious. I have a degree in math and I had a professor in college do a proof on the board and at one point said, 'And from here it's obvious'. He then got a faraway look and walked out of the room. After a while, he came back into the room waving a bunch of papers and said, 'Yes. It's obvious'.

My higher power dragged me into AA kicking and screaming. I didn't want to stop drinking until I was forced to. I did pray a lot to help me control my drinking but quit? Not so much. Little by little, Step by Step, I was painted into a corner where I couldn't escape the conclusion that I could never drink again. I had heard of AA of course but I had no idea what it was about. The day after I got out of rehab I went to my first meeting and never looked back. You can call it lucky that I knew someone in the program and that the group's meetings were the day after I got out of rehab and that I felt so welcome from the first meeting but I call it the effects of God working in my life.

So you can still call it the randomness of the universe, luck, coincidence or whatever you like. As for me I will continue to see the intelligent hand of God taking me where I couldn't go by myself ... Like to my next AA meeting.

"Why don't you choose your own conception of God?"



Bill W. and Ebby T.

That statement hit me hard. It melted the icy intellectual mountain in whose shadow I had lived and shivered many years.

I stood in the sunlight at last. It was only a matter of being willing to believe in a power greater than myself.

Nothing more was required of me to make my beginning.

Big Book p12

“

If you are alcoholic as we were, we believe there is no middle-of-the-road solution.

BIG BOOK OF AA PAGE 25

My friend promised when these things were done I would enter upon a new relationship with my Creator; that I would have the elements of a way of living which answered all my problems.

Bill's Story Pg-13

MARCH ANNIVERSARIES

Acceptance/Welcome

Melissa M. 2y
Tia P. 4y
Deonna T. 13y
Roxanne E. 15y

Amherst/Snyder

Elle B. 17y
David V. 21y
Bob M. 22y

Blvd Women's

Anna M. 20y

Buffalo Early Birds

Mark C. 4y
Dave C. 16y

Coldsprings

Luke P. 3m
Steve P. 9m
Al C. 35y

Eyepener

Steve S. 3m
Jenn O. 3m
Loni 3m
Kevin P. 6m
Nataliya 9m
Patricia A. 1y

Andy S. 1y
Mike T. 1y
Burke 1y
Ken S. 1y

Jason I. 3y
Mike C. 4y
Steve W. 5y
Trey G. 6y
Marc A. 8y

Stan W. 9y
Dan S. 15y

Eyepener South

Allison J. 6m
Ted M. 1y
Brian P. 2y
Martha H. 2y

Mark G. 3y
Chelsea C. 3y
Bill D. 4y
Jim K. 4y

Michele V. 6y
Richard B. 16y
Rick A. 22y
Ralph B. 32y

Martha K. S. 35y

Fireside

Sue B. 2y
Keith O. 2y
Megan B. 3y
Tom S. 12y

Scott M. 14y
John F. 16y
Joan G. 27y

First Step (NF)

Robert M. 18y
Jerome K. 20y

Fresh Start

Steven B. 21y

Give Me Shelter

Joe K. 5y
Rich B. 16y

Harmony

Linda A. 17y
Greg P. 18y
Vivian J. 26y
Tina W. 36y

How It Works

Anthony P. 3y
Tom G. 8y
Kevin H. 8y
Matt C. 11y

Ed R. 14y
Rich B. 16y
Steve J. 18y
Tom M. 28y

Bob L. 48y

Independence

William W. 12y

Ironhorse

Shannon K. 7y
Al P. 9y
Kurt S. 10y

Kristen H. 11y
Kathy R. 21y
Ann D. 35y

Just For Today

Dan S. 35y

Kensington

Peaches R. 44y

Keys To The Kingdom

Pat K. 5y
Tina B. 7y
Erin C. 8y

Elaine B. 31y

Lakeshore

Sarah S. 3y
Karen S. 15y

Lewport

Danirle M. 1y
Zach R. 1y
Sarah M. 5y

Rachel S. 8y
Jeff E. 13y
Bill B. 15y

Life Ahead

Joe K. 5y
Rich B. 16y

Lockport Ladies

Chris L. 4y
Aleza O. 9y
Mandy W. 12y

Judy H. 18y

Marching Forth

Ellen H. 16y

North Evans

Dan N. 6y

Orchard Park Step

Kristen K. 11y

Sheri B. 31y

Purpose

Joe K. 5y
Patrick F. 12y
Lisa M. 13y

Ellen H. 29y
Arlene P. 47y

Questions & Answers

William W. 12y

Renaissance

Kevin T. 2y
Ollie K. 16y

Remember When

Gregg P. 21y

Rigorously Honest

Pat S. 9y
Patti K. 26y

Rise & Shine

Todd S. 7y
Debbie E. 7y
Kevin R. 21y

Jess M. 30y

Seraching For

Katie 4y
Joe K. 5y
Rich B. 16y

Anna M. 20y
Jane M. 42y

Sheridan

Pat S. 19y
Jim M. 27y
Sheri B. 31y

Jim E. 57y

Sunday Morning B.

Alex B. 9m
Dave R. 38y

T.G.I.F. Paul G. 1/y

The Grove

Nick T. 4y
Carol L. 4y
Katie V. 4y

Terrin B. 6y
Barb G-W 12y
Pat L. 31y

Thruway

Mary K. 12y
Keith D. 12y
Dave V. 21y

Jim S. 38y
Ryan H. 8y

Williamsville

Steve R. 6m
Dean C. 23y

GROUPS CELEBRATING

A Day At A Time: 43y

All Is Well: 10y

Attitude Adjustment: 42y

Big Book/Spiritual Studies: 22y

Clarence Men's Discussion: 46y

Coffee Break: 5y

Daily Maintenance: 4y

Dunkirk Monday Nite: 77y

Eden: 3y

Friday Night Lights: 12y

Grand II Joy Of Living: 39y

Holland: 31y

Just For Today/Albion: 28y

Keep It Comin': 28y

Lake View: 45y

Language Of The Heart: 3y

Life Ahead: 6y

Lockport#1: 79y

Marching Forth: 11y

Medina Big Book: 29y

Power 4 Living: 3y

Renaissance: 37y

Rise & Shine: 34y

Rochester Meeting: 33y

Rural Is Plural: 33y

Serenity: 63y

Set Aside: 28y

Sheridan: 52y

Sober Saturday: 27y

Sober Trail: 49y

Southgate: 49y

Surrender & Hope: 34y

The Absolutes: 12y

The Grove: 16y

Thruway: 53y

Unity: 51y

the anniversaries **MUST**

be submitted by the **12th**

END OF BUSINESS DAY 4:00 PM

of the month **previous**

THE TREMENDOUS FACT FOR EVERY ONE OF US IS THAT WE HAVE DISCOVERED A COMMON SOLUTION. WE HAVE A WAY OUT ON WHICH WE CAN ABSOLUTELY AGREE, AND UPON WHICH WE CAN JOIN IN BROTHERLY AND HARMONIOUS ACTION. THIS IS THE GREAT NEWS THIS BOOK CARRIES TO THOSE WHO SUFFER FROM ALCOHOLISM.

