

NEW FRONTIERS

A.A. of the Niagara Frontier

December 2025

THE CENTRAL COMMITTEE NEWSLETTER FOR ALL A.A. MEMBERS OF WESTERN NEW YORK AND THE NIAGARA FRONTIER



A Christmas Letter from Bill W.

To All A.A. Members

Greetings on our 10th Christmas, 1944. Yes, it's in the air! The spirit of Christmas once more warms this poor distraught world. Over the whole globe millions are looking forward to that one day when strife can be forgotten, when it will be remembered that all human beings, even the least, are loved by God, when men will hope for the coming of the Prince of Peace as they never hoped before. But there is another world which is not poor. Neither is it distraught. It is the world of Alcoholics Anonymous, where thousands dwell happily and secure. Secure because each of us, in his own way, knows a greater power who is love, who is just, and who can be trusted. Nor can men and women of AA ever forget that only through suffering did they find enough humility to enter the portals of that New World. How privileged we are to understand so well the divine paradox that strength rises from weakness, that humiliation goes before resurrection; that pain is not only the price but the very touchstone of spiritual rebirth. Knowing its full worth and purpose, we can no longer fear adversity, we have found prosperity where there was poverty; peace and joy have sprung out of the very midst of chaos. Great indeed our blessings! And so Merry Christmas to you all - from the Trustees, from Bobbie and from Lois and me.

Bill

A

Service Pays in Many Ways

BY: TINA H. | WAUKESHA, WISCONSIN

A young woman dives into service and learns the ropes from many old-timers.

I was scared and unsure of what was to be expected of me in my new Appointed Committee Member (ACM) role. I knew this was an important meeting for AA as a whole and I didn't want to misrepresent my fellow Alcoholics, especially being young and representing the younger members of AA. As I walked into the grand foyer of the hotel you could hear the laughter and greetings of long lost friends getting reacquainted. The stir was exciting as you felt the energy of anticipation for the week to come. It was the 57th annual Alcoholics Anonymous Conference held in New York City. The heart of the action on what happens within AA. Reading about it from the service manual to actually being there seemed so surreal. Who would have thought I would ever be there???



Coming from the suburbs of Waukesha, Wis., I felt a bit overwhelmed with the large city and the magnitude of the meeting. As I looked around, I realized I was one of the few who entered this meeting as a young women in her 30s. The average age of delegates that attended was 55. I felt a bit out of place not knowing anyone and did not look like the norm that was attending. I continued to do what I do best: try to meet new people and get out of my head. Thank goodness for those basics!

I attended the luncheon and sat down next to an elderly man that had "Artist" on his badge. I didn't realize that AA had an artist at the conference. As I began to inquire about his presence he told me an amazing story. From being a professional courtroom sketch artist to the conference artist had been a long journey. This man had met Bill W., our co-founder, at a meeting down the street in Manhattan. To my amazement he told wonderful stories about what it use to be like back then. As the lunch came to an end we were asked to come into the opening ceremonies of the conference. The theme—Our Twelfth Step—"Are we going to any lengths?" A resounding "No" was announced at the podium from a class A trustee that was rotating off this year. You could have heard a pin drop. He went on to state that there are areas of AA that have not been touched and that it is our duty, especially at this conference to continually search out new ways to reach others. Stressed in his speech, to have the governing traditions and concepts help guide us and allow the conference to act, as it was set up many years before, on its conscience. This speech moved me and gave me a wave of warmth that our program is entrusted in safe hands.

As a young girl growing up in this AA world, I had been to many young peoples conferences. My journey began 1990 in Bloomington, Illinois, at a hotel for ISCYPAA, which stands for Illinois State Conference for Young People in AA. Much to my surprise these two very different events had a similar theme threaded through them. An excitement and love for the fellowship along with a true dedication of service to keeping a fellowship running that changes lives. As I continued to look around at the opening ceremony, I noticed an older man with a lanyard around his neck heavily filled with buttons and pins he had collected over many years. As the day continued delegates were giving out gifts to each other in many forms, bookmarks, pins, and buttons to proudly represent their state. I laughed to myself and thought, these older members are just like the rest of us youngins—happy and proud to be a sober member of Alcoholics Anonymous. I can't tell you how many young people's conferences I have been to, and there is always someone running around with a ton of pins on a lanyard or a hat that has them just like this delegate I spotted.

I am no longer worried if I fit in at this level of service work. I do. And so does anyone regardless of age who has the love and passion of keeping this fellowship running by its conscience. For the younger members reading this, I assure you these old-timers are just as goofy, fun and dedicated about their service work as any young peoples conference I have had the privilege of working on ... the difference is, they know when to go to bed!

Reprinted with permission: A A Grapevine

DECEMBER ANNIVERSARIES

Acceptance/Welcoming

Fireside	
Norm W.	4y
Terry M.	7y
Tony M.	19y
Peter S.	33y
Amherst Snyder	
Ryan A.	1y
Ryan S.	1y
Mark S.	44y
Any Lengths	
Mike Z.	33y
Blvd. Women	
Erin	1y
Barb L.	3y
Buffalo Early Birds	
Shannon R.	15y
Central City Café	
Regina E.	9y
Coldsprings	
Steve P.	6m
Sekou P.	11y
Courage Group	
Sandy J.	3y
Julie H.	26y
Dunkirk Monday	
Jerry N.	45y
Eyeopener	
Loni	3m
Tina A.	3m
Natalya K.	6m
Patricia A.	9m
Andy S.	9m
Mike T.	9m
Burke	9m
Ken S.	9m
Marcia H.	1y
Eileen B.	1y
John CS.	1y
Adela R.F.	7y
Mike S.	8y
Cheryl W.	14y
DeeDee	25y
Ned H.	31y
Larry M.	34y
Eyeopener South	
Noel Y.	2y
Mitch W.	2y
Brandon M.	5y
Bill P.	5y
Jeff S.	5y
Sandy M.	8y
Gail D.	8y
Karen M.	31y
Barry L.	41y