Bill W pg 17

Quotes Creator

What usually happens? The show doesn't come off very well. He begins to think life doesn't treat him right. He decides to exert himself more.

He becomes, on the next occasion, still more demanding or gracious, as the case may be. Still the play does not suit him.

Admitting he may be somewhat at fault, he is sure that other people are more to blame. He becomes angry, indignant, self-pitying.

- How It Works Pg-61

Whatever our ideal turns out to be, we must be willing to grow toward it. We must be willing to make amends where we have done harm, provided that we do not bring about still more harm in so doing.

~ How It Works, pg. 69~

Actually we were fooling ourselves, for deep down in every man, woman, and child, is the fundamental idea of God.

Alcoholics Anonymous — Pg. 55

PLEASE READ AT YOUR MEETING...HELP KEEP EVERYONE INFORMED :-)

BUFFALO CENTRAL OFFICE
ALCOHOLICS ANONYMOUS
(716) 853-0388
9:00 AM- 12:30PM, 2:00 PM- 4:00 PM

111 Crocker (Franklin St. Entrance
SLOAN, NEW YORK 14212
Fax: 853-0389
buffalooaa@hotmail.com

Real-Time schedule? Check your website: www.buffaloany.org

March 2026

IF YOUR GROUP IS NOT MEETING, PLEASE INFORM THE CENTRAL OFFICE. THIS INCLUDES THOSE MEETING DAYS WHEN YOUR SITE IS CLOSED FOR A HOLIDAY.

MEETING CHANGES: Since Paper Schedule 2024:)

- Amsdell Step Group; No Longer Meets
- Tri County Group; NO LONGER MEETS
- Chapter IX Group, Tuesday's, 8pm, has moved to First Presbyterian Church, 149 Broad St., Tonawanda 14150
- Life Ahead Group on Tuesday, has moved to Faith Unity Presbyterian Church, 3150 Elmwood @ Home-wood, Kenmore 14217.
- Surrender & Hope Group, Saturday's, 6pm, has moved to First Presbyterian Church, 149 Broad St., Tonawanda 14150
- Searching for Serenity, Monday's 6pm, has moved to First Presbyterian Church, 149 Broad St., Tonawanda 14150
- The Derby Lunch; No Longer Meets
- Abbott Corners; No Longer Meets
- East Aurora Group has moved: Nativ-ity Lutheran Church, 970 East Main St., EA.
- Rochester Group is Inactive until fur-ther notice.
- Medina Step Work/Big Book now only meets on Tuesday.
- Monday Night Solution Group has changed it's **start** time to 6:30 PM.
- Changing Our Way's Group in Ham-burg; No longer Meets.
- Thankful Heart Group on Zoom has changed it's login ID; 9959446952. The Monday in person meeting has been Canceled.
- All group that met at the Salvation Army on Military; No Longer Meet.
- New Group: Road To Destiny; Nickel City Club House, 371 Delaware Ave. Buffalo (W), 14202. Sat. 12:30 PM. Closed Disc., LGBTQ, Literature Step .
- HIP (Hope Is Promised) Group has moved to Central Park United Method-ist, 216 Beard Ave, Buffalo 14214. Time & day also have changed to Wed. 6pm.

- Marilia Group; No Longer Meets :(
- Just for Today group has moved to the Central Office Outer Office . Sat.; 10 am
- Eternal Vigilance now meets Wed. 6:30pm.
- Shelter from the storm has moved back to St. Andrew's Church, 111 Crocker St., Sloan 14211
- Misfits Group will No longer Meet.
- Kenmore Group is changing its name to Thurs. Night Step Table.
- New Group: Welcome Home: Monday, 6:30 pm. Ebenezer Christian Ed. Building, Rm #1, 616 Main St., West Seneca 14224. Closed Disc., OD last wk of the month.
- Depth & Weight Group has moved. Effective **7:00 PM**. Resurrection Life Church, Family Life Center Youth Gr. Room, 2155 Old Union Rd., Cheektowaga 14227 (No meeting Aug 22)
- Soul Purpose Group has moved. 7pm @ the Hope Center. 781 Maple @ N. Forest, Wil-liamsville
- New Group: Freedom To Live: Friday, 5:30 pm, Orchard Park Presbyterian Church, 4369 S. Buffalo Str., OP, 14217 (back door near playground). Open
- Heart to Heart Group now meets on Monday; 6:30 PM
- Rigorously Honest Group, has added a big book study to our meeting format and we also have beginner/ general discussion. We are also an open meeting on the last Thurs. for anniversaries.
- Surrender to Win Group at the hope Center, Sat, will now **start @ 10:15 PM**
- Dunkirk Discussion, now meets on Wednes-days 7 PM'
- New Group: Pause & Get Calm, Thursday's @ 7 PM, Amity Club. Candlelight Meeting reading from Big Book & !2 & 12.
- University Men's is changing its start time to 7:30 PM.
- New Group: A Better Way; Sat. 7PM, St. Paul's United Church of Christ, 3921 Mapleton Rd. NT 14120. OD. Effective June 7th.
- Courage Group has moved, Resurrection Church Meeting Hall, 130 Como Park Blvd, Cheektowaga 14227, Saturday 10 AM.
- Serenity On The Lake has moved to Parish of the Lady Church, 10708 Brant Angola Rd., Brant 14027



SCAN ME

Convention Speaker Tapes will be available for download free of charge following the convention.

Scan the above barcode or download them from then central office website at:

<https://buffaloany.org/convention-speakers/>

SERVICE OPPORTUNITIES: COMMITTEE MEETINGS

~ March 1st: Committee Meetings

that meet prior to Central Committee 5:30 PM

St. Andrew's Church Parish, (Corner of Crocker & Reiman) , Sloan, 14212,

Steering Committee (5:30 PM) in CO, Public Information Committee meeting,

Treatment Facilities Committee, Corrections Committee

Education & Participation, Nightwatch Committee

Followed By Central Committee 7:00 PM

COMING EVENTS: Please submit your upcoming events for future issues, **also** flyers can be uploaded to our website: <https://buffaloaany>.

Convention Committee

Wednesday; March 4th

7:15 PM

Room 105; 111 Crocker St.

Sloan ,NY 14212

HELP WANTED

Ready to get involved in A.A.?

A.A. members work together to help the alcoholic who still suffers. Helping each other is a key to staying sober. There are many opportunities to participate in a variety of ways. The best place to start getting involved is through an A.A. group. Participating in a group helps ensure that when a person reaches out for help, A.A. will be available.



**Self-Supporting through our
own Contribution's...**

Did You Know

**You could join the Envelope System and
Anonymously contribute to the Central Office
Through our website's**

**7th Tradition tab... you can do a single contribution
of set up a reoccurring contribution. Please make
sure in the Note's section you put Envelope System.
Thank-You**

AA NIGHTWATCH VOLUNTEERS NEEDED

**ANSWERING
THE CALL**

ONE NIGHT AT A TIME

Alcoholics Anonymous Nightwatch is a
24-hour phone service that answers the main
AA phone line during overnight hours.

**WE ARE SEEKING AA GROUPS
TO VOLUNTEER**

WHAT NIGHTWATCH SERVICE OFFERS:

- ✓ A direct way to carry the AA message
- ✓ Group unity through shared responsibility
- ✓ Support and training for all volunteers
- ✓ A chance to be there for someone on their first step

GET INVOLVED

Contact: Karen Gard
karenann7878@hotmail.com
716-532-7878

Bulletin Board

Flyers for upcoming events



MARCH 14, 2026

THE HOPE CENTER

781 MAPLE ROAD

MUSIC BEGINS AT 12

AND GOES UNTIL 7PM

FOOD BEGINS AT 2PM

SPEAKER AT 4:30

CALL OR TEXT MATT N. TO GET INVOLVED 716-200-2496



18th Cataract City Convention

Rooted in serenity.
Growing in grace.

MARCH 20-22, 2026 • Sheraton at the Falls

300 Third Street • Niagara Falls, NY 14303 • Opens Friday at 2pm

Anonymity is the spiritual foundation of all our traditions, ever reminding us to place principles before personalities.

CONVENTION FEATURES

- 6 Speakers + 5 Panels Throughout Weekend
- Friday Early Bird Speaker 4pm: Dan K.
- Saturday Night Banquet and Dance
- Archive Display, Raffles and Mugs For Sale
- Al-Anon Participation

HOTEL ROOM INFORMATION

CONVENTION RATE: \$109/ NIGHT (STANDARD RM.)
EXCL. TAXES AND FEES. RATE CUT OFF DATE 02/19/26
RESERVATION LIASON AT HOTEL: ASHLEY KINNEY (716) 278-2695
ONLINE RESERVATION PREFERRED:
<https://book.passkey.com/go/Cataractcityconvention2026>

REGISTRATION INFORMATION

There are no refunds. One Form per Person. For questions or special needs contact Alan T. @ 716-345-0250 (Registration Chair) or Dan K. @ 716-479-8074 (Co-Chair). Make checks payable to Cataract City Convention (US funds only) and mail to: P.O. Box 734, Niagara Falls, NY 14304.

	AA	Al-Anon	Alateen	USE FORM OR QR CODE BELOW
Registration + Banquet:	<input type="radio"/> \$80	<input type="radio"/> \$80	<input type="radio"/> \$65	Pre-regist. deadline for dinner By mail: March 4, 2026 Online: March 10, 2026
Registration ONLY:	<input type="radio"/> \$30	<input type="radio"/> \$30	<input type="radio"/> \$15	
Banquet ONLY:	<input type="radio"/> \$50	<input type="radio"/> \$50	<input type="radio"/> \$50	
Souvenir Mug:	<input type="radio"/> \$5	<input type="radio"/> \$5	<input type="radio"/> \$5	
TOTAL:	\$	\$	\$	

NAME ON BADGE:

FIRST NAME:

LAST NAME:

EMAIL:

PHONE:

Monday Night Group Anniversary

77 Years

19 West Fourth Street
Dunkirk, NY
Westminster Hall, First Presbyterian Church

Come and help us Celebrate our Group Anniversary

March 30, 2025 Doors Open at 6:30 eat at 7:00 pm

Pulled Pork, and Beverages will be provided. Please bring a dish to share.

Speaker at 8:00pm : Brian B. Area 50 Chair

50/50 and Door Prizes

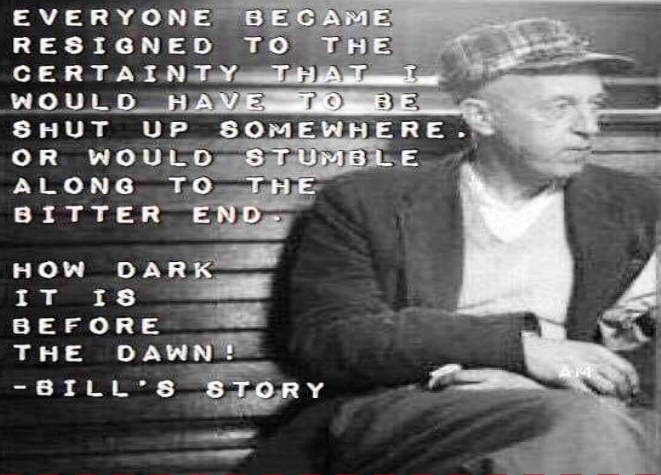
We hope you will come and help us Celebrate this milestone in Dunkirk.



WE NEED YOU!!!

GSR Coffee Hour is looking for help in 2026! Whether you are already passionate about service or would like to get your feet wet, this is the perfect service opportunity for you! GSR coffee hour is a monthly zoom meeting where General Service Reps (GSRs) and anyone else who would like to learn about general service get together and learn about what is going on in Area50 and Alcoholics Anonymous!