Questions & Answers

Jim M.	18y	Mark L/	7y	
Melissa K.	19y	Steve G.	22y	
Heather B.	23y	Remember When		
John C.	23y	Regina E. 9y		
Katie S.	30y	Yolanda M. 19y		
Art B.	37y	Rigorously Honest		
Pam C.	38y	Erin F. 2y		
Barry L.	41y	Rural Is Plural		
Peter S.	33y	Marvin S 44y		
Golden Slipper		Serenity		
How It Works		Carol R. 52y		
Patrick S.	3y	Sp. New Life		
Phil L.	7y	Mark F. 11y		
Ian H.	7y	Sunday Morning		
Joe M.	7y	Breakfast		
Shawn H.	10y	Joy P. 32y		
Andrew P.	11y	The Grove		
Griff M.	16y	Amelia L. 3m		
Gary W.	17y	Curtis D. 3m		
Michael B.	20y	R.B. 3m		
Tony B.	35y	Rebecca G. 6m		
Leon S.	41y	Dwayne W. 9m		
Dennis D.	45y	Lori C. 1y		
Just For Today		Joe A. 2y		
Art S.	10y	Bill M. 3y		
Lewport		Josh B. 6y		
Hulia G.	1y	Jess L. 6y		
Justin H.	2y	John A. 8y		
Jack W.	2y	Chuck K. 18y		
Ron H.	4y	TGIF		
Anthony F.	11y	James G. 4y		
Mary M.	13y	Thruway		
Roy A.	15y	James D. 1y		
Mike N.	34y	Keshone B. 1y		
Lockport Ladies		John P. 1y		
Lisa E.	2y	Serena G. 6y		
Elyse H.	7y	Andrea K. 8y		
Carol D.	43y	Rich O. 11y		
Marching Forth		David O. 37y		
James G.	4y	Cy D. 39y		
Tuesday Men's		We Have Recovered		
Steve S.	1y	Dave G. 24y		
Bruce M.	2y	Melanie S. 16y		
North Buffalo		Joy M. 23y		
Claudia P.	42y	Williamsville		
Orchard Park Step		Steve R. 3m		
Cody B.	9m	Elizabeth B. 1y		

Questions & Answers

Once more: The alcoholic at certain times has no effective mental defense against the first drink. Except in a few rare cases, neither he nor any other human being can provide such a defense. His defense must come from a Higher Power!
More About Alcoholism 8-43

Group Anniversaries

Abbott Men's; 42y
Achievement; 52y
Any Lengths; 31y
Delaware Park Men's; 21y
ColdSpring; 64y
Gardenville; 42y
Georgetown; 29y
Give Me Shelter; 5y
Intoxicated on Life; 50y
Men Who Trudge; 4y
New Life (Alden); 50y
Sally; 36y
Shelter From The Storm; 5y
Sober Winners; 36y
Straight Pepper Diet; 1y
The Derby Lunch; 17y
Wilson; 45y


Please remember to
have the anniversaries
submitted by
the 12th

END OF BUSINESS DAY 4PM
of the month
previous



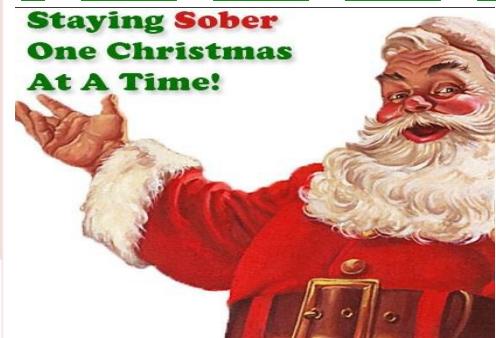
gift of sobriety **TRADITIONS**
PROMISES Awakening
grace Fellowship **Sanity**
Higher Power **PRAYER**
MEDITATION anonymity
Humility **Peace** **Serenity**

"The greatest gift that can come to anybody is a spiritual awakening. ***
Regardless of worldly success or failure, regardless of pain or joy, regardless of sickness or health or even of death itself, a new life of endless possibilities can be lived if we are willing to continue our awakening."

Excerpt From

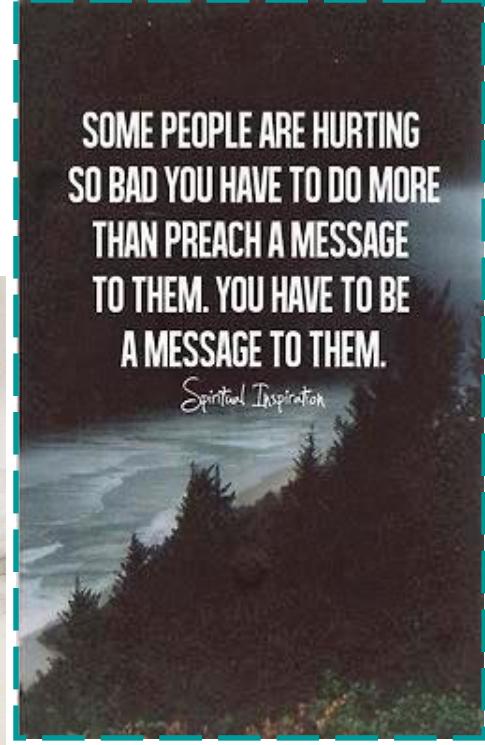
The Language Of The Heart (from *The Grapevine*, "The Greatest Gift of All," December 1957)

Bill Wilson



SOME PEOPLE ARE HURTING
SO BAD YOU HAVE TO DO MORE
THAN PREACH A MESSAGE
TO THEM. YOU HAVE TO BE
A MESSAGE TO THEM.

Spiritual Inspiration



24
hours in a day.

No more. No less. That's all I have to work with. To do my best to keep my thinking in check. To pray often. To trust that God cares about me and wants me to succeed. To hold on and not give up. To do for others what I can. To give God my weaknesses and triggers. To grow humility and a deeper gratitude. To give God all the credit. To have peace at the end of every day.

PLEASE READ AT YOUR MEETING...HELP KEEP EVERYONE INFORMED :-)

BUFFALO CENTRAL OFFICE
ALCOHOLICS ANONYMOUS
(716) 853-0388
9:00 AM- 12:30PM, 2:00 PM- 4:00 PM

111 Crocker (Franklin St. Entrance
SLOAN, NEW YORK 14212
Fax: 853-0389
buffaloaa@hotmail.com

Real-Time schedule? Check your website: www.buffaloaany.org

December 2025

IF YOUR GROUP IS NOT MEETING, PLEASE INFORM THE CENTRAL OFFICE. THIS INCLUDES THOSE MEETING DAYS WHEN YOUR SITE IS CLOSED FOR A HOLIDAY.

MEETING CHANGES:

- **Changing Our Way's Group** in Hamburg; **No longer Meets.**
- **Thankful Heart Group** on Zoom has changed it's login ID; 9959446952. The Monday in person meeting has been Canceled.
- **All group that met at the Salvation Army on Military; No Longer Meet.**
- **Marilia Group; No Longer Meets :**
- **Eff. Dec. 6th, New Group: Road To Destiny;** Nickel City Club House, 371 Delaware Ave. Buffalo (W), 14202. Sat. 12:30 PM. Closed Disc., LGBTQ, Literature Step .
- **HIP (Hope Is Promised) Group has moved** to Central Park United Methodist, 216 Beard Ave, Buffalo 14214. **Time & day** also have changed to Wed. 6pm.
- **Just for Today group has moved** to the Central Office Outer Office . Sat.; 10 am
- **Eternal Vigilance** now meets Wed. 6:30pm.
- **Shelter from the storm has moved** back to St. Andrew's Church, 111 Crocker St., Sloan 14211
- **Misfits Group will No longer Meet.**
- **Kenmore Group is changing its name to** Thurs. Night Step Table.
- **New Group: Welcome Home;** Monday, 6:30 pm. Ebenezer Christian Ed. Building, Rm #1, 616 Main St., West Seneca 14224. Closed Disc., OD last wk of the month.
- **Depth & Weight Group is moving.** Effective Aug. 29th, 7:00 PM. Resurrection Life Church, Family Life Center Youth Gr. Room, 2155 Old Union Rd., Cheektowaga 14227 (No meeting Aug 22)