We are looking for people who would like to help run the meeting and bring some ideas to the table! We meet the first Thursday of the month at 7pm on Zoom and we will also meet for planning purposes throughout the month. Maybe your sponsor is telling you that you need to do more service (hint hint). If you would like to help, email Emma K. at p74gsorientation@area50wny.org or text/call 716-401-2503. Can't wait to hear from you!



Holland Group
41st, Anniversary
Celebration ,
Wednesday
March 25.
Food at 7:00 PM
Speaker
At 8:00.

AA General Service

INTERGROUPS



THE 63rd ANNUAL
INTERNATIONAL WOMEN'S CONFERENCE OF AA
IS COMING TO BUFFALO, NEW YORK
FEBRUARY 11-14, 2027!

REGISTRATION OPENS SATURDAY FEBRUARY 14, 2026!

Want to learn more?
Zoom in to get details and have your questions answered!

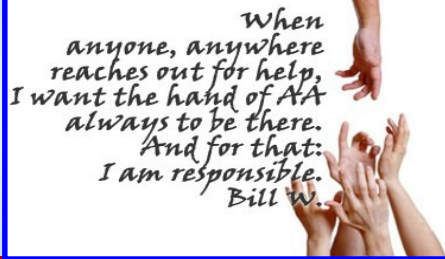
Pick a Zoom session and bring a friend!

February 21, 2026 - 11:00 AM
February 23, 2026 - 7:30 PM
March 8, 2026 - 11:00 AM
March 18, 2026 - 7:30 PM

<https://zoom.us/j/95175776384>



AA as a whole is NOT Anonymous...It's member's are!!!



Central Committee Minutes February 1st, 2026

The meeting opened at 7:00pm by Chairperson Ryan P. with a moment of silence followed by the Responsibility Declaration and the Serenity Prayer. Volunteers read as follows: Preamble read by Jessie, The Purpose of Central Committee by Emma, and the Twelve Traditions by Karen. Sean presented the Second Tradition. Diane will present the Third Tradition at the next meeting in January.

The following 25 Groups were represented: Buffalo Group, Gatehouse, Journey, Questions & Answers, Abbott Men's Discussion, Any Lengths Group, Valley Group, We Have Recovered, Action Group, Orchard Park Step, Sobriety @ The Stables, Lockport #1, Derby Group, Dunkirk Monday Nite, Lakeshore Group, North Evans Mens, Silver Creek Friendship, Sobriety Mens Discussion, East Amherst Into Action, Lighten-Up, Straight Pepper Diet, TGIF, The CPR Group, Williamsville Group, Women Making The Effort.

Motion to accept the January 2025 Central Committee Meeting Minutes.

Seventh Tradition brought in \$68.00

Thank you to Lockport #1 Group for the refreshments, Silver Creek Group is up for refreshments.

Reports

Envelope System: Terry reported. \$1091.00 was brought in for January 2026.

Steering Committee: Laurie reported. Nothing to report.

Financial Report : Nick presented; This is the Un-Reconciled report

January 2025; our Starting Checkbook balance was \$49,447.76. We took in \$ 4,815.28 in Contributions from Groups and individuals. The Envelope System took in: \$1,091.00. Literature, Tax & shipping came to \$3,235.07 (which is **up**). New Frontiers Subscriptions; \$33.00.. Joint meeting (Central Committee) was \$50.00. Archives room rent; \$340.00. Our Total income was **\$9,564.35**.

Our expenses totaled **\$19,935.09** (way up due to stocking literature , 3 pay periods & the D&O insurance). This means, we took in **\$10,370.74 less** than our expenses this month. **YTD we are down \$10,370.74**. Final checkbook balance is \$39,077.02.

Corrections beginning balance was \$1,153.60.. Income= \$100.00. Expenses; \$126.00 plus a \$3.00 Bank Fee, for a balance of **\$1,124.60**.

Treatment beginning balance was \$688.47. Contribution's totaled \$230.00 Expenses: \$200.00 plus a \$3.00 bank fee, for a final balance of **\$715.86**.

Central Office: : **Jan. Central office: TOTAL CALL's INCLUDING AFTER-HOUR'S; 137, Total 12-STEP:13, Also had 1031 emails.**

NEXT MEETING: March 1st, 2026

Treatment Facilities: Laurel reported. Met Sunday 01, 2026 with 12 in attendance. Bill H was the chair person. Available monthly commitments, 3rd Friday of every month at Casa DaVita (women's only), at 7:00 pm, 200 Albany St, Buffalo. 1st and 3rd Sundays of every month currently at ECMC Detox, also 7:00 pm meeting. ECMC is currently requiring only 2 members of AA at each detox, 4 total, no food or drink, including coffee. If you have a loved on currently in detox, they ask that you do not attend to avoid a conflict of interest. Treatment committee asks that if you are unable to attend a commitment, please do everything you are able to fill the commitment, if unable please ensure you contact the facility. Next meeting will be Sunday 3/1 at 5:30 pm. They are also in the process of getting a digital calendar up and running to simplify the process.

Corrections: Julie reported. Had their first meeting today, Sunday 01, 2026, with seven people in attendance. There has been an organized Men's meeting at the Alden Correctional Facility, 5:00 pm Sunday. If you are interested in attending, please visit the Area 50 website for County Clearance.

Night Watch: : Karen reported. February commitment is currently held by Lighten Up .

Fall Convention 2026 Report: No report.

Education & Participation: Ben reported. Provided a brief regarding his position. He is in the process of attempting to organize greeters. Also requested that attendees ensure they are signing in to more effectively track attendance. Phone number was given to contact with any new member questions (716) 880-4971.

Internet Presence: No report given.

PIC/CPC: Marty reported. This month they were invited to meet with the Ironworkers Union and the Bricklayers Local 3-NY, gave a presentation and provided them with literature as well as a flyer with QR code that goes directly to the Central Office. Additionally they have contacted the Civil Service Employees Association and talked with a person there. They requested the information to be sent via email. Lastly, left a flyer at the parole office and reached out to the Employee Assistance Program for this portion of NY State. Moving forward they will continue to reach out and foster relationships with the Unions and Businesses of Western NY to share AA information.

~ continued next page

**Work the program,
not the problem.**

GSA Liaison: Tracy reported. There was a GSA was held on 01/24/26. Five motions were brought to the floor. One regarding the area handbook was withdrawn due to revisions. The other 4 passed. Two were regarding the maintenance and guidelines for the Area 50 FB page--one was for approving who will be the admins each channel, the other was for approving the guidelines regarding what content will be approved to be posted on the A50 FB page which relates to general service events that strictly adheres to the traditions. The other two that were approved was changing the date for the precon assembly and approving the budget for the new corresponding secretary in communications committee. The next ACM is at 7pm on 02/09/2026 thru zoom. Details for that are available on the area web-site. Scott H of AAWS published a letter to the fellowship highlighting the necessity for unity and sacrifice in service so we can ensure our lives and the lives of those to come.

Archives: Heidi reported. Have been holding monthly committee meetings on the last Wednesday of every month at 6:00 pm. Currently creating an inventory process, thank you to AA for sending members skilled in this area. Brought a display to Area 50.

Old Business:

Remaining open positions:.

Steering Committee -

Zone 1 - No nominations

Zone 7 - No one present

New Business:

No new business.

Next Meeting: Sunday, March 1st, 2026.

Snacks for Central Committee :

Snacks for 2026

March 1st – Silver Creek

April 12 – Any Lengths

May 3 – The Gatehouse

June 7 – TGIF

July 12 – How it Works

August 2 – Tuesday Men's Discussion

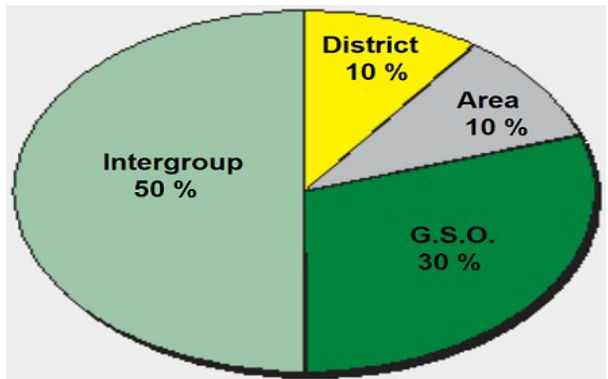
September 13 – Abbott Men's

October 4 – The CPR

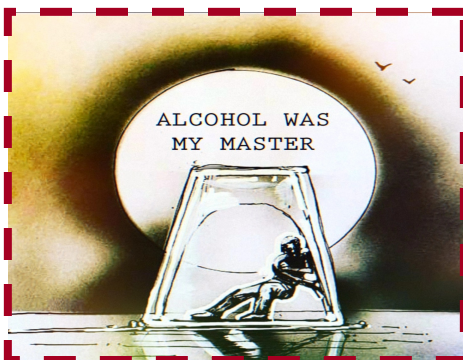
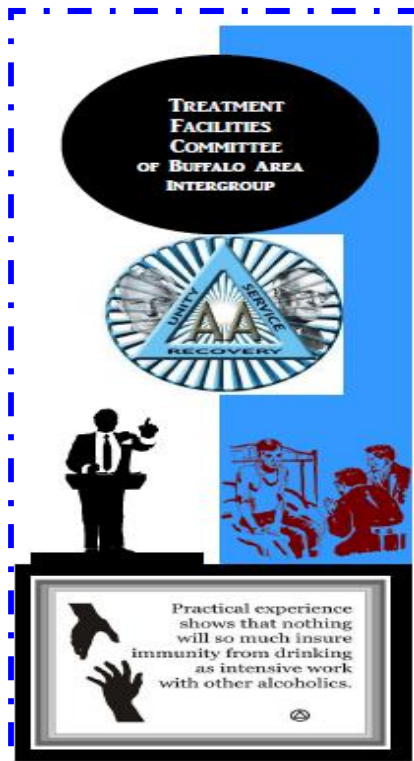
November 1st – Matt Talbot

December 6 – Williamsville Group

Next Meeting: Sunday, March 1st, 2026.



Suggested Disbursement



Cash Flow Statement		Jan-26
Beg Bal Cash on hand		49,447.76
Contributions		
Groups		4,815.28
Central Committee 7th traditio		50.00
Envelope System		1,091.00
New Frontiers Subs		33.00
Literature/Medallions/Pins		3,048.10
Literature Sales Tax		186.97
Literature Postage		-
Income (+)		-
Archives Room Rent:		340.00
Meetings @ CO		-
Misc		-
Transfer from PR		-
Conventions/Day of Sharing		-
Monthly Income		9,564.35
Expenses		
Building Rent/Utilities		1,000.00
Central Com. Rent		35.00
Payroll Gross		5,815.38
Employment Taxes		566.98
Unemployment Surchar		(28.71)
NYS Sales Tax		-
Insurance		-
State Ins Fund(Travelers)		-
Health		40.28
D&O Insurance		1,083.00
Liability		-
Legal Fees		-
Postage		606.92
Phone/Internet		195.00
Accounting		-
Payroll Service		182.30
Literature Expenses		-
Grapevine		-
World Services Inc		9,770.49
Hazeldon		-
Printers		-
Medallions		-
Office Supplies		79.95
Copies/ service contract		195.00
Copier Lease		198.77
Bank Fee's including credit		194.73
Transfer to PR		-
Expense /Balance (-)		-
GSA Host		-
Workshop		-
Monthly Expenses		19,935.09
Monthly Income (Loss)		(10,370.74)
End Balance		39,077.02
Petty Cash		3,000.00
Total Balance		42,077.02
PRUDENT RESERVE		30,003.99
Assets: Literature& Medallions		30,567.46
Literature Receivable:(outstanding)		123.62
Removed from Stock		-
Corrections Facilities		1,153.60
Contributions		100.00
Bank Fee's		3.00
Expenses		126.00
Balance		1,124.60
Treatment Facilities		688.86
Contributions		230.00
Bank Fee's		3.00
Expenses		200.00
Balance		715.86

YTD: 2026

4,815.28
50.00
1,091.00
33.00
3,048.10
186.97
-
-
340.00
-
-
-
-
9,564.35

1,000.00
35.00
5,815.38
566.98
(28.71)
-
-
-
40.28
1,083.00
-
-
606.92
195.00
-
182.30
-
-
9,770.49
-
-
-
79.95
-
195.00
198.77
194.73
-
-
-
-
19,935.09
(10,370.74)

Thank You!