- **Soul Purpose Group is Moving.** Aug. 21, 7pm @ the Hope Center.781 Maple @ N. Forest, Williamsville
- **New Group: Freedom To Live;** Friday, 5:30 pm, Orchard Park Presbyterian Church, 4369 S. Buffalo Str., OP, 14217 (back door near playground). Open
- **Heart to Heart Group** now meets on Monday; 6:30 PM
- **Rigorously Honest Group,** has added a big book study to our meeting format and we also have beginner/ general discussion. We are also an open meeting on the last Thurs. for anniversaries.
- **Surrender to Win Group** at the hope Center, Sat, will now start @ 10:15 PM
- **Dunkirk Discussion**, now meets on Wednesdays 7 PM'
- **New Group; Pause & Get Calm.** Thursday's @ 7 PM, Amity Club. Candlelight Meeting reading from Big Book & I2 & 12.
- **We Share** Zoom Meeting will not meet for the Summer.
- **University Men's is changing its start time** to 7:30 PM.
- **New Group: A Better Way;** Sat. 7PM, St. Paul's United Church of Christ, 3921 Mapleton Rd, NT 14120.OD.Effective June 7th.
- **Courage Group has moved,** Resurrection Church Meeting Hall, 130 Como Park Blvd, Cheektowaga 14227, Saturday 10 AM.
- **Serenity On The Lake has moved** to Parish of the Lady Church, 10708 Brant Angola Rd., Brant 14027

SERVICE BEYOND THE GROUP

Understanding the Role of Central Committee IGR (Buffalo Intergroup Rep)

What does a Central Committee Intergroup Rep do?

For more info:

Buffalo Central Committee
Intergroup Meeting
1st Sunday of the month at
7:00 PM

111 Crocker Ave
(Basement)
Sloan, NY 14212

CONSIDER THIS

If your group doesn't have a IGR, bring it up at your next business meeting or during group announcements.

DECLARATION OF UNITY

This we owe to A.A.'s future:
To place our common welfare first
To keep our Fellowship united
For our A.A. unity depends on these
and the free of those to come.

Intergroup is called the 'front lines' of A.A. because involvement with us means getting the message out firsthand. If you want to help others, try to get involved.

Be a Central Committee Rep.

SERVICE OPPORTUNITIES: COMMITTEE MEETINGS

~ December 7th, Committee Meetings

that meet prior to Central Committee 5:30 PM

St. Andrew's Church Parish, (Corner of Crocker & Reiman) , Sloan, 14212,
Steering Committee (5:30 PM) in CO, Public Information Committee meeting,
Treatment Facilities Committee, Corrections Committee
Education & Participation, Nightwatch Committee

Followed By Central Committee 7:00 PM

Ready to get involved in A.A.?

A.A. members work together to help the alcoholic who still suffers. Helping each other is a key to staying sober. There are many opportunities to participate in a variety of ways. The best place to start getting involved is through an A.A. group. Participating in a group helps ensure that when a person reaches out for help, A.A. will be available.

Convention Committee
Wednesday; March 4th

7:15 PM

Room 105; 111 Crocker St.
Sloan ,NY 14212

ELECTIONS

Remaining Nominations For The Following Positions:

- **Co-Chair Person for Central Committee**
- **Steering Committee Representatives for Zones:1, 7 & 8.**

The Requirements for each position are as Follows:

C. **Co-Chairperson**

1. The Co-Chairperson shall be elected by a simple majority vote of Central Committee Representatives or Alternates present and voting at the meeting designated for the election of officers. Candidates for Co-Chairperson shall be Members of Alcoholics Anonymous having a minimum of five (5) years continuous sobriety immediately preceding the date of the election. The Co-Chairperson shall serve for one year (January through December) in that office. Upon conclusion of the Co-Chairperson's year of service, that individual shall automatically succeed to the office of Chairperson in January.

STEERING COMMITTEE

Section 3.01 **Purpose and Duties**

The Steering Committee shall have the duty to advise the Central Committee on all aspects of the management of the property, affairs and business concerns of the Intergroup as well as compliance with all applicable statutes and regulations of the State of New York and in a manner consistent with these By-Laws. Such duties shall include, without limitation, ensuring the Intergroup's compliance with federal, state and local laws, protecting the Intergroup's assets and ensuring the financial viability of the Central Office, allocating the resources in the best interests of the Intergroup such that the Central Committee functions and the Central Office operates in accordance with the Twelve Traditions and Twelve Concepts of World Service of Alcoholics Anonymous.

Section 3.02 **Additional Duties**

A. The Steering Committee shall provide analysis, advice and counsel on matters as requested by the Central Committee Chairperson and/or the Executive Secretary of the Central Office when, because of time and/or other considerations, such matters cannot be brought to the Central Committee.

B. The Steering Committee is responsible and authorized to act in place of the Central Committee in emergency situations.

C. The Steering Committee shall oversee the whole of Alcoholics Anonymous in the Area and consider whether the actions, policies, the manner of conducting meetings by groups or actions of individual A.A. Members could have an effect on local groups or Alcoholics Anonymous as a whole, as guided by the Twelve Traditions of Alcoholics Anonymous.

D. The Steering Committee shall follow through on various tasks, matters and/or issues as directed by the Central Committee.

E. The Steering Committee shall provide summaries and reports and shall otherwise make suggestions and/or recommendations to the Central Committee.

F. The Steering Committee shall serve as the confidential contact and liaison with the Executive Secretary of the Central Office. Such personal and confidential communication will ensure that the Executive Secretary may air his or her complaints and concerns without fear of reprisal and that the performance of the Executive Secretary may be confidentially evaluated

B. **Qualifications**

A Member of the Steering Committee must be a Member of Alcoholics Anonymous whose home group is within the District he or she is elected to represent. The individual must also have at least three (3) years of continuous sobriety before the effective date of his or her term as a Member.

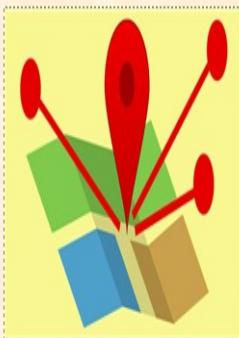
C. **Term and Election**

3. **District Members** - The term of the Members elected from the 8 Districts shall be two (2) years commencing on January 1st following his or her election and ending on December 31st of the second year of service.
- Members representing the following Districts shall be elected to terms beginning in years ending in an odd number:
 - District 2 North Erie County
 - District 3 South Buffalo & East
 - District 7 Buffalo East
 - District 8 Northeast Erie
- Members representing the following Districts shall be elected to terms beginning in years ending that end in an even number:
 - District 1 Buffalo West
 - District 4 Southeast
 - District 5 Niagara County
 - District 6 Southwest
 - District 7 Buffalo East

4. In the spirit of service rotation, Members may not be re-elected to two (2) consecutive terms on the Steering Committee. However, a Member once having completed and served his or term may again be nominated and re-elected as a Member after an absence of at least one year from the Steering Committee.
5. Members of the Steering Committee (from Districts) shall be selected or elected by the Central Committee. Members of the groups within the particular Districts in such manner as they shall determine.