100.00
3.00
126.00
(29.00)
230.00
3.00
203.00
24.00

Tradition Three: *The only requirement for AA membership is a desire to stop drinking.*

- In my mind, do I prejudice some new AA members as losers?
- Is there some kind of alcoholic whom I privately do not want in my AA group?
- Do I set myself up as a judge of whether a newcomer is sincere or phony?
- Do I let language, religion (or lack of it), race, education, age, or other such things interfere with my carrying the message?
- Am I over impressed by a celebrity? By a doctor, a clergyman, and ex-convict? Or can I just treat this new member simply and naturally as one more sick human, like the rest of us?
- When someone turns up at AA needing information or help (even if he can't ask for it aloud), does it really matter to me what he does for a living? Where he lives? What his domestic arrangements are? Whether he had been to AA before? What his other problems are?

Spirituality and Money

"While the work of the group treasurer often involves many details, it is important to remember that the money the treasurer oversees serves a spiritual purpose: it enables each group to fulfill its primary purpose of carrying the A.A. message to the alcoholic who still suffers. This is the fundamental work of A.A. and to continue it the group must keep its doors open. The group treasurer is an important part of this Twelfth Step work."

"We have recovered, and have been given the power to help others. What greater cause could there be for rejoicing than this?"

Alcoholics Anonymous p.132



Concept III: To insure effective leadership, we should endow each element of A.A. —the Conference, the General Service Board and its service corporations, staffs, committees, and executives—with a traditional "Right of Decision."

- Do we understand what is meant by the "Right of Decision"?
- Do we grant it at all levels of service or do we "instruct"?
- Do we trust our trusted servants ?
- responsibilities?

Group Contributions

GROUP CONTRIBUTIONS 2024

Zone	CENTRAL		CORRECTIONS		TREATMENT	
	JAN	YEAR	JAN	YEAR	JAN	YEAR
6 11:45 Noon	75.00	75.00		0.00		0.00
1 11 th Step		0.00		0.00		0.00
1 4th Dimension(Misfits)		0.00		0.00		0.00
5 6th Step		0.00		0.00		0.00
5 A Better Way	90.00	90.00		0.00		0.00
4 A Day At A Time		0.00		0.00		0.00
3 A Vision For You		0.00		0.00		0.00
3 Abbott Corners		0.00		0.00		0.00
3 Abbott Men's		0.00		0.00		0.00
2 Acceptance/Welcome	300.00	300.00		0.00		0.00
8 Achievement		0.00		0.00		0.00
4 Action		0.00		0.00		0.00
5 Albion Sunday		0.00		0.00		0.00
3 Alexander		0.00		0.00		0.00
3 All Is Well	140.00	140.00		0.00		0.00
6 Amsdell Step		0.00		0.00		0.00
8 Amherst Snyder	300.00	300.00		0.00		0.00
1 Another Chance		0.00		0.00		0.00
2 Any Age		0.00		0.00		0.00
3 Any Lengths	30.00	30.00		0.00		0.00
4 Arcade/ Yorkshire		0.00		0.00		0.00
6 As Bill Sees It		0.00		0.00		0.00
8 Attitude Adjustment(Williamsville)		0.00		0.00		0.00
5 Attitude Adjustment(NF)		0.00		0.00		0.00
6 Attraction		0.00		0.00		0.00
3 Awareness		0.00		0.00		0.00
6 Backdoor		0.00		0.00		0.00
6 Beginners-A Vision For You		0.00		0.00		0.00
5 Beginnings (NF)		0.00		0.00		0.00
7 Beginning In Sobriety II		0.00		0.00		0.00
8 Beginning's Women	100.00	100.00		0.00		0.00
8 Big Book @ Brothers	283.00	283.00		0.00		0.00
Big Book - Lockport		0.00		0.00		0.00
6 Big Book Study		0.00		0.00		0.00
5 BB Spiritual Studies		0.00		0.00		0.00
Black Top Meeting		0.00		0.00		0.00
Big Book Study Fredonia	75.00	75.00		0.00		0.00
3 Blasdel		0.00		0.00		0.00
3 Blasdel Monday		0.00		0.00		0.00
3 Blasdel Saturday		0.00		0.00		0.00
5 Boulevard Helping Hand		0.00		0.00		0.00
2 Boulevard Women		0.00		0.00		0.00
7 Buffalo Group		0.00		0.00		0.00
Buffalo Early Birds	500.00	500.00		0.00	100.00	100.00
3 By the Wayside		0.00		0.00		0.00
6 Carry the Message		0.00		0.00		0.00
7 Central City Café	50.00	50.00		0.00		0.00
2 Central Park		0.00		0.00		0.00
6 Changing Our Way's		0.00		0.00		0.00
2 Chapter IX		0.00		0.00		0.00
3 Cheektowaga	150.00	150.00		0.00		0.00
8 Clarence Men's		0.00		0.00		0.00
7 Coldsprings		0.00		0.00		0.00
3 Courage	200.00	200.00		0.00		0.00
5 Daily Maintenance		0.00		0.00		0.00
2 Daily Reflections		0.00		0.00		0.00
2 Daily Reprieve		0.00		0.00		0.00
2 Dawn of Hope		0.00		0.00		0.00
8 Delaware Park Men's		0.00		0.00		0.00
2 Depth & Weight		0.00		0.00		0.00
6 Derby	150.00	150.00		0.00		0.00
1 Downtown Men's		0.00		0.00		0.00
6 Dunkirk Monday Night		0.00		0.00		0.00
8 East Amherst		0.00		0.00		0.00
8 East Amherst Into Action		0.00		0.00		0.00
4 East Aurora		0.00		0.00		0.00
2 Easy Does It	150.00	150.00		0.00		0.00
6 Eden		0.00		0.00		0.00
4 Ellicottville		0.00		0.00		0.00
6 Eternal Vigilance		0.00		0.00		0.00
6 Everybody's		0.00		0.00		0.00
2 Excellent Adventure		0.00		0.00		0.00
8 Eyeopener		0.00		0.00		0.00
4 Eyeopener South		0.00		0.00		0.00
8 Fireside	200.00	200.00		0.00		0.00
5 First Step (NF)		0.00		0.00		0.00
6 Forestville In The Solution		0.00		0.00		0.00
6 Fredonia Discussion		0.00		0.00		0.00
7 Fresh Start		0.00		0.00		0.00