What Can a Central Office Do For Me?

<https://www.aacle.org/what-can-a-central-office-do-for-me/>



First, what is an Intergroup or a Central Office?

A central or intergroup office, (e.g. Buffalo Central Office) is a service office of Alcoholics Anonymous that involves partnership among groups in a community — just as AA groups themselves are partnerships of individuals.

A central/intergroup office is established to carry out certain functions common to all of the groups — functions which are best handled by a centralized office — usually maintained, supervised and supported by these groups in their general interest. It exists to aid the groups in their common purpose of carrying the AA message to the alcoholic who still suffers.

There are nearly 700 central/intergroup offices throughout the world performing vital AA services. These constitute a network of service outlets and contacts to help carry the AA message.

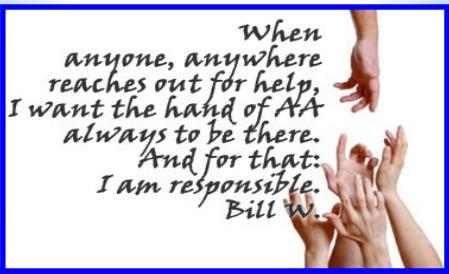
An Intergroup / Central Office can:

- Put you in direct contact with Alcoholics Anonymous in just about any area throughout the United States and abroad.
- Answer inquires from those seeking help.
- Refer you to a nearby group — where sponsorship or contact through a Twelfth Step calls may be arranged.
- Maintain a conveniently located office in which paid workers and/or volunteers coordinate local AA services.
- Publish and distribute up-to-date lists of meetings and other information about local AA services.
- Sell AA Conference-approved literature and other spiritual/recovery related materials.
- Circulate and exchange information among all the AA groups in the community.
- Provide "exchange" meetings(LOCALLY WE REFER TO Central Committee), where group program chairpersons gather regularly to exchange meetings with other groups.
- Be an ideal contact with those in the community seeking information about AA.
- Maintain contact with local groups in correctional facilities and treatment facilities, offering literature and pre-release AA contacts and arranging for AA speakers and visitors to meetings.

Be a logical body to manage the details of an annual dinner, picnic, or convention, if the participating groups wish it. Publish a periodic distribution to AA groups in the form of a monthly newsletter.

Carry information about wheelchair accessible meetings or those that provide American Sign Language (ASL) interpretation for members who are deaf.

By AA Guidelines - Central or Intergroup Offices



Central Committee Minutes October 5th, 2025

The meeting opened at 7:00pm by Chairperson Dean C. with a moment of silence followed by the Responsibility Declaration and the Serenity Prayer. Volunteers read as follows: Preamble by Dan, The Purpose of Central Committee by Dan, and the Twelve Traditions by Jesse. Dean presented the Eleventh Tradition. Ben will present Twelfth Tradition at the next meeting.

The following 22Groups were represented: The Gatehouse, Acceptance/Welcome, Chapter IX, Questions & Answers, University Men's, Abbott Men's Discussion, Thruway, Valley, Tuesday Men's Discussion, Lockport #1 Group, Carry the Message, Lakeshore, Silver Creek

Friendship, Sobriety Men's Discussion, Fresh Start, Achievement, Big Book & Brothers, Clarence Men's Discussion, Lighten Up, Renewal, TGIF, The CPR Group, Williamsville, Straight Pepper Diet, and We Have Recovered.

Motion to accept the October 2025 Central Committee Meeting.

Seventh Tradition brought in \$41.00.

Thank you to the Lighten Up Group for the refreshments.

Reports

Envelope System: Terry reported. \$592 was brought in for October 2025.

Steering Committee: Dan reported. Nothing to report.

Financial Report : **This is the Reconciled report**

Oct 2025: our Starting Checkbook balance was \$43,717.16. We took in \$ 4,964.39 (which is **up** in Contributions from Groups and individuals. The Envelope System took in: \$592.00. Literature, Tax & shipping came to \$4,053.92 (also **up**). New Frontiers Subscriptions was \$30.00. Joint meeting (Central Committee) was \$69.00. Misc income after Reconcile = \$121.02. Our Total income of **\$9,830.33** (which is **up**).

Our expenses totaled **\$9,969.93 (average)**. This means, we took in **\$139.60 less** than our expenses this month. **YTD we are down \$5,328.30 (moved 1,603.51 into Prudent Reserve to bring it up to our average 3 month reserve, bringing the year to date #to, we are down \$3,719.79) from our current expenses for 2025.** Final checkbook balance is \$43,577.56.

Corrections beginning balance was \$894.60.. Income= \$none. Expenses; a \$3.00 Bank Fee, for a balance of \$894.60.

Treatment beginning balance was 1,457.47. Contribution's totaled \$112.00 Expenses: \$492.00 plus a \$3.00 bank fee, for a final balance of \$1,077.47.

Central Office: Terry reported. Oct: Central office: TOTAL CALL's INCLUDING AFTER-HOUR'S: 132, Total 12-STEP: 6, Also had 1,453 emails.

Executive Secretary Report: CONTACT PERSON NEEDED: Name, Address, Phone and Email

- TRY AGAIN-3
- SPRINGVILLE TUESDAY GROUP-4,

We Do Not mail to your meeting facilities or PO Boxes, that's one way we lose contact with groups

We have a Limited Supply of the Souvenir Book from the International Convention, " A book of Fellowship-90 years of Sharing Love and Service".

GSO, no longer is selling Pamphlet Racks, I have found a limited supplier, but the cost has increased to \$45.00 each.

We have from our web page; 448 meetings @ 183 locations

NEXT MEETING: Dec. 7th, 2025.

Treatment Facilities: Laurel reported. Twelve attended this month's meeting. Reminders given to download, get added to, and use the Group Mc app, group is "Treatment and Facilities". Monthly facility commitment calendars are posted there, as well as names and numbers of T&F members that are willing to sub or cover commitments as needed. Dave has been attending the ECMC outpatient clinic AA meeting (held M-F daily). Clinic is "IRA" at 1285 Main downtown. He noticed that there are no AA literature or books at this facility. Technically a "facility" and not a home group. He will supply books, and we will provide him with a binder. Salvation Army is closing and is discontinuing all AA meetings as of 30Nov2025. This is sad news for the alcoholics who attend the many meetings there and for the Buffalo homeless men who avail themselves of its services. AA meetings have ceased at this facility ahead of its closure. We need backups for going into facilities. Next meeting is Sunday Dec 7th. We will be making binders with all the AA readings for meetings to replace those lost or MIA. Laurel with purchase supplies and submit receipts to Jerry for reimbursement. Karen from Silver Creek is bringing her laminating machine.