Zone	CENTRAL		CORRECTIONS		TREATMENT	
	JAN	YEAR	JAN	YEAR	JAN	YEAR
1 Friday Night Lights		0.00		0.00		0.00
5 Friendly		0.00		0.00		0.00
3 Gardenville		0.00		0.00		0.00
6 Gettin With It		0.00		0.00		0.00
5 GIVE ME SHELTER		0.00		0.00		0.00
6 Go to Any Length	160.00	160.00		0.00		0.00
5 Golden Slipper		0.00		0.00		0.00
1 Grace & Dignity		0.00		0.00		0.00
2 Grand		0.00		0.00		0.00
2 Grand II Joy of Living		0.00		0.00		0.00
2 Grateful		0.00		0.00		0.00
6 Hamburg		0.00		0.00		0.00
7 Harmony		0.00		0.00		0.00
6 Heart To Heart Womens		0.00		0.00		0.00
7 Hertel Discussion		0.00		0.00		0.00
8 High Noon		0.00		0.00		0.00
8 High View		0.00		0.00		0.00
4 Hillbilly		0.00		0.00		0.00
6 Holiday Village/Desire		0.00		0.00		0.00
4 Holland		0.00		0.00		0.00
2 Honesty		0.00		0.00		0.00
2 How It Works/Men's		0.00		0.00		0.00
2 I Am Responsible	23.50	23.50		0.00		0.00
3 Ironhorse		0.00		0.00		0.00
8 IT		0.00		0.00		0.00
5 Just For Today/ Albion		0.00		0.00		0.00
3 Just For Today/ Cheektowaga		0.00		0.00		0.00
2 Keep IT Comin'		0.00		0.00		0.00
4 Keep It Simple Sister		0.00		0.00		0.00
2 Kenmore		0.00		0.00		0.00
8 Kensington		0.00		0.00		0.00
5 KITCHEN TABLE AA		0.00		0.00		0.00
6 Lakeview		0.00		0.00		0.00
6 Lakeshore		0.00		0.00		0.00
3 Lancaster Dailey Reprieve		0.00		0.00		0.00
6 Laguage Of The Heart		0.00		0.00		0.00
5 Lasalle		0.00		0.00		0.00
Lawyer's		0.00		0.00		0.00
5 LewPort		0.00		0.00		0.00
2 Life Ahead		0.00		0.00		0.00
4 Life Today		0.00		0.00		0.00
8 Lighten UP		0.00		0.00		0.00
2 Living in the Solution		0.00		0.00		0.00
2 Living Sober		0.00		0.00		0.00
5 Lockport #1		0.00		0.00		0.00
5 Lockport Discussion		0.00		0.00		0.00
5 Lockport Ladies		0.00		0.00		0.00
5 Lockview	100.00	100.00		0.00		0.00
7 Love		0.00		0.00		0.00
7 Lovejoy		0.00		0.00		0.00
3 LOW BOTTOM		0.00		0.00		0.00
5 Lower River		0.00		0.00		0.00
5 LUNCH BUNCH ALBION		0.00		0.00		0.00
1 Main and High		0.00		0.00		0.00
4 Main Street		0.00		0.00		0.00
3 Marching Forth		0.00		0.00		0.00
4 Marilla		0.00		0.00		0.00
3 Matt Talbot		0.00		0.00		0.00
6 McKinley Winners		0.00		0.00		0.00
5 Medina New Life	50.00	50.00		0.00		0.00
5 MEDINA STEP WORK/BIG BOOK		0.00		0.00		0.00
2 MEN WHO TRUDGE		0.00		0.00		0.00
Monday Morning Disc.		0.00		0.00		0.00
7 MONDAY NIGHT SOLUTION		0.00		0.00		0.00
1 Monday Women's		0.00		0.00		0.00
3 New Destiny		0.00		0.00		0.00
5 Newfane Living Sober		0.00		0.00		0.00
3 NEW LIFE (ALDEN)		0.00		0.00		0.00
3 New Life		0.00		0.00		0.00
5 Niagara Frontier Men's Disc.	76.00	76.00		0.00		0.00
2 North Buffalo		0.00		0.00		0.00
6 North Evans Men's		0.00		0.00		0.00
4 North Java Monday		0.00		0.00		0.00
1 ON AWAKENING/ Men		0.00		0.00		0.00
1 ODAT		0.00		0.00		0.00
4 Orchard Park Step		0.00		0.00		0.00