Corrections: Dean reported on behalf of Dianne D. We attended the Buffalo Fall Convention and answered several questions about our committee and its purpose. Alden Correctional Facility is now clearing women in lieu of a future women's AA meeting. We are still in need of men for a 7pm Monday meeting (arrive at 6:30) at the Erie County Holding Center. Applications are on the website: area50wny.org. Pamphlets are available to correspond with inmates. We are still waiting for several facilities to reopen their doors to allow AA to meet again. As best we can, we carry the message of hope and recovery behind the walls.

PIC/CPC: Seeking chairperson

Night Watch: Dean reported on behalf of Stephanie. Currently, the Lakeshore group has the November commitment. We had no presentations scheduled in the month of October, but we do have a presentation scheduled at Abbot Men's in November. Our next opening for Nightwatch is March 2026. If anyone has any questions about Nightwatch or would like a presentation at their group, please call Stephanie 716-880-7327..

Education & Participation: Ben reported. Ben made a physical display for information on the Committee. You can reach out to Ben at 716-880-4971.

Internet Presence: No one to report.

Convention 2025 : Tony reported. Ready to rock and roll! GSR's and Zone Rep's – remind meeting attendees they only have until October 11th to register for the convention. Also, consider providing scholarships as they only have about six scholarships available at this time.

GSA Liaison: Dean reported on behalf of Nick. The convention went well! Thank you everyone for attending and making it a very successful year! The convention committee will be meeting Nov. 19 to wrap up a final report for the Dec. 7 Central committee meeting, and all the financials should be available then.

The main speakers from the convention have been recorded and are already up on the central office website to stream or download. The address for the speakers is <https://buffaloaany.org/convention-speakers/>

Archives: Ben reported. We received four donations from four different groups. Tentative breakfast on May 4th, 2026. Attended Fall Convention and will be attending Area 50 Day of Sharing.

Old Business:

None.

New Business:

Election for co-chair (no nominations), recording secretary (Matt from Straight Pepper Diet is standing), steering committee representatives for Zones 1 (no nominations), 2 (Bill from University Men's), 5 (Laurie from Lockport #1 Group), 7 (no nominations), and 8 (no nominations), GSA Liaison (Tracy from the Gatehouse), Nightwatch (Karen from Silver Creek Friendship Group), Envelope System Chairperson (Julie from the Matt Talbot group), and PIC/CPC Chairperson (Marty from Abbott Men's Group). Voting next month on 07Dec2025 at 7pm meeting

Next Meeting: Sunday December 7th, 2025.

Snacks for Central Committee for 2025:

December 7–Nick from The Gatehouse

Rule #62

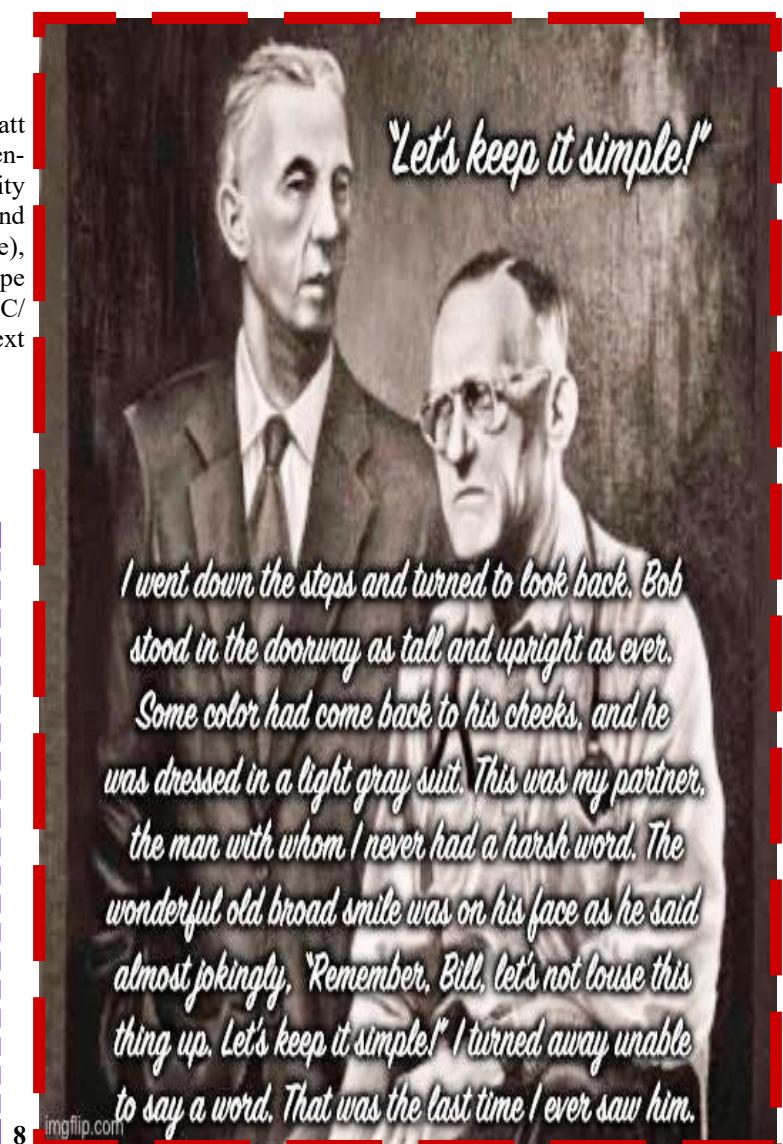
"Over the years, every conceivable deviation from our Twelve Steps and Traditions has been tried. That was sure to be, since we are so largely a band of ego-driven individualists. Children of chaos, we have defiantly played with every brand of fire, only to emerge unharmed and, we think, wiser."

One A.A. group, "figured the town needed a great big alcoholic center"..."To insure foolproof, continuous operation, sixty-one rules and regulations were adopted"..."Then came the inevitable explosion..."When that lifted, a wonderful thing had happened. The head promoter...did something else that was to become an A.A. classic...on a little card...the cover read:

"Middleton Group #1, Rule #62". Once the card was unfolded, a single pungent sentence leaped to the eye:

'Don't take yourself too damn seriously.'
(12x12, pg.146 - 149)

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Cash Flow Statement		Sep-25	Oct-25	YTD: 2024
Beg Bal Cash on hand		48,102.48	43,717.16	
Contributions	Groups	3,944.19	4,964.39	54,470.77
	Central Committee 7th traditc	65.00	69.00	657.94
	Envelope System	507.00	592.00	7,825.00
New Frontiers Subs			30.00	394.00
Literature/Medallions/Pins		1,810.70	3,782.70	24,719.35
Literature Sales Tax		101.06	244.71	1,520.52
Literature Postage		7.90	26.51	76.22
Income (+)			121.02	121.02
Archives Room Rent:		340.00		1,020.00
Meetings @ CO				-
Misc				-
Transfer from PR				-
Conventions/Day of Sharing				3,097.93
Monthly Income		6,775.85	9,830.33	93,902.75
Expenses				
Building Rent/Utilities		1,000.00	1,000.00	10,000.00
Central Com. Rent		35.00	35.00	350.00
Payroll Gross		3,876.92	3,876.92	41,353.78
	Employment Taxes	338.11	296.59	3,556.99
	Unemployment Surcha	(19.55)	(17.44)	(14.80)
NYS Sales Tax				1,689.52
Insurance				-
	State Ins Fund(Travelers)			274.00
	Health	583.28	40.28	2,031.80
	D&O Insurance			1,080.00
	Liability			1,187.03
Legal Fees				-
Postage		433.94		1,777.94
Phone/Internet		195.00	195.00	1,934.94
Accounting				1,325.00
Payroll Service		62.20	62.20	792.00
Advt				
	Dex YP			
	Local Edge			
Literature Expenses				
	Grapevine			
	World Services Inc	2,492.80	3,861.20	20,711.70
	Hazeldon			
	Printers			2,144.04
	Medallions			1,247.13
Office Supplies		276.62	277.05	1,714.45
				-
Copies/ service contract				158.03
Copier Lease		198.77	198.77	1,863.93
Bank Fee's including credit c		107.67	144.36	2,005.83
Transfer to PR		1,608.51		1,608.51
Expense /Balance (-)		(28.10)		439.23
GSA Host				-
Workshop				
Monthly Expenses		11,161.17	9,969.93	99,231.05
Monthly Income (Loss)		(4,385.32)	(139.60)	(5,328.30)
				Moved 1,608.51 into PR
End Balance		43,717.16	43,577.56	(3,719.79)
Petty Cash		3,000.00	3,000.00	
Total Balance		46,717.16	46,577.56	
PRUDENT RESERVE		30,001.22	30,002.49	
Assets: Literature & Medallions		24,073.82	24,571.96	
Literature Receivable: (outstanding)			351.82	
Removed from Stock			130.50	
Corrections Facilities		900.60	897.60	
Contributions				2,224.20
Bank Fee's		3.00	3.00	30.00
Expenses				990.00
Balance		897.60	894.60	## 1,204.20
Treatment Facilities		1,775.47	1,457.47	
Contributions		130.00	112.00	2,848.72
Bank Fee's		3.00		27.00
Expenses		445.00	492.00	## 3,186.78
Balance		1,457.47	1,077.47	(365.06)

Tradition Twelve: *Anonymity is the spiritual foundation of all our Traditions, ever reminding us to place principles before personalities.*

- Why is it a good idea for me to place the common welfare of all AA members before individual welfare? What would happen to me if AA as a whole disappeared?
- When I do not trust AA's current servants, who do I wish had the authority to straighten them out?
- In my opinions of and remarks about other AAs, am I implying membership requirements other than a desire to stay sober?
- Do I ever try to get a certain AA group to conform to my standards, not its own?
- Have I a personal responsibility in helping an AA group fulfill its primary purpose? What is my part?
- Does my personal behavior reflect the Sixth Tradition – or belie it?
- Do I do all I can to support AA financially? When is the last time I anonymously gave away a Grapevine subscription?
- Do I complain about certain AAs' behavior – especially if they are paid to work for AA? Who made me so smart?
- Do I fulfill all AA responsibilities in such a way as to please privately even my own conscience? Really?
- Do my utterances always reflect the Tenth Tradition, or do I give AA critics real ammunition?
- Should I keep my AA membership a secret, or reveal it in private conversation when that may help another alcoholic (and therefore me)? Is my brand of AA so attractive that other drunks want it?
- What is the real importance of me among more than a million AAs?



"We have recovered, and have been given the power to help others. What greater cause could there be for rejoicing than this?"
Alcoholics Anonymous p.132



Concept XII: The Conference shall observe the spirit of A.A. tradition, taking care that it never becomes the seat of perilous wealth or power; that sufficient operating funds and reserve be its prudent financial principle; that it place none of its members in a position of unqualified authority over others; that it reach all important decisions by discussion, vote, and, whenever possible, by substantial unanimity; that its actions never be personally punitive nor an incitement to public controversy; that it never perform acts of government, and that, like the Society it serves, it will always remain democratic in thought and action.

- How do we guard against becoming a “seat of perilous wealth or power?”
- How do we practice prudent use of our Seventh Tradition contributions and literature revenue?
- Do we insure the spiritual liberties of all A.A. members by not placing any member in the position of absolute authority over others?
- Do we try to reach important decisions by thorough discussion, vote and, where possible, substantial unanimity?
- As guardians of A.A.’s traditions, are we ever justified in being personally punitive?
- Are we careful to avoid public controversy?
- Do we always try to treat each other with mutual respect and love?