Zone	GROUP	CENTRAL		CORRECTIONS		TREATMENT	
		JAN	YEAR	JAN	YEAR	JAN	YEAR
2	Peaceful Tuesday	75.00	75.00		0.00		0.00
5	Point of No Return		0.00		0.00		0.00
5	Power 4 Living		0.00		0.00		0.00
1	Primary Purpose		0.00		0.00		0.00
4	Principles Bef. Personalities		0.00		0.00		0.00
2	Purpose/Tonawanda		0.00		0.00		0.00
2	Questions & Answers		0.00		0.00		0.00
4	Ray Of Hope		0.00		0.00		0.00
	RECOVERY IN THE PARK		0.00		0.00		0.00
4	Recovered Men's		0.00		0.00		0.00
3	Recovery Near the Gardens		0.00		0.00		0.00
7	Remember When	100.00	100.00		0.00		0.00
1	Renaissance		0.00		0.00		0.00
8	Renewal	535.00	535.00		0.00		0.00
3	Ridge		0.00		0.00		0.00
4	RO Cettes WOMEN'S		0.00		0.00		0.00
2	RIGOROUSLY HONEST		0.00		0.00		0.00
1	Rise and Shine		0.00		0.00		0.00
7	Rochester		0.00		0.00		0.00
1	ROOM TO GROW		0.00		0.00		0.00
4	Rural is Plural		0.00		0.00		0.00
2	Sally		0.00		0.00		0.00
8	Saturday Night Alive		0.00		0.00		0.00
6	Sat. Nite Sober		0.00		0.00		0.00
2	Searching For Serenity		0.00		0.00		0.00
2	Serenity		0.00		0.00		0.00
6	Serenity on the Lake		0.00		0.00		0.00
6	Serenity Trails		0.00		0.00		0.00
1	Setaside		0.00		0.00		0.00
7	Shelter From The Storm		0.00		0.00		0.00
2	Sheridan		0.00		0.00		0.00
6	Silvercreek Friendship		0.00		0.00		0.00
5	Simplicity		0.00		0.00		0.00
3	SOBER ON SENECA		0.00		0.00		0.00
3	Sober Saturday		0.00		0.00		0.00
3	SOBER SUNDAY		0.00		0.00		0.00
6	Sober Trails		0.00		0.00		0.00
2	Sober Train		0.00		0.00		0.00
5	Sober Winners	175.00	175.00		0.00		0.00
4	SOBRIETY @ THE STABLES		0.00		0.00		0.00
6	Sobriety Men's Disc.		0.00		0.00		0.00
5	Sobriety On The Canal		0.00		0.00		0.00
5	SOLUTIONS		0.00		0.00		0.00
2	Soul Purpose	30.78	30.78		0.00		0.00
3	SOUTH BUFFALO		0.00		0.00		0.00
3	Southgate		0.00		0.00		0.00
4	Southwestern		0.00		0.00		0.00
6	Sparks Of Hope		0.00		0.00		0.00
2	Spiritual Progress		0.00		0.00		0.00
4	Springville New Life		0.00		0.00		0.00
4	Springville Sat. Afternoon		0.00		0.00		0.00
4	Springville Tues. Night		0.00		0.00		0.00
4	Springville Wed. Noon		0.00		0.00		0.00
3	Sprout II		0.00		0.00		0.00
8	St. Barnabas		0.00		0.00		0.00
4	St. Mark's		0.00		0.00		0.00
3	Staying Sober		0.00		0.00		0.00
	Step By Step		0.00		0.00		0.00
8	Step it Up (Wehrle)		0.00		0.00		0.00
3	Sunday Morning Breakfast	100.00	100.00		0.00		0.00
1	Sunday's Best		0.00		0.00		0.00
6	Sunday in Cattaraugus		0.00		0.00		0.00
1	Sunrise Court		0.00		0.00		0.00
8	SUNY Amherst Campus		0.00		0.00		0.00
2	Surrender and Hope		0.00		0.00		0.00
8	TGIF		0.00		0.00		0.00
4	Thankful		0.00		0.00		0.00
	Thankful Heart		0.00		0.00		0.00
7	The Absolutes		0.00		0.00		0.00
1	The Anonymous		0.00		0.00		0.00
1	The Beginnings Of Recovery		0.00		0.00		0.00
8	The CPR		0.00		0.00		0.00
6	The Derby Lunch		0.00		0.00		0.00
1	THE GATEHOUSE		0.00		0.00		0.00
2	The Grove		0.00		0.00	30.00	30.00
1	The Journey		0.00		0.00		0.00
2	The KEYS OF THE KINGDOM		0.00		0.00		0.00
8	The Noon Meeting		0.00		0.00		0.00
6	THE NORTH COLLINS		0.00		0.00		0.00
3	Thruway		0.00		0.00		0.00
2	Thursday Women's Literature		0.00		0.00		0.00
8	T'nT		0.00		0.00		0.00
5	Today	50.00	50.00		0.00		0.00
6	Tri County		0.00		0.00		0.00

Zone	GROUP	CENTRAL		CORRECTIONS		TREATMENT	
		JAN	YEAR	JAN	YEAR	JAN	YEAR
3	Try Again		0.00		0.00		0.00
4	Tuesday Men's AM		0.00		0.00		0.00
3	Tuesday Women's		0.00		0.00		0.00
2	Turning Point		0.00		0.00		0.00
5	Twin Cities		0.00		0.00		0.00
6	TWO PONDS		0.00		0.00		0.00
8	Unity		0.00		0.00		0.00
2	UV MEN'S	100.00	100.00	100.00	100.00	100.00	100.00
3	Valley		0.00		0.00		0.00
3	Victory		0.00		0.00		0.00
3	Victory Women's		0.00		0.00		0.00
6	YORKSHIRE SATURDAY NIGHT		0.00		0.00		0.00
1	Wake Up Call	96.00	96.00		0.00		0.00
2	WE BELIEVE		0.00		0.00		0.00
8	We Care		0.00		0.00		0.00
3	WE HAVE RECOVERED		0.00		0.00		0.00
1	Westminster		0.00		0.00		0.00
8	Williamsville		0.00		0.00		0.00
6	Willing To Grow		0.00		0.00		0.00
5	Wilson Group	50.00	50.00		0.00		0.00
1	Women In Recovery		0.00		0.00		0.00
5	Women Literature		0.00		0.00		0.00
8	Women Making the Effort		0.00		0.00		0.00
	WOMAN OF AA RETREAT		0.00		0.00		0.00
1	Working		0.00		0.00		0.00
Zone		JAN	YEAR	JAN	YEAR	JAN	YEAR
5	Youngstown		0.00		0.00		0.00
	Anonymous		0.00		0.00		0.00
	Anthony R.		0.00		0.00		0.00
	Barbara C.		0.00		0.00		0.00
	Brett R.		0.00		0.00		0.00
	Brigid McK.	100.00	100.00		0.00		0.00
	Christine CS		0.00		0.00		0.00
	Eileen L.	109.00	109.00		0.00		0.00
	Ellen M B		0.00		0.00		0.00
	Karen M.		0.00		0.00		0.00
	Lila M.	5.00	5.00		0.00		0.00
	Molly R.	25.00	25.00		0.00		0.00
	Sandra W.		0.00		0.00		0.00
	Sarah L.		0.00		0.00		0.00
	Susan V.	62.00	62.00		0.00		0.00
	Wally E.		0.00		0.00		0.00
	Walk In		0.00		0.00		0.00
	TOTALS	4815.28	4,815.28	100.00	100.00	230.00	230.00

7th tradition self-support
 **contribution** 

Bill W. wrote of Intergroup Offices, "Though not costly, these agencies are absolutely essential to our continued expansion—to our survival as a Fellowship. Their costs are a collective obligation that rests squarely upon all of us. Our support of services actually amounts to a recognition on our part that AA. must everywhere function in full strength—and that, under our Tradition of self-support, we are all going to foot the bill"

"Self-Support: Where Money and Spirituality Mix" pamphlet

IN MEMORIAM Things We Can Not Change

To all of our members who have lost family and loved ones

Terry McM ; Eyeopener ~ 49 years

Joanne McC.; 55 years ~ Action Group

Our thoughts and prayers are with you



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