Group Contributions

Zone	GROUP	CENTRAL		CORRECTIONS		TREATMENT	
		OCT	YEAR	OCT	YEAR	OCT	YEAR
6	11:45 Noon		75.00		0.00		0.00
1	11th Step		327.75		0.00		0.00
1	4th Dimension/Misfits		60.00		0.00		0.00
5	6th Step		0.00		0.00		0.00
5	7 Clan		0.00		0.00		0.00
4	A Day At A Time		100.00		0.00		0.00
3	A Vision For You	12.00	12.00		0.00		0.00
3	Abbott Corners		200.00		0.00		0.00
3	Abbott Men's		0.00		0.00		0.00
2	Acceptance/Welcome	300.00	2,900.00		0.00		0.00
8	Achievement		0.00		0.00		0.00
4	Action		300.00	35.00	60.00		
5	Albion Sunday		75.00		0.00		0.00
3	Alexander		0.00		0.00		0.00
3	All Is Well	340.00	727.24		0.00		0.00
6	Amstell Step	25.00	75.00		0.00		0.00
8	Amherst Snyder		300.00		0.00		0.00
1	Another Chance		30.00		0.00		0.00
2	Any Age		0.00		0.00		0.00
3	Any Lengths	30.00	300.00		0.00		0.00
4	Arcade/ Yorkshire		245.00		0.00		0.00
6	As Bill Sees It		0.00		0.00		0.00
8	Attitude Adjustment(Williams)	100.00	200.00		0.00		0.00
5	Attitude Adjustment(NF)		0.00		0.00		0.00
6	Attraction		540.00		0.00		0.00
3	Awareness		0.00		0.00		0.00
6	Backdoor		0.00		0.00		0.00
6	Beginners-A Vision For You		0.00		0.00		0.00
5	Beginnings (NF)		0.00		0.00		0.00
7	Beginning In Sobriety II		0.00		0.00		0.00
8	Beginning's Women	100.00	400.00		0.00		0.00
8	Big Book @ Brothers		212.00		0.00		0.00
	Big Book- Lockport		0.00		0.00		0.00
6	Big Book Study		0.00		0.00		0.00
5	BB Spiritual Studies		0.00		0.00		0.00
	Black Top Meeting		0.00		0.00		0.00
	Big Book Study Fredonia		75.00		0.00		0.00
3	Blasdell		0.00		0.00		0.00
3	Blasdell Monday		0.00		0.00		0.00
3	Blasdell Saturday		0.00		0.00		0.00
5	Boulevard Helping Hand	329.00	329.00		0.00		0.00
2	Boulevard Women		100.00		0.00		0.00
7	Buffalo Group		0.00		0.00		0.00
	Buffalo Early Birds		2,100.00		300.00		
3	By the Wayside		0.00		0.00		0.00
6	Carry the Message		100.00		0.00		0.00
7	Central City Café		175.00		0.00		0.00
2	Central Park		0.00		0.00		0.00
6	Changing Our Way's		0.00		0.00		0.00
2	Chapter IX		0.00		0.00		0.00
3	Cheektowaga		850.00		0.00		0.00
8	Clarence Men's		0.00		0.00		0.00
7	Coldsprings		0.00		0.00		0.00
3	Courage		600.00		0.00		0.00
5	Daily Maintance	50.00	50.00		0.00		0.00
2	Daily Reflections		0.00		0.00		0.00
2	Daily Reprieve		0.00		0.00		0.00
2	Dawn of Hope		0.00		0.00		0.00
8	Delaware Park Men's		0.00		0.00		0.00
2	Depth & Weight		0.00		0.00		0.00
6	Derby		142.70		0.00		0.00
1	Downtown Men's		50.00		0.00		0.00
6	Dunkirk Monday Night		0.00		0.00		0.00
8	East Amherst		0.00		0.00		0.00
8	East Amherst Into Action		275.00		0.00		0.00
4	East Aurora		100.00		0.00		0.00
2	Easy Does It		300.00		0.00		0.00
6	Eden		50.00		0.00		0.00
4	Ellicottville		200.00		0.00		0.00
6	Eternal Vigilance		95.00		0.00		0.00
6	Everybody's	141.77	317.37		0.00		0.00
2	Excellent Adventure		600.00		0.00		0.00
8	Eyeopener	411.00	2,041.00	82.00	390.00		
4	Eyeopener South		1,121.98		0.00		0.00
8	Fireside	79.00	747.57		0.00		0.00
5	First Step (NF)		0.00		0.00		0.00
6	Forestville In The Solution		75.00		0.00		0.00
6	Fredonia Discussion		0.00		0.00		0.00
7	Fresh Start		75.00	174.00		0.00	0.00

Zone	GROUP	CENTRAL		CORRECTIONS		TREATMENT	
		OCT	YEAR	OCT	YEAR	OCT	YEAR
1	Friday Night Lights				0.00		0.00
5	Friendly				0.00		0.00
3	Gardenville				425.00		0.00
6	Gettin With It				0.00		0.00
5	GIVE ME SHELTER				0.00		0.00
6	Go to Any Length		225.00		855.00		0.00
5	Golden Slipper				300.00		0.00
1	Grace & Dignity				112.77		0.00
2	Grand				250.00		0.00
2	Grand II Joy of Living				250.00		0.00
2	Grateful				0.00		0.00
6	Hamburg				0.00		0.00
7	Harmony				400.00		0.00
6	Heart To Heart Womens				150.00		0.00
7	Hertel Discussion				55.00		0.00
8	High Noon				0.00		0.00
8	High View				0.00		0.00
4	Hilbilly				0.00		0.00
6	Holiday Village/Desire				1,900.00		100.00
4	Holland				200.00		0.00
2	Honesty				400.00		0.00
2	How It Works/Men's				800.00		0.00
2	I Am Responsible		22.50		209.00		0.00
3	Ironhorse				881.34		61.08
8	IT				0.00		0.00
5	Just For Today/ Albion				0.00		0.00
3	Just For Today/ Cheektowaga				0.00		0.00
2	Keep IT Comin'				0.00		0.00
4	Keep It Simple Sister				125.00		0.00
2	Kenmore				0.00		0.00
8	Kensington				0.00		0.00
5	KITCHEN TABLE AA				0.00		0.00
6	Lakeview		75.00		225.00		0.00
6	Lakeshore				500.00		0.00
3	Lancaster Dailey Reprieve				300.00		300.00
6	Laguage Of The Heart				115.00		0.00
5	Lasalle				0.00		0.00
	Lawyer's				0.00		0.00
5	LewPort	50.00			200.00		0.00
2	Life Ahead				50.00		0.00
4	Life Today				0.00		0.00
8	Lighten UP				916.95		68.00
2	Living in the Solution				0.00		0.00
2	Living Sober				0.00		0.00
5	Lockport #1				0.00		0.00
5	Lockport Discussion				50.00		0.00
5	Lockport Ladies				200.00		0.00
5	Lockview		100.00		350.66		0.00
7	Love				13.00		0.00
7	Lovejoy				0.00		0.00
3	LOW BOTTOM				140.00		15.00
5	Lower River				50.00		0.00
5	LUNCH BUNCH ALBION				0.00		0.00
1	Main and High				0.00		0.00
4	Main Street				300.00		0.00
3	Marching Forth				200.00		0.00
4	Marilla		50.00		250.00		0.00
3	Matt Talbot				125.00		133.00
6	McKinley Winners				800.00		0.00
5	Medina New Life				50.00		0.00
5	MEDINA STEP WORK/BIG BOOK				0.00		0.00
2	MEN WHO TRUDGE				1,130.00		0.00
	Monday Morning Disc.				50.00		0.00
7	MONDAY NIGHT SOLUTION				365.00		0.00
1	Monday Women's				175.00		0.00
3	New Destiny				0.00		0.00
5	Newfane Living Sober				0.00		0.00
3	NEW LIFE (ALDEN)				100.00		0.00
3	New Life				0.00		0.00
5	Niagara Frontier Men's Disc.				171.00		0.00
2	North Buffalo				450.00		0.00
6	North Evans Men's	90.00			180.00		0.00
4	North Java Monday				500.00		0.00
1	ON AWAKENING/ Men				0.00		0.00
1	ODAT				0.00		0.00
4	Orchard Park Step				559.00		75.00

Zone	GROUP	CENTRAL		CORRECTIONS		TREATMENT	
		OCT	YEAR	OCT	YEAR	OCT	YEAR
2	Peaceful Tuesday		100.00		0.00		0.00
5	Point of No Return		0.00		0.00		0.00
5	Power 4 Living		0.00		0.00		0.00
1	Primary Purpose		0.00		0.00		0.00
4	Principles Bef. Personalities		100.00		0.00		0.00
2	Purpose/Tonawanda		0.00		0.00		0.00
2	Questions & Answers		200.00		0.00		0.00
4	Ray Of Hope		0.00		0.00		0.00
4	Recovered Men's		0.00		100.00		0.00
3	Recovery Near the Gardens		10.00		0.00		0.00
7	Remember When		25.00		0.00		0.00
1	Renaissance		100.00		0.00		0.00
8	Renewal		300.00		0.00		0.00
3	Ridge		0.00		0.00		0.00
4	ROCettes WOMEN'S		100.00		0.00		0.00
2	RIGOROUSLY HONEST		250.00		0.00		0.00
1	Rise and Shine		200.00		0.00		0.00
7	Rochester		0.00		0.00		0.00
1	ROOM TO GROW		0.00		0.00		0.00
4	Rural is Plural		0.00		0.00		0.00
2	Sally		0.00		0.00		0.00
8	Saturday Night Alive		0.00		0.00		0.00
6	Sat. Nite Sober		0.00		0.00		0.00
2	Searching For Serenity		0.00		0.00		0.00
2	Serenity	500.00	1,000.00		0.00		0.00
6	Serenity on the Lake		50.00		0.00		0.00
6	Serenity Trails		0.00		0.00		0.00
1	Setaside		90.00		0.00		0.00
7	Shelter From The Storm		641.00		0.00	641.00	
2	Sheridan		478.00		0.00		0.00
6	Silvercreek Friendship		930.00		0.00		0.00
5	Simplicity		0.00		0.00		0.00
3	SOBER ON SENECA		0.00		0.00		0.00
3	Sober Saturday		300.00		0.00		0.00
3	SOBER SUNDAY		0.00		0.00		0.00
6	Sober Trails		0.00		0.00		0.00
2	Sober Train		0.00		0.00		0.00
5	Sober Winners		200.00		50.00		0.00
4	SOBRIETY @ THE STABLES		360.00		0.00		0.00
6	Sobriety Men's Disc.		824.00		0.00		0.00
5	Sobriety On The Canal		0.00		0.00		0.00
5	SOLUTIONS		0.00		0.00		0.00
2	Soul Purpose		260.04		0.00		0.00
3	SOUTH BUFFALO		200.00		0.00		0.00
3	Southgate		50.00		0.00		0.00
4	Southwestern		0.00		0.00		0.00
6	Sparks Of Hope		500.00		0.00		0.00
2	Spiritual Progress		0.00		0.00		0.00
4	Springville New Life		0.00		0.00		0.00
4	Springville Sat Afternoon	230.00	537.00		0.00		0.00
4	Springville Tues. Night		0.00		0.00		0.00
4	Springville Wed. Noon		80.00		0.00		0.00
3	Sprout II		100.00		0.00		0.00
8	St. Barnabas		228.25		0.00		0.00
4	St. Mark's		126.07		0.00		0.00
3	Staying Sober		700.00		0.00		0.00
	Step By Step		200.00		0.00		0.00
8	Step It Up (Wehrle)		0.00		0.00		0.00
3	Sunday Morning Breakfast		300.00		0.00		0.00
1	Sunday's Best		0.00		0.00		0.00
6	Sunday in Cattaraugus		0.00		0.00		0.00
1	Sunrise Court		165.00		0.00		0.00
8	SUNY Amherst Campus	97.82	243.44		0.00		0.00
2	Surrender and Hope		0.00		0.00		0.00
8	TGIF		0.00		0.00		0.00
4	Thankful		100.00		0.00		0.00
	Thankful Heart		0.00		0.00		0.00
7	The Absolutes		0.00		0.00		0.00
1	The Anonymous		10.00		0.00		0.00
1	The Beginnings Of Recovery		0.00		0.00		0.00
8	The CPR	350.00	673.17		0.00		0.00
6	The Derby Lunch		0.00		0.00		0.00
1	THE GATEHOUSE	256.00	662.51		0.00	85.64	
2	The Grove		300.00		0.00	30.00	270.00
1	The Journey	60.25	436.00		0.00		0.00
2	The KEYS OF THE KINGDOM		0.00		0.00		0.00
8	The Noon Meeting		750.00		0.00		0.00
6	THE NORTH COLLINS		120.00		0.00		0.00
3	Thruway		0.00		0.00		0.00
2	Thursday Women's Literature		0.00		0.00		0.00
8	T'nT		180.00		0.00		0.00
5	Today		140.00		0.00		0.00
6	Tri County		0.00		0.00		0.00

Zone	GROUP	CENTRAL		CORRECTIONS		TREATMENT	
		OCT	YEAR	OCT	YEAR	OCT	YEAR
3	Try Again				0.00		0.00
4	Tuesday Men's AM				150.00		150.00
3	Tuesday Women's				100.00		0.00
2	Turning Point				0.00		0.00
5	Twin Cities				200.00		0.00
6	TWO PONDS				0.00		0.00
8	Unity				0.00		0.00
2	UV MEN'S				100.00	100.00	100.00
3	Valley				0.00		0.00
3	Victory				0.00		0.00
3	Victory Women's				275.00		0.00
1	Wake Up Call	95.00			395.00		0.00
2	WE BELIEVE				0.00		0.00
8	We Care				800.00		0.00
3	WE HAVE RECOVERED				500.00		0.00
1	Westminster				0.00		0.00
8	Williamsville				400.00		0.00
6	Willing To Grow				150.00		0.00
5	Wilson Group				130.00		0.00
1	Women In Recovery				0.00		0.00
5	Women Literature	435.05			435.05		0.00
8	Women Making the Effort				250.00		0.00
	WOMAN OF AA RETREAT				500.00		0.00
1	Working				240.00		0.00
6	YORKSHIRE SATURDAY NIGHT				0.00		0.00
Zone		OCT	YEAR	OCT	YEAR	OCT	YEAR
Angel S.				1.00		0.00	0.00
Anonymous				400.01		0.00	0.00
Barbara C.		10.00		50.00		0.00	0.00
Brett R.		8.00		48.00		0.00	0.00
Christine CS				373.31		0.00	0.00
Donna F.		250.00		250.00		0.00	0.00
Donna H.				80.00		0.00	0.00
Eileen L.				125.00		0.00	0.00
Ellen M B				7.00		0.00	0.00
Lee M.				200.00		0.00	0.00
Karen M.				40.00		0.00	0.00
Lila M.		5.00		50.00		0.00	0.00
Maureen M.				441.00		0.00	0.00
Monica M.				55.00		0.00	0.00
Sandra W.				73.00		0.00	0.00
Susan V.		62.00		620.00		0.00	0.00
Terry B.				10.00		0.00	0.00
Tom P.				100.00		0.00	0.00
Wally E.				25.00		0.00	0.00
Walk In				1.29		0.00	0.00
TOTALS		4,964.39	54,470.47	0.00	435.00	112.00	2,848.72

7th tradition self-support contribution

Bill W. wrote of Intergroup Offices, "Though not costly, these agencies are absolutely essential to our continued expansion—to our survival as a Fellowship. Their costs are a collective obligation that rests squarely upon all of us. Our support of services actually amounts to a recognition on our part that A.A. must everywhere function in full strength—and that, under our Tradition of self-support, we are all going to foot the bill"

"Self-Support: Where Money and Spirituality Mix" pamphlet

IN MEMORIAM

Things We Can Not Change

To all of our members who have lost family and loved ones

Sarah L.; 4 years, WMTE & Spiritual Progress

Our thoughts and prayers are with you



